

Event-free survival at 36 months is a suitable endpoint for diffuse large B-cell lymphoma patients treated with immunochemotherapy: real-world evidence from the North Japan Hematology Study Group

Koh Izumiyama,^{1,2} Tasuku Inao,³ Hideki Goto,^{1,4} Shinpei Harada,^{1,4} Hajime Senjo,^{1,4} Keito Suto,^{1,4} Junichi Hashiguchi,^{1,5} Reiki Ogasawara,^{1,6} Tomoyuki Saga,^{1,7} Tetsuyuki Igarashi,^{1,8} Kentaro Wakasa,^{1,9} Ikumi Kasahara,^{1,10} Yukari Takeda,^{1,11} Keisuke Yamaguchi,^{1,12} Akio Shigematsu,^{1,13} Mutsumi Takahata,^{1,14} Katsuya Fujimoto,^{1,15} Yoshihito Haseyama,^{1,11} Takahiro Nagashima,^{1,5} Hajime Sakai,^{1,12} Yasutaka Kakinoki,^{1,16} Mitsutoshi Kurosawa,^{1,15} Isao Yokota³ and Takanori Teshima^{1,4}

¹North Japan Hematology Study Group (NJHSG); ²Blood Disorders Center, Aiku Hospital, Sapporo; ³Department of Biostatistics, Hokkaido University Graduate School of Medicine, Sapporo; ⁴Department of Hematology, Hokkaido University Faculty of Medicine, Sapporo; ⁵Department of Hematology, Kitami Red Cross Hospital, Kitami; ⁶Department of Hematology, Sapporo Hokuyu Hospital, Sapporo; ⁷Department of Hematology, Kin-ikyo Chuo Hospital, Sapporo; ⁸Department of Hematology, Tenshi Hospital, Sapporo; ⁹Division of Hematology, Hokkaido P.W.F.A.C. Obihiro-Kosei General Hospital, Obihiro; ¹⁰Department of Hematology, Sapporo City General Hospital, Sapporo; ¹¹Department of Hematology, Tonan Hospital, Sapporo; ¹²Department of Hematology, Teine Keijinkai Hospital, Sapporo; ¹³Department of Hematology, Kushiro Rosai Hospital, Kushiro; ¹⁴Department of Hematology, Sapporo-Kosei General Hospital, Sapporo; ¹⁵Department of Hematology, National Hospital Organization Hokkaido Cancer Center, Sapporo and ¹⁶Department of Hematology, Asahikawa City Hospital, Asahikawa, Japan

Correspondence: K. Izumiyama
izumi5318@yahoo.co.jp

Received: December 9, 2023.

Accepted: June 5, 2024.

Early view: June 13, 2024.

<https://doi.org/10.3324/haematol.2023.284841>

©2024 Ferrata Storti Foundation

Published under a CC BY-NC license



Abstract

Information regarding follow-up duration after treatment for newly diagnosed diffuse large B-cell lymphoma (DLBCL) is important. However, a clear endpoint has yet to be established. We enrolled a total of 2,182 patients newly diagnosed with DLBCL between 2008 and 2018. The median age of the patients was 71 years. All patients were treated with rituximab- and anthracycline-based chemotherapies. Each overall survival (OS) was compared with the age- and sex-matched Japanese general population (GP) data. At a median follow-up of 3.4 years, 985 patients experienced an event and 657 patients died. Patients who achieved an event-free survival (EFS) at 36 months (EFS36) had an OS equivalent to that of the matched GP (standard mortality ratio [SMR], 1.17; $P=0.1324$), whereas those who achieved an EFS24 did not have an OS comparable to that of the matched GP (SMR, 1.26; $P=0.0095$). Subgroup analysis revealed that relatively old patients (>60 years), male patients, those with limited-stage disease, those with a good performance status, and those with low levels of soluble interleukin 2 receptor already had a comparable life expectancy to the matched GP at an EFS24. In contrast, relatively young patients had a shorter life expectancy than matched GP, even with an EFS36. In conclusion, an EFS36 was shown to be a more suitable endpoint for newly diagnosed DLBCL patients than an EFS24. Of note, younger patients require a longer EFS period than older patients in order to obtain an equivalent life expectancy to the matched GP.

Introduction

Diffuse large B-cell lymphoma (DLBCL) is the most common subtype of lymphoma,^{1,2} and chemotherapy combined with rituximab (immunochemotherapy [ICT]), commonly R-CHOP therapy, has dramatically improved the prognosis

of DLBCL patients compared to the pre-rituximab era. However, there is still great heterogeneity in their survival, and approximately 30-40% of patients cannot be cured with first-line therapy, even in the rituximab era.³⁻⁵ Overall survival (OS) is the definitive efficacy endpoint to evaluate chemotherapy for DLBCL; however, it generally re-

quires a prolonged follow-up period, and a clear endpoint for the follow-up period has not yet been determined. Maurer *et al.*⁶ showed that patients with DLBCL had a significantly decreased survival at diagnosis compared with the age- and sex-matched general population (GP) of their own country (US and France), and patients who achieved event-free survival (EFS) at 24 months after diagnosis (EFS24) had an OS equivalent to that of the GP. They proposed that EFS24 is useful in patient counseling and should be considered as an endpoint for studies of newly diagnosed DLBCL.

However, while several research groups have attempted similar analyses to validate the conclusions of Maurer *et al.*, the results have been inconsistent.⁶⁻¹²

Based on these findings, we assessed whether the prognosis of DLBCL patients who achieved EFS24 was comparable to that of an Asian GP matched for age and sex.

Methods

Study design and patient characteristics

The North Japan Hematology Study Group conducted a retrospective population-based cohort study, which included 14 institutes, representing each region in Hokkaido Prefecture, Japan. Newly diagnosed DLBCL patients who were treated with rituximab and anthracycline-based ICT as their initial therapy with curative intent between 2008 and 2018 and who were ≥ 18 years old at the initial therapy were included. According to the World Health Organization classification,^{13,14} a diagnosis was made by skilled pathologists at each institution. Patients with double-hit lymphoma, primary DLBCL of the central nervous system, T-cell/histiocyte-rich large B-cell lymphoma, primary mediastinal large B-cell lymphoma, intravascular large B-cell lymphoma, or transformed lymphomas were excluded from this analysis. Informed consent was obtained using the opt-out method. This protocol was approved by the institutional review boards of Aikku Hospital and each participating hospital, and was conducted in accordance with the Declaration of Helsinki.

Outcome definitions

EFS was defined as the time from initial ICT until relapse or progression, unplanned retreatment of lymphoma after initial ICT, death from any cause, or the last follow-up. EFS indicators at predefined cut-off points (i.e., EFS at 12 months [EFS12], 24 months [EFS24], 36 months [EFS36], or 48 months [EFS48]) were defined based on the EFS at the indicated cut-off point after the date of initial therapy. For all patients, OS was defined as the time from initial ICT to death from any cause or the last follow-up, and for patients achieving EFS12, EFS24, EFS36, and EFS48, it was defined as the time from each EFS milestone to death from any cause or the last follow-up. The causes of death were divided into three groups: progressive or refractory

disease that did not respond to treatment, complications from aggressive chemotherapy, and other reasons unrelated to lymphoma.

