

Red blood cell metabolism in Rhesus macaques and humans: comparative biology of blood storage

Davide Stefanoni,¹ Hye Kyung H. Shin,² Jin Hyen Baek,² Devin P. Champagne,¹ Travis Nemkov,¹ Tiffany Thomas,³ Richard O. Francis,³ James C. Zimring,⁴ Tatsuro Yoshida,⁵ Julie A. Reisz,¹ Steven L. Spitalnik,³ Paul W. Buehler² and Angelo D'Alessandro^{1,6}

¹Department of Biochemistry and Molecular Genetics, University of Colorado Denver – Anschutz Medical Campus, Aurora, CO; ²Center for Biologics Evaluation and Research, Food and Drug Administration, Silver Spring, MD; ³Department of Pathology & Cell Biology, Columbia University, New York, NY; ⁴BloodWorks Northwest, Seattle, WA; ⁵Hemanext Inc, Lexington, MA and ⁶Department of Medicine, Division of Hematology, University of Colorado Denver – Anschutz Medical Campus, Aurora, CO, USA

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Correspondence: ANGELO D'ALESSANDRO - angelo.dalessandro@ucdenver.edu

PAUL W. BUEHLER - Paul.Buehler@fda.hhs.gov

SUPPLEMENTARY MATERIAL

TABLE OF CONTENTS

SUPPLEMENTARY MATERIALS AND METHODS EXTENDED	2
SUPPLEMENTARY DISCUSSIONS.....	7
SUPPLEMENTARY REFERENCES.....	9
SUPPLEMENTARY FIGURES	11
<i>SUPPLEMENTARY FIGURE 1</i>	<i>11</i>
<i>SUPPLEMENTARY FIGURE 2</i>	<i>12</i>
<i>SUPPLEMENTARY FIGURE 3</i>	<i>13</i>
<i>SUPPLEMENTARY FIGURE 4</i>	<i>14</i>
<i>SUPPLEMENTARY FIGURE 5</i>	<i>16</i>
<i>SUPPLEMENTARY FIGURE 6</i>	<i>17</i>
<i>SUPPLEMENTARY FIGURE 7</i>	<i>18</i>
SUPPLEMENTARY TABLE 1	APPENDIX .XLS
SUPPLEMENTARY TABLE 2	APPENDIX .XLS

SUPPLEMENTARY METHODS - EXTENDED

Blood collection: Blood was collected into a syringe using a 20 G needle from the femoral vein of five-year-old rhesus macaques (n=20; 10 male/10 female) under ketamine/dexmedetomidine (7 mg/kg/0.2 mg/kg, intramuscular) anesthesia according to FDA White Oak animal care and use protocol 2018-31. All blood donor animals originated from the same colony located at Morgan Island, South Carolina and were naïve to experimentation at the time of blood collection. Blood was collected into a syringe using a 16 G needle from the median cubital vein of 30-75-year-old human volunteers (n=21; 11 male/10 female) under informed consent according to NIH study IRB #99-CC-0168 “Collection and Distribution of Blood Components from Healthy Donors for In Vitro Research Use” under an NIH-FDA material transfer agreement.

Blood processing: To maintain consistency across comparisons, rhesus macaque and human blood was collected, processed, stored, and sampled the same way. Whole blood was collected in syringes into acid citrate dextrose solution A (Becton Dickinson, Franklin Lakes, NJ USA) to make up 15% of the volume. Collected blood was individually processed by passage through a pediatric leukoreduction filter (Haemonetics, Braintree, MA USA). Approximately 20 ml of leukoreduced whole blood was then centrifuged at 2,000 rpm for 10 minutes, plasma was removed, and 0.45 ml of AS-3 (Haemonetics, Braintree, MA USA) was added for every 1 ml of packed RBCs. The RBCs in AS-3 preservative solution (total volume ~12-15 ml) were transferred to a sterile customized single port bag through a sterile self-sealing sampling site coupler port (Fenwal, Lake Zurich, IL USA). The volume modified storage bags (Hemanext Inc., Lexington, MA USA), were designed to hold 20 ml volumes and mimicked the composition of standard full-sized units (i.e., incorporating polyvinylchloride (PVC) and phthalate plasticizers). All processing procedures were performed in a biosafety cabinet under aseptic conditions the morning of the blood collections.

