

Increased double-negative $\alpha\beta$ + T cells reveal adult-onset autoimmune lymphoproliferative syndrome in a patient with IgG4-related disease

Autoimmune lymphoproliferative syndrome (ALPS) is a rare genetic disorder of defective lymphocyte apoptosis characterized by non-malignant expansion of CD4 and CD8 double negative T-cell receptor (TCR) $\alpha\beta$ + T cells ($\alpha\beta$ +DNT) leading to chronic lymphadenopathy, splenomegaly, autoimmune cytopenias and increased susceptibility to malignancy, particularly Hodgkin and non-Hodgkin lymphoma.¹ ALPS is driven by mutations in the *FS-7* fibroblast cell line-associated surface antigen (FAS)/CD95 signaling pathway, with deleterious hemizygous mutations in the *FAS* gene representing approximately 70% of cases. Other less commonly involved genes are *FASL*, *FADD* and *CASP10*.¹ Affected patients are typically diagnosed in early childhood, however due to incomplete penetrance and variable expressivity, some patients are asymptomatic or may present in adulthood.² Genotype-phenotype correlations have also been described, with a more severe disease course associated with dominant negative *FAS* mutations involving the intracellular death domain, while *FAS* mutations in the extracellular domain may lead to haploinsufficiency and a milder phenotype.¹

IgG4-related disease (IgG4-RD) is a systemic immune-mediated fibroinflammatory disease characterized by infiltration of lymphocytes, eosinophils and IgG4-positive plasma cells in various organs with associated fibrosis.³ Onset of IgG4-RD typically occurs between 50 and 70 years of age and the symptoms vary depending on the affected organ.³ The most commonly involved organs include the salivary and lacrimal glands, pancreas and biliary tract, kidneys and lymph nodes. Laboratory findings may include elevated serum IgG4, eosinophilia, increased serum IgE and increased serum plasmablasts. Tissue biopsy is the diagnostic gold standard for IgG4-RD, which classically demonstrates a dense lymphoplasmacytic infiltrate, storiform fibrosis, obliterative phlebitis, and an elevation in IgG4+ plasma cells. Various cutoffs for the IgG4/IgG ratio and absolute number of IgG4+ cells per high-power field (hpf) have been proposed, and this metric has been incorporated into the 2019 American College of Rheumatology/European League Against Rheumatism (ACR/EULAR) Classification Criteria.⁴ The co-occurrence of ALPS and IgG4-RD is extremely rare with only two cases currently reported in the English literature.⁵⁻⁶ In both prior reports, the patients were initially diagnosed with ALPS with subsequent development of IgG4-RD several years later. Herein we report the first case of an adult patient with IgG4-RD, in which expansion of $\alpha\beta$ +DNT by flow cytometry and subsequent genetic testing ultimately uncovered an underlying diagnosis of ALPS with a pathogenic *FAS* mutation.

A 63-year-old female with a history of peripheral T-cell lymphoma, not otherwise specified (PTCL, NOS) and invasive ductal carcinoma (IDC) of the breast presented with left axillary lymphadenopathy. At 54 years of age, she was diagnosed with stage IIIA PTCL and treated on a clinical trial with six cycles of cyclophosphamide, etoposide, vincristine, and prednisone alternating with pralatrexate with a complete remission followed by consolidative autologous stem cell transplant. At 59 years of age, she was diagnosed with stage IA (pT1bN0) triple negative IDC of the left breast and treated with lumpectomy, adjuvant carboplatin/paclitaxel

