Outcomes after chimeric antigen receptor T-cell therapy across large B-cell lymphoma subtypes

CD19 chimeric antigen receptor (CAR) T-cell therapy has significantly improved treatment options for large B-cell lymphoma (LBCL) and has become a new standard-of-care for relapsed or refractory (r/r) disease. The license includes histological subtypes of primary mediastinal B-cell lymphoma (PMBCL) and transformed LBCL from follicular lymphoma (t-FL) or non-FL background (t-NFL), such as marginal zone lymphoma (MZL) or chronic lymphocytic leukemia/small lymphocytic lymphoma (CLL/SLL), i.e., Richter's syndrome (RS).

Efficacy of CD19 CAR T in r/r LBCL has been confirmed in long-term follow-up of the registrational trials,^{1,2} as well as several large retrospective CAR T real-world cohorts.³⁻⁷ However, the clinical benefit of CAR T within histological subgroups is less clear. T-NFL have been excluded from the clinical trials and patients with PMBCL or t-FL have been underrepresented.^{1,2} In the real-world setting, incidences ranged between 3-6% for PMBCL, 14-26% for t-FL, and 1-6% for t-NFL within national CAR T cohorts, but subtype-specific outcomes were not provided.⁴⁻⁹

In a single-center retrospective analysis of 21 patients with t-NFL, CAR T response rates and long-term survival were similar to other subgroups, but with potentially higher rates of Immune effector cell-associated neurotoxicity syndrome (ICANS).¹⁰ Regarding r/r PMBCL, multicenter retrospective analyses suggested better long-term survival with axicabtagene ciloleucel (axi-cel) compared to other LBCL.¹¹⁻¹³ Subtype-specific CAR T outcome data will be key to understand the relative benefit of CAR T *versus* alternative treatments such as CD20xCD3 bispecific antibodies in each subgroup in order to guide decision-making in daily practice.

Herein, we report outcomes of patients intended to be treated with CD19 CAR T in the UK according to histological subtypes. We included 760 consecutive patients with r/r LBCL approved for ≥3rd-line treatment with axi-cel or tisagenlecleucel (tisa-cel) between December 2018 and October 2022 across 12 CAR T centers as part of a National Service Evaluation (not requiring separate consent). The UK National CAR T Clinical Panel approval process, toxicity grading and response assessment have been previously described.⁶

Among 760 cases, 529 (70%) had *de novo* diffuse large B-cell lymphoma (DLBCL), 27 (4%) PMBCL, 157 (21%) t-FL and 47 (6%) t-NFL (23 t-MZL, 15 RS, five t-NLPHL (nodular lymphocyte predominant Hodgkin lymphoma), four t-LPL (lymphoplasmacytic lymphoma). No significant differences were seen in baseline characteristics when comparing the t-NHL group to *de novo* DLBCL. PMBCL patients were significantly younger and t-FL patients showed significant

differences compared to *de novo* DLBCL for cyclophosphamide, doxorubicin, vincristine and prednisone (CHOP)-refractory disease and bridging response (Table 1). Seven hundred and twenty (94.7%) of patients proceeded with leukapheresis and 614 (81%) received CAR T, with similar rates across subgroups. Of 614 infused patients, 485 received axi-cel and 129 tisa-cel. Bridging therapy was given to 89.9% of apheresed patients.

Median follow-up from the time of CAR T approval was 18.2 months (interquartile range [IQR], 13.6-23.6). The best overall response rate (ORR) was 77% (57% complete response [CR]), with no significant differences between groups, but a trend towards better response in t-FL (ORR 84%/CR 70%; P=0.054). The 12-month progression-free survival (PFS) for the different subgroups was as follows: 53% (IQR, 33-70) for PMBCL, 42% (IQR, 37-47) for de novo DLBCL, 54% (IQR, 45-63) for t-FL and 39% (IQR, 24-54) for t-NFL. The intention-to-treat (ITT) 12-month overall survival (OS) rates were 84% (IQR, 63-94), 50% (IQR, 45-54), 58% (IQR, 50-66) and 50% (IQR, 34-63), respectively (Figure 1). We did not observe significant differences in PFS or OS between subtypes of t-NFL (PFS: RS vs. t-MZL 0.80 [IQR, 0.31-2.04]; t-other vs. t-MZL 0.51 [IQR, 0.16-1.59]; RS vs. t-other 0.64 [IQR, 0.19-2.18]; P=0.49, OS: RS vs. t-MZL 1.06 [IQR, 0.37-3.07]; t-other vs. t-MZL 0.67 [IQR, 0.18-2.54]; RS vs. t-other 0.63 [IQR, 0.16 -2.53]; P=0.79). PFS was significantly better for t-FL versus de novo DLBCL (hazard ratio [HR]= 0.75 [IQR, 0.57-0.99]; P=0.043), in both the ITT and infused cohorts; OS was significantly better for PMBCL and t-FL (for infused: PMBCL: HR=0.34 [IQR, 0.16-0.72], P=0.005; t-FL: HR=0.73 [IQR, 0.57-0.94], P=0.017). There was no evidence of a different effect by CAR T product (P value for interaction [Cox model]: 0.29 PFS and 0.89 OS [infused cohort]).