RBC storage and sampling: RBCs were stored at 4-6°C for 42 days. Sampling was performed in a biosafety cabinet, by obtaining 500 µL from each unit using a 16G/1-inch needle and 1 ml syringe after thorough mixing of each bag. Collections were performed on days 0, 7, 14,

21, 28, 35, and 42. Samples were centrifuged at 2,500 rpm for 10 minutes at 4°C, separated into supernatant and RBCs for each time point, and stored at -80°C until analysis.

Sample processing and metabolite extraction: A volume of 50 µL of frozen RBC aliquots was extracted 1:10 in ice cold extraction solution (methanol:acetonitrile:water 5:3:2 v/v).¹ Samples were vortexed and insoluble material pelleted, as described.^{2,3} For lipidomics analyses, supernatants were diluted 1:1 (v/v) with 10 mM ammonium acetate for analysis by ultra-high pressure liquid chromatography coupled to mass spectrometry (UHPLC-MS).

Ultra-High-Pressure Liquid Chromatography-Mass Spectrometry (MS) metabolomics: The analytical platform employs a Vanquish UHPLC system (Thermo Fisher Scientific, San Jose, CA, USA) coupled online to a Q Exactive mass spectrometer (Thermo Fisher Scientific, San Jose, CA, USA).

Metabolomics: UHPLC-MS metabolomics analyses were performed using a Vanquish UHPLC system coupled online to a high-resolution Q Exactive mass spectrometer (Thermo Fisher, Bremen, Germany). Samples were resolved over a Kinetex C18 column (2.1x150 mm, 1.7 µm; Phenomenex, Torrance, CA, USA) at 45°C. A volume of 10 µL of sample extracts was injected into the UHPLC-MS. Each sample was injected and run four times with two different chromatographic and MS conditions as follows: 1) using a 5 minute gradient at 450 µL/minute from 5-95% B (A: water/0.1% formic acid; B:acetonitrile/0.1% formic acid) and the MS was operated in positive mode and 2) using a 5 minute gradient at 450 µL/minute from 5-95% B (A: 5% acetonitrile, 95%water/1 mM ammonium acetate; B:95%acetonitrile/5% water, 1 mM ammonium acetate) and the MS was operated in negative ion mode. The UHPLC system was coupled online with a Q Exactive (Thermo, San Jose, CA, USA) scanning in Full MS mode at 70,000 resolution in the 60-900 m/z range, 4 kV spray voltage, 15 sheath gas and 5 auxiliary gas, operated in negative or positive ion mode (separate runs). These chromatographic and MS conditions were applied for both relative and targeted quantitative metabolomics measurements, with the differences that for the latter targeted quantitative post hoc analyses were performed on the basis of the stable isotope-labeled internal standards used as a reference quantitative measurement, as detailed below.

Lipidomics Samples were resolved over an ACQUITY HSS T3 column (2.1 x 150 mm, 1.8 μm particle size (Waters, MA, USA) using an aqueous phase (A) of 25% acetonitrile and 5 mM ammonium acetate and a mobile phase (B) of 50% isopropanol, 45% acetonitrile and 5 mM ammonium acetate. Samples were eluted from the column using either the solvent gradient: 0-1 min 25% B and 0.3 mL/min; 1-2 min 25-50% B and 0.3 mL/min, 2-8 min 50-90% B and 0.3 mL/min, 8-10 min 90-99% B and 0.3 mL/min, 10-14 min hold at 99% B and 0.3 mL/min, 14-14.1 min 99-25% B and 0.3 mL/min, 14.1-16.9 min hold at 25% B and 0.4 mL/min, 16.9-17 min hold at 25% B and resume flow of 0.3 mL/min. isocratic elution of 5% B flowed at 250 $\mu\text{l}/\text{min}$ and 25°C or a gradient from 0- 5% B over 0.5 min; 5-95% B over 0.6 min, hold at 95% B for 1.65 min; 95-5% B over 0.25 min; hold at 5% B for 2 min, flowed at 450 $\mu\text{l}/\text{min}$ and 35°C⁴. The Q Exactive mass spectrometer (Thermo Fisher Scientific, San Jose, CA, USA) was operated independently in positive or negative ion mode, scanning in Full MS mode (2 μs scans) from 150 to 1500 m/z at 70,000 resolution, with 4 kV spray voltage, 45 sheath gas, 15 auxiliary gas. When required, dd-MS2 was performed at 17,500 resolution, AGC target = 1e5, maximum IT = 50 ms, and stepped NCE of 25, 35 for positive mode, and 20, 24, and 28 for negative mode.