and radiotherapy. One-year following treatment for breast cancer, she developed bilateral cervical lymphadenopathy with a waxing and waning course. She was observed for approximately 1 year until an excisional biopsy of a right cervical lymph node was performed. The biopsy showed no evidence of carcinoma or lymphoma, but rather increased IgG4+ cells (>50/HPF, and >40% IgG4:IgG4 ratio) and multicentric Castleman disease-like features, including interfollicular plasmacytosis, follicles showing multiple germinal centers (“twinning”), concentric layering of mantle zone lymphocytes around follicles (“onion skinning”) and germinal center lymphocyte depletion (“regression”) (Figure 1). Serologic examination for human immunodeficiency virus (HIV) and human gamma herpesvirus 8 (HHV8) were negative, with the differential diagnosis including IgG4-RD and HHV8-negative idiopathic multicentric Castleman disease (iMCD). The patient continued to experience waxing and waning cervical and axillary adenopathy, ultimately leading to a positron emission tomography (PET) scan, which showed extensive hypermetabolic adenopathy above and below the diaphragm, along with PET-avid lesions in the pancreas and spleen, concerning for recurrent lymphoma (Figure 2A). A fine needle aspiration and core biopsy performed on the pancreatic lesion showed an increase of IgG4+ cells (>25/HPF [high power field of microscope] and an IgG4:IgG ratio >50%) and storiform fibrosis (Figure 2B to D). Serum IgG4 and IgE were markedly elevated at 18.33 g/L (normal 0.11-1.57 g/L) and 24.98 kU/L (normal <100 kU/L), respectively. Peripheral blood B-cell phenotyping showed an increase in serum CD19+CD38+CD27+ plasmablasts, enumerated at 63.9% of B cells (normal 0.7-6%). Overall, the clinical, pathologic, and serologic findings were diagnostic of IgG4-RD per the 2019 ACR/EULAR classification criteria. Prior to starting treatment for IgG4-RD, excisional biopsy of a PET-avid right level V cervical lymph node was performed to rule out recurrent lymphoma. This biopsy showed similar findings of increased IgG4+ cells (>50/HPF, and >80% IgG4:IgG4 ratio) and multicentric Castleman disease-like features (Figure 3A to D). Flow cytometry demonstrated an increase in $\alpha\beta$ +DNT (7.1% of lymphocytes and 14.2% of CD3+ T cells), and immunohistochemistry showed paracortical localization of these T-cells around reactive germinal centers raising suspicion for ALPS (Figure 3E to H). Peripheral blood flow cytometry confirmed an increase in circulating $\alpha\beta$ +DNT (4.3% of lymphocytes, 6.1% of CD3+ T cells, 27 cells/uL). Additional laboratory testing revealed elevated soluble FAS ligand (824 pg/mL) and markedly elevated serum vitamin B₁₂ level above the measured range for our laboratory instrument (>1,000 pg/mL). T-cell receptor β and γ chain rearrangements by next-generation sequencing (NGS) were negative, while targeted NGS mutational analysis (Stanford Actionable Mutation Panel for Hematopoietic and Lymphoid Malignancies) detected a pathogenic *FAS* c.841T>A (p.W281R) mutation, that resulted in an amino acid substitution likely to be damaging in a region essential for formation of the death-inducing signaling complex involved in apoptosis induction.¹ This variant had an allele frequency of 56% suggesting a germline mutation and confirming the diagnosis of ALPS-FAS.¹

ALPS caused by *FAS* mutation (ALPS-FAS) usually manifests in early childhood at a median age of 2-3 years.¹ However, due to incomplete penetrance, variable expressivity, and variation in phenotype according to genotype, a subset of patients may be asymptomatic or present in adulthood.^{1,2} In these cases acquisition of fam-

