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Inflammaging and MDS Pathogenesis

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Abstract:

Myelodysplastic syndromes (MDS) are a genetically complex and phenotypically diverse set of clonal hematologic neoplasms that occur with increasing frequency with age. MDS has long been associated with systemic inflammatory conditions and disordered inflammatory signaling is implicated in MDS pathogenesis. A rise in sterile inflammation occurs with ageing and the term "inflammaging" has been coined by to describe this phenomenon. This distinct form of sterile inflammation has an unknown role in in the pathogenesis of myeloid malignancies despite shared correlations with age and ageing-related diseases. More recent is a discovery that many cases of MDS arise from clonal hematopoiesis of indeterminate potential (CHIP), an age associated, asymptomatic pre-disease state. The interrelationship between ageing, inflammation and clonal CHIP is complex and likely bidirectional with causality between inflammaging and CHIP potentially instrumental to understanding MDS pathogenesis. Here we review the concept of inflammaging and MDS pathogenesis and explore their causal relationship by introducing a novel framing mechanism of "pre-clonal inflammaging" and "clonal inflammaging". We aim to harmonize research on ageing, inflammation and MDS pathogenesis by contextualizing the current understanding of inflammaging and the ageing hematopoietic system with what is known about the etiology of MDS via its progression from CHIP.

Introduction

Myelodysplastic syndromes (MDS) are a diverse group of clonal hematologic neoplasms characterized by ineffective hematopoiesis, morphologic dysplasia in one or more cell lineage and risk for transformation to acute myeloid leukemia (AML).¹ Approximately 50-60 recurring somatic gene mutations and structural chromosomal abnormalities contribute to its pathogenesis and are readily discoverable with standard-of-care next generation sequencing and classic karyotyping and understanding the mechanisms of these aberrations has aided in development of an understanding of MDS. Still, the disease is difficult to treat, and hematopoietic stem cell transplantation (HSCT) remains the only curative therapy.

For this reason, efforts towards detecting mutational changes, and hopefully, intervening at an earlier phase of disease, is of great clinical interest. A revolution towards this end has been the increased understanding of clonal hematopoiesis of indeterminate potential (CHIP), which is an age-associated, asymptomatic outgrowth of somatically mutated clones in hematopoietic stem cells (HSC), which harbor the potential for evolution to MDS or other hematologic malignancies.² CHIP cells are most commonly characterized by mutations in the transcriptional regulators DNMT3A, TET2 and ASXL1; all genes frequently observed in myeloid malignancies and hallmarked by gradual outgrowth which often occurs with the onset of a clinical phenotype of MDS. Somatic mutations occur in all tissue at a linear rate with age, and the hematopoietic system is no exception.³ Only a small portion of these mutations occur in exons and an even smaller portion are thought to provide a growth advantage to the stem cell, which is a defining characteristic of CHIP.⁴ CHIP is infrequently detected in individuals under 40 years of age but gradually increases in prevalence to ~10% at the age of 70, making CH a signature of ageing, and offering one explanation as to why MDS is primarily seen in older patients.⁵⁻⁷ More recent analysis of the phylogenies of clonal hematopoiesis in human marrow samples have suggested that there is an abrupt loss of polyclonality in the bone marrow with ageing. Samples from otherwise healthy donors under the age of 65 had 20,000 to 200,000 genetically distinct HSC clones contributing to blood pool production while most blood cells derived from only 10-20 HSC clones in older individuals.⁸

Ageing and MDS share another key concept: inflammation is inextricably linked to both processes. "Inflammaging" has become a term popular in the field of geroscience to describe repeatedly observed changes in metrics of inflammation in an ageing immune system. In this context, inflammaging implies a sterile, chronic, low-level inflammatory state associated with advanced age. It has been implicated as one of the seven pillars of ageing, contributing to gradual global organ dysfunction and frailty seen in the elderly.^{9, 10} Observations of increased MDS prevalence in chronic inflammatory disease cohorts of vasculitis,¹¹ rheumatoid arthritis,¹² Crohn's disease¹³, Bechet's disease,¹⁴ and others have been noted for decades.¹⁵ A recent retrospective case-control study re-demonstrated those associations while also identifying increased prevalence of gout and fatty liver disease in MDS compared to age-matched solid tumor cohort.¹⁶ These observations have prompted questions of a causative relationship between inflammation and MDS; yet the exact nature and relative direction of this causation remains incompletely understood. Though the field is rapidly advancing, the majority of existing work in humans is exploratory and correlates myeloid neoplasms or aggressivity of these neoplasm with high titers of inflammatory cytokines.¹⁷ This review seeks to harmonize some of the research on ageing, inflammation and MDS pathogenesis by contextualizing the current understanding of inflammaging and the ageing hematopoietic system with what is known about the etiology of MDS via its progression from CHIP.

Throughout this review, we will highlight data generated by retrospective analysis of large biobanks along with laboratory modeling of CHIP, MDS and ageing. This work is either correlative in nature or uses model systems when discussing the relationships between inflammation, ageing and MDS in the context of human disease. Causative links between CHIP-associated inflammation and disease remain less clear, but nevertheless, reviewing these data in the context of inflammaging and MDS, may inspire discussion or new lines of inquiry in the study of MDS pathogenesis.

Clonal and non-clonal inflammaging models

Inflammaging as a concept was developed as a heuristically powerful framework over 2 decades ago to describe a pro-inflammatory cytokine profile in aged human and mouse peripheral blood in the absence of infection, specifically TNF- α^{18} and IL-6,¹⁹ in initial reports.²⁰ The concept has grown to encompass a list of observations about the ageing immune system, including a reduced capacity to mount an effective inflammatory response in some cases,²¹ a pathologic over-response in others,²² and increased organ infiltration by immune cells²³ that are increasingly autoreactive.²⁴ The precise etiology of inflammaging, and the biologic mechanisms of how it contributes to organ dysfunction, is incompletely understood and it remains possible that inflammaging is only a non-causal biomarker of the ageing process. It is crucial to note that much of the original geroscience research into inflammaging occurred before the discovery of CHIP and CHIP's own possibly causal relationship with age-related diseases, including MDS.