Quality control and data processing: Calibration was performed prior to analysis using the PierceTM Positive and Negative Ion Calibration Solutions (Thermo Fisher Scientific). Acquired data was then converted from .raw to .mzXML file format using Mass Matrix (Cleveland, OH, USA). Samples were analyzed in randomized order with a technical mixture injected incrementally to qualify instrument performance. This technical mixture was also injected three times per polarity mode and analyzed with the parameters above, except CID fragmentation was included for unknown compound identification.

Metabolite assignment and relative quantitation: Metabolite assignments, isotopologue distributions, and correction for expected natural abundances of deuterium, ¹³C, and ¹⁵N isotopes were performed using MAVEN (Princeton, NJ, USA),⁵ against an in house library of deuterated lipid standards (SPLASH® LIPIDOMIX® Mass Spec Standard, Avanti Lipids). Discovery mode analysis was performed with standard workflows using Compound Discoverer (Thermo Fisher Scientific, San Jose, CA). From these analyses, follow up elaboration for untargeted metabolomics results were performed only the top 10,000 unique chemical formulae upon sorting on relative

abundance (peak areas – arbitrary units), as determined from high-resolution accurate intact mass, isotopic pattern, and MS² fragmentation spectra against the KEGG pathway, HMDB, ChEBI, and ChEMBL databases. Additional analyses, including untargeted lipidomics via LipidSearch (Thermo Fisher, Bremen, Germany). Graphs and statistical analyses (either t-test or repeated measures ANOVA) were prepared with GraphPad Prism 5.0 (GraphPad Software, Inc, La Jolla, CA), GENE E (Broad Institute, Cambridge, MA, USA), and MetaboAnalyst 4.0.⁶

Targeted quantitative metabolomics: Targeted quantitative metabolomics analyses were performed on all RBC and supernatant samples from fresh and stored human and RM RBCs. All the samples were extracted with the exact same protocol detailed above. However, for this validation analysis, extraction solutions (methanol:acetonitrile:water 5:3:2 v/v) were supplemented with the following standards:

Metabolite	Labeling	Neutral Formula	MW	Vendor	Product ID	Final concentration (uM)
a-Ketoglutarate	13C5	*C5H6O5	151.05	Cambridge	CLM-2411-PK	1
Adenosine						1
Citric acid	2,2,4,4-D4	C6H4D4O7	196.15	Cambridge	DLM-3487-PK	1
Fumaric acid	1,4-13C2	*C2C2H4O4	118.05	Cambridge	CLM-4454-PK	1
Glutathione (GSH)	Gly13C2,15N	*C2C8H17*N1N2O6	310.3	Cambridge	CNLM-6245.50	10
Glucose	13C6	*C6H12O6	186.09	Cambridge	CLM-1396-1	10
Lactate	1-13C	*C1C2H6O3	113.05	Cambridge	CLM-1577-1	40
Palmitic acid	U-13C16	*C16H32O2	272.25	Cambridge	CLM-409-0.5	1
Sphingosine 1P	D7	C18H31D7NO5P	386.51	Avanti	860659-1MG	0.5
Succinic acid	13C x 4	*C4H6O4	122.05	Cambridge	CLM-1571-0.25	1
AA Mix (including the standards below)				Cambridge	MSK-A2-1.2	1
L-Alanine	13C3, 15N	*C3H7*NO2				1
L-Arginine:HCl	13C6, 15N4	*C6H15Cl*N4O2 (isotopic *C6H14*N4O2)				1
L-Aspartic acid	13C4, 15N	*C4H7*NO4				1
L-Cystine	13C6, 15N2	*C6H12*N2O4S2				1
L-Glutamic acid	13C5, 15N	*C5H9*NO4				1
Glycine	13C2, 15N	*C2H5*NO2				1
L-Histidine:HCl:H2O	13C6, 15N3	*C6H12Cl*N3O3 (isotopic *C6H9*N3O2)				1
L-Isoleucine	13C6, 15N	*C6H13*NO2				1
L-Leucine	13C6, 15N	*C6H13*NO2				1
L-Lysine:2HCl	13C6, 15N2	*C6H16Cl2*N2O2 (isotopic *C6H14*N2O2)				1
L-Methionine	13C5, 15N	*C5H11*NO2S				1
L-Phenylalanine	13C9, 15N	*C9H11*NO2				1
L-Proline	13C5, 15N	*C5H9*NO2				1
L-Serine	13C3, 15N	*C3H7*NO3				1
L-Threonine	13C4, 15N	*C4H9*NO3				1
L-Tyrosine	13C9, 15N	*C9H11*NO3				1
L-Valine	13C5, 15N	*C5H11*NO2				1