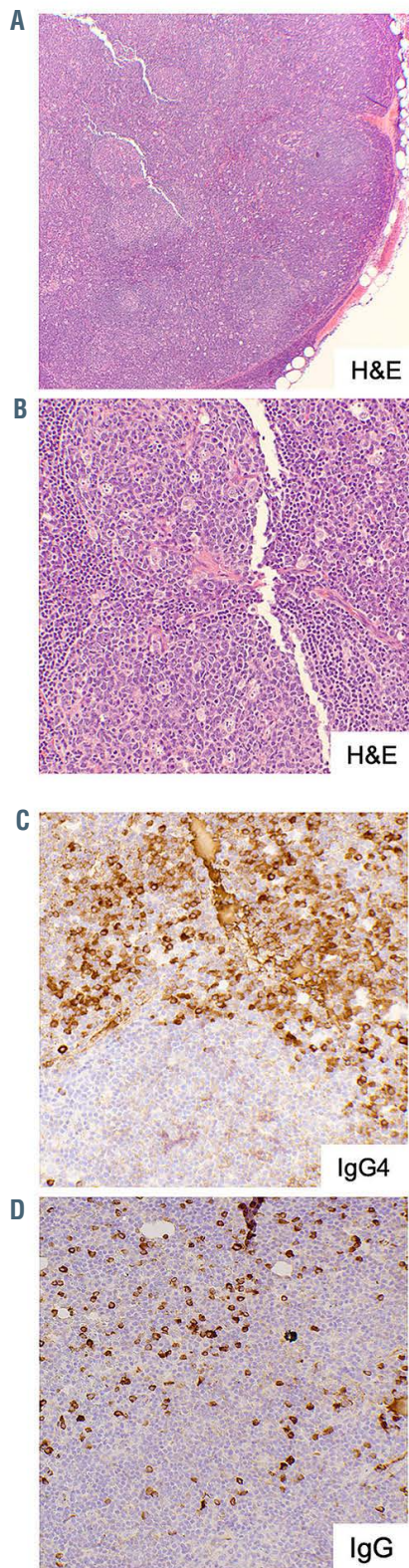


Figure 1. Increased immunoglobulin G4 positive plasma cells in a lymph node with multicentric Castleman disease-like features. Right cervical lymph node excision stained with hemoxilyn and eosin (H&E). (A) 2x objective, 20x total magnification and (B) 20x objective, 200x total magnification). (C) Immunoglobulin G4 (IgG4) 20x objective, 200x total magnification and (D) IgG 20x objective, 200x total magnification.

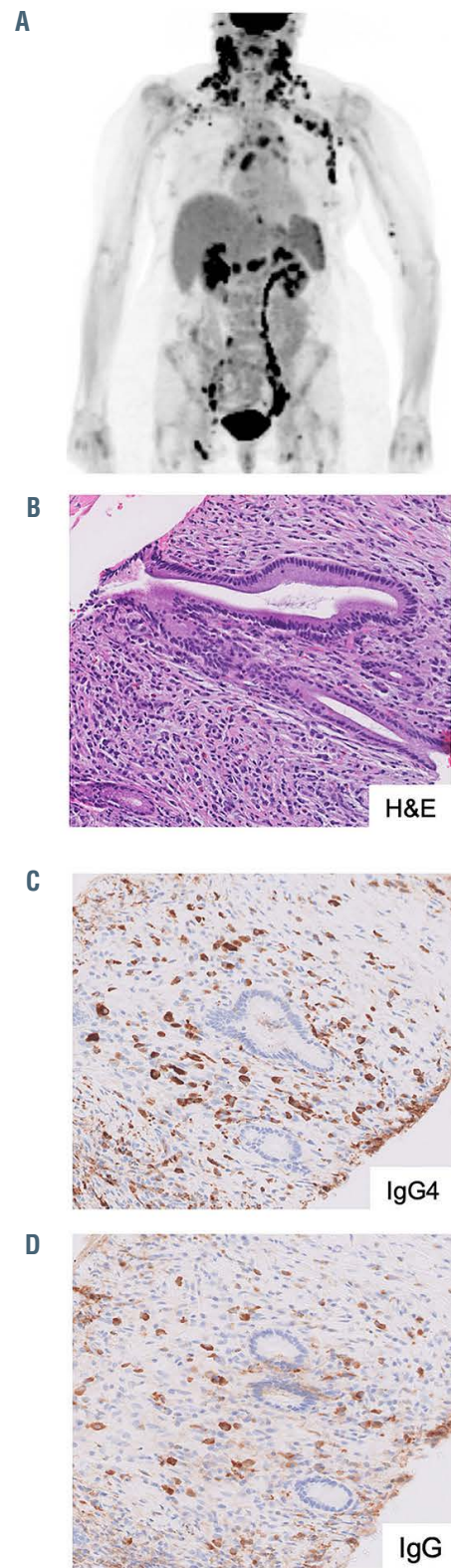


Figure 2. Radiographic and pathologic features of immunoglobulin G4-related disease. (A) Positron emission tomography maximum intensity projection image showing hypermetabolic lymphadenopathy above and below the diaphragm along with lesions in the pancreas and spleen . (B) Pancreatic core needle biopsy stained with hemoxilyn and eosin (H&E), (C) immunoglobulin G4 (IgG4) and (D) IgG. For all micrographs, a 20x objective was used and 200x total magnification is presented.