The irreversible loss of proliferative capacity seen globally with ageing, termed cellular senescence, is also true of immune cells and is hypothesized to lead to a loss of ability to detect and eliminate cancer cells via a process known as immunosenescence.²⁵ Immunosenescence is linked to inflammaging and hypothesized to contribute to MDS pathogenesis. A recent study identified 115 cases of CHIP that subsequently evolved to a myeloid neoplasm in the UK Biobank and found that a key predictor of progression from CHIP to hematologic malignancy was an increased level of pro-inflammatory serum proteins.²⁶ Additionally, correlative work with human samples from ulcerative colitis patients suggests that *DNMT3A* CHIP clones may have a competitive growth advantage in this inflammatory condition.²⁷ Multiple mouse models have demonstrated that increases in inflammation in the HSC microenvironment may provide a selective pressure favoring disease-initiating clones, including microbial signals or cytokines such as IL-1 or TNF-α promoting TET2 CHIP competitiveness,²⁸⁻³⁰ INF-γ promoting *DNMT3A* CHIP,³¹ and obesity-associated inflammation driving both.³²

This hypothesis is reminiscent of the immune escape mechanism proposed to explain the outgrowth of paroxysmal nocturnal hemoglobinuria clones in aplastic anemia, which resist inflammatory damage from T-cell mediated destruction of wild-type HSCs due to their loss of essential surface proteins.³³ These reports are highly supportive of the hypothesis that inflammation may promote the development of CH, and subsequently MDS, but questions remain about the relative contribution of non-clonal inflammaging and CHIP itself to this inflammatory milieu. Our proposed models inter-relating CHIP and inflammaging in MDS pathogenesis are provided in **Figure 1**.

Inflammaging as a driver of age-related diseases and clonal hematopoiesis

In one conceptual model (**Figure 1a**), lifelong exposures to various antigens and stressors to the immune system gradually produce the pro-inflammatory phenotype seen in inflammaging.³⁴ These stressors could include a variety of factors including diet, exercise, or even climate, but are commonly related to perturbing factors including tobacco, toxins or secondary to chronic viral infections.^{35, 36} This phenotype

has been suggested to arise from dysregulation of unmutated immune cells and is characterized by the senescent-associated secretory phenotype (SASP), which is a more complete compendium of cytokine changes associated with ageing beyond those discovered in initial inflammaging reports.

In this conceptual model, the pro-inflammatory milieu has grave effects on the bone marrow microenvironment (BMME) which becomes the fertile ground for the development of CH both by driving intrinsic changes in HSCs and by providing an environment by which they gain a competitive growth advantage. While causal evidence defining how an aged or inflammatory BMME induces or promotes CH in humans is lacking, chronic sterile inflammatory stimuli can induce somatic mutations in mouse HSCs, which is hypothesized to result from repeated activation of HSCs out of their dormant non-cycling state.³⁷ Additionally, in a mouse model of the pre-malignant CHIP state, HSC clones with genetic deletion of TET2 were found to have a repopulation advantage after acute inflammatory insults over wildtype.³⁸ Another recent study using single-cell multi-omics techniques showed that both mutant and wildtype HSCs taken from patients with CH showed increased signatures of inflammation and ageing when compared to non-CH patient samples.³⁹ However, the same study showed that mutant HSCs had decreased responses to this inflammation when compared to wildtype HSCs from the same human sample, leading the researchers to suggest that the mutant HSCs could have a competitive advantage under inflammatory conditions. Ageing cells outside of the hematopoietic compartment may also induce intrinsic changes in HSCs as seen in a study of mouse and human fibroblasts. These reports show that aged stromal cells themselves could produce a pro-inflammatory microenvironment that drives a myeloid bias in HSCs via changes in Notch signaling in vascular endothelium.^{40, 41}

In the pre-clonal inflammaging model (Fig 1a), the initial insult to the immune system is not the acquisition of a mutation in the HSC compartment, but rather an inflammatory stimulus which could increase the rate of mutagenesis.³⁷ There exist multiple hypotheses for how this could arise. One being that organ tissue senescence and fibrosis seen with ageing leads to increased tissue permeability and increased release of damage-associated molecular pathogens (DAMPs) from injured tissue and pathogen-associated molecular pathogens (PAMPs) from invasive pathogens via weakened external tissue barriers.²⁹ This chronic immune insult leaves a lasting imprint or "Immunobiography" which may be epigenetic in nature.⁴² Increasing visceral adipose tissue, which has an epidemiologic correlation with sterile inflammation and MDS,^{43, 44} may also trigger inflammaging with mouse models suggesting that this is driven by macrophage accumulation in adipose tissue and NOD-, LRR- and pyrin domaincontaining protein 3 (NLRP3) inflammasome activation.^{45, 46} Other hypothesized ageing-related inflammatory triggers include changes to gut microbiota and permeability,⁴⁷ cell stress from decreased autophagy and macromolecule recycling⁴⁸ and accumulation of senescent cells which are known to produce a SASP in mice.⁴⁹ A fascinating study using an atherosclerosis mouse model demonstrated that vascular plaques themselves may promote HSC proliferation, increase CH several-fold and specifically promote Tet2 knockout clone expansion.⁵⁰ This is an important study to emphasize as it highlights a possible reverse-causal relationship from the more popular hypothesis of CHIP-driven atherosclerosis discussed in more detail below.

Clonal hematopoiesis as a driver of inflammaging

In an alternative model that we have termed "clonal inflammaging" (**Figure 1b**), CH arises prior to or independently from the inflammatory environment, whether from an age-related mutation related to replication error,⁶ germline predisposition,⁷ or facilitated by an immune or genotoxic insult, such as has

been described for everything from simple upper respiratory tract infections to exposure to carcinogens such as cigarette smoke,⁵¹ or dust from the collapsed World Trade Center towers.^{52, 53} We propose that, in this case, these CHIP clones subsequently become the driving force of the chronic sterile inflammation described as inflammaging. The pro-inflammatory mutant HSC clones produce dysregulated mature immune cells which directly contribute to ageing related disease in various organs. The local niche of the CHIP clones becomes a positive feedback system via paracrine inflammatory signaling which further reprograms the bone marrow stroma and immune niche and accelerates selection for clones with a growth advantage in inflammatory settings, eventually leading to MDS. In this model, inflammaging is a phenotype which arises from the outgrowth of CHIP populations.