Samples were processed with the same UHPLC-MS setup described above. However, upon acquisition, raw data were converted to .mzxml and peak areas for light and heavy (stable isotope-labeled) isotopologues were exported for each metabolite, as extensively described in prior methodological work^{4,7,8}. In details, absolute concentrations were determined using the following formula: $[\text{light}] = (\text{abundance light}) / (\text{abundance heavy}) * [\text{heavy}] [\text{dilution factor}]$ where $[\text{light}]$ = concentration of non-isotopic metabolite, (abundance light) = total area abundance of non-isotopic metabolite, (abundance heavy) = total area abundance of isotopic metabolite, and $[\text{heavy}]$ = known concentration isotopic metabolite.

SUPPLEMENTARY DISCUSSION

Red blood cells (RBCs) are the most abundant cell type in humans (~83% of the total cells in adult humans)⁹. All vertebrates, except for cold-water ice fish, transport oxygen via RBC hemoglobin, making RBCs a centerpiece in the evolution of the vertebrate circulatory system.¹⁰ However, across vertebrates, RBCs vary in size (up to thirtyfold¹⁰), lifespan,¹¹⁻¹³ and organelle¹⁴ and protein content.¹⁵ In humans, mature RBCs have an average diameter of ~6.2-8.2 μm and a thickness of ~0.8-1 μm , due to their discocytic shape resulting from the loss of organelles (e.g., nuclei, mitochondria, ribosomes) during differentiation. To transport and deliver oxygen to tissues, mature RBCs are loaded with hemoglobin (~250-270 million copies/cell,¹⁶ ~90% of the total protein content of mature RBCs). However, globin sequence variation across vertebrates is significant,¹⁷ as is hemoglobin's capacity for carrying and delivering oxygen in mammals adapted to extreme conditions, such as winter hibernators.¹⁸ Despite their apparent simplicity, human RBCs exhibit a complex proteome, comprising ~3,000 proteins¹⁹⁻²¹ with complex structural and enzymatic functions. Therefore, despite their lack of mitochondria and other organelles, our current understanding of the complexity of RBC metabolism exceeds that described in classical studies. For example, historically, RBC metabolism was thought to rely exclusively on glucose oxidation as the main source of reducing equivalents (e.g., NADPH via the pentose phosphate pathway (PPP)) and high-energy phosphate compounds, either via the Embden-Meyerhof-Parnas glycolytic pathway (e.g., for adenosine triphosphate (ATP)) or the Rapoport-Luebering shunt (e.g., for 2,3-diphosphoglycerate (DPG)). Nonetheless, it is now clear that RBC metabolism also involves a complex interplay of cytosolic isoforms of Krebs cycle enzymes, which may play a role in the homeostasis of reducing equivalents,²² purine oxidation and salvage reactions,²³ carnitine-dependent²⁴ and -independent lipid recycling²⁵ and sphingolipid metabolism,²⁶ arginine metabolism and the potential generation of nitric oxide through nitric oxide synthase²⁷ and arginase,²⁸ and one-carbon and sulfur metabolism involved in recycling oxidized proteins.^{29,30} In addition, RBCs express at least 77 small molecule transporters,³¹ which makes the analysis of RBC metabolism a window into systems-wide or organ-specific metabolic dysfunction achievable by peripheral blood sampling³². As such, investigating RBC metabolism is not only relevant *per se*, but also provides clues into system metabolism.

In the present study, we provide a comprehensive targeted and untargeted metabolomics and lipidomics description of RBCs from humans and RMs – further validated with tracing

experiments and quantitative measurements against stable isotope-labeled internal standards. Overall, there was substantial inter-species overlap in the metabolic changes occurring during refrigerated storage, although species-specific differences were identified with respect to the rate and extent to which some of these changes occur. Specifically, there were significant increases in glutathione and sulfur metabolism in RMs, accompanied by increased purine and lipid oxidation; the latter are negative predictors of post-transfusion RBC recovery in mice and humans^{31,35}. In addition, higher levels of plasticizers, fatty acyl-carnitine metabolism, and PS content were found, all of which are markers consistent with increased lipid remodeling and the (slightly) shorter lifespan of RM, as compared to human, RBCs. Sex and species-specific alterations of arginine and carboxylic acid/transamination metabolism were also found, suggesting potential confounders when using RM RBCs to study nitric oxide/polyamine metabolism and reducing equivalents.

