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A phase II study of post-remission therapy with pembrolizumab in older patients with acute myeloid leukemia

Running Title: Post-remission pembrolizumab in older patients with AML

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AUTHOR CONTRIBUTIONS:

MB and AS conceived, designed and conducted the study. TLW and DPN contributed to protocol design. KQ, KL, DPN analyzed the data. AR, AI, RLR, KAD, MA, JZH, RF and JR contributed patients to the study. YMSH performed flow cytometric analysis. All authors contributed to manuscript preparation and approved the final manuscript.

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DATA AVAILABILITY STATEMENT:

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Leukemic relapse remains a major cause of mortality among older patients with acute myeloid leukemia (AML) who are not candidates for allogeneic hematopoietic stem cell transplantation (allo-HCT). In this population, hypomethylating agents, and in particular orally administered azacitidine, may be used as maintenance therapy to prolong remissions, with the latter receiving FDA approval after demonstrating an improvement in median relapse-free survival of over 5 months compared to placebo¹. Nonetheless, most patients ultimately relapse and therefore alternatives for maintaining remission are needed in this population^{1,2}.

A proven approach for re-invigorating anti-tumor activity by T cells has been to block the interactions of programmed cell death protein 1 (PD-1), expressed by T cells, and programmed death-ligand 1 (PD-L1), which is commonly expressed and/or upregulated by cancer cells to suppress T cell activation³. In preclinical models of AML, PD-1 and PD-L1 were upregulated in murine leukemia cells and antibody-mediated blockade of these proteins suppressed in vivo leukemia cell proliferation and improved survival in AML bearing mice⁴. Expression of inhibitory markers was shown to be greater among AML patients with multiple relapse events compared to those with newly diagnosed disease and increased expression of these immune checkpoint proteins was associated with immune exhaustion that could contribute to leukemia relapse^{5,6}. Pembrolizumab, a humanized mouse-derived anti-PD-1 antibody that promotes T-cell mediated tumor-cell apoptosis by disrupting PD-1/PD-L1 interactions, is approved for use in patients with solid cancers and hematological malignancies⁷. In AML, pembrolizumab has been investigated with decitabine, or as maintenance therapy for those achieving CR after high-dose cytarabine for relapsed/refractory disease in early phase trials with favorable safety profiles^{8,9}.

We hypothesized that immunomodulation with the use of pembrolizumab post-remission could promote an anti-leukemia immune response and prevent or delay leukemia relapse. Here, we

conducted a single-arm phase 2 trial using pembrolizumab administered every 3 weeks for up to 2 years or until disease relapse as post-remission therapy to prevent leukemia relapse in older AML patients. We also explored the effect of pembrolizumab on immune cell function in these patients. Eligible patients had to be at least 60 years of age with newly diagnosed AML that achieved complete remission (CR) or CR with incomplete hematologic recovery (CRi) following induction therapy as documented by bone marrow biopsy. Patients with isolated t(8;21), inv(16) or t(16;16)(p13.1;q22) or mutated *NPM1* with wildtype *FLT3* and no additional mutations were excluded. All patients were required to have completed induction chemotherapy, with or without consolidation therapy, within 3 months of enrollment. Additionally, patients were required to have an Eastern Cooperative Oncology Group (ECOG) performance-status score of 0 or 1, an absolute neutrophil count (ANC) $\geq 1.0 \times 10^9/\text{L}$ and platelet count $\geq 50 \times 10^9/\text{L}$ at time of enrollment. The study was approved by the University of Pittsburgh Institutional Review Board and all patients signed written informed consent (NCT02708641).

Twelve patients with AML were enrolled between 2015 and 2019, before FDA approval of oral azacitidine maintenance therapy¹. Patient and disease characteristics are included in **Table 1**. The mean age was 68.5 years (range, 65.5 – 73.5 years) and most patients had de novo AML (66%). Two patients were classified as having favorable risk disease by ELN 2017 criteria, both with mutated *NPM1* and wild-type *FLT3*, with mutated *DNMT3A*. Eight patients were in CR and 4 patients in CRi at enrollment. Measurable residual disease (MRD) by flow cytometry (sensitive to 1 in 10^4 cells) was evaluable from bone-marrow aspirate in 10 patients prior to starting pembrolizumab and all were MRD negative. Longitudinal MRD assessments were not performed during the study conduct. All patients were induced with intensive regimens, with 75% receiving standard idarubicin and cytarabine (“7+3” regimen). Nine patients (75%) received at least one

dose of consolidative high-dose cytarabine. At the discretion of the treating physician, 3 patients (25%) did not receive consolidation chemotherapy before enrolling in the study as they were deemed to be poor candidates for additional cytotoxic chemotherapy.