Strong human and murine evidence exist for an inflammatory predisposition in immune cells derived from CHIP HSCs. Initial studies primarily reported changes in TET2-deficient mouse macrophages and demonstrated that these macrophages express higher levels of LPS-induced genes and produce more IL-1b and IL-6.^{54, 55} This potentially occurs due to loss of *Tet2*-mediated histone deacetylation of the IL-6 promoter preventing the resolution of the inflammatory response.⁵⁶ Recent work using single cell analysis of peripheral blood samples isolated from TET2mut CHIP patients revealed increased cytokine expression in TET2mut monocytes, but not in TET2wt cells from same patient; as well as gene signatures of impaired differentiation in both monocytes and T cells.⁵⁷ In another study, human TET2, and DNMT3A mutant macrophages were found to have impaired mitochondrial DNA integrity and activation of cGAS signaling triggering a type I interferon (IFN) response.⁵⁸ Loss of DNMT3A in murine macrophages prevents suppression of the Type I interferon response and loss in mouse mast cells predisposes to IgE hypersensitivity.⁵⁹ JAK2 V617F CHIP patients have increased levels of IL-6 and IL-18.⁷ In mice, this form of CH produces mutant neutrophils with abnormal neutrophil extracellular traps (NET) and similar findings can be reproduced in neutrophils isolated from patients with myeloproliferative neoplasms.^{60, 61} The effects of other common CHIP mutations on inflammation have received less study, however, patients with SF3B1 mutant-CHIP have increased levels of IL-18 in their serum,⁶² and pre-clinical models have established a causal connection between spliceosome mutations seen in MDS (SF3B1, SRSF2, U2AF1) and disordered inflammatory signaling.⁶³

Clonal inflammaging, cardiovascular and other age-related diseases

Whereas non-clonal inflammaging arises alongside, and perhaps as a consequence of, age-related diseases, CHIP, via the process of clonal-inflammaging, may drive gradual organ dysfunction over years through dysregulated immune cell damage of visceral tissue. There exists an ever-growing list of disease states associated with CHIP with both epidemiologic studies and experimental models supporting their relationship.

Central to the epidemiologic study of how CHIP and systemic diseases relate are the growing list of largescale cohorts that provide rich lifestyle data and health outcomes along with genomic data. The UK BioBank is the most studied of these massive data sets; it has the longest follow up time with sample collections dating as far back as 2006 and now has whole genome sequencing for >500,000 participants. It has some key limitations, the most important being that the population is predominantly of European descent, limiting its ability to provide data about groups traditionally underrepresented in research settings. Existing work has identified a potential decreased frequency of CHIP in people who self-identify as Hispanic^{2, 7} or East Asian⁷ but high-quality published studies of CH in diverse populations are limited and have largely used self-identified categorizations of race and ethnicity, which are difficult to apply to questions of genetic ancestry. A genome-wide association study of the Trans-Omics for Precision Medicine (TOPMed) dataset identified a germline *TET2* variant associated with increased incidence of CHIP which was only identified in people of African ancestry, further highlighting the need for enrollment of diverse populations in these cohorts.⁷ The All of Us cohort began enrollment in 2018 with a prespecific goal of enrolling a more diverse population.⁶⁴ While follow-up health data is less mature in this cohort, it is likely to offer unique advantages to study historically underrepresented groups.

Heart disease is the most common cause of death in patients suffering from MDS.⁶⁵ The connections between anemia and ischemic cardiac disease, as well as transfusion-related iron overload and nonischemic cardiomyopathy are long studied and key tenets to care of patients with MDS. However, recent research has implicated a pro-inflammatory environment in CHIP patients as a driver of heart disease unrelated to tissue oxygen delivery, alone. Research demonstrating increased expression of inflammatory genes in innate immune cell derived from CH has made popular the idea that CH may be a mechanism linking ageing, inflammation, and cardiovascular disease. Initial reports linking CHIP and coronary artery disease (CAD) were unplanned secondary analyses but have since been replicated in additional cohorts.^{2, 66} Subsequent identification of a dose-response relationship between CHIP burden and CAD and a germline IL-6 signaling deficiency as protective against CAD in the setting of CHIP only further supports this hypothesis.^{62, 66} In both *Tet2*-deficient⁶⁷ and *Jak2*-mutated mice, clonal macrophages with increased inflammasome activity were found to accumulate in atherosclerotic plagues and plague stability could be increased by disrupting inflammasome activity.⁶⁸ Ischemic cardiomyopathy⁶⁹ and aortic stenosis⁷⁰ have also been associated with CHIP. Most experimental work was done in mice who were exposed to additional cardiac stress to accelerate the desired cardiac phenotype, nonetheless one Tet2-mutant CHIP mouse model was shown to be predisposed to agerelated cardiac dysfunction even under homeostatic conditions, further supporting a causal relationship between CHIP and cardiac disease.⁷¹

There is growing evidence to suggest that specific CHIP mutations variably correlate with cardiovascular disease, with recent analysis of the UK Biobank showing that *TET2* and spliceosome CHIP more strongly associate with atherosclerotic disease than does *DNMT3A* CHIP, emphasizing that all CHIP must not be treated as a monolith when discussing age-related diseases.⁷² Another analysis of the UK Biobank again showed that *DNMT3A* CHIP had a weaker association with vascular disease but interestingly also found that DNA damage repair genes (*TP53* and *PPM1D*) and *JAK2* had a stronger correlation than *TET2*.⁷³ One possible explanation for this difference is that *DNMT3A* mutated macrophages uniquely promote cardiac fibrosis which could theoretically result in a different cardiac disease phenotype (heart failure vs atherosclerosis) despite both contributing to cardiac-related morbidity.⁷⁴

Study of large national prospective cohorts have revealed associations between most age-related diseases and CHIP. Analyses of a cohort of CHIP patients in the UK Biobank identified associations between *TET2* and *JAK2* CHIP, but not *DNMT3A*, and both chronic kidney disease and acute kidney injury (AKI).^{75, 76} They were able to recapitulate this predisposition to AKI in mice CHIP models and showed increased inflammatory macrophage infiltration as a potential mechanism. A similar cohort was used to identify an association between *DNMT3A* CHIP and osteoporosis, experimental replication of this phenomenon was again done with a CHIP mouse model and, interestingly, this process was able to be reversed with IL-20 neutralization.⁷⁷ The COPDGene cohort, with its associated spirometry data, was used to elucidate the relationship between chronic obstructive pulmonary disease (COPD) and CHIP and mice with *TET2* CHIP exposed to cigarette smoke had worse emphysematous changes than wild type

controls.⁷⁸ The same study attempted to quantify a possible confounding relationship where smoking drives both COPD and CHIP independently through a genotoxic effect on HSCs and found that, while there was a statistically significant association between CHIP and cumulative cigarette use at high exposures, smoking was only a weak risk factor for CHIP and a multivariate analysis including smoking history retained a significant association between COPD and CHIP. CHIP may even have a causative role in the development of solid organ malignancies, specifically lung, prostate, and non-melanoma skin cancers.⁷⁹