In brief, the results reported in this study could serve as a reference for follow-up studies on human RBC storage metabolism, as well as RM RBC biology or as a comparative dataset for future transfusion medicine studies focusing on non-human primates or other animal models.

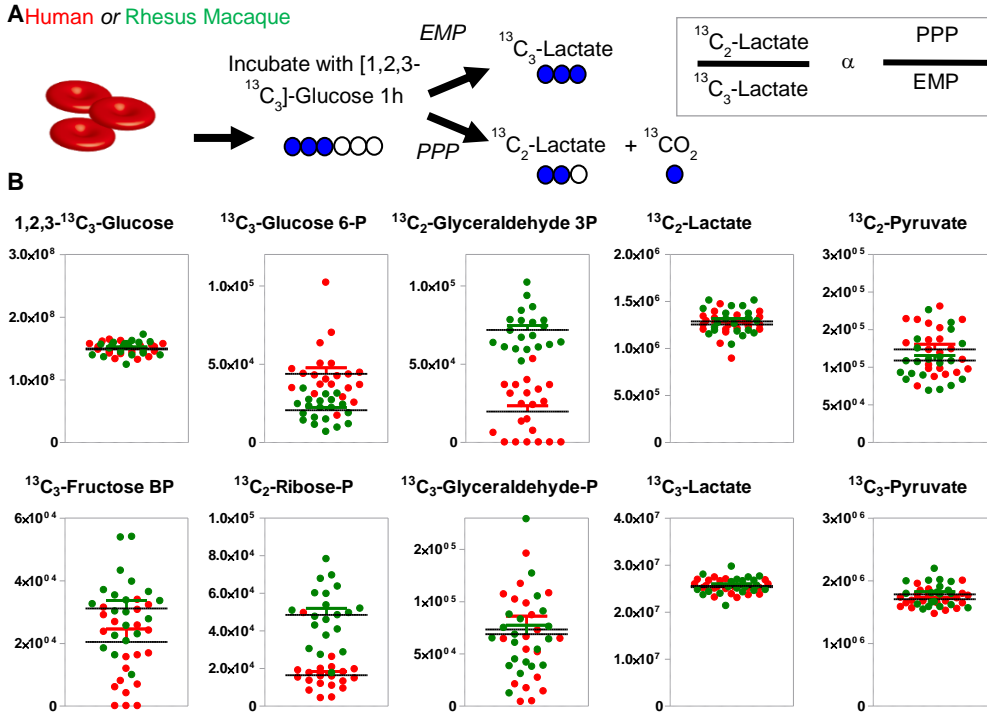
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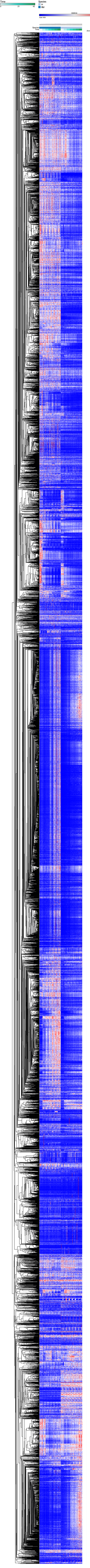
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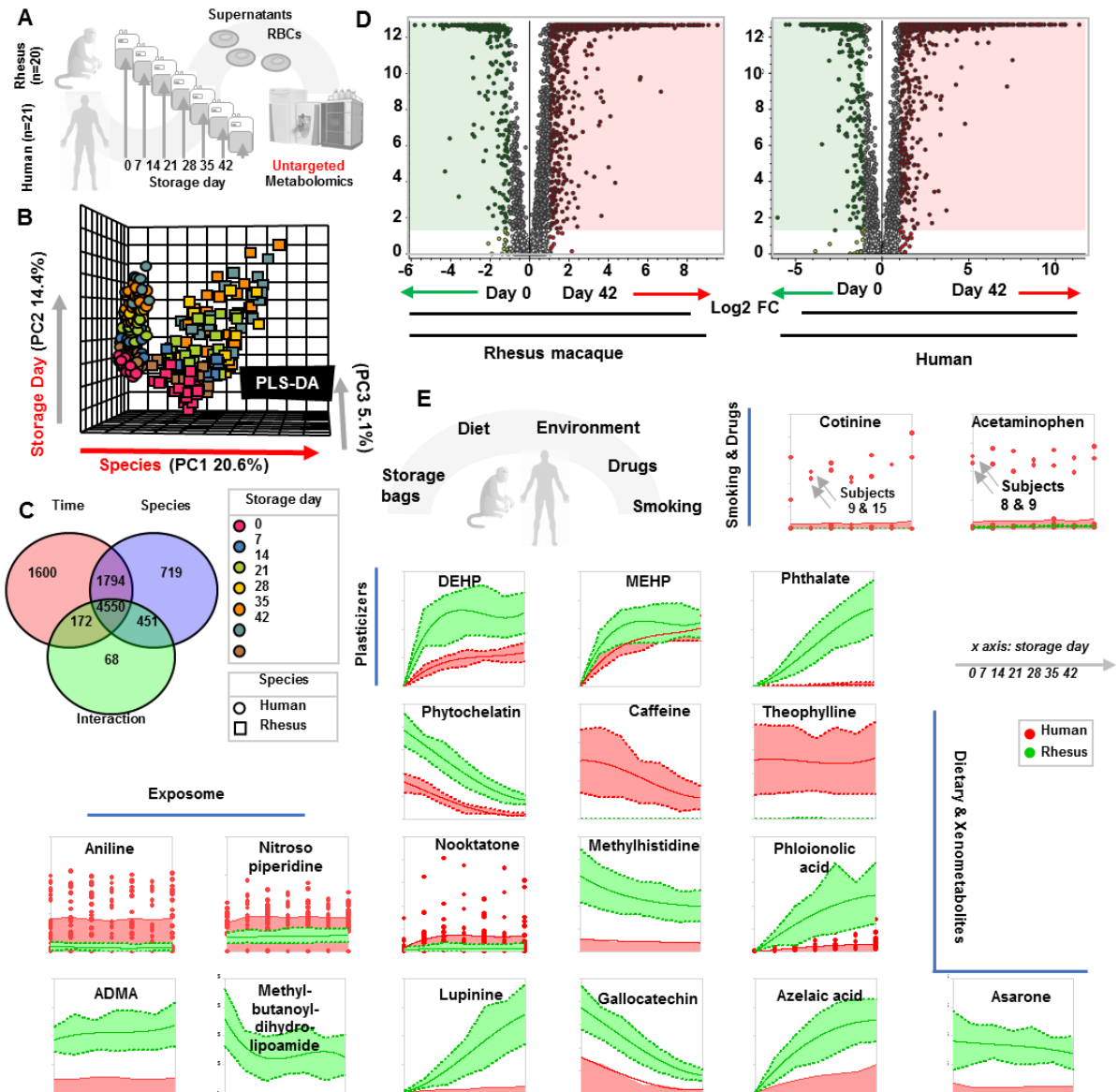
SUPPLEMENTARY FIGURES