ily and past medical history of malignancy may be informative, as ALPS-FAS and other germline diseases are known to predispose to lymphoma and solid tumors. However, in cases of adult-onset ALPS-FAS, the diagnosis may still be challenging as other hematologic diseases may have overlapping clinical and pathologic features, including angioimmunoblastic T-cell lymphoma, Rosai-Dorfman disease, iMCD, and IgG4-RD. Rarely, ALPS may co-occur with one of these disease entities and as such mask the typical morphologic features of ALPS.^{5,6} While certain disease working groups, including that for iMCD, currently recommend evaluation for ALPS, the current consensus diagnostic criteria for IgG4-RD do not.⁷ In our reported case, if flow cytometry had not been performed to further investigate the increased $\alpha\beta$ +DNT, the diagnosis of ALPS would likely have been missed as the lymph node histopathological features

were masked by IgG4-RD. Thus, as previously suggested by van de Ven and colleagues,⁶ screening for increased $\alpha\beta$ +DNT by flow cytometry or ALPS-associated mutations by NGS should be considered in patients with IgG4-RD, particularly in those with other clinical, pathologic, or laboratory features characteristic of ALPS. Identification of ALPS-FAS patients with concurrent IgG4-RD may have significant therapeutic implications, as patients may require chronic therapy or become intolerant to standard immunosuppressive therapy, and thus may benefit from targeted, steroid-sparing therapy such as rituximab or sirolimus.⁸

A mechanistic link between the pathogenesis of ALPS and IgG4-RD is currently unknown. B lymphocytes are involved in the pathogenesis of IgG4-RD as evidenced by marked clinical responses to B-cell-directed therapy with rituximab. It is hypothesized that the oligoclonal