The median duration of treatment with pembrolizumab was 12 cycles (range, 2 to 35), with a median time to relapse (mTTR) of 12.3 months (**Figure 1A**) and a median overall survival (mOS) of 43.1 months (**Figure 1B**). Two patients completed 2 years of maintenance pembrolizumab and 7 discontinued therapy due to leukemia relapse. Five patients (41%) developed immune-related adverse events (irAEs) requiring interventions, of which 4 discontinued pembrolizumab. At time of analysis, no patients were continuing maintenance pembrolizumab. Among the 8 patients that relapsed, one underwent re-induction and allo-HCT, achieving a durable second CR, whereas the remaining relapsed patients died from their disease (**Figure 1C**). In subgroup analyses, mTTR was significantly longer among patients with ECOG 0 performance status at time of enrollment: 18.7 months vs 3.0 months (ECOG 1), $p=0.00018$. Median TTR of those who received consolidation therapy was also significantly improved compared to those who did not, 18.8 months vs 4.2 months, $p=0.019$ (**Figure S1A**). No relapses were observed among two patients with favorable risk by ELN criteria, whereas intermediate risk patients had a mTTR of 14.0 months and adverse risk patients had a mTTR of 4.2 months ($p=0.034$). Median overall survival was similarly correlated with performance status: mOS not reached (NR; ECOG 0) vs 6.7 months (ECOG 1), $p=0.0032$, receipt of consolidation therapy: mOS NR (received consolidation) vs 7.0 months (did not receive consolidation), $p=0.007$, and leukemia risk: mOS NR (favorable), NR (intermediate) and 7.0 months (adverse), $p=0.011$ (**Figure S1B**).

Among the irAEs requiring intervention, one patient developed grade 2 thyroiditis after cycle 3 that required treatment with thyroid hormone replacement; one patient developed grade 2 pneumonitis with viral respiratory infection after cycle 13 that improved with anti-viral therapy and discontinuation of pembrolizumab; one patient developed grade 4 immune thrombocytopenia after cycle 19 that responded to steroids and discontinuation of pembrolizumab; one patient developed colitis after cycle 13 with grade 3 diarrhea that responded to steroids and discontinuation of pembrolizumab. Finally, one patient developed grade 3 aspartate aminotransferase elevation and constitutional symptoms after cycle 12 which resolved with discontinuation of the treatment. **Supplemental Table 1** summarizes the adverse events over the course of this trial.

Prior to administration of pembrolizumab, the frequencies of T cells in peripheral blood ($CD4^+$, $CD8^+$ and $CD25^+FOXP3^+$ regulatory T cells) were similar between patients who ultimately relapsed and those who did not (**Figure 2A**). After the first cycle of pembrolizumab there was a significant ($p < 0.02$) decrease in the percentage of peripheral $FOXP3^+$ regulatory T cells among $CD4^+CD25^+$ cells in all patients which was transient and did not persist in later cycles (**Figure 2B**). Further, this significance was not reached when $FOXP3^+$ regulatory T cells were analyzed in patients who ultimately relapsed and those who did not were analyzed in separate cohorts. Additionally, no significant changes in the frequency of $CD4^+$ or $CD8^+$ T cells were observed following therapy (**Figure 2B**) and pembrolizumab did not affect $CD4^+$ and $CD8^+$ T-cell effector function or activation status, as measured by stimulated IFN- γ production and CD69 expression when comparing post-pembrolizumab samples to baseline (**Figure 2C**). There were no differences between frequencies of effector memory and central memory T cell subsets following pembrolizumab treatment in either relapsed or non-relapsed cohorts (data not shown). Aside

from decreasing PD-1 expression levels, which is likely the result of epitope masking by pembrolizumab binding to PD-1 on T cells¹⁰, there were no significant differences in the exhaustion marker TIM-3 nor exhausted T cell progenitor marker TCF-1, in either CD4⁺ or CD8⁺ T cells post-pembrolizumab compared to baseline (**Figure S2**).