Statistical methods

Because normal values for lactate dehydrogenase (LDH) and soluble interleukin 2 receptor (sIL-2R) vary by facility, the values divided by the upper limit of normal (LDH and sIL-2R ratios) were used for these variables. Patient survival rates were calculated using the Kaplan-Meier method.¹⁵ The OS of patients were compared with those of age-, sex-, and calendar-period-matched Japanese GP. The expected survival curve was created using data on mortality in the GP obtained from Vital Statistics supplied by the Japanese Ministry of Health, Labor, and Welfare.¹⁶ Standardized mortality ratios (SMR)¹⁷ and 95% Poisson's confidence intervals (CI) were calculated. Event- and death-specific cumulative incidences were calculated using a competing risk approach.¹⁸ Subgroup analyses were conducted using threshold values for clinical factors determined by time-dependent receiver operating characteristic (ROC) curves¹⁹ at

Table 1. Patient characteristics (N=2,182).

Characteristics		N	%
Age in years	median (range)	71 (19-99)	-
	≤ 40	76	3.5
	41-60	417	19.1
	61-75	956	43.8
	≥ 76	733	33.6
Sex	male	1,159	53.1
	female	1,023	46.9
PS	≥ 2	568	26
CS	≥ 3	1,287	59
LDH	$>ULN$	1,346	61.7
NCCN-EN	present	882	40.4
sIL-2R	WNL	445	20.6
	ULN - 1.5 \times ULN	279	12.9
	$>1.5\times ULN$	1,437	66.5
IPI	low	618	28.3
	low-intermediate	468	21.4
	high-intermediate	497	22.8
	high	599	27.5
COO	GCB	715	32.8
	non-GCB	650	29.8
	NA	817	37.4

PS: Eastern Cooperative Oncology Group performance status; CS: clinical stage; LDH: lactate dehydrogenase; NCCN-EN: National Comprehensive Cancer Network - International Prognostic Index defined high-risk extranodal disease (bone marrow, central nervous system, gastrointestinal tract, liver, lung); sIL-2R: soluble interleukin 2 receptor; IPI: International Prognostic Index; COO: cell of origin; GCB: germinal center B-cell-like type; WNL: within normal limits; ULN: upper limit of normal; NA: not assessed.

36 months after initial ICT (36-month EFS-ROC analysis). Analyses to calculate the SMR were implemented using proc stdrate in the SAS software program (version 9.4; SAS Institute, Cary, NC, USA). Other analyses were performed using the R software (version 2.14; R Foundation for Statistical Computing, Vienna, Austria).

Results

Patient characteristics and survival outcomes

A total of 2,182 patients with newly diagnosed DLBCL treated with ICT were enrolled in the study. The median patient age was 71 years (range, 19–99 years), and 53% of the patients were male. The percentages of patients with advanced-stage disease and lymphomatous involvement in NCCN-IPI-defined high-risk extranodal organs (NCCN-EN; bone marrow, central nervous system, liver, gastrointestinal tract, or lung)²⁰ were 59% and 40%, respectively. Seventy-nine percent and 62% of patients had elevated levels of sIL-2R, and LDH, respectively. Since the cell of origin (COO)²¹ was not assessed in 37.4% of the patients and the degree of bias was considered to be significant, we did not analyze

survival using COO in the current study (Table 1). All patients were treated with rituximab- and anthracycline-based chemotherapies. Ninety-seven percent of patients were treated with R-CHOP and its variants. Up-front autologous hematopoietic stem cell transplantation following high-dose chemotherapy was performed in 1.1% of patients. At a median follow-up of 3.5 years, 985 patients (45%) had an event and 657 patients (30%) had died. The percentages of estimated survival for EFS12, EFS24, EFS36, EFS48, and EFS60 were 72.9%, 64.4%, 60.2%, 55.8%, and 53.3%, respectively (*Online Supplementary Figure S1A*). The percentages of estimated OS at 12, 24, 36, 48, and 60 months from initial ICT were 86.8%, 79.0%, 75.1%, 71.8%, and 69.0%, respectively (*Online Supplementary Figure S1B*).

Comparison of survival rates between the patients and the general population along with the validation of the event-free survival at 24 months

At the induction of ICT, patients had a significantly decreased survival compared with the age- and sex-matched GP, with an SMR of 3.10 (95% CI: 2.87–3.35; Figure 1A). Although the survival improved as patients remained in a disease-free state, the SMR was still significant when patients achieved