Efforts to collect the sorts of prospective cohorts needed to understand the relationship between CHIP, inflammaging and MDS are inherently costly and painstaking due to the prolonged time needed for the hypothesized precipitating events to lead to a detectable phenotype. Despite these challenges, efforts are under way that could provide high quality evidence in the future.^{57, 80}

VEXAS as an accelerated model at the interface of inflammation and clonal hematopoiesis

A potentially useful model to understand causality in such cases is the newly identified syndrome termed VEXAS (vacuoles, E1 enzyme, X-linked, autoinflammatory, somatic), which is a novel hematoinflammatory condition we frame here as an accelerated and exaggerated version of the relationship between inflammation and MDS (**Figure 1C**). E1 Ubiquitin-like modifier activating enzyme 1 (*UBA1*) mutations play a pivotal role in VEXAS, characterized by systemic inflammatory pathogenesis in the bone develop MDS.⁸¹ This syndrome is a unique opportunity to study inflammatory pathogenesis in the bone marrow, unraveling the intricate interplay between somatic mutations, innate immunity dysregulation and hematologic malignancies.

Central to the pathophysiology of VEXAS syndrome is the dysfunction of the ubiquitin-proteasome system (UPS) in HSCs, triggered by loss of the cytoplasmic form of UBA1, which allows the accumulation of unfolded proteins in the cytoplasm due to decreased ubiquitination of the usual targets for proteosome-mediated degradation. The innate immune response depends on the ability to rapidly remodel signaling networks and is mainly organized by the UPS. Ubiquitin-mediated protein recycling has emerged as a key factor in fine-tuning the strength and duration of the inflammatory response and loss of function at each step of the UPS has been implicated in inflammatory conditions.⁸² In the case of VEXAS, accumulating cytoplasmic protein overwhelms the processing ability of the endoplasmic reticulum which triggers the unfolded protein response (UPR) and downstream signaling through the PRKR-like ER (PERK), endoplasmic reticulum to nucleus signaling 1 (IRE1a), and activating transcription factor 6 (ATF6) all of which are implicated in inflammatory signaling, specifically NF-κB, and the increased production of type I interferons. Recently, monocytes isolated from VEXAS patients were shown to have disordered expression of chemokine receptors, increased TNF- α and NF- κ B signaling and increased inflammasome activity, all highly reminiscent of observations of monocytes in CHIP patients described above.⁸³ The disordered UPS produces a striking systemic inflammatory phenotype characterized by fevers, polychondritis, inflammatory arthritis, vasculitis, dysregulated proinflammatory neutrophil activation and increases in inflammatory cytokines such as IL-6, tumor necrosis factor (TNF), and interferon-y (INF-y).⁸¹

VEXAS has notable hematologic findings, including peripheral cytopenias (macrocytic anemia, lymphopenia, monocytopenia), and a hypercellular and myeloid skewed bone marrow.⁸⁴ MDS is the most common hematologic neoplasm seen in VEXAS patients. MDS cases occurring in VEXAS occur later in the disease course and are enriched for a lower risk profile per the Revised International Prognostic

Scoring System and, interestingly, the majority have normal karyotypes and a low mutational burden. Few of the initially reported VEXAS cases had >5% variant allele frequency (VAF) in recurrently mutated genes, compared to >80% of cases in a typical MDS population.⁸⁴ This lack of clonal complexity suggests that inflammation may be the primary driver of MDS pathogenesis in VEXAS or that *UBA1* itself can drive dysfunctional hematopoiesis. Ongoing debate about the relative contributions of intrinsic HSC dysfunction from somatic *UBA1* mutation or extrinsic inflammatory disruption of HSC function mirrors our competing models of clonal and non-clonal inflammaging and makes it a ripe ground for future studies seeking to understand inflammation and MDS.

Better understanding the consequences of inflammaging on the hematopoietic system, both extrinsic changes occurring in the HSC niche and those intrinsic to the HSC itself, will benefit the scientific community in its efforts to restore the regenerative capacity of HSCs and intervene earlier in the pathogenesis of MDS. The next section will offer comparisons between what is known of the ageing HSC and MDS-initiating clonal HSCs with a special emphasis placed on inflammation.

Intrinsic changes of hematopoietic stem cells in ageing and MDS

Early histologic and functional observations of the ageing human bone marrow revealed a consistent pattern of decreased cellularity and increased adipocytes, decline in lymphopoiesis with an increase in myeloid differentiation potential, a seemingly paradoxical increase in long-term (LT)-HSCs but which have reduced replicative capacity and finally an increased predisposition to myeloid neoplasms.⁸⁵ The mechanisms which drive these changes are incompletely understood and difficult to study in human tissue. The concomitant rise in CH seen with ageing and the potential for these clonal cells to accelerate ageing-related inflammation, confounds our understanding of the ageing wildtype HSC. There are intrinsic changes of HSC in ageing and MDS pathogenesis and understanding their similarities and differences is crucial to begin unraveling the relationship between inflammaging and MDS (**Figure 2**).