Given the success of immune checkpoint inhibitors in solid tumors, and the accepted mechanism of action of allo-HCT in which donor T cells eliminate residual leukemic cells through the graft-vs-leukemia effect, it follows that PD-1/PD-L1 inhibition could be an attractive target for preventing AML relapse. However, studies thus far have been negative. In a similar trial to ours which investigated the use of the PD-1 blocking antibody nivolumab as maintenance therapy in 15 AML patients who received at least one cycle of consolidation therapy, Reville et al demonstrated a median recurrence-free survival of 8.48 months¹¹. In that study, all patients were high-risk as defined by having secondary AML, presence of high-risk cytogenetics or a *FLT3*-ITD mutation, presence of MRD at time of enrollment, or were in second CR regardless of disease characteristics. Collectively, this may explain their overall poorer patient outcomes compared to our results¹¹. Consistent with our findings, grade 3/4 immune-related adverse events were observed in 27% of patients treated with nivolumab¹¹. Separately, Liu et al recently presented the results of a multi-center, open-label, randomized phase II study which assessed the efficacy of nivolumab maintenance therapy for patients with AML in first CR or CRi who were not candidates for allo-HCT¹². Patients that received nivolumab (N=38) were well matched to those randomized to observation alone (N=41), with a mean age of 63.2 and 65.5 years, respectively. They did not observe significantly different outcomes between cohorts, as the median progression-free survival among patients treated with nivolumab was 13.2 months (95% CI 8.5-21.8 months) compared to 10.9 months for those on observation (95% CI 5.4 – 14.9

months, $p=0.38$), with a median overall survival of 53.9 months versus 30.9 months ($p=0.23$). There were more adverse events of any grade among nivolumab-treated patients compared to controls (71.0% vs 12.2%; $p < 0.001$), though all were manageable¹². In two randomized phase 2 studies comparing azacitidine with or without the PD-L1 inhibitor durvalumab in newly diagnosed AML and high-risk myelodysplastic syndromes, Zeidan and colleagues observed no improvement of response rates with addition of durvalumab, regardless of disease mutation status^{13,14}. The marginal clinical responses seen from these trials of immune checkpoint blockade in myeloid malignancies do not appear to be limited to the PD-1/PD-L1 axis either, as a recently-published placebo-controlled randomized phase 2 trial testing the anti-TIM-3 antibody sabatolimab given with a hypomethylating agent in previously untreated high-risk myelodysplastic syndromes failed to meet its primary endpoints of improvements of complete response rates or progression-free survival¹⁵.

In retrospective analyses of peripheral blood taken from patients with advanced solid tumors, treatment with pembrolizumab has been associated with a reduction in circulating FOXP3⁺ regulatory T cells compared to baseline^{16,17}. However, that we only observed a transient decrease in the frequency of FOXP3⁺ T_{REG} among CD4⁺CD25⁺ cells after initiation of pembrolizumab may be more consistent with reports of pembrolizumab interfering with differentiation of T_{REG} but not their stability¹⁸. Additionally, our findings that T cell frequency, activation status and effector function were not affected by pembrolizumab corroborates those of Goswami et al, who also did not identify a clear signature between responders and non-responders by immunophenotyping and single-cell RNA sequencing T cells obtained from relapsed AML patients treated with pembrolizumab and decitabine⁸. The relatively weak immunophenotypic shifts we observed contrast with the development of irAEs in this cohort, which could argue

against an immunological basis for these events. In this case a placebo-controlled arm would be a useful comparator. Alternatively, smaller clonal populations of T cells may be contributing to autoimmune pathology in an antigen-specific manner, yet our approach is not sophisticated enough to allow detection of these expanded populations in peripheral blood.

A major limitation of our study is the relatively small cohort size and lack of a control arm. While our patient cohort of older adults with AML is reflective of this population and demonstrated a similar time to relapse as expected from historical data, direct comparisons to other maintenance trials are limited, in part, due to the differences and heterogeneity of patients enrolled in them. Furthermore, our exploratory analysis of T cell immunophenotypes from peripheral blood may not reflect anti-leukemic responses within the bone marrow, nor corroborate biomarkers of response to pembrolizumab derived from pre-treatment bone marrow samples in other studies^{8,9}.

In summary, among older AML patients in their first CR, pembrolizumab maintenance therapy is feasible and when used with consolidation therapy, can result in durable remissions in select patients. Observed toxicities were mostly hematologic in nature and expected given our pre-treated cohort. Any-grade irAEs, which occurred after 10 cycles of pembrolizumab in 4 of 5 cases, were manageable and could be accepted in this historically difficult to treat population. Since most irAEs occurred after the administration of more than 10 cycles of pembrolizumab, a reasonable strategy to potentially prevent these events in future studies may be to discontinue pembrolizumab if MRD-negative CR can be documented on serial bone marrow biopsy specimens. Considering the marginal responses of immune checkpoint inhibitors seen by others, whether given alone or with chemotherapy or hypomethylating agents, our findings here further underscore the need for improved immunotherapeutic strategies for preventing relapse in AML

and reliable biomarkers to identify those most likely to respond to them. Along these lines, agents such as pembrolizumab may be of interest to augment the effects of T-cell mediated therapies currently being explored in clinical trials such as vaccines, bispecific T cell engagers and adoptive T cell therapies.