Grade ≥3 cytokine release syndrome (CRS) occurred in 5% and grade ≥3 ICANS in 15% of patients and was similar between subgroups. No significant differences were seen according to tocilizumab and corticosteroid use, intensive care unit admission, and non-relapse mortality (see *Online Supplementary Appendix*).

In this large national dataset, we show that safety and efficacy of CD19 CAR T in t-NFL patients are comparable to the main LBCL cohort, indicating that CAR T is a suitable and curative treatment for these rare subgroups. Given the generally poor outcomes of r/r patients with t-MZL or RS with conventional therapies, the relative benefit of CAR T might indeed be higher than in *de novo* DLBCL. For subtypes such as RS, which characteristically show aggressive disease kinetics, it is particularly important to provide ITT outcomes and account for patients dropping out during

Table 1. Baseline characteristics across subgroups.

Characteristics	De novo DLBCL N=529	PMBCL N=27	t-FL N=157	t-NFL N=47	P ¹	t-MZL N=23	RS N=15	t-other N=9
Product, N (%) Axi-cel Tisa-cel Not infused	323 (61.1) 97 (18.3) 109 (20.6)	26 (96.3) ² 0 1 (3.7)	104 (66.2) 26 (16.6) 27 (17.2)	32 (68.1) 6 (12.8) 9 (19.1)	0.48 ² 0.15 ³	14 (60.9) 3 (13.0) 6 (26.1)	12 (80.0) 1 (6.7) 2 (13.3)	6 (66.7) 2 (22.2) 1 (11.1)
Age in years, median (IQR)	62.0 (53-69)	32.0 (29-41)	63.0 (56-69)	59.0 (51-67)	0.00014	59.0 (54-64)	62.0 (52-69)	40.0 (35-65)
Sex, N (%) Male Female	334 (63.1) 195 (36.9)	15 (55.6) 12 (44.4)	85 (54.1) 72 (45.9)	27 (57.4) 20 (42.6)	0.19	12 (52.2) 11 (47.8)	8 (53.3) 7 (46.7)	7 (77.8) 2 (22.2)
Stage at approval, N (%) Stage 0-2 Stage 3-4 Missing/unknown	77 (21.3) 285 (78.7) 167	8 (36.4) 14 (63.6) 5	24 (24.7) 73 (75.3) 60	5 (18.5) 22 (81.5) 20	0.35	3 (15.8) 16 (84.2) 4	0 2 (100.0) 13	2 (33.3) 4 (66.7) 3
ECOG at approval, N (%) 0 1 Missing/unknown	127 (43.3) 166 (56.7) 236	10 (45.5) 12 (54.5) 5	34 (38.2) 55 (61.8) 68	9 (40.9) 13 (59.1) 25	0.84	6 (37.5) 10 (62.5) 7	1 (100.0) 0 14	2 (40.0) 3 (60.0) 4
Bulk >7.5 cm, N (%) No Yes Missing/unknown	231 (66.2) 118 (33.8) 180	16 (66.7) 8 (33.3) 3	75 (75.8) 24 (24.2) 58	20 (76.9) 6 (23.1) 21	0.25	15 (78.9) 4 (21.1) 4	0 1 (100.0) 14	5 (83.3) 1 (16.7) 3
Extranodal sites, N (%) 0-2 sites 3+ Missing/unknown	315 (88.2) 42 (11.8) 172	23 (95.8) 1 (4.2) 3	95 (95.0) 5 (5.0) 57	24 (92.3) 2 (7.7) 21	0.18	19 (100.0) 0 4	1 (100.0) 0 14	4 (66.7) 2 (33.3) 3
LDH at approval, N (%) < ULN > ULN >2 ULN Missing/unknown	43 (15.5) 147 (52.9) 88 (31.7) 251	3 (16.7) 9 (50.0) 6 (33.3) 9	9 (11.2) 46 (57.5) 25 (31.2) 77	5 (23.8) 11 (52.4) 5 (23.8) 26	0.84	4 (26.7) 7 (46.7) 4 (26.7) 8	0 0 1 (100.0) 14	1 (20.0) 4 (80.0) 0 4
PI, N (%) 0-2 3+ Missing/unknown	139 (47.3) 155 (52.7) 235	15 (75.0) 5 (25.0) 7	43 (50.0) 43 (50.0) 71	12 (54.5) 10 (45.5) 25	0.11	7 (46.7) 8 (53.3) 8	1 (100.0) 0 14	4 (66.7) 2 (33.3) 3
More than 2 lines of therapy, N (%) No Yes Missing/unknown	236 (66.1) 121 (33.9) 172	16 (66.7) 8 (33.3) 3	57 (57.6) 42 (42.4) 58	12 (46.2) 14 (53.8) 21	0.11	10 (52.6) 9 (47.4) 4	0 1 (100.0) 14	2 (33.3) 4 (66.7) 3
Previous SCT, N (%) No Auto Allo Missing/unknown	263 (83.8) 46 (14.6) 5 (1.6) 215	20 (100.0) 0 0 7	66 (73.3) 23 (25.6) 1 (1.1) 67	21 (87.5) 2 (8.3) 1 (4.2) 23	0.0305	15 (88.2) 2 (11.8) 0 6	1 (100.0) 0 0 14	5 (83.3) 0 1 (16.7) 3
Refractory to CHOP, N (%) No Yes Missing/unknown	111 (40.7) 162 (59.3) 256	4 (21.1) 15 (78.9) 8	44 (55.7) 35 (44.3) 78	10 (52.6) 9 (47.4) 28	0.0174	8 (57.1) 6 (42.9) 9	0 1 (100.0) 14	2 (50.0) 2 (50.0) 5
HCT-CI 3+, N (%) 0 1 Missing/unknown	254 (91.7) 23 (8.3) 252	18 (94.7) 1 (5.3) 8	78 (92.9) 6 (7.1) 73	19 (86.4) 3 (13.6) 25	0.74	13 (81.2) 3 (18.8) 7	1 (100.0) 0 14	5 (100.0) 0 4
Response to bridging, N (%) CR/PR SD/PD Missing/unknown/no bridging	236 (60.5) 154 (39.5) 139	14 (60.9) 9 (39.1) 4	50 (43.5) 65 (56.5) 42	26 (66.7) 13 (33.3) 8	0.0074	11 (68.8) 5 (31.2) 7	11 (73.3) 4 (26.7) 0	4 (50.0) 4 (50.0) 1