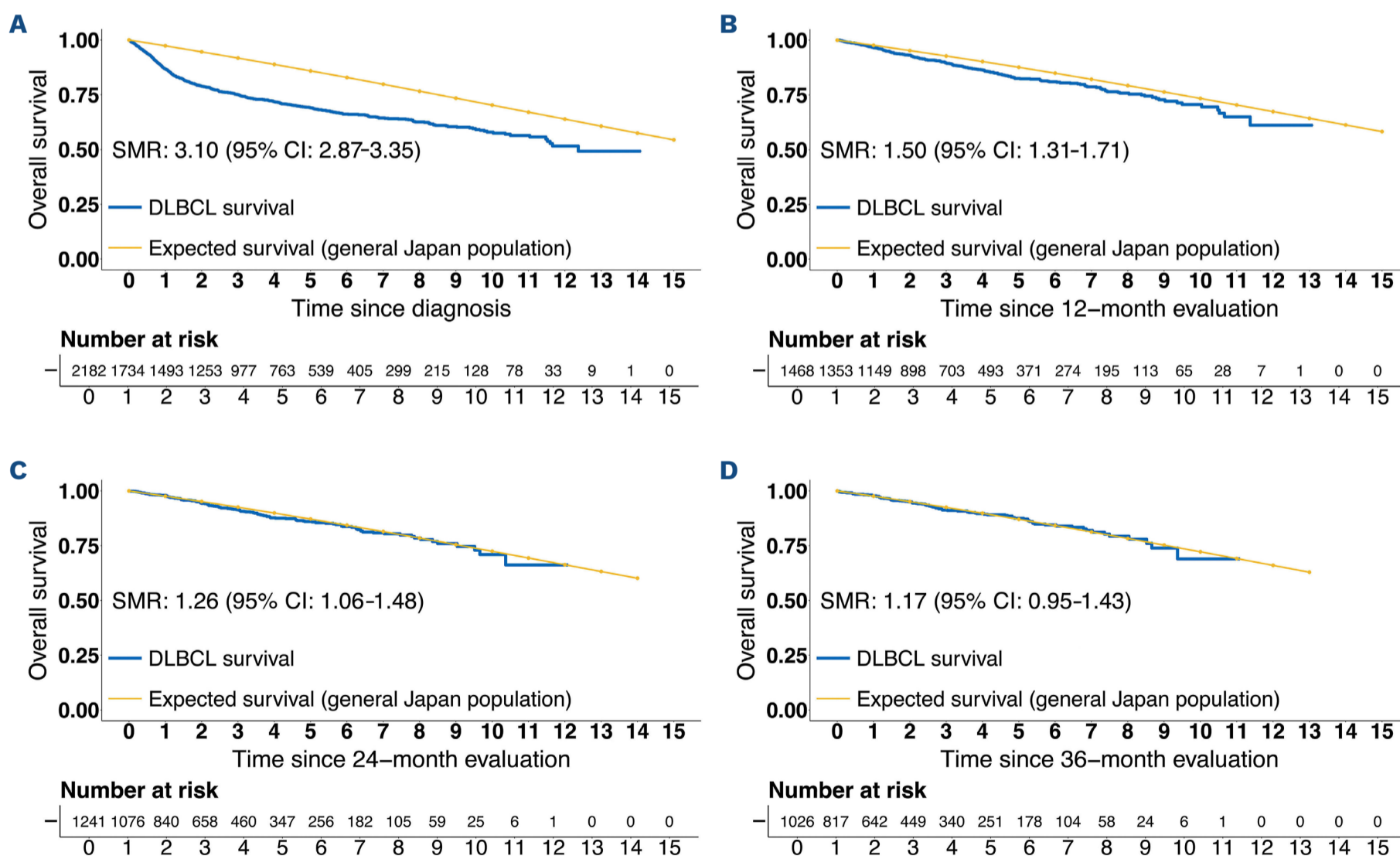


Figure 1. Overall survival of diffuse large B-cell lymphoma versus the expected survival. (A) The overall survival (OS) since induction of immunochemotherapy. (B) OS since the event-free survival (EFS) at 12-month evaluation. (C) OS since EFS at 24-month evaluation. (D) OS since EFS at 36-month evaluation. DLBCL: diffuse large B-cell lymphoma; SMR: standardized mortality ratio; CI: confidence interval.

EFS12 (SMR 1.50; 95% CI: 1.31-1.71; Figure 1B) and EFS24 (SMR 1.26; 95% CI: 1.06-1.48; Figure 1C). Patients who achieved an EFS36 had an OS equivalent to that of the matched GP (SMR 1.17; 95% CI: 0.95-1.43; Figure 1D).

Loss of residual lifetime estimation

We estimated the loss of residual lifetime in patients with each prognostic factor using SMR. The threshold values for each variable were determined by the Youden index using a 36-month EFS-ROC analysis¹⁸ (*Online Supplementary Figure S2A-D*). The threshold for an age factor of 60 years was determined based on previous reports.^{20,22,23} At the time of ICT induction, patients with unfavorable prognostic factors defined by the NCCN-IPI other than age (advanced stage, poor performance status, NCCN-EN, and high LDH ratio) had a poorer SMR than those with favorable prognostic factors (Figure 2A). These differences in SMR decreased with continued disease-free status (Figure 2B-D). Regarding the clinical stage and performance status, at EFS36, a significant difference in residual lifetime between GP and patients with favorable prognostic factors was no longer present; however, the difference persisted in patients with

unfavorable prognostic factors (Figure 2C). For the LDH ratio and extranodal disease, the disadvantage in residual lifetime compared to GP disappeared in both patients with favorable and unfavorable prognostic factors after achieving an EFS36 (Figure 2C). At the time of ICT implementation, women tended to have a worse SMR than men, and relatively young patients (≤ 60 years) had a worse SMR than older patients (>60 years) (Figure 2A). The significant difference in residual lifetime between DLBCL patients and GP was eliminated in men and older patients at the achievement of EFS24 (Figure 2B). However, in women and younger patients, the difference was present at EFS36 (Figure 2C) but was eliminated when EFS48 was achieved (Figure 2D). Next, we evaluated the loss of residual lifetime in the patients with high sIL-2R levels. With the introduction of ICT, patients with high sIL-2R ratios had worse SMR than those with low sIL-2R ratios (Figure 2A). At the time of achieving an EFS36, the disadvantage in residual lifetime compared to the GP disappeared in patients with a low sIL-2R ratio, but not in those with a high sIL-2R ratio (Figure 2C). At EFS48, significant differences in SMR in all subgroups disappeared (Figure 2D).