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Table 1: Patient characteristics.

Variable	N (%)
Age (mean, IQR)	68.5 (65.5 – 73.5)
Sex	
Male	6 (50)
Female	6 (50)
Performance status	
ECOG 0	4 (33%)
ECOG 1	8 (66%)
De Novo vs Secondary AML	
De novo	8 (66.6)
Secondary	4 (33.3)
ELN 2017 risk	
Favorable	2 (16.7)
Intermediate	5 (41.6)
Adverse	5 (41.6)
Mutations	
<i>NPM1</i>	6 (50)
<i>FLT3-ITD</i>	4 (33)
<i>IDH1</i> or <i>IDH2</i>	6 (50)
<i>TP53</i>	2 (16.7)
White blood cell count at diagnosis, x 10⁹/L (mean, IQR)	2.3 (1.3 – 13.45)
Hemoglobin at diagnosis, g/dL (mean, IQR)	8.9 (7.2 – 11.25)
Platelet count at diagnosis, x 10⁹/L (mean, IQR)	73.5 (52.5 – 140)
% Blasts at diagnosis (mean, IQR)	67 (0.5 – 0.775)
CR status after induction therapy*	
CR	8 (66.6)
CRi	4 (33.3)
Induction therapy	
7+3 regimen	9 (75)
Fludarabine and cytarabine	1 (8.3)
Liposomal cytarabine and daunorubicin	1 (8.3)
Cytarabine and decitabine	1 (8.3)
Consolidation therapy	
Hi-dose Cytarabine (1-3 g/m ²)	9 (75)
None	3 (25)

*CR: complete remission as defined by < 5% blasts in bone marrow aspirate with ANC > 1.0 x 10⁹/L and platelets > 100 x10⁹/L; CRi: complete remission with incomplete hematologic as defined by residual neutropenia (ANC < 1.0 x 10⁹/L) or thrombocytopenia (platelets < 100 x10⁹/L).

FIGURE LEGENDS:

Figure 1: Patient outcomes. (A) Kaplan-Meier curve showing percentage of patients free from relapse and (B) overall survival of twelve patients with AML in first complete remission treated with pembrolizumab. Shaded areas indicate 80% confidence intervals. (C) Swimmer's plot showing relapse free survival (RFS) and overall survival (OS) of individual patients treated with pembrolizumab.

Figure 2: T cell frequencies and function over time in peripheral blood. (A) Pre-treatment PBMCs were stained for surface CD3 (clone: OKT3), CD8 (clone: HIT8a), CD4 (clone: OKT4) CD25 (clone: M-A251, all from Biolegend, San Diego, CA), and intracellular FOXP3 (clone: 206D, Cell Signaling, Danvers, MA) using a FOXP3/transcription factor staining buffer (Thermo-Fisher, Waltham, MA). Shown are frequencies of CD4⁺, CD8⁺ and CD4⁺CD25⁺FOXP3⁺ regulatory T cells (T_{REG}) in peripheral blood stratified by patients who relapsed and those who did not. No significant differences in the T cell subsets were observed between the 2 groups by two-sided unpaired t-test. (B) Individual frequencies of total, CD4⁺, CD8⁺ and CD4⁺CD25⁺FOXP3⁺ regulatory T cells were also assessed in peripheral blood at the end of pre-specified maintenance pembrolizumab cycles (1, 3, 7, 16, and 35), or at end of treatment or disease relapse. After the first cycle of pembrolizumab there was a transient decrease of regulatory T cells (p=0.02 by two-sided paired t-test compared to pre-treatment baseline control). No significant changes in the frequency of CD4⁺ or CD8⁺ T cells were observed following therapy. (C) To test T cell function, PBMCs were stimulated with phorbol myristate acetate (PMA) and ionomycin (Sigma Aldrich, St. Louis, MO) for 6-8 hours followed by overnight incubation with Brefeldin A (BD Biosciences, San Jose, CA) and staining for CD69 (clone FN50, Biolegend) and intracellular IFN- γ (clone 4S.B3, Cell Signaling). Shown are post-

stimulation frequencies of CD69⁺ and IFN- γ ⁺ CD4⁺ (top row) and CD8⁺ T cells (bottom row) over time by patient. The use of pembrolizumab did not have an effect on the CD4⁺ and CD8⁺ T-cell effector function.