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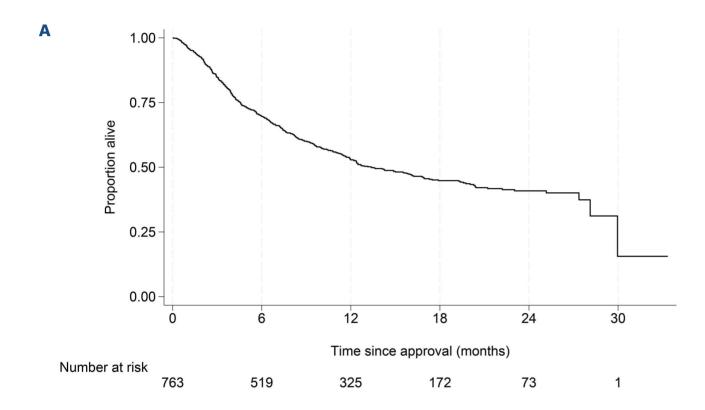
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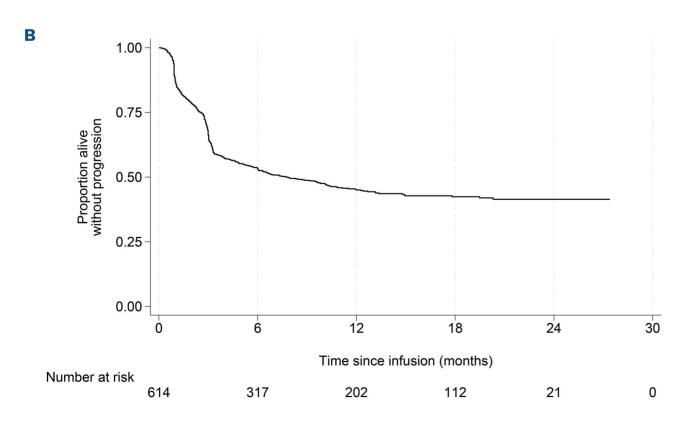
¹P value comparing *de novo* DLBCL, PMBCL, t-FL and t-NFL.² Compares product in those infused and excludes PMBCL (only approved for axicel). ³Compares infusion rates. ⁴No significant differences between *de novo* DLBCL and t-NFL; PMBCL significantly younger than *de novo* DLBCL (*P*=0.0001); t-FL significantly less likely to have been refractory to R-CHOP (*P*=0.021) and less likely to have responded to bridging (p=0.001) when compared to *de novo* DLBCL. ⁵No pairwise comparison with *de novo* DLBCL was significant. DLBCL: diffuse large B-cell lymphoma; PMBCL: primary mediastinal B-cell lymphoma; t-FL: transformed LBCL from follicular lymphoma (FL); t-NFL: transformed LBCL from non-FL background; t-MZL: transformed LBCL from marginal zone lymphoma; RS: Richter's syndrome; CHOP: cyclophosphamide, doxorubicin, vincristine and prednisone; axi-cel: axicabtagene ciloleucel; tisa-cel: tisagenlecleucel; IQR: interquartile range; ECOG: Eastern Oncology Group; LDH: lactate dehydrogenase; IPI: International Prognostic Index; SCT: stem cell transplantation; HCT-CI: hematopoietic cell transplantation-specific comorbidity index; CR: complete response; PR: partial response; SD: stable disease; PD: progressive disease.