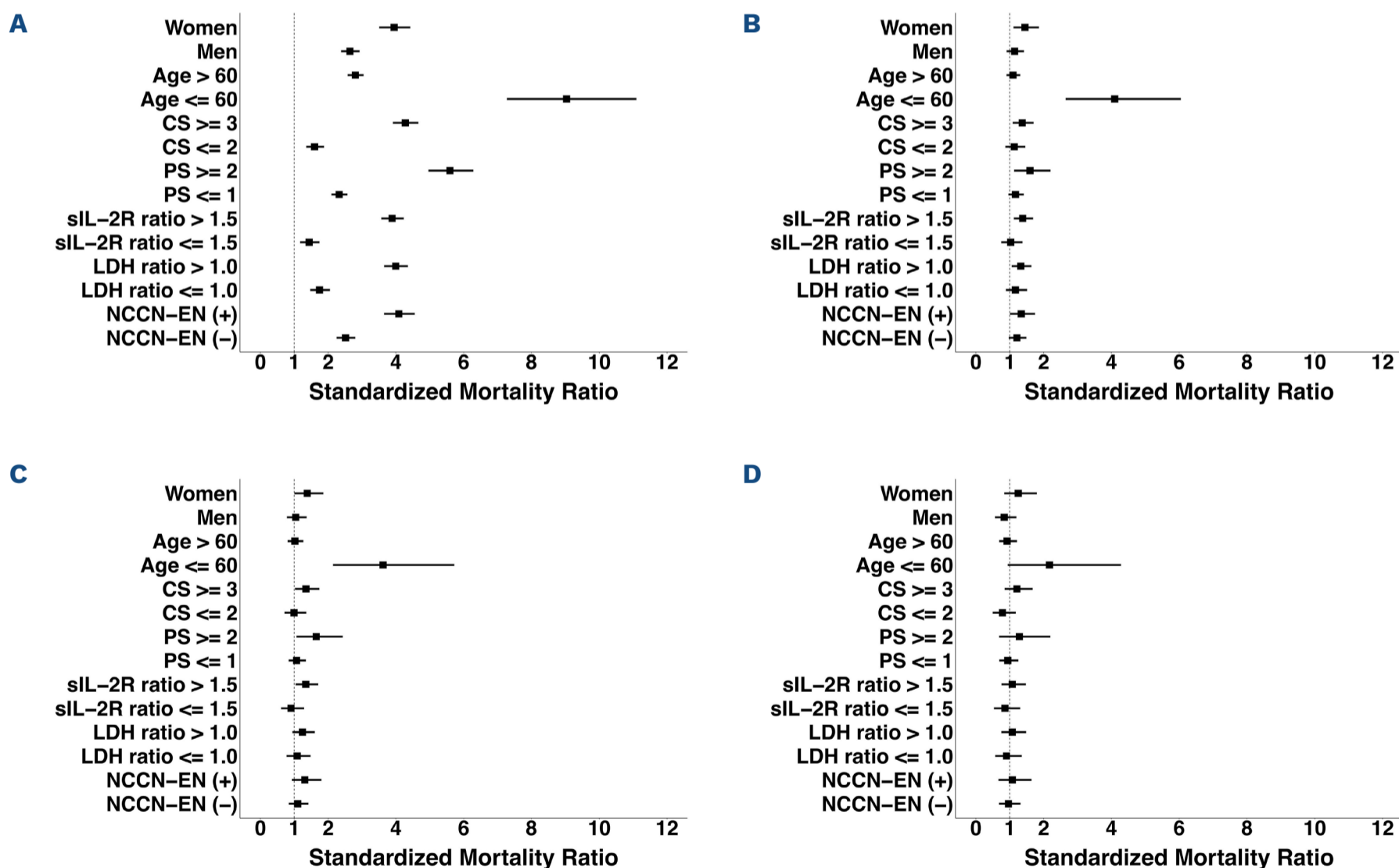


Figure 2. Forest plots of the standardized mortality ratio in diffuse large B-cell lymphoma subgroups. Forest plots of the standardized mortality ratio in diffuse large B-cell lymphoma subgroups for (A) all patients and patients who achieved an event-free survival (EFS) for (B) 24 (EFS24), (C) 36 (EFS36), and (D) 48 (EFS48) months. Horizontal bars indicate 95% confidence intervals. CS: clinical stage; PS: performance status; sIL-2R: soluble interleukin 2 receptor; LDH: lactate dehydrogenase; NCCN-EN: National Comprehensive Cancer Network - International Prognostic Index defined high-risk extranodal disease (bone marrow, central nervous system, gastrointestinal tract, liver, lung).

Events decomposition

Events from each EFS milestone were evaluated in detail. At the time of induction therapy, the 5-year cumulative incidences of DLBCL relapse, treatment-related death, unplanned consolidative therapy, DLBCL-related death, and death due to other causes were 26.4% (95% CI: 24.4-28.5), 2.9% (95% CI: 2.2-3.6), 9.9% (95% CI: 8.7-11.3), 3.5% (95% CI: 2.7-4.3), and 4.0% (95% CI: 3.2-5.0), respectively (Figure 3A). The cumulative incidence of DLBCL relapse decreased as patients remained in the disease-free state, but still accounted for the majority of future events at each EFS milestone (5-year cumulative incidences from EFS12, EFS24, and EFS36 were 21.9%, 17.2%, and 14.5%, respectively). Death due to other causes was the second most common future event, and its cumulative incidence was similar at EFS12, EFS24, and EFS36 (5-year cumulative incidences at EFS12, EFS24, and EFS36 were 6.6%, 6.9%, and 7.0%, respectively). The future risks of the other event types at EFS12, EFS24, and EFS36 were very low (Figure 3B-D).

Description of death

The causes of death from each EFS milestone were evaluated. At the time of induction therapy, the 5-year cumulative incidences of DLBCL-related death, treatment-related death, and death due to other causes were 21.2% (95% CI:

19.3-23.1), 4.3% (95% CI: 3.5-5.3), and 5.4% (95% CI: 4.4-6.6), respectively (Figure 4A). However, the cumulative incidence of DLBCL-related death decreased as patients remained disease-free (5-year cumulative incidences at EFS12, EFS24, and EFS36 were 8.1%, 5.1%, and 3.2%, respectively). The cumulative risk of death due to other causes was similar at EFS12, EFS24, and EFS36 (5-year cumulative incidences were 8.0%, 7.6%, and 8.1%, respectively), ultimately becoming the most common cause of death (Figure 4B-D).

Discussion

This study is the first validation in Asia and one of the largest comparisons of survival between patients with newly diagnosed DLBCL and GP. We confirmed that DLBCL patients treated with ICT who remained event-free for 3 years had an equivalent survival compared to the GP matched for age, sex, and calendar period, and concluded that the future outcomes of patients surviving without events 2 years after ICT may be clinically indistinguishable, but marginally worse than those of the matched GP in terms of survival. We also showed that the event-free period required to achieve a life expectancy comparable to that of the GP varies by subgroup. Since the population of