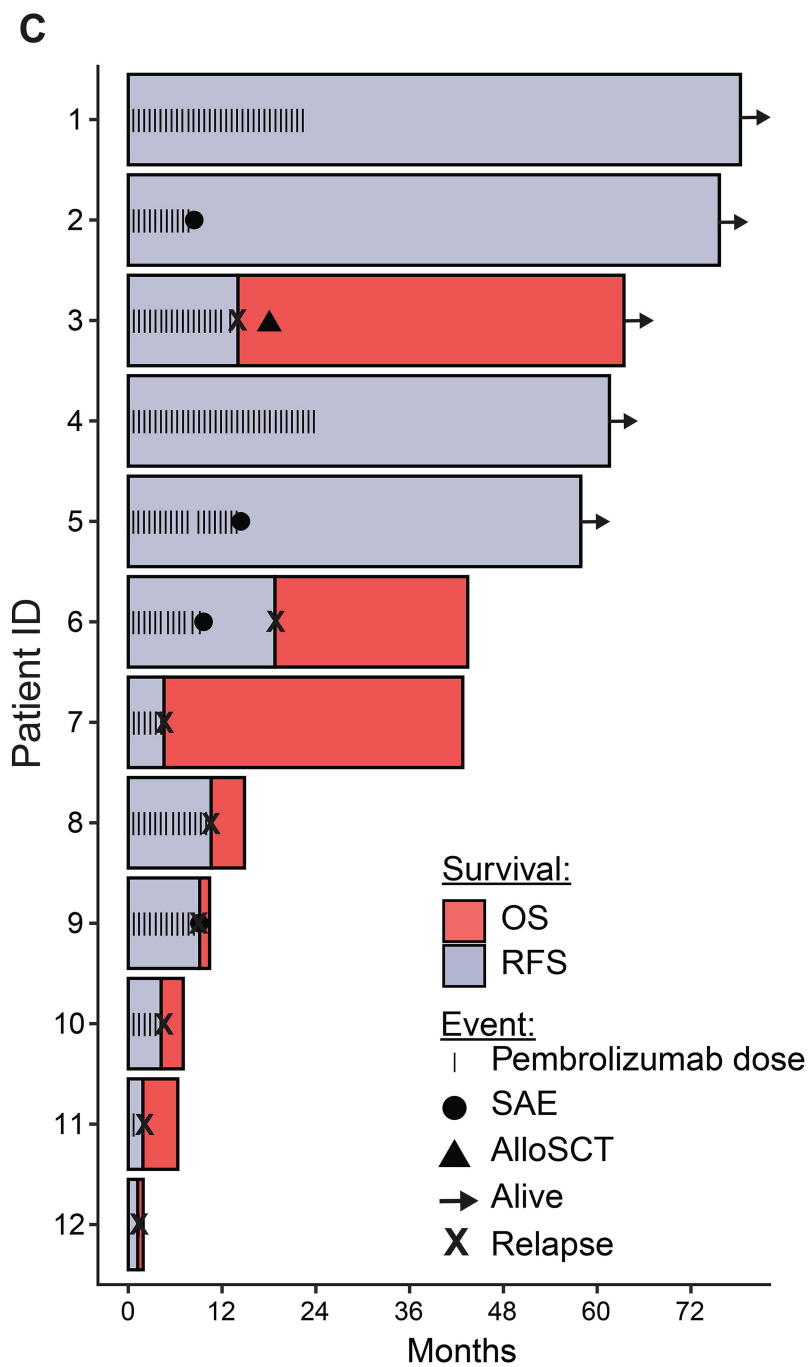
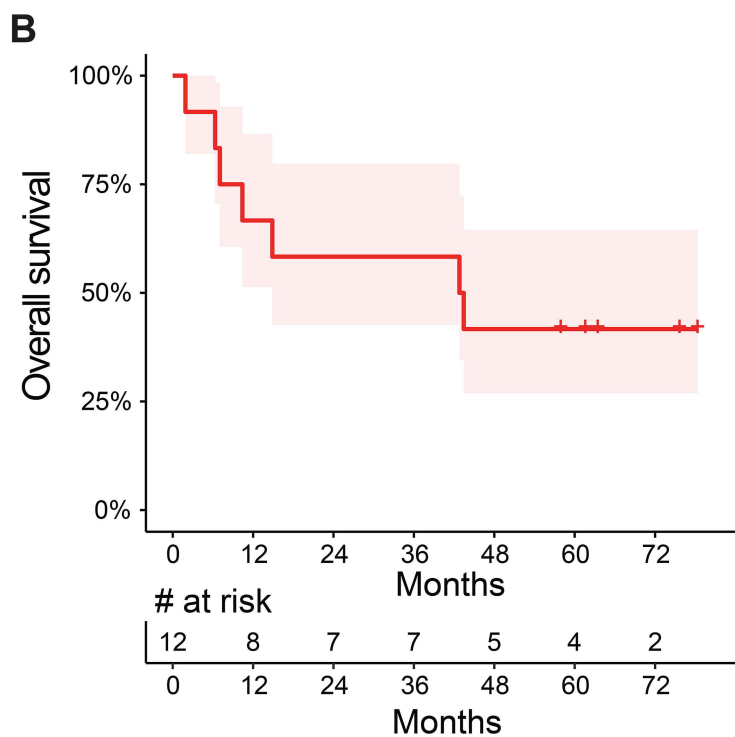