Supplementary Figures

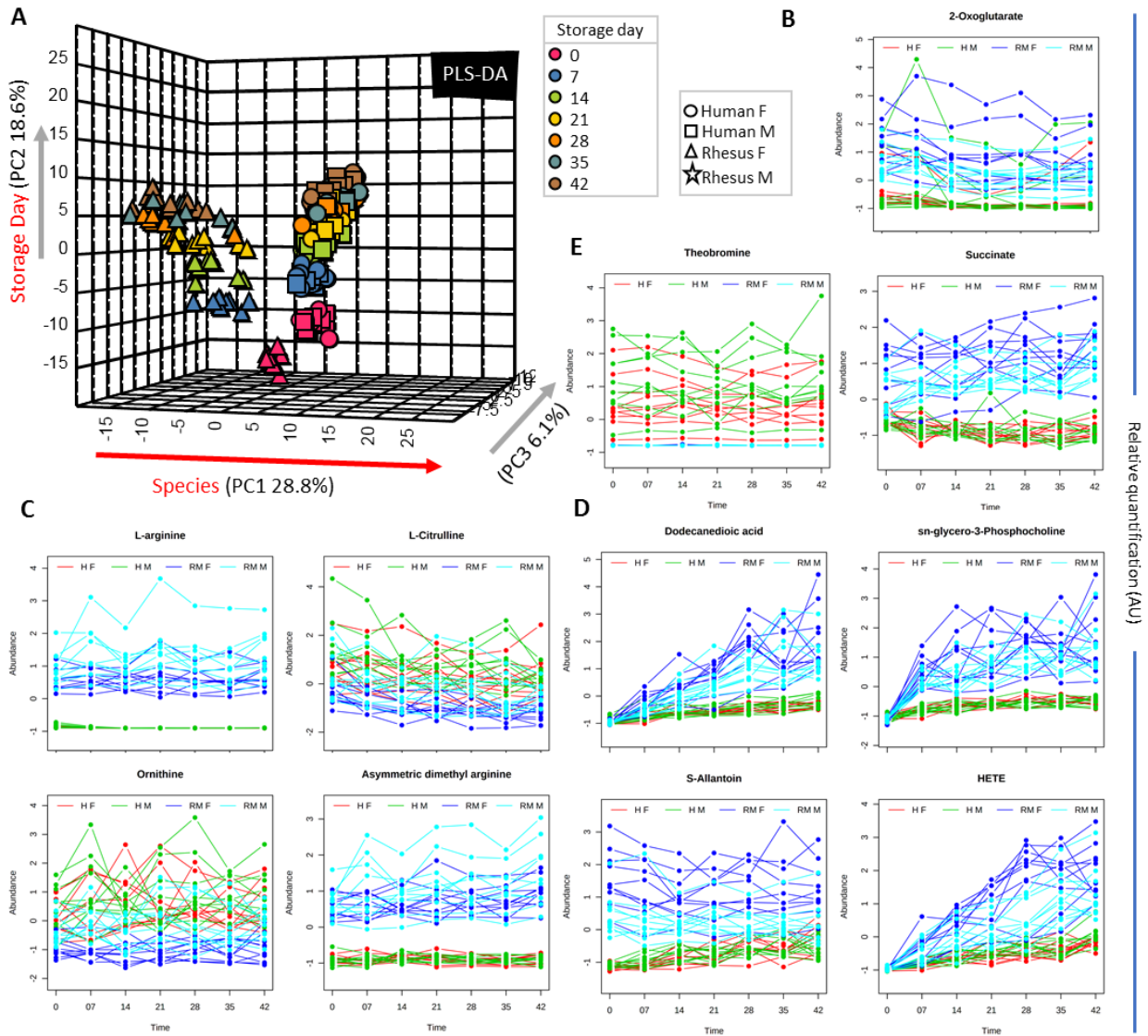


Supplementary Figure 1 – Metabolism of [1,2,3-¹³C₃]glucose in human (red) or macaque (green) RBCs. The experimental schema is shown in A. Measurement of ¹³C₂-lactate vs ¹³C₃-lactate indicates glucose flux through the pentose phosphate pathway (PPP). In B, metabolites downstream of glucose in the glycolytic pathway and the PPP, particularly end-product lactate, indicate no observed differences between fresh human and RM RBCs following a 1 h incubation with [1,2,3-¹³C₃]glucose. y-Axes are abundance (a.u.); RM RBCs in green and human RBCs in red.

