

# Efficacy, safety, and cost of mobilization strategies in multiple myeloma: a prospective, observational study

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**Table 1S: Baseline characteristics**

|  | <b>G+/-JIT<br/>(N=402)</b> | <b>G+P (N=269)</b> | <b>G+C<br/>(N=73)</b> | <b>p-value</b> |
|--|----------------------------|--------------------|-----------------------|----------------|
| <b>No of centers</b>                     | 18                         | 15                 | 12                    |                |
| <b>Age, median (range)</b>               | 61 (28-71)                 | 61 (25-71)         | 63 (39-70)            | 0.14           |
| <b>Sex, female</b>                       | 174 (43)                   | 115 (43)           | 24 (33)               | 0.24           |
| <b>Race, white</b>                       | 302 (75)                   | 192 (71)           | 58 (79)               | 0.03           |
| <b>KPS</b>                               |                            |                    |                       | 0.02           |
| ≥90                                      | 205 (51)                   | 169 (63)           | 44 (60)               |                |
| <90                                      | 185 (46)                   | 96 (36)            | 29 (40)               |                |
| NR                                       | 12 (3)                     | 4 (1)              | 0 (0)                 |                |
| <b>HCT-CI,</b>                           |                            |                    |                       | <0.01          |
| 0  | 81 (20)                    | 95 (35)            | 14 (19)               |                |
| 1-2                                      | 126 (31)                   | 71 (26)            | 30 (41)               |                |
| ≥3                                       | 194 (48)                   | 102 (38)           | 29 (40)               |                |
| NR                                       | 2 (0)                      | 1(0)               | 0(0)                  |                |
| <b>ISS</b>                               |                            |                    |                       | 0.91           |
| I-II                                     | 267 (66)                   | 180 (67)           | 40 (64)               |                |
| III                                      | 81 (20)                    | 50 (19)            | 17 (23)               |                |
| NR                                       | 54 (13)                    | 39 (12)            | 9 (12)                |                |
| <b>Disease risk</b>                      |                            |                    |                       | <0.01          |
| High risk                                | 183 (46)                   | 111 (41)           | 24 (33)               |                |
| Standard risk                            | 208 (52)                   | 148 (55)           | 40 (55)               |                |
| NR                                       | 11 (3)                     | 10 (4)             | 9 (12)                |                |
| <b>Serum creatinine</b>                  |                            |                    |                       | 0.11           |
| < 2 mg/dl                                | 339 (84)                   | 238 (88)           | 64 (88)               |                |
| ≥ 2 mg/dl                                | 63 (16)                    | 30 (11)            | 8 (11)                |                |
| NR                                       | 0 (0)                      | 1 (0)              | 1 (11)                |                |
| <b>Involved light chain</b>              |                            |                    |                       | 0.03           |
| Kappa                                    | 264 (66)                   | 148 (55)           | 45 (62)               |                |
| Lambda                                   | 125 (31)                   | 101 (38)           | 24 (33)               |                |
| NR                                       | 13 (3)                     | 20 (7)             | 4 (5)                 |                |
| <b>Induction</b>                         |                            |                    |                       | 0.19           |
| VTD/VRD/VCD                              | 344 (86)                   | 242 (90)           | 66 (90)               |                |
| VD/RD/TD                                 | 41 (10)                    | 12 (4)             | 5 (7)                 |                |
| VAD/others                               | 7 (2)                      | 7 (3)              | 1 (1)                 |                |
| NR                                       | 10 (2)                     | 8 (3)              | 1 (1)                 |                |
| <b>Disease status at HCT</b>             |                            |                    |                       | <0.01          |
| sCR/CR                                   | 79 (20)                    | 44 (16)            | 3 (4)                 |                |
| near CR                                  | 34 (8)                     | 13 (5)             | 1 (1)                 |                |
| VGPR                                     | 151 (38)                   | 102 (38)           | 18 (25)               |                |
| PR                                       | 126 (31)                   | 99 (37)            | 40 (55)               |                |
| SD                                       | 11 (3)                     | 11 (4)             | 10 (14)               |                |
| PD                                       | 0 (0)                      | 0 (0)              | 1 (1)                 |                |
| NR                                       | 1 (0)                      | 0 (0)              | 0 (0)                 |                |
| <b>Time from diagnosis to transplant</b> |                            |                    |                       | <0.01          |
| < 6 months                               | 207 (51)                   | 113 (42)           | 16 (22)               |                |
| 6-12 months                              | 178 (44)                   | 147 (55)           | 52 (71)               |                |
| ≥ 12 months                              | 17 (4)                     | 9 (3)              | 5 (7)                 |                |
| <b>Year of transplant</b>                |                            |                    |                       | <0.01          |
| 2017                                     | 12 (3)                     | 8 (3)              | 1 (1)                 |                |
| 2018                                     | 383 (95)                   | 247 (92)           | 63 (86)               |                |
| 2019                                     | 7 (2)                      | 14 (5)             | 9 (12)                |                |
| Median follow up, months (range)         | 25 (6-38)                  | 24 (1-38)          | 24 (10-36)            |                |