Non-clonal ageing of the hematopoietic system: Focus on HSC senescence and inflammation

Epigenetic dysregulation is implicated as a driver of cellular ageing and in HSCs these changes are felt to promote self-renewal at the expense of differentiation. Transcriptional level changes are thought to impact self-renewal; for example, aged mice HSCs demonstrate an inflammatory transcriptional memory which is myeloid-biased and persists for months after an inflammatory insult.⁸⁶ Seminal research on ageing mouse HSCs revealed that, while the DNA methylome is broadly unchanged with age, specific loci associated with differentiation potential are hyper-methylated in old compared to young mice.⁸⁷ Specifically, hypermethylation occurred at loci marked by H3K27, which are key targets of PRC2. They found this epigenetic change may be driven by decreased levels of PRC2, which is heavily implicated in ageing and senescence in other tissue types, as evidence by decreased gene expression of a core PRC2 component, *EZH2*, which is also frequently mutated in MDS.⁸⁸ Another study in aged mice showed more trimethylation at H3K4-marked loci, which is associated with increased transcription of stem cell self-renewal effectors and loss of differentiation capacity with similar findings reproduced in human HSCs.⁸⁹

Changes in mitochondria health and function are also tightly linked to HSC age and may be linked to an inflammatory phenotype, which has been reviewed more extensively elsewhere.⁹⁰ Young and healthy HSCs are enriched for a quiescent cell state with a low metabolic rate and low levels of mitochondrial reactive oxygen species (mtROS). Aged mice have an increasing proportion of high ROS HSCs and this may be due to age-related loss of FOXO3 and SIRT3, increases in AKT/mTOR signaling, accumulation or

mitochondrial DNA mutations or loss of mitochondrial quality control via decreased mitochondrial unfolded protein response.⁹⁰ Accumulating mtROS can trigger the NLRP3 inflammasome, potentially through epigenetic remodeling by SIRT2, linking mitochondrial health, epigenetics and a pro-inflammatory cell death process.⁹¹ Interestingly, aged mouse HSCs seem to rely on increased basal autophagy to maintain their low oxygen metabolism state, and in so doing preserve their self-renewal capacity, but an increasing proportion of HSCs lose this enhanced autophagic capability with age.⁹² Finally, there seems to be loss of protein homeostasis in ageing mouse HSCs with gradual age-related decreases in SIRT7 leading to accumulation of unfolded proteins in mitochondria and subsequent compromised regenerative capacity.⁹³

Inflammatory signaling is also dysregulated in aged mouse HSCs. Age-related chromatin and transcriptional changes lead to an upregulated interferon response.⁴² These HSCs also lose the ability to appropriately downregulate NF-κB signaling after an inflammatory insult potentially via two mechanisms. Increased RAD21 activity, which typically increases NF-κB binding to its target genes in response to inflammation, results in a NF-κB hypersensitivity which limits self-renewal capacity of HSCs.⁹⁴ Additionally, aged mouse and human HSCs also have decreased A20 levels, a negative regulator of NF- κB, and decreased A20 levels have been shown to lead to myeloid proliferation, B cell apoptosis, anemia, and overproduction of inflammatory cytokines.⁹⁵

Other key signaling networks have defined differences in aged mice HSCs. TGF- β signaling in HSCs is bidirectional, with elevated levels favoring quiescence, via SMAD2/3 activity, and low levels favoring myeloid differentiation. Ageing of mouse HSCs is associated with decreased TGF- β signaling, likely due to loss of TGF- β receptor expression, and this may contribute to myeloid skewing and predisposition to myeloproliferative disease.^{96, 97} WNT signaling may be at the heart of another key observation of ageing HSCs, loss of the asymmetric distribution of cellular components, termed cell polarity. A shift from β -catenin-mediated canonical to CDC42-mediated, non-canonical WNT signaling occurs with age in mouse HSCs, driven by predominate expression of *Wnt5a*.⁹⁸ The non-canonical WNT5a/CDC42 axis may exert some of its ageing phenotype via crosstalk with the NOTCH1 pathway which leads to an overabundance of quiescent HSCs in mice with reduced engraftment potential.

Disordered innate inflammatory signaling in clonal hematopoiesis and MDS stem cells

A majority of MDS initiating molecular events lead to, paradoxically, a loss of proliferative advantage when studied in typical *in vivo* and *in vitro* model systems. A key feature proposed to explain mutant clone outgrowth in the bone marrow of MDS patients is a dysregulated innate inflammatory system, which is not recapitulated in those typical models.⁹⁹ While the previous section highlighted how this local inflammatory milieu could derive from non-clonal aged HSCs, this section will highlight how CH could initiate and self-perpetuate this inflammatory advantage.

For example, in MDS patient samples, an inflammatory BMME with increased TNF- α levels has been observed, which can induce apoptosis in healthy HSCs while providing a selective advantage for particular pathogenic clones. Stem cells from MDS patients without excess blasts show predominate expression of the pro-apoptotic TNF receptor 1 whereas MDS stem cells from patients with excessive blasts show increased levels of the anti-apoptotic TNF receptor 2. Dysregulated TGF- β signaling is also implicated in MDS pathogenesis though it is increased, rather than decreased as seen in aged HSCs. This increase is thought to occur via loss of negative feedback components, SMAD7 and miRNA-143/5 in some cases. In mice and *ex vivo* human models, the loss negative regulators then in turn leads to

upregulated SMAD2/3 which inhibits erythropoiesis and triggers inflammation via crosstalk with the NF- κ B pathway.¹⁰⁰

Central to disordered immune signaling in MDS are the toll-like receptors (TLR). These receptors recognize DAMPs and PAMPs and initiate an inflammatory response important to innate immunity and are known to be increased in MDS patient samples.¹⁰¹ The primary effector via which TLRs trigger myeloid differentiation is the myeloid differentiation primary response gene 88 protein (MyD88). MyD88 forms a complex with interleukin-1 receptor associated kinases (IRAK1 and IRAK4), termed the "myddosome", in response to TLR or IL-1 receptor activation.¹⁰² The myddosome, in turn, triggers increased NF- κ B and MAPK activity through TNF receptor-associated factor 6 (TRAF6) and I κ B kinases (IKK) leading to increased expression of inflammatory cytokines (IL1 β , IL6, IL9, TNF α). Multiple TLR proteins are overexpressed in MDS patient HSCs, including TLR2, TLR4 and TLR6. Additionally, genes encoding modulators of the TLR pathway, miRNA145/6a, exist on the short arm of chromosome 5, the loss of which defines the entity MDS-del(5q). Loss of the inhibitory effects of these non-coding RNAs leads to upregulated TLR signaling which drives a MDS-del(5q) phenotype in mouse models.¹⁰³ Other examples linking MDS related gene mutations to TLR signaling include both *SF3B1¹⁰⁴ and U2AF1¹⁰⁵* mutations leading to IRAK4 signaling.