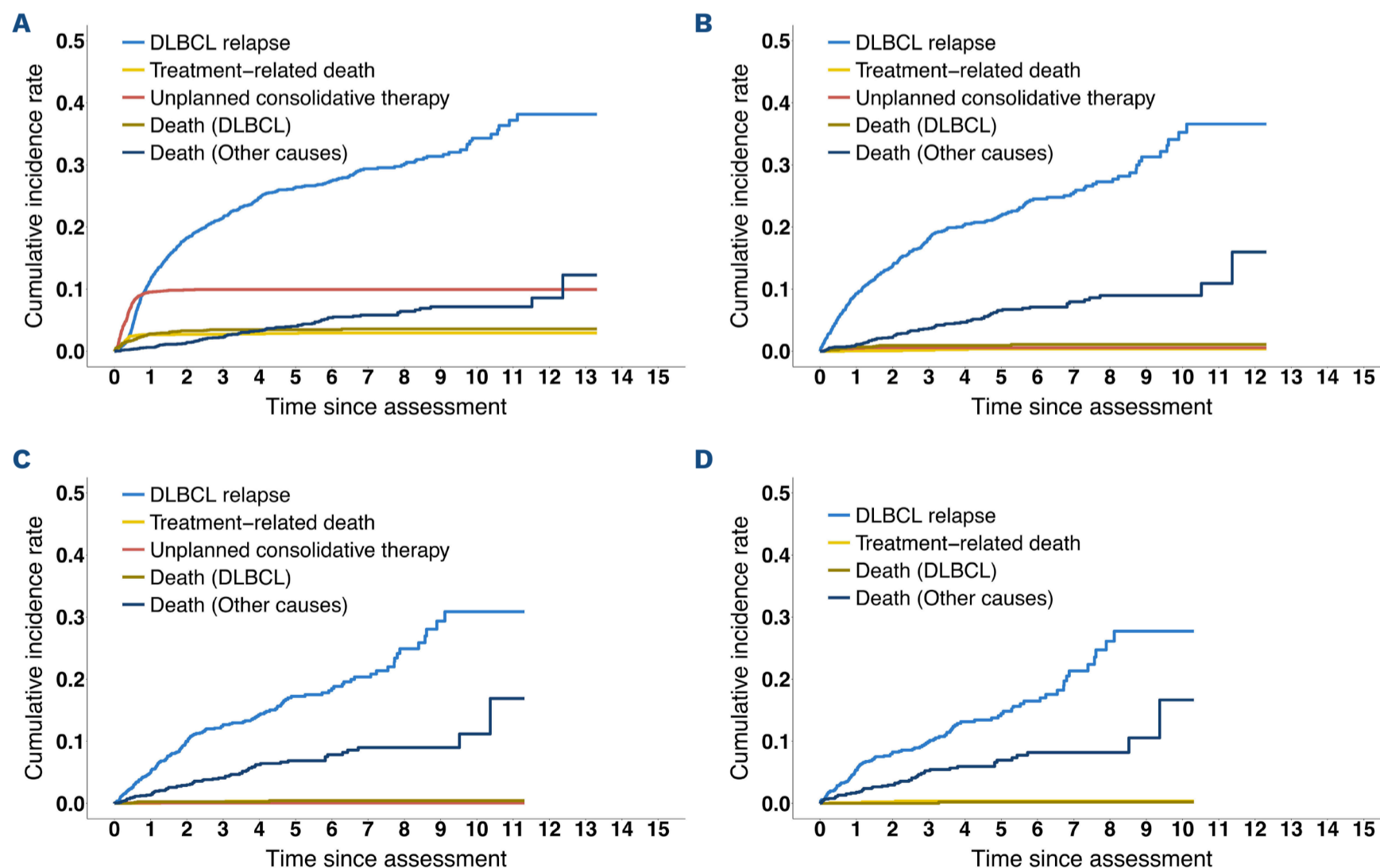


Figure 3. Event-specific cumulative incidences based on a competing risk analysis. Event-specific cumulative incidences based on a competing risk analysis for (A) all patients at initial immunochemotherapy, (B) patients achieving an event-free survival (EFS) for 12 months (EFS12), (C) patients achieving EFS24, and (D) patients achieving EFS36. DLBCL: diffuse large B-cell lymphoma.

Hokkaido Prefecture accounts for approximately 4% of the total Japanese population,²⁴ and the participating institutions in this study are flagship hospitals representing each region of Hokkaido, our cohort is considered to be representative of the entire DLBCL cohort in Japan.

Several similar studies⁶⁻¹² comparing the prognosis of newly diagnosed DLBCL patients and GP have been conducted in the past from different regions and countries; however, the findings were not always consistent. Maurer *et al.*⁶ showed that the OS of DLBCL patients who achieved EFS24 was comparable to that of GP matched for age and sex in the US and France. An analysis by Denmark⁸ reported that the subsequent survival of DLBCL patients who achieved EFS survival 24 months after the end of treatment was still worse than that of the GP. This report⁸ differs from that of Maurer *et al.*'s study⁶ in two ways: first, the milestone of EFS was defined from the end of treatment rather than from the diagnosis, and second, unplanned treatment of lymphoma after initial immunochemotherapy was not considered an event. These differences may account for the differences in results.

In the present study, we adopted the approach of Maurer *et al.*⁶ and defined each milestone as starting from the time of the therapeutic intervention and incorporating unexpected therapeutic interventions as events; however, the survival rate of patients who achieved an EFS24 was still

lower than that of the GP. Interestingly, we revealed that patients with DLBCL had similar survival rates to their age- and sex-matched counterparts in the GP after achieving EFS36 instead of EFS24. This discrepancy may be due to the inclusion of more patients of older age or with a worse performance status in comparison to the previous study,⁶ which may have reduced the actual treatment intensity and decreased survival rates after achieving an EFS24. Another possible explanation is that life expectancy in Japan (84.3 years) is generally longer than in Western countries (78.5 years in the US and 82.5 years in France),²⁵ Japanese DLBCL patients who achieve an EFS24 may be at a disadvantage in comparison to their Western counterparts in achieving a prognosis comparable to that of the GP.

On the other hand, a study comparing the subsequent prognosis of patients achieving progression-free survival at 24 months (PFS24) with the GP in a Japanese cohort was recently reported.¹² Although the SMR (1.29) values in this report were similar to ours (1.26), they concluded that patients who achieved PFS24 had no excess mortality compared to matched GP, which is contrary to our conclusion. This may be partly because the study design of this report (e.g., clinical trial, unscheduled lymphoma treatment after initial immunochemotherapy not considered an event) differs from our report (e.g., including older, poor performance