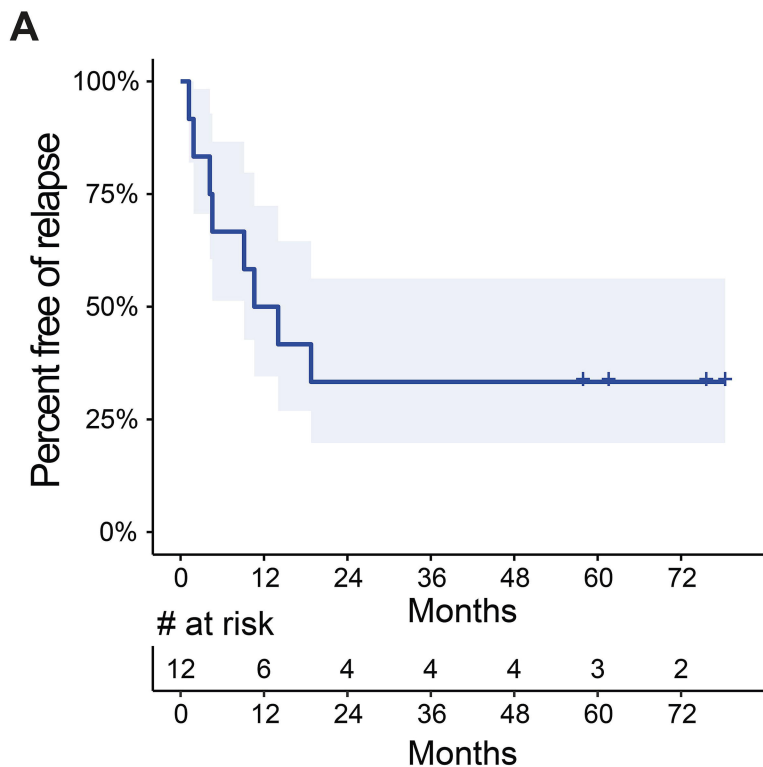
Figure 1