Programmed necrotic cell death pathways in MDS pathogenesis

As opposed to apoptosis, an immunologically silent programmed cell death process, there exist alternative pro-inflammatory cell death processes that share a common lytic cell death mechanism that leads to the release of DAMPs and other pro-inflammatory cytokines. Thought to be a component of the innate immune system, these cell death processes create a highly inflammatory local milieu which recruit the innate immune system to combat infection or repair tissue injury. A shared inflammatory cell death process is one explanation for how a common phenotype of cytopenias and morphologic dysplasia can be seen across the myriad of MDS-related gene mutations.

Pyroptosis can be initiated either through bindings of DAMPs, such as S100A8/A9, to cell surface receptors including TLR4 and CD33 or by increased intracellular ROS.¹⁰⁶ NF- κ B activation downstream of TLR4 increases expression of pro-IL-1 β and NLRP3 inflammasome components, which are assembled and further activated in the cytosol in the presence of ROS. NLRP3 polymerizes apoptosis-associated speck-like protein (ASC) which participates in the recruitment Caspase-1 to generate the inflammasome. The NLRP3 inflammasome responds to cytosolic DAMPs and when activated, Caspase-1 converts pro-IL-1 β to IL-1 β and triggers gasdermin-D (GSDMD) membrane pore formation which leads to release of IL-1 β and IL-18 outside of the cell triggering further TLR signaling and pyroptosis in neighboring cells.

Inflammasome components (*NLRP3, CASP1*), but not apoptotic machinery, are increased in MDS BM samples at the transcript and protein level and increased inflammasome activity is supported by observed increases of ASC polymers.¹⁰⁷ This pattern was recapitulated in MDS mouse models across a wide range of driver mutations including epigenetic regulators (*ASXL1, TET2*) and splicing machinery (*SF3B1, SRSF2, U2AF1*), further supporting pyroptotic cell death as a common driver of the MDS phenotype.¹⁰⁷ However, a recent study of a large MDS patient cohort suggests that increased inflammasome activity may be more specific to low-risk MDS and perhaps even just del(5q) cases among these.¹⁰⁸

Necroptosis is an analogous programmed lytic cell death pathway with alternative triggers and effectors.¹⁰⁶ It is initiated downstream of death domain receptors (FAS or TNFR) or TLRs by intermediaries FADD, TRADD and TRIF. First, RIPK1 is deubiquitylated which allows recruitment of RIPK3. RIPK1 and RIPK3 function as a complex which recruits and phosphorylates MLKL which oligomerizes, thus completing the necroptosome.¹⁰⁹ Cell membrane pores composed of these MLKL oligomers cause the uncontrolled release of cellular materials and DAMPs. In one cohort of LR-MDS cases, BM mononuclear cells had consistently increased necroptosome components when compared to agematched healthy donors or AML patients. Apoptotic pathways are known to antagonize necroptosis and a mouse model which lacks apoptotic machinery was shown to favor necroptosis and lead to a MDS-like phenotype without typical MDS-related gene mutations. Given prior observations of apoptosis-resistance in advanced cases of MDS the causal link between alternative inflammatory cell death processes and MDS pathogenesis remains intriguing.¹¹⁰

Immune evasion in clonal hematopoiesis

MDS evolution from CHIP due to an intrinsic advantage of certain hematopoietic clones to evade immune surveillance remains a speculative hypothesis though one with interesting correlatives. A strong association between germline HLA polymorphisms and CHIP prevalence suggests dysfunctional immune surveillance may allow the outgrowth of micro-clones which would otherwise be removed by HLA-recognizing cells.¹¹¹ PD-L1 expression is increased in a substantial minority of HSCs isolated from MDS patients which could aid in immune evasion.¹¹² PD-1H has been shown to drive T cell evasion in AML blasts and is also upregulated in MDS patient samples.¹¹³ Recent work studying CHIP in solid organ transplant recipients identified increased incidence of *TET2* CHIP in these transplant recipients. This correlation was only true for those far removed from their transplant date, suggesting that it may be the transplant and/or subsequent immunosuppression leading to CHIP rather than the reverse.¹¹⁴ Increased CHIP prevalence was mostly observed in patients who received anti-thymocyte globulin as a part of their immunosuppressive regimen; thus implying CH expansion may depend on how and to what degree the immune landscape is altered.

The bone marrow microenvironment in inflammaging and MDS pathogenesis

The bone marrow microenvironment has significant implications for both the ageing process and CH, including both the mesenchymal stroma and resident immune cells which compose the HSC niche (Figure 3). An aged bone marrow niche seems to accelerate epigenetic markers of ageing in healthy transplanted HSC in humans more quickly than does a young recipient's niche.¹¹⁵ The aged niche of mice also exerts a selection pressure on mutant HSCs, facilitating their evolution towards oligoclonality reminiscent of CHIP evolution into MDS in humans.¹¹⁶ Inflammation plays a key role in the relationship between the niche and HSC. Niche cells themselves are involved in promoting myelopoiesis in response to systemic inflammation and become increasingly pro-inflammatory with ageing in mice with increased secretion of IL-1β and CCL5 directly contributing to the ageing phenotype of myeloid skewing.^{40, 117} Exactly which components of the niche contribute to decreased support for normal hematopoiesis is unknown, but this section will offer a brief overview of recent observations and hypotheses on various niche cell subsets contributions to ageing and MDS pathogenesis.

Mesenchymal stromal cells (MSC) are uncommon perivascular BM-resident cells that play an essential role in HSC maintenance. With ageing, MSCs decrease in number, differentiate primarily into adipocytes at the expense of the osteoid lineage and lose HSC supportive capacity. In LR-MDS patient samples,

MSCs secrete increased levels of S100A8/A9 and in HR-MDS they obtain an immunosuppressive secretory profile driven by TGF- β .¹¹⁸ BM adipocytes increase with age in humans and even more so with obesity and impair short-term repopulating ability of HSCs in mice via secretion of DPP4. They also simultaneously promote the maintenance of more quiescent long-term HSCs which correlates with the phenotype of increased number but decreased repopulating ability of HSCs observed in the aged bone marrow.¹¹⁹ Little is known of BM adipocyte contribution to MDS pathogenesis, but AML blasts are able to induce lipolysis in neighboring adipocytes to facilitate their own metabolism.¹²⁰ Osteoblasts, but not osteoclasts, are decreased with age and loss of their secretory component OPN may contribute to HSC ageing through loss of senescence.¹²¹ One third of patient samples in a MDS/AML cohort showed β -catenin accumulation in osteoblasts and a mouse model with activating mutation of β -catenin could induce AML.¹²² BM endothelial cells in ageing lose their ability to support HSC function, potentially due to decreased vascular oxygen delivery and decreased secretion of supportive factors such as SCF and CXCL12.¹²³ Whether derived from inflammatory paracrine signaling from CH cells or the systemic inflammation of inflammaging, chronic exposure to inflammation is hypothesized to initiate or exacerbate most of these highlighted changes in the mesenchymal niche.