Abbreviations: G-CSF, granulocyte colony-stimulating factor; HCT, hematopoietic cell transplantation; HCT-CI, Hematopoietic Cell Transplantation Comorbidity, JIT, just-in-time; RD, lenalidomide [Revlimid] and dexamethasone; TD, thalidomide and dexamethasone; VAD, vincristine, doxorubicin [Adriamycin], and dexamethasone; VCD, bortezomib [Velcade], cyclophosphamide, and dexamethasone; VD, bortezomib [Velcade] and dexamethasone; VRD, bortezomib [Velcade], lenalidomide, and dexamethasone; VTD, bortezomib [Velcade], thalidomide, and dexamethasone; GCSF+/- just in time plerixafor- G+/- JIT; G+P- GCSF + plerixafor and G+C- GCSF + cyclophosphamide

**Table 2S: Multivariate analysis of mobilization strategies on outcomes**

| Outcomes                                     | Hazard ratio (HR) | p-value | Co-variates   |
|--|-------------------|---------|---|
| <b>Neutrophil engraftment</b>                |                   |         | Year of transplant  |
| G+P vs. G +/- JIT plerixafor                 | 1.27 (1.12-1.45)  | 0.0002  |   |
| G+ C vs. G +/- JIT                           | 1.35 (1.12-1.63)  | 0.0015  |   |
| G+C vs. G + P                                | 1.06 (0.88-1.29)  | 0.5306  |   |
| <b>Platelet engraftment</b>                  |                   |         | None  |
| G+P vs. G +/- JIT plerixafor                 | 1.26 (1.11-1.43)  | 0.0004  |   |
| G+ C vs. G +/- JIT                           | 1.35 (1.13-1.63)  | 0.0013  |   |
| G+C vs. G + P                                | 1.08 (0.89-1.30)  | 0.4449  |   |
| <b>Non-relapse mortality<sup>a</sup></b>     |                   |         | ISS stage at diagnosis  |
| G+P vs. G +/- JIT plerixafor                 | 1.29 (0.35-4.76)  | 0.7009  |   |
| G+ C vs. G +/- JIT                           | 1.20 (0.14-10.68) | 0.8696  |   |
| G+C vs. G + P                                | 0.93 (0.10-8.37)  | 0.9483  |   |
| <b>Relapse/Progression</b>                   |                   |         | Cytogenetic risk, serum creatinine pre-HCT, disease status, sex |
| G+P vs. G +/- JIT plerixafor                 | 1.16 (0.88-1.53)  | 0.2865  |   |
| G+ C vs. G +/- JIT                           | 1.32 (0.86-2.04)  | 0.2062  |   |
| G+C vs. G + P                                | 1.14 (0.73-1.76)  | 0.5628  |   |
| <b>Progression-free survival<sup>b</sup></b> |                   |         |   |
| G+P vs. G +/- JIT plerixafor                 | 1.18 (0.91-1.54)  | 0.2161  |   |
| G+ C vs. G +/- JIT                           | 1.34 (0.88-2.04)  | 0.1685  |   |
| G+C vs. G + P                                | 1.14 (0.74-1.74)  | 0.5547  |   |
| <b>Overall survival</b>                      |                   |         | Cytogenetic risk, serum creatinine pre-HCT                      |
| G+P vs. G +/- JIT plerixafor                 | 1.32 (0.74-2.36)  | 0.3493  |   |
| G+ C vs. G +/- JIT                           | 1.87 (0.80-4.35)  | 0.1465  |   |
| G+C vs. G + P                                | 1.42 (0.59-3.39)  | 0.4348  |   |

<sup>a</sup> Fine and Gray's sub distribution hazards model

<sup>b</sup> Cox proportional hazards model

Abbreviations: G-CSF, granulocyte colony-stimulating factor; HCT, hematopoietic cell transplantation; ISS, International Staging System; JIT, just-in-time

Variables included in the model include age, sex, race, KPS, HCT-CI, serum creatinine, isotype, involved free light, induction treatment, response to chemotherapy (sensitive vs. resistant), disease status at time of transplant, year of transplant