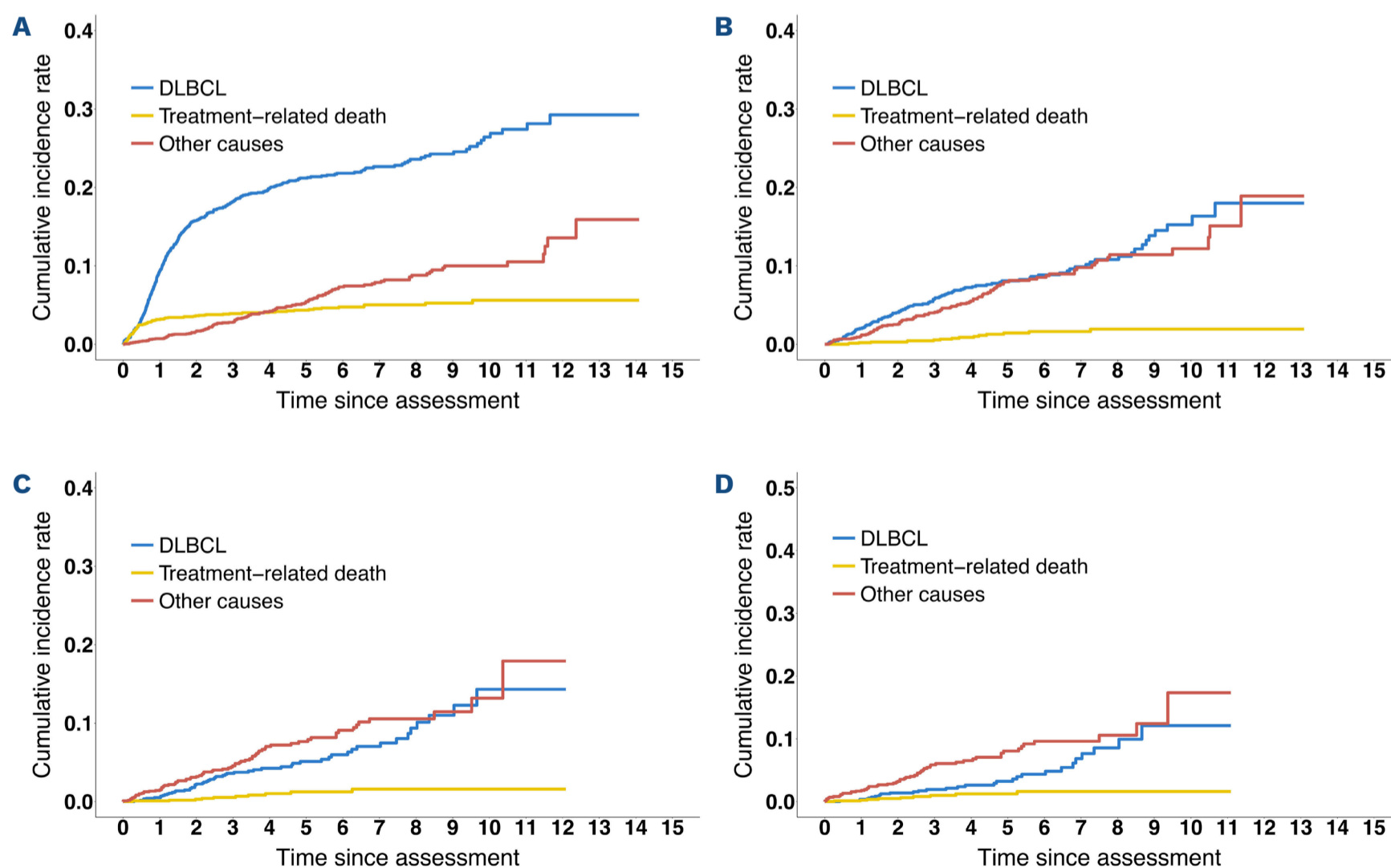


Figure 4. Death-specific cumulative incidences based on a competing risk analysis. Death-specific cumulative incidences based on a competing risk analysis for (A) all patients at initial immunochemotherapy, (B) patients achieving event-free survival (EFS) status for 12 months (EFS12), (C) patients achieving EFS24, and (D) patients achieving EFS36. DLBCL: diffuse large B-cell lymphoma.

status, or inadequately treated patients), and partly because the number of patients achieving PFS24 (334 patients) is smaller than that of patients achieving EFS24 in our report (1241 patients, Figure 1C), resulting in a wider CI range.

Our subgroup analysis revealed different prognoses in different categories. Male patients or >60 years of age were able to attain a life expectancy similar to the GP at each milestone beyond EFS24. However, the disadvantages in the remaining life expectancy for female patients or those aged 60 and below only disappeared upon reaching EFS48. These results imply that younger patients and female patients require a longer EFS period than older patients and male patients, respectively, in order to obtain an equivalent life expectancy to the matched GP. This is thought to be because the life expectancy of the compared GP was longer in younger patients than in older patients. The same reason may also explain why women require a longer EFS than men do to obtain a life expectancy equivalent to that of the matched GP.

One of the strong messages from this paper is that, in the sense of losing more of the expected remaining lifespan, young age is considered a poor prognostic factor in the context of newly diagnosed DLBCL. However, it should be noted that there are differences of opinion on this matter in previous papers. In a similar sub-analysis figure in Maurer's report,⁶ which focused on cases in the US and France, it seems that younger patients (≤ 60 years old) have a higher SMR compared to older patients (> 60 years old). On the other hand, a report from Denmark⁸ concluded that patients aged < 50 years quickly normalized to the GP, whereas patients aged ≥ 50 years had continuously increased mortality. Furthermore, a report from Sweden¹¹ also stated that patients aged < 60 years had an OS comparable to the standard population after the achievement of the EFS24 milestone. There is no clear answer for the differing conclusions, but one possible explanation could be the involvement of factors such as the race of the study subjects or the research design. In the latter two reports,^{8,11} differences between our report and Maurer *et al.*'s report⁶ include the limitation of the study subjects to those who achieved complete remission and not considering unexpected retreatments performed after the initial ICT as events. The present study suggests that EFS36 is a reasonable goal for DLBCL in clinical practice, but also that different subgroups may have different target EFS durations. Based on the results of this study, we are currently developing a system for calculating the appropriate EFS attainment period for each patient to provide patients with information about the target event-free period required to achieve a residual life expectancy equivalent to that of the age- and sex-matched GP. We expect the use of this new system in conjunction with traditional prognostic systems (e.g., the IPI,²² R-IPI,²³ and NCCN-IPI²⁰) to provide patients with enhanced prognostic information.

Maurer *et al.*⁶ demonstrated that DLBCL relapse was the

most common 5-year cumulative event from the time of diagnosis (5-year cumulative incidence 30%) and EFS12 (13%), and that the risk of future DLBCL relapse at EFS24 (8%) was the same as the risk of death due to unrelated causes. In contrast, DLBCL relapse was consistently the most common future event among all of the EFS milestones in the current study (5-year cumulative incidences from ICT induction, EFS12, EFS24, and EFS36 were 26.4%, 21.9%, 17.2%, and 14.5%, respectively). On the other hand, a study focusing on late recurrence in an Asian population-based cohort was reported from South Korea.²⁶ In their cohort, among 169 of 846 (20%) DLBCL patients who achieved complete remission (CR) upon first-line R-CHOP experienced a relapse; 51 (30.2%) experienced a late relapse (defined as disease recurrence at least 2 years after the confirmation of CR). In our cohort, 430 of 1,649 (26.1%) DLBCL patients who achieved a CR experienced a relapse, with 170 (39.5%) and 43 (10.0%) of these patients experiencing a relapse at least 2- and 5-years after ICT, respectively (*data not shown*). The Korean report²⁶ and ours are similar in that they both analyzed Asian population-based cohorts, but our cohort appears to have a higher late recurrence rate. Two reasons can be postulated as to why the risk of DLBCL recurrence was higher in this study than in the previous studies.^{6,26} First, there is a possibility that some of the patients may have received less intensive chemotherapy than others^{6,26} due to older age (the median age of the patients in the US, Korean, and our datasets are 63, 57, and 71 years, respectively) or poor performance status (the percentage of patients with performance status greater than 1 in the US, Korean, and our datasets are 19, 5.1, and 26%, respectively), leading to both early and late relapses following treatment, as previously mentioned. Based on this possibility, we conducted an additional investigation into the 5-year cumulative recurrence rate of DLBCL in patients who achieved EFS24, categorizing them into three groups based on age at ICT: young (less than 60 years of age), intermediate (between 61 and 80 years of age), and elderly (81 years of age and older). The 5-year cumulative recurrence rates of the good and poor PS groups were 10.3% and 14.3%, respectively, in the young group, 15.8% and 31.0% in the intermediate group, and 14.1% and 28.8% in the elderly group (*Online Supplementary Figure S3A-C*). In the two groups other than the young group, the intensity of ICT, potentially adjusted according to the PS, might have influenced the rate of recurrence after achieving EFS24. On the other hand, in the group of younger patients, there was no apparent difference in the 5-year cumulative DLBCL recurrence rate between the good and poor PS groups. This suggests that, even with a poor PS, it is possible that treatment with a certain level of intensity was maintained in younger patients who could achieve an EFS24. Second, it is possible that the relapsed cases included those who relapsed as DLBCL and indolent lymphoma.²⁷ Patients with DLBCL who transformed from indolent lymphoma were excluded from the study, but no

pathologic data were available at the time of lymphoma recurrence. While Maurer *et al.*'s report⁶ distinguished between recurrence as DLBCL and recurrence as low-grade lymphoma, the current report could not make these distinctions, so the actual number of recurrences as DLBCL might have been relatively low.