Changes in the circulating immune cells with inflammaging and CH have already been discussed but the BM niche's immune cell repertoire has an important, but largely unknown, role in both these processes. Analogous to the better characterized solid tumor-infiltrative immune cells, BM resident immune cells can have a pro-inflammatory or immunosuppressive phenotype which varies with age and associated hematopoietic malignancy.¹²⁴

BM Macrophages have an increasingly pro-inflammatory secretory profile in ageing mice, with increased IL-1β production, but a reduced phagocytic capacity which allows the outgrowth of senescent neutrophils in the BM. This pattern directly caused a platelet bias in HSCs which mirrored differentiation abnormalities seen in humans and this bias could be reversed by eliminating these defective macrophages.¹²⁵ Macrophages have received considerable attention in MDS given the promising preclinical and then recent disappointing clinical performance of the anti-CD47 antibody magrolimab. Magrolimab leads to cell death in leukemic mouse models by blocking anti-phagocytic signaling on disease cells. Unfortunately, MDS marrow resident macrophages, just like tumor-associated macrophages, are polarized towards an immunosuppressive M2 phenotype instead of the phagocytic M1 phenotype which may explain its lack of clinical efficacy.^{126, 127} Myeloid-derived suppressor cells (MDSC) are an immunosuppressive component of the BMME which increase in number with ageing in the peripheral blood and are also found in excess in organs afflicted by age-related diseases.¹²⁸ Like the functionally similar regulatory T cell (Treg), they are increased in LR-MDS but decreased in HR-MDS and uniquely secrete S100A8/A9 suggesting an ability to drive MDS pathogenesis. Recent work has elucidated a bidirectional relationship between CH and Tregs, with mutant HSCs promoting Treg expansion through presentation of neoantigens on MHCII, and Tregs decreasing apoptotic priming of the mutant clones in return.¹²⁹ A more detailed description of all the changes in the immune microenvironment in ageing and MDS pathogenesis is beyond the scope of this review and has been expertly reviewed recently.¹¹⁸

Conclusions and future therapy directions

The relationship between hematopoiesis, ageing, and inflammation is the undercurrent of age-related disease, particularly MDS. The emergence of clonal hematopoiesis as either a *harbinger* or a *driver* of

age-related organ dysfunction and inflammation (*i.e., pre-clonal vs clonal inflammaging*), marks the path from normal hematopoietic function to the dysregulated immune response in CHIP and MDS. Striving to understand these intricate mechanisms not only sheds light on the etiology of MDS but also offers potential avenues for therapeutic intervention aimed at restoring hematopoietic homeostasis in the ageing population and potentially even preventing some of the most feared pathologies of ageing.

Unsurprisingly, numerous therapeutic strategies, inspired by some of the pre-clinical research highlighted here, are ongoing which target inflammation in MDS, including inhibitors to most of the inflammatory mediators discussed in this review. While immune checkpoint inhibitors (ICI) have thus far been disappointing in myeloid disease, studies of the BM T-cell repertoire are seeking to identify biomarkers of patient subsets which may benefit from traditional ICI therapy and new targetable immune checkpoints continue to emerge.¹¹³ Similarly, in an AML mouse model, failure of CD47 blockade to clear BM resident blasts was revealed to be due to a lack of M1 polarized BM macrophages, a deficit overcome with adjuvant TLR3 agonism, which promoted M1 macrophage polarization and phagocytosis, and restored CD47 inhibitor activity in the bone marrow.¹²⁷

Direct interruption of cytokines (IL-1, IL-6), blockage of inflammatory receptors (IL1R, IL6R, CXCR1/2) and mediators (JAK1, IRAK4, NLRP3) are all strategies being pursued to various extents in MDS.^{104, 130} As examples, an IRAK4 inhibitor has demonstrated clinical activity in spliceosome mutant patients¹³¹ and a TLR2 antagonist has shown the ability to induce hematologic parameter improvements in MDS patients.¹³² However, designing interventions for a pre-disease state, such as CHIP, has numerous additional nuances as drug toxicities that are acceptable in a MDS population would not be in an asymptomatic condition that may never progress to true hematologic disease. Novel therapeutic technologies beyond any currently undergoing clinical investigation will likely be required for tertiary or secondary prevention studies in CHIP, but we will highlight some of the most interesting forays into this space here.

A fascinating story has emerged from the Canakinumab Anti-inflammatory Thrombosis Outcomes Study (CANTOS), which sought to study the effects of IL-1 β inhibition on cardiac complications in patients after a myocardial infarction. While cardiac events were modestly reduced in the overall population, a subsequent subgroup analysis suggested that this effect was derived entirely from patients with *TET2* CHIP who had over 60% reduction in the composite cardiac endpoint.¹³³ Further study also showed that only the CANTOS patients with CHIP saw improvements in anemia which was associated with multiple markers of decreased inflammatory signaling.¹³⁴ Ongoing prospective efforts to disrupt IL-1 β in MDS predisease states are already underway, highlighted by the IMPACT study of canakinumab in clonal cytopenia of undetermined significance (CCUS) patients (NCT05641831).