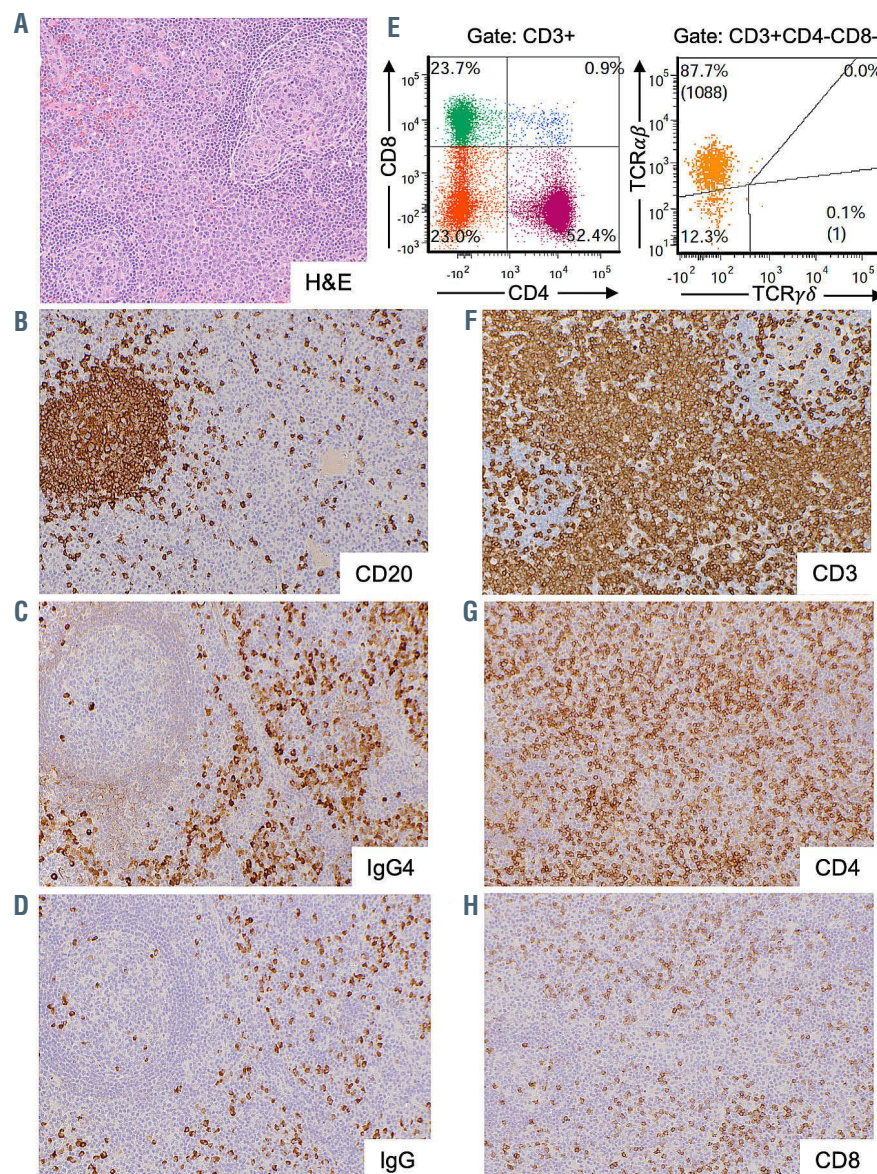


Figure 3. Expansion of double-negative $\alpha\beta$ + T cells in a background of immunoglobulin G4-related disease. (A) Right level V cervical lymph node excision stained with hemoxilyn and eosin (H&E), (B) CD20, (C) immunoglobulin G4 (IgG4) and (D) IgG. (E, left) Flow cytometry analysis of lymph node gated on CD3+ lymphocytes showing CD4 vs. CD8 and (E, right) gated on CD3+CD4-CD8- showing TCR $\alpha\beta$ vs. TCR $\gamma\delta$. (F) Immunostaining for CD3, (G) CD4 and (H) CD8. For all micrographs, a 20x objective was used and 200x total magnification is presented.

expansion of B cells and plasmablasts leads to IgG4 production, which may contribute to IgG4-RD pathogenesis⁹. Plasmablasts from patients with IgG4-RD show extensive immunoglobulin somatic hypermutation, upregulation of FAS/CD95, and active proliferation and secretion of IgG4.¹⁰ Conceivably, dysregulation of FAS signaling in plasmablasts in ALPS patients may contribute to a preponderance of plasmablasts, and if skewed toward IgG4+ to IgG4-RD. The extensive immunoglobulin somatic hypermutation in plasmablasts suggests a T-cell-dependent germinal center-derived ontology. As such, T lymphocytes have also been implicated in the pathogenesis of IgG4-RD, particularly T-follicular helper cells (T_{FH}), T-follicular regulatory cells (T_{regs}), and CD4+ cytotoxic T lymphocytes (CD4 CTL). Cytokine production by these T-cell subsets appear to contribute to IgG4-RD pathogenesis. Namely, IL-4 and IL-10 produced by T_{FH} and T_{regs} promote IgG4 isotype switching, whereas IL-1 and TGFβ produced by CD4 CTL promote fibrosis.¹¹⁻¹³ While CD4+ T cells are the best characterized, Carruthers *et al.* have shown that expansion of DNT may also occur in IgG4-RD, however it is unknown if DNT contribute to disease pathogenesis.¹⁴ A recent study by Maccari *et al.* has identified and characterized αβ+DNT in ALPS patients using RNA sequencing, mass cytometry (CyTOF) and functional cytokine analysis. They found that ALPS-DNT show a unique surface marker profile with high expression of CD38, CD45RA, CD27, CD28, CLTA4, TIGIT and TIM3, and additionally show upregulation of IL-10 transcripts and protein levels.¹⁵ Conceivably, ALPS-DNT may participate in IL-10-mediated class switching of B-cells/plasmablasts to IgG4, however further studies are needed to test this hypothesis.

In conclusion, this case demonstrates the utility of assessing for expanded αβ+DNT in patients with IgG4-RD, which revealed the diagnosis of ALPS-FAS in our patient. Future studies are needed to investigate a potential mechanistic link between these entities.

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