DLBCL-related death was the most common risk factor for future mortality at ICT induction; however, this risk decreased as the patients continued in a disease-free state, and DLBCL non-associated death became the most common risk factor. The 5-year cumulative DLBCL-related mortality rate for patients achieving EFS36 was only 3.2%, suggesting that EFS36 is an appropriate goal for DLBCL in practice and may be an appropriate endpoint for DLBCL clinical studies.

Several limitations of the present study warrant mention. In this study, the actual dose of chemotherapeutic drugs administered to each patient was unclear. Some of the patients in this study were very old or in poor general condition but were administered curative chemotherapy to meet the wishes of the patients and their families from a practical perspective. Because induction therapy was interrupted in some of these cases due to treatment toxicity, the actual survival outcome of patients who received adequate dosing is unknown. Additionally, this study lacked pathological data at the time of lymphoma recurrence. As the survival rate of patients with recurrent DLBCL is worse than that of patients with low-grade recurrence, a biopsy at recurrence is, in principle, mandatory for diagnosis.²⁸ However, it was not possible to perform a biopsy in all patients with recurrence because of the retrospective nature of the study. Even if possible, discrepancies in the results due to the biopsy sites cannot always be ruled out. Furthermore, the use of novel agents such as polatuzumab vedotin as first-line therapy for DLBCL²⁹ may yield results that differ from those of the present study. Additionally, the details of the treatment administered at the time of recurrence were not available in this study. After achieving EFS24 and EFS36, patients of 60 years of age and younger had disadvantages in remaining life expectancy in comparison to the GP. Among these patients, DLBCL relapse was the most common future event (5-year cumulative incidence 14.1%; *Online Supplementary Figure S4A*), and DLBCL-related death was the most common risk factor for future mortality (5-year cumulative incidence 4.2%; *Online Supplementary Figure S4B*). In the future, in conjunction with high-dose chemotherapy followed by autologous stem cell transplantation, which remains a promising treatment option,³⁰ the prognosis for these younger patients with the relapsed disease may be improved by the use of novel agents such as polatuzumab vedotin,³¹ chimeric antigen receptor T-cell therapy (CAR-T),³²⁻³⁵ and bispecific T-cell engager therapy.³⁶ Further studies are needed to address this issue.

In conclusion, validation of a large cohort of Asian patients revealed that DLBCL patients can have a prognosis comparable to that of the GP matched by age and sex when they achieve EFS36 in actual practice instead of EFS24. It is also clear that the target EFS differs according to various factors, and a more individualized prognostic system needs to be developed. As discrepant results may be obtained due to differences in life expectancy, population age distribution, and healthcare systems among countries, verification in other countries and regions is also needed.

Disclosures

TT reports grants from Chugai, Kyowa Kirin, Fuji Pharma, NIPPON SHINYAKU, Asahi Kasei Pharma, Eisai, Sumitomo Pharma, ONO, Astellas, SHIONOGI, Priothera SAS, LUCA Science, and Otsuka; personal fees from Chugai, Kyowa Kirin, NIPPON SHINYAKU, Sumitomo Pharma, Astellas, AbbVie, Novartis, BMS, Merck Sharp & Dohme, Celgene, and Janssen; non-financial support from Sanofi, Asahi Kasei Pharma, Sumitomo Pharma, Astellas, Novartis, Celgene, Janssen, Meiji Seika Pharma, DAIICHI SANKYO, AstraZeneca, Roche Diagnostics, and Takeda, outside the submitted work. IY reports grants from KAKENHI, AMED, and Health, Labour, and Welfare Policy Research Grants; research fund by Nihon Medi-Physics; speaker fees from Chugai Pharmaceutical Co, AstraZeneca, and Pfizer, outside the submitted work. HG reports honoraria from Kyowa-Kirin, BMS, Novartis, Gilead, Chugai, Daiichi Sankyo, Janssen, and MSD; research funding from BMS, Kyowa-Kirin, and Symbio, outside the submitted work. The remaining authors have no conflicts of interest to disclose.

Contributions

KI and HG conceived and designed the study, analyzed data and wrote the manuscript. KI, HG, SH, H.Senjo, KS, JH, RO, TS, Tig, KW, IK, YT, KY, AS, MT, KF, YH, TN, HSa, YK, and MK collected the clinical data. KI, Tin, and IY performed all statistical analyses and generated figures and tables. TT developed the methodology and supervised the study. All authors participated in discussions and interpretation of the data and results.

Acknowledgments

We thank the patients, their families, and caregivers who participated in this study, and Takeshi Kondo (Aiiiku Hospital) and Akio Mori (Aiiiku Hospital) for their helpful discussions.

Data-sharing statement

Any requests for study data and protocol will be reviewed by NJHSG. Only requests that have a methodologically sound basis and whose proposed use of the data has been approved by the applicable ethics committees and regulatory authorities will be considered.