the prolonged CAR T pathway due to fast disease progression. In this regard, the infusion rate of 87% seen in our RS cohort is very encouraging, although numbers are too small to draw firm conclusions. Due to the heterogeneity of RS, larger studies with more detailed analyses of prior CLL-directed therapy and baseline T-cell function are warranted. Efficacy of bispecific antibodies and other novel

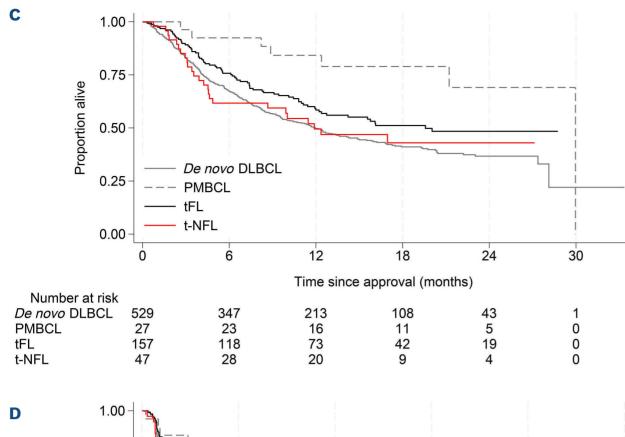
treatments in t-NFL is not yet known. Our data provide a useful benchmark for future comparison of CAR T against novel immunotherapies in t-MZL and RS.

We observed similar drop-out rates across all LBCL subtypes. However, PMBCL and t-FL had significantly better long-term survival compared to other subgroups. The favorable results seen in PMBCL are in line with previous re-





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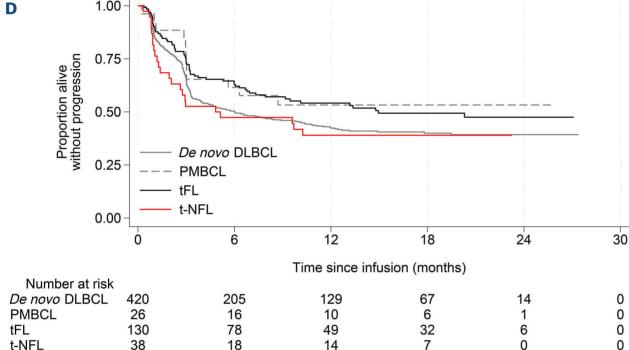


Figure 1. Overall survival and progression-free survival. (A) Overall survival (OS) total cohort, (B) progression-free survival (PFS) total cohort. (C) OS by lymphoma subgroups. (D) PFS by lymphoma subgroups. DLBCL: diffuse large B-cell lymphoma; PMBCL: primary mediastinal B-cell lymphoma; t-FL: transformed follicular lymphoma; t-NFL: transformed non-follicular lymphoma.

ports. Our 2-year PFS of 53% for PMBCL is almost identical to the 54% reported in the German series.¹² The survival difference was highly significant in their cohort, but did not reach significance in our analysis, probably explained by the unexpectedly short PFS of the German comparator cohort (DLBCL not otherwise specified) of only 26% at 2 years.¹² A numerically higher response rate was seen in t-FL in the ZUMA-1 and JULIET trials,^{1,2} but to our knowledge, this is the first study suggesting superior long-term outcomes of t-FL *versus de novo* DLBCL. CAR T-cell toxicities and non-relapse mortality were similar between subgroups which is an important finding, suggesting a similar risk/benefit profile of CAR T in rare subtypes.

In conclusion, our data provide evidence for a clinical benefit of CAR T across rare subgroups of r/r LBCL such as t-NFL. We further show particularly favourable CAR T outcomes in patients with PMBCL as well as t-FL, highlighting the important role of CD19 CAR T against alternative treatment options for

these patients, which should be confirmed in larger datasets.

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AK has served on advisory boards and received honoraria from

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Contributions

CB, CR, AAK, and AK designed the research, collected the data, analyzed the data, and wrote the manuscript. All other authors contributed to collecting the data and reviewed the manuscript.

Data-sharing statement

Anonymized data may be shared on reasonable request and ethical approval.

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