**Table 3S: Service utilization and costs by mobilization strategy**

| Service utilization   | G-CSF alone (N=44) |             |            | G+P or G+ JIT (N=146) |              |            | C+G (N=32)    |             |            |  |
|---|--------------------|-------------|------------|-----------------------|--------------|------------|---------------|-------------|------------|--|
|   | Pre-A              | Apheresis   | Post-A     | Pre-A                 | Apheresis    | Post-A     | Pre-A         | Apheresis   | Post-A     |  |
| Inpatient services, patient no.                                 | <11                | <11         | <11        | <11                   | <11          | <11        | <11           | <11         | <11        |  |
| Outpatient services, patient no.                                | 44 (100)           | 44 (100)    | 36 (82)    | 146 (100)             | 146 (100)    | 107 (73)   | 32 (100)      | 32 (100)    | 27 (84)    |  |
| Median (IQR) no. of visits <sup>a</sup>                         | 2.5 (2)            | 1 (1)       | 1.5 (2)    | 3.5 (2)               | 1 (1)        | 2 (2)      | 10 (11)       | 1 (1)       | 2 (2)      |  |
| Home health services, patients, no.                             | <11                | <11         | <11        | <11                   | <11          | <11        | <11           | <11         | <11        |  |
| Outpatient pharmacy, patients no.                               | 16 (36)            | <11         | 26 (72)    | 56 (38)               | 37 (25)      | 72 (49)    | 28 (88)       | <11         | 18 (56)    |  |
| Median (IQR) no. prescription fills                             | 1.5 (1)            | NR          | 2.5 (3)    | 1 (1)                 | 1 (1)        | 2 (3)      | 2.5 (3.5)     | NR          | 2 (1)      |  |
| Service days, median (IQR)                                      | 4 (1)              | 2 (1)       | 7 (0)      | 4 (0)                 | 2 (1)        | 7 (0)      | 10.5 (2)      | 2 (1)       | 7 (0)      |  |
| Mean (SD) GCSF use  | 4.6 (0.5)          |             |            | 4.7 (0.5)             |              |            | 9.4 (2.5)     |             |            |  |
| Costs   | G (N=44)           |             |            | G + P OR JIT (N=146)  |              |            | G + C (N=32)  |             |            | p-value for comparison of cost for all time periods by mobilization strategy |
|   | Pre-A              | Apheresis   | Post-A     | Pre-A                 | Apheresis    | Post-A     | Pre-A         | Apheresis   | Post-A     |  |
| Inpatient costs   | NR                 | NR          | NR         | NR                    | NR           | NR         | NR            | NR          | NR         | NR   |
| Outpatient costs <sup>a</sup> , median (IQR)                    | 4879 (2895)        | 4502 (3699) | 340 (871)  | 11953 (3293)          | 7256 (11502) | 225 (896)  | 13079 (5896)  | 4956 (4792) | 437 (1044) | <0.0001  |
| Home health costs   | NR                 | NR          | NR         | NR                    | NR           | NR         | NR            | NR          | NR         | NR   |
| Outpatient pharmacy costs, median (IQR)                         | 11 (47)            | NR          | 68 (156)   | 15 (53)               | 14 (26)      | 28 (120)   | 31 (43)       | NR          | 23 (73)    | 0.81   |
| Total costs by time-period, median (IQR)                        | 4879 (2968)        | 4502 (3732) | 397 (2196) | 11968 (3476)          | 7256 (11591) | 258 (1587) | 13320 (5883)  | 4959 (4792) | 472 (1015) | <0.0001  |
| Total costs <sup>b</sup> by mobilization strategy, median (IQR) | 11191 (9695)       |             |            | 23033 (15512)         |              |            | 19522 (10132) |             |            | <0.0001  |

<sup>a</sup> Number of outpatient visits was calculated by distinct claim counts; each claim can span more than 1 day; claims for transplant were excluded in the post-apheresis time period.

Abbreviations: G-CSF, granulocyte colony-stimulating factor; IQR, interquartile range; pre-A, pre-apheresis; post-A, post-apheresis; NR, not reportable; SD, standard deviation.

Note: Cells with counts less than 11 cannot be displayed due to Centers for Medicare & Medicaid Services (CMS) Data Use Agreement; Mean service days for pre-apheresis varied by mobilization strategy ( $P < 0.001$ ). There was no significant difference in mean service days of apheresis among the groups ( $P=0.785$ ). The post-apheresis time period was defined in the protocol as 7 days after completion of apheresis for all mobilization strategies.

<sup>a</sup> Outpatient costs also include outpatient drug costs, including antibiotics and antiemetics.

<sup>b</sup> Total costs include inpatient, outpatient, home health care, and outpatient pharmacy costs; transplant costs were excluded.

Abbreviations: IQR, interquartile range; pre-A, pre-apheresis; post-A, post-apheresis. NR, not reportable; SD, standard deviation.

Note. All costs are in US dollars. Some costs are not reportable due to the number of patients for each strategy and time period being < 11 due to Centers for Medicare & Medicaid Services (CMS) Data Use Agreement.