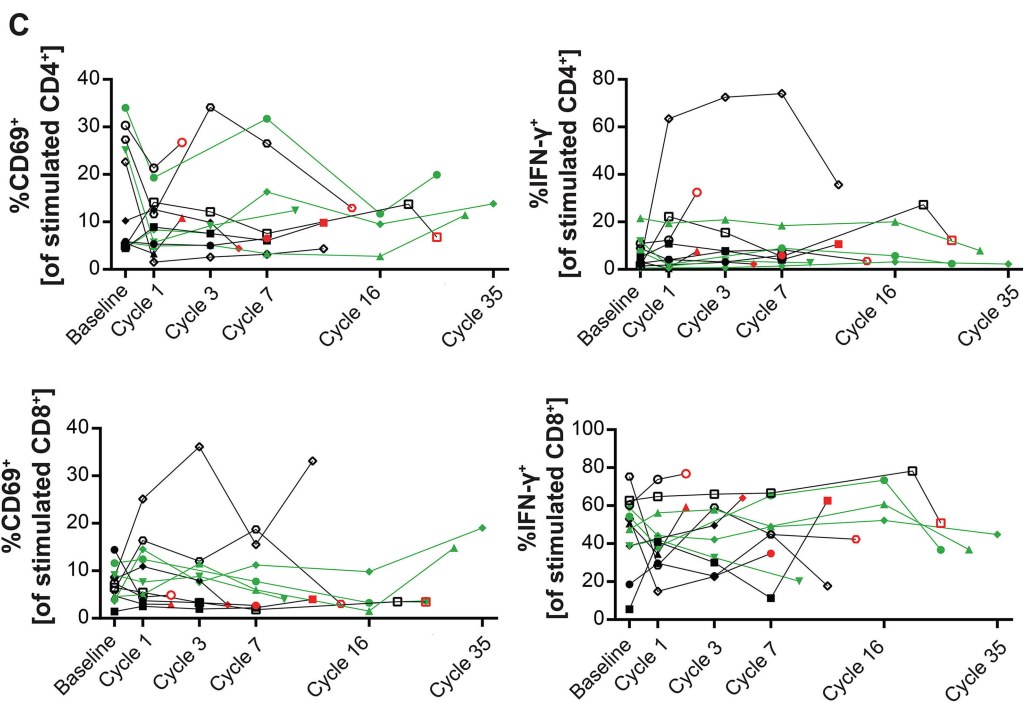
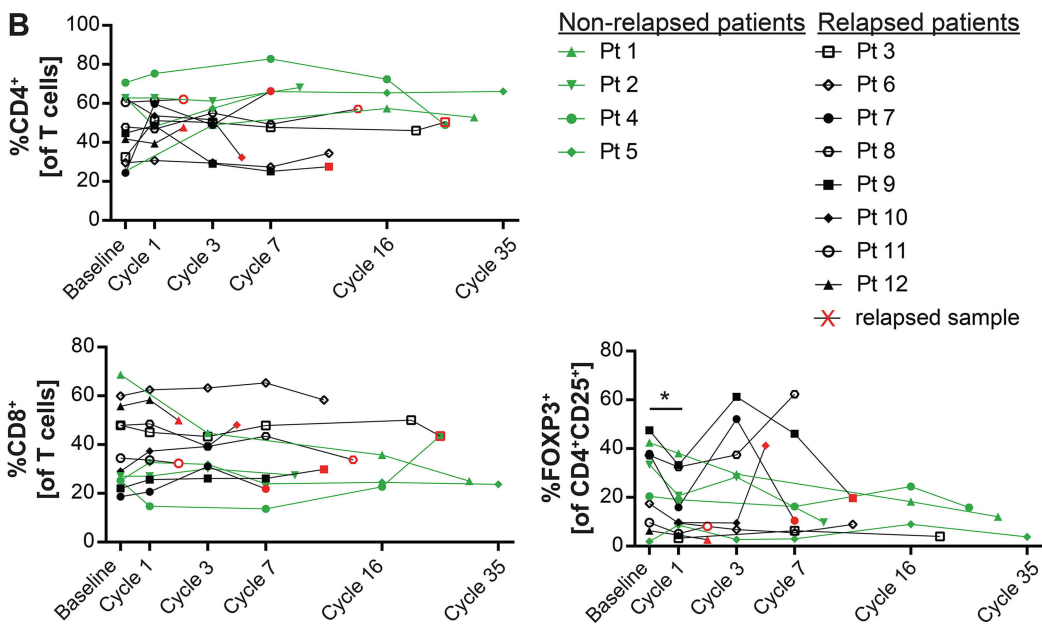
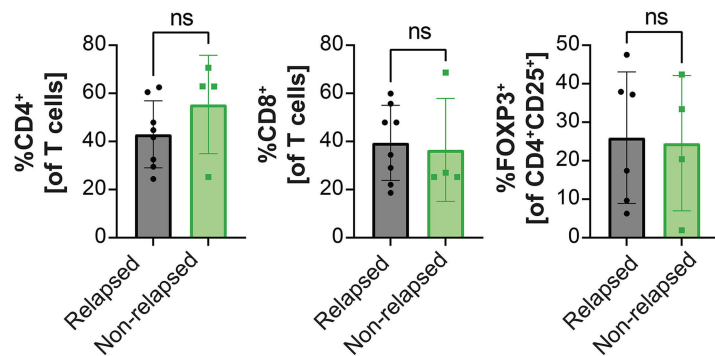
Figure 2**A Baseline CD4⁺ Baseline CD8⁺ Baseline T_{REG}**