Table 1 provides an overview of therapeutic strategies, at various stages of preclinical or clinical development that specifically target either ageing or clonal hematopoiesis. They are provided here only to provide an overview of areas of active research and to prompt comparisons between interventions targeted at ageing and those targeting CH. Strategies to reverse CH include those seeking to restore normal driver mutation function, including by pharmacologic intervention¹³⁵ and by gene editing¹³⁶. Others seek to identify vulnerabilities that are specific to mutant HSCs such as through pharmacologic inhibition of mutant proteins themselves (NCT05102370) or by exploiting metabolic differences between mutant and wildtype HSCs¹³⁷. Another novel approach is the antibody-mediated depletion of myeloid-biased HSCs which was found to reverse age-related deficiencies in immune response.¹³⁸ Finally, age-

related changes in HSCs could also be reversed by genetically inducing pluripotency in aged cells which subsequently adopted a young HSC phenotype when transplanted back into mice.¹³⁹ Efforts looking to reverse the ageing process directly have spawned development of senolytics, the selective eradication of senescent cells which accumulate with age and have been implicated in age-related diseases of every organ.¹⁴⁰ Initial pharmacologic senolytic candidates were selected based on their ability to target senescent cells. The combination of dasatinib (a tyrosine kinase inhibitor used in chronic myeloid leukemia) and quercetin (a flavonoid with numerous proposed chemical targets, including BCL-xL) emerged as the most potent and selective senolytics in the original drug screen. The combination of these drugs or the related flavonoid fisetin are being studied in at least 18 phase I and II clinic trials to reverse cellular senescence in numerous age-related diseases (examples NCT02874989, NCT02848131) though only changes in biomarkers of cellular senescence have been reported.¹⁴¹ Navitoclax has also been proposed as a senolytics agent.¹⁴² A potential senolytic targeting MDM2, UBX0101, did not reduce osteoarthritis pain more than placebo in a phase II randomized study (NCT04349956).

An alternative strategy to counteracting senescent cells is to attempt to suppress the pro-inflammatory SASP cytokines which they secrete. In pre-clinical mouse models, NF- κ B inhibition,¹⁴³ rapamycin analogues¹⁴⁴ and metformin¹⁴⁵ have all been shown to decrease the SASP and alleviate age-related conditions in mouse models. Parallels can be seen between treatment strategies for both MDS, CH and ageing. Sometimes with identical agents being pursued (metformin) and other times with common pathways such as inflammatory modulators (canakinumab and NF- κ B inhibition). The identification of navitoclax as a potential senolytic is reminiscent of the recognition that BCL-2 family protein inhibitors may potentially be effective in eradicating the senescent leukemia stem cell population.¹⁴⁶

The discovery of CHIP as an immunologically active precursor to myeloid disease has quickly expanded our understanding of the pathogenesis of both MDS and inflammaging. Improved understanding of the non-hematologic implications of CHIP has exponentially expanded the cohort of scientists and physicians studying the hematopoietic system and now spans experts from genomics to cardiology to geriatrics. The discoveries and terminology coined in the ageing literature (e.g., "inflammaging") contextualize the effects of somatic mutations on hematopoiesis, and help in understanding mechanisms and manners with which to effectively treat and improve the lives of those suffering from MDS.

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Clonal hematopoie	sis		Aging			
Description	Study Description	Ref	Description		Study Description	Ref
Anti IL-1β antibody in CCUS (NCT05641831)	Randomized PhII	134		TKI (Dasatinib) + BCL-2 (Quercitin) inhibition	PhI and PhII	141
High dose vitamin C in CCUS (NCT03418038)	Randomized PhII	135	Senolytics	MDM2 inhibition in osteoarthritis	Randomized PhII	N/A
IDH2 inhibitor in CCUS (NCT05102370)	Non-randomized PhII	N/A		Anti BCL-xL small molecule	Pre-clinical	142
Metformin in DNMT3A CHIP	Preclinical	137		Metformin	Preclinical	145
CRISPR-Cas9 Gene editing to repair SNV in HSCs	Preclinical	136	SASP	NF-κB inhibition	Preclinical	143
Antibody cocktail to deplete myeloid-biased HSCs	Preclinical	138	Inhibitors	Rapamycin	Preclinical	144
Induced pluripotency in aged HSCs	Preclinical	139				

IL-1^β: interleukin 1^β, CCUS: clonal cytopenias of undetermined signficance, IDH2: isocitrate dehydrogenase 2, CHIP: clonal hematopoiesis of indeterminate potential, CRISPR: Clustered Regularly Interspaced Short Palindromic Repeats, HSC: hematopoietic stem cell, TKI: tyrosine kinase inhibitor, N/A: Not applicable

Table 1. Sample of therapeutic strategies in clonal hematopoiesis and ageing

Figure Legends

Figure 1. Inflammaging in the era of CHIP: understanding causal relationships between aging, inflammation and MDS. A) The 'pre-clonal inflammaging' model: inflammaging arises prior to the development of CHIP and leads to the pro-inflammatory phenotype of the aged bone marrow microenvironment which facilitates the subsequent development of CH and progression to MDS. B) The 'clonal inflammaging' model: CH arises as a stochastic event of ageing and drives the inflammaging phenotype. CH-derived pro-inflammatory cells contribute to various age-related diseases while mutant HSCs clonally evolve until the MDS clinical phenotype develops. C) VEXAS as a model of the interrelationship between inflammation and MDS development. Loss of functional *UBA1* gene product E1 prevents the first step in ubiquitin activation and subsequent ligation to target proteins by E2 and E3 to mark them for degradation via the proteosome. This leads to an accumulation of unwanted and unfolded proteins which triggers the unfolded protein response (UPR) and its effectors PERK, IRE1α, and ATF6 which culminates in an increased production of type I interferons. Created with BioRender.com.

Figure 2. Intrinsic defects of HSCs in ageing and MDS. A) Intrinsic defects in ageing HSCs include a deficiency in autophagy and unfolded protein processing, an increase in mitochondrial oxidative stress which can trigger the NLRP3 inflammasome, increased NF-κB activity via increased inflammatory signaling and decreased regulatory mechanisms and increased non-canonical WNT signaling. B) Intrinsic defects in MDS HSCs include dysregulated innate immune signaling via TLR receptor triggering of NF-κB via the myddosome and increased TGF- β signaling via SMAD proteins due to loss of the miR-143/5 negative regulators. Increases in programmed inflammatory cell death mechanisms such as necroptosis and pyroptosis also characterize MDS HSCs and produce a pro-inflammatory positive feedback cycle further triggering inflammatory pathways in neighboring HSCs. Created with BioRender.com.

Figure 3. Comparing changes in the bone marrow microenvironment in ageing and MDS. Descriptions of changes observed in the ageing bone marrow (grey boxes) and CH/MDS (red boxes) for the mesenchymal marrow niche including adipocytes, mesenchymal stem cells, endothelial and osteoid lineage cells and for the immune cell marrow niche including regulatory and cytotoxic T cells, macrophages and MDSCs. Created with BioRender.com.

A Pre-clonal inflammaging model driving MDS pathogenesis



C VEXAS as an accelerated model of inflammaging and bone marrow failure