References

- Armitage JO, Weisenburger DD. New approach to classifying non-Hodgkin's lymphomas: clinical features of the major histologic subtypes. Non-Hodgkin's Lymphoma Classification Project. *J Clin Oncol*. 1998;16(8):2780-2795.
- Miyoshi H, Ohshima K. Epidemiology of malignant lymphoma and recent progress in research on adult T-cell leukemia/lymphoma in Japan. *Int J Hematol*. 2018;107(4):420-427.
- Pfreundschuh M, Trumper L, Osterborg A, et al. CHOP-like chemotherapy plus rituximab versus CHOP-like chemotherapy alone in young patients with good-prognosis diffuse large-B-cell lymphoma: a randomised controlled trial by the MabThera International Trial (MINT) Group. *Lancet Oncol*. 2006;7(5):379-391.
- Coiffier B, Thieblemont C, Van Den Neste E, et al. Long-term outcome of patients in the LNH-98.5 trial, the first randomized study comparing rituximab-CHOP to standard CHOP chemotherapy in DLBCL patients: a study by the Groupe d'Etudes des Lymphomes de l'Adulte. *Blood*. 2010;116(12):2040-2045.
- Ziepert M, Hasenclever D, Kuhnt E, et al. Standard International prognostic index remains a valid predictor of outcome for patients with aggressive CD20+ B-cell lymphoma in the rituximab era. *J Clin Oncol*. 2010;28(14):2373-2380.
- Maurer MJ, Ghesquieres H, Jais JP, et al. Event-free survival at 24 months is a robust end point for disease-related outcome in diffuse large B-cell lymphoma treated with immunochemotherapy. *J Clin Oncol*. 2014;32(10):1066-1073.
- Srouf L, Zheng YY, Gerrie AS, et al. EFS24 as a predictor of outcome in a population-based cohort of patients with DLBCL in British Columbia (BC). *J Clin Oncol*. 2016;34 (Suppl 15):7569-7569.
- Jakobsen LH, Bogsted M, Brown PN, et al. Minimal loss of lifetime for patients with diffuse large B-cell lymphoma in remission and event free 24 months after treatment: a Danish population-based study. *J Clin Oncol*. 2017;35(7):778-784.
- Maurer MJ, Habermann TM, Shi Q, et al. Progression-free survival at 24 months (PFS24) and subsequent outcome for patients with diffuse large B-cell lymphoma (DLBCL) enrolled on randomized clinical trials. *Ann Oncol*. 2018;29(8):1822-1827.
- Shi Q, Schmitz N, Ou FS, et al. Progression-free survival as a surrogate end point for overall survival in first-line diffuse large B-cell lymphoma: an individual patient-level analysis of multiple randomized trials (SEAL). *J Clin Oncol*. 2018;36(25):2593-2602.
- Abu Sabaa A, Morth C, Hasselblom S, et al. Age is the most important predictor of survival in diffuse large B-cell lymphoma patients achieving event-free survival at 24 months: a Swedish population-based study. *Br J Haematol*. 2021;193(5):906-914.
- Fujimoto A, Munakata W, Ogawa G, et al. Impact of progression-free survival at 24 months on subsequent survival in patients with diffuse large B-cell lymphoma treated with R-CHOP therapy: a supplementary analysis of JCOG0601. *Blood*. 2023;142(Suppl 1):4499.
- Swerdlow SH, Campo E, Harris NL, et al. WHO classification of tumours of haematopoietic and lymphoid tissues. 4th ed. Lyon, France: International Agency for Research on Cancer. 2008.
- Swerdlow SH, Campo E, Harris NL, et al. WHO classification of tumours of haematopoietic and lymphoid tissues. Revised 4th ed. Lyon, France: International Agency for Research on Cancer. 2017.
- Kaplan E, Meier P. Nonparametric estimation from incomplete observations. *J Am Stat Assoc*. 1958;53(282):457-481.
- Director general for policy planning and evaluation Ministry of Health Labour and Welfare. Vital statistics in Japan. <https://www.e-stat.go.jp/en/stat-search/file-download?statInfId=000032235946&fileKind=1> Accessed April 28, 2023.
- Breslow N, Lubin J, Marek P. Multiplicative models and cohort analysis. *J Am Stat Assoc*. 1983;78(381):1-12.
- Gray RJ. A class of K-sample tests for comparing the cumulative incidence of a competing risk. *Ann. Statist*. 1988;16(3):1141-1154.
- Heagerty PJ, Lumley T, Pepe MS. Time-dependent ROC curves for censored survival data and a diagnostic marker. *Biometrics*. 2000;56(2):337-344.
- Zhou Z, Sehn LH, Rademaker AW, et al. An enhanced International Prognostic Index (NCCN-IPI) for patients with diffuse large B-cell lymphoma treated in the rituximab era. *Blood*. 2014;123(6):837-842.
- Hans CP, Weisenburger DD, Greiner TC, et al. Confirmation of the molecular classification of diffuse large B-cell lymphoma by immunohistochemistry using a tissue microarray. *Blood*. 2004;103(1):275-282.
- International Non-Hodgkin's Lymphoma Prognostic Factors Project. A predictive model for aggressive non-Hodgkin's lymphoma. *N Engl J Med*. 1993;329(14):987-994.
- Sehn LH, Berry B, Chhanabhai M, et al. The revised International Prognostic Index (R-IPI) is a better predictor of outcome than the standard IPI for patients with diffuse large B-cell lymphoma treated with R-CHOP. *Blood*. 2007;109(5):1857-1861.
- Statistics Bureau of Japan. Population by sex, and number of households and household members by type of household, and population in 2015 (readjusted), number of households in 2015 (readjusted), population change number for 5 years, population change rate for 5 years, number of households change number for 5 years, number of households change rate for 5 years, sex ratio, area (reference) and population density - Japan, Prefectures, Municipalities (including Municipalities as of 2000). <https://www.e-stat.go.jp/en/stat-search/files?page=1&layout=datalist&toukei=00200521&tstat=000001136464&cycle=0&year=20200&month=24101210&tclass1=000001136466> Accessed February 20, 2024.
- World Health Organization. WHO life expectancy and healthy life expectancy data by country. [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/life-expectancy-at-birth-\(years\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/life-expectancy-at-birth-(years)) Accessed April 28, 2023.
- Kang J, Chae H, Hong JY, et al. Distinct clinical characteristics at diagnosis in patients with late relapses compared with early relapses of diffuse large B-cell lymphoma treated with R-CHOP. *Leuk Lymphoma*. 2020;61(5):1119-1125.
- Wang Y, Farooq U, Link BK, et al. Late relapses in patients with diffuse large B-cell lymphoma treated with immunochemotherapy. *J Clin Oncol*. 2019;37(21):1819-1827.
- Larouche JF, Berger F, Chassagne-Clement C, et al. Lymphoma recurrence 5 years or later following diffuse large B-cell lymphoma: clinical characteristics and outcome. *J Clin Oncol*. 2010;28(12):2094-2100.
- Tilly H, Morschhauser F, Sehn LH, et al. Polatuzumab vedotin in previously untreated diffuse large B-cell lymphoma. *N Engl J Med*. 2022;386(4):351-363.
- Shadman M, Pasquini M, Ahn KW, et al. Autologous transplant vs chimeric antigen receptor T-cell therapy for relapsed DLBCL in partial remission. *Blood*. 2022;139(9):1330-1339.
- Sehn LH, Herrera AF, Flowers CR, et al. Polatuzumab vedotin in relapsed or refractory diffuse large B-cell lymphoma. *J Clin Oncol*. 2020;38(2):155-165.

32. Neelapu SS, Locke FL, Bartlett NL, et al. Axicabtagene ciloleucel CAR T-cell therapy in refractory large B-cell lymphoma. *N Engl J Med.* 2017;377(26):2531-2544.
33. Schuster SJ, Bishop MR, Tam CS, et al. Tisagenlecleucel in adult relapsed or refractory diffuse large B-cell lymphoma. *N Engl J Med.* 2019;380(1):45-56.
34. Abramson JS, Palomba ML, Gordon LI, et al. Lisocabtagene maraleucel for patients with relapsed or refractory large B-cell lymphomas (TRANSCEND NHL 001): a multicentre seamless design study. *Lancet.* 2020;396(10254):839-852.
35. Goto H, Kitawaki T, Fujii N, et al. Safety and efficacy of tisagenlecleucel in patients with relapsed or refractory B-cell lymphoma: the first real-world evidence in Japan. *Int J Clin Oncol.* 2023;28(6):816-826.
36. Thieblemont C, Phillips T, Ghesquieres H, et al. Epcoritamab, a novel, subcutaneous CD3xCD20 bispecific T-cell-engaging antibody, in relapsed or refractory large B-cell lymphoma: dose expansion in a phase I/II trial. *J Clin Oncol.* 2023;41(12):2238-2247.