Figure S1

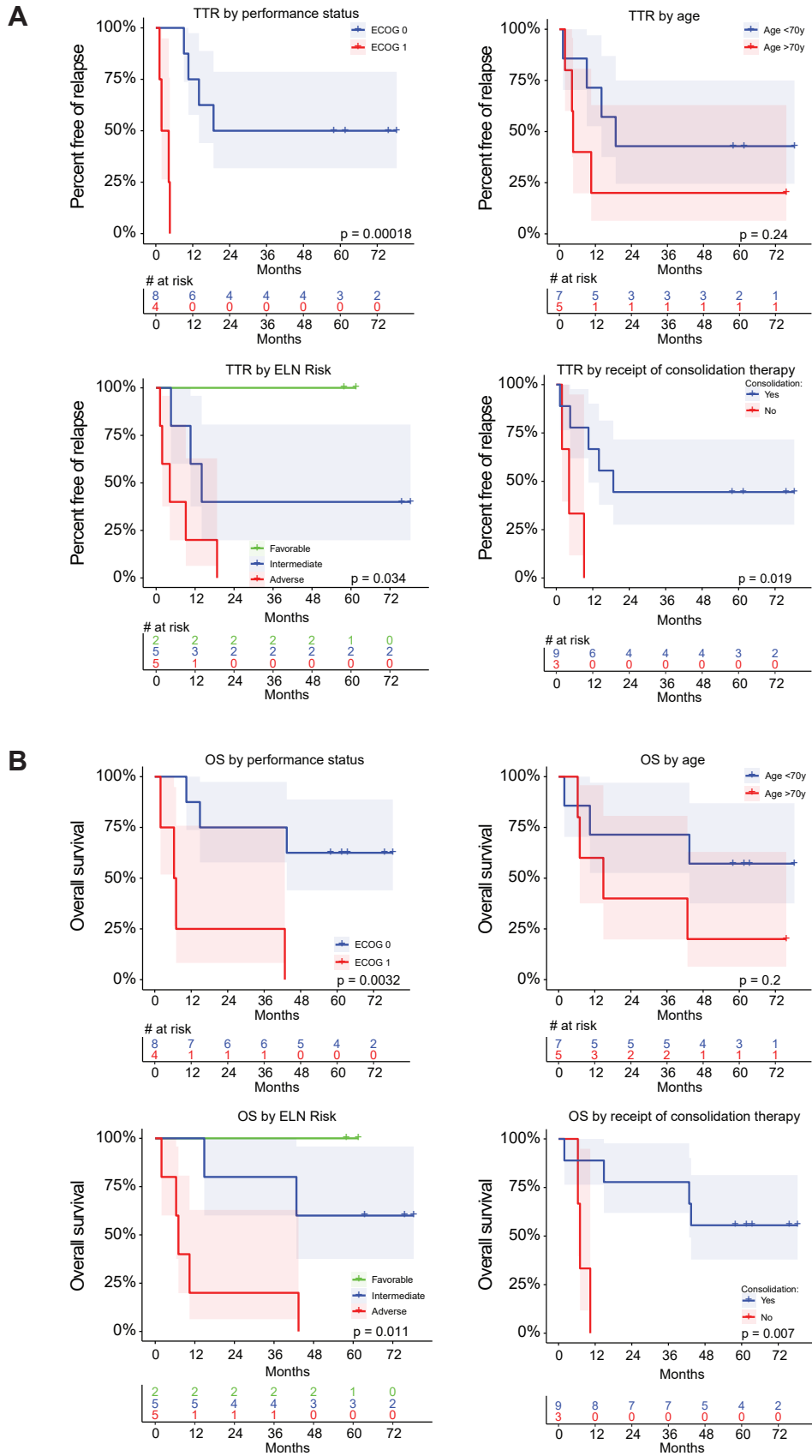


Figure S1: Kaplan Meier curves demonstrating relapse-free survival (**A**) and overall survival (**B**) according to subgroup by performance status, age, ELN risk stratification, and receipt of consolidation therapy. P-values between groups were computed by log-rank test.

Supplemental Table 1: Adverse events

	Grade I	Grade II	Grade III	Grade IV	Total	Grade III-IV
Platelet count decreased	5	0	2	3	10	5
Neutrophil count decreased	0	4	1	3	8	4
Anemia	3	2	1	0	6	1
Lymphocyte count decreased	0	2	3	0	5	3
Hyponatremia	4	0	1	0	5	1
Fatigue	1	4	0	0	5	0
Fever	2	2	0	0	4	0
Diarrhea	2	0	1	0	3	1
Hypocalcemia	1	1	0	0	2	0
Hypokalemia	1	1	0	0	2	0
Hypomagnesemia	2	0	0	0	2	0
Hypophosphatemia	2	0	0	0	2	0
Hypothyroidism	1	1	0	0	2	0
Creatinine increased	2	0	0	0	2	0
Pruritus	1	1	0	0	2	0
Aspartate aminotransferase increased	0	0	1	0	1	1
Alkaline phosphatase increased	1	0	0	0	1	0
Hyperglycemia	1	0	0	0	1	0
Hyperkalemia	1	0	0	0	1	0
Hypoalbuminemia	1	0	0	0	1	0
Hypoglycemia	1	0	0	0	1	0
Anorexia	1	0	0	0	1	0
Blurred vision	1	0	0	0	1	0
Chills	1	0	0	0	1	0
Cough	1	0	0	0	1	0
Dizziness	1	0	0	0	1	0
Edema limbs	1	0	0	0	1	0
Headache	0	1	0	0	1	0
Hematuria	0	0	1	0	1	1
Hypertension	0	0	1	0	1	1
Hypotension	0	1	0	0	1	0
Lung infection	0	1	0	0	1	0
Pneumonitis	0	1	0	0	1	0
Sore throat	1	0	0	0	1	0
Urinary tract infection	0	1	0	0	1	0