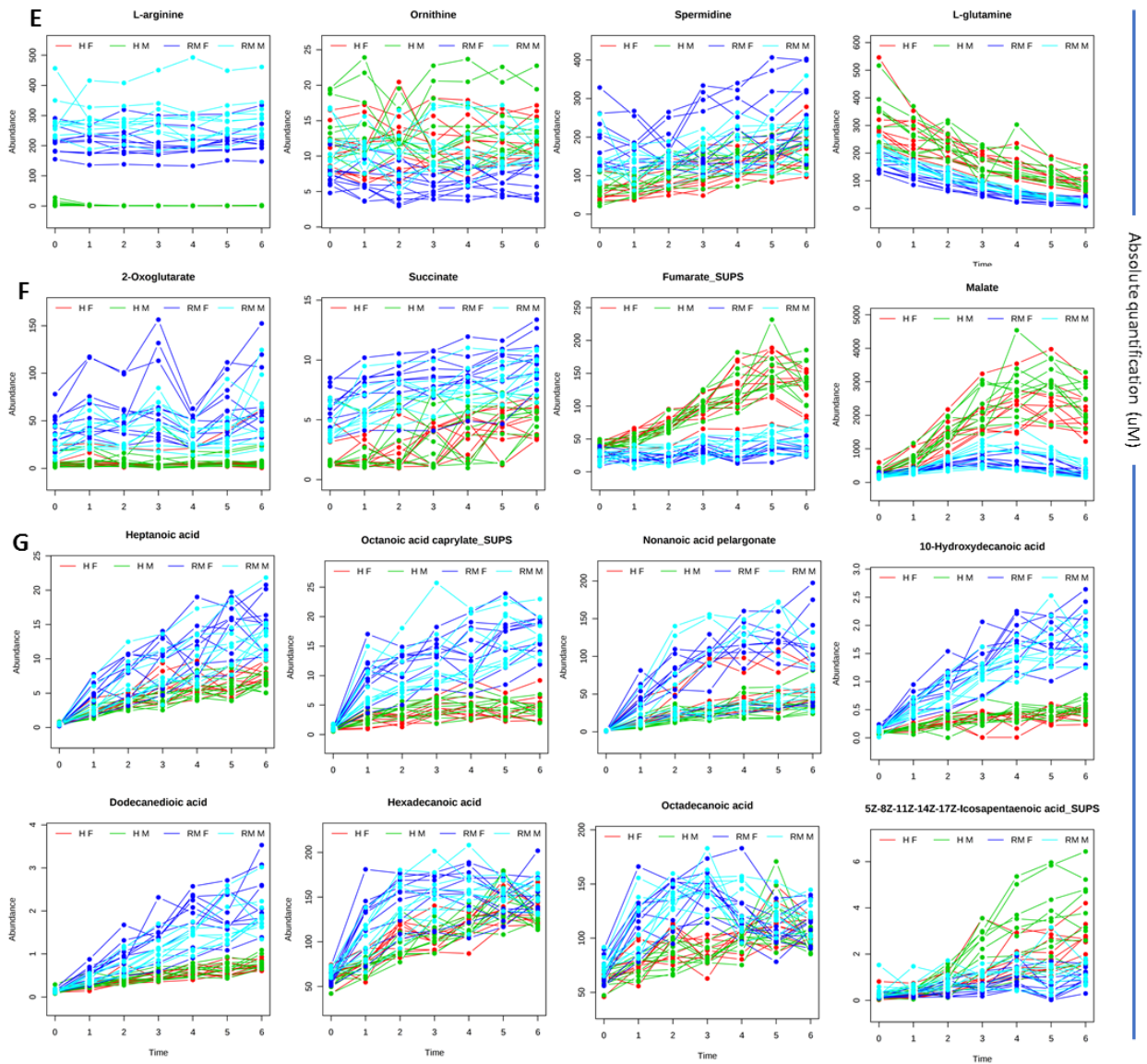




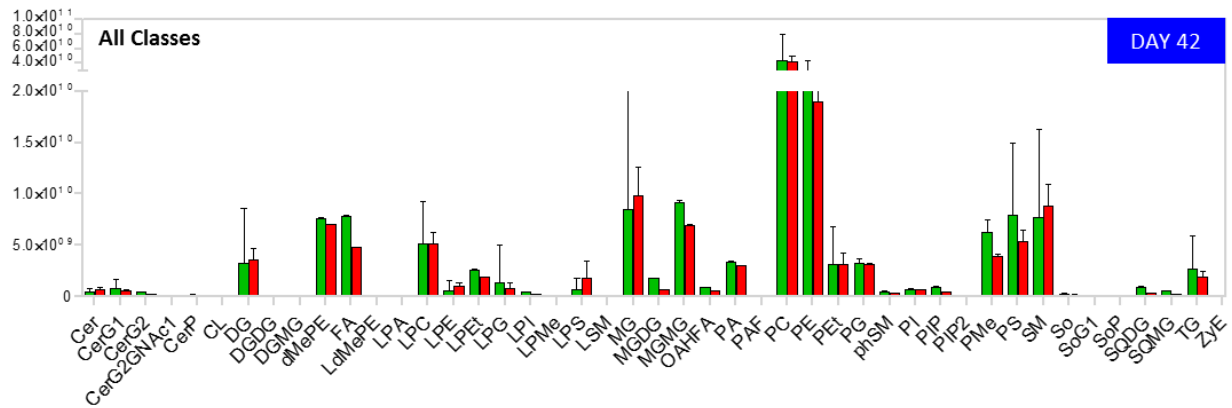
Supplementary Figure 3 – Untargeted metabolomics analyses of RBCs from humans (n=21) and rhesus macaques (n=20). The experimental schema is shown in A. PLS-DA (B), number of significant metabolites by ANOVA as a function of species and storage duration, or interaction of the factors (C), and volcano plots for day 42 vs. day 0 RBCs in RMs (left) and humans (right) are shown (D). In E, line plot highlights of metabolites derived from the plastic bags, dietary or other xenometabolites (from drugs, exposure to cigarette smoke, etc – RM RBCs in green and human RBCs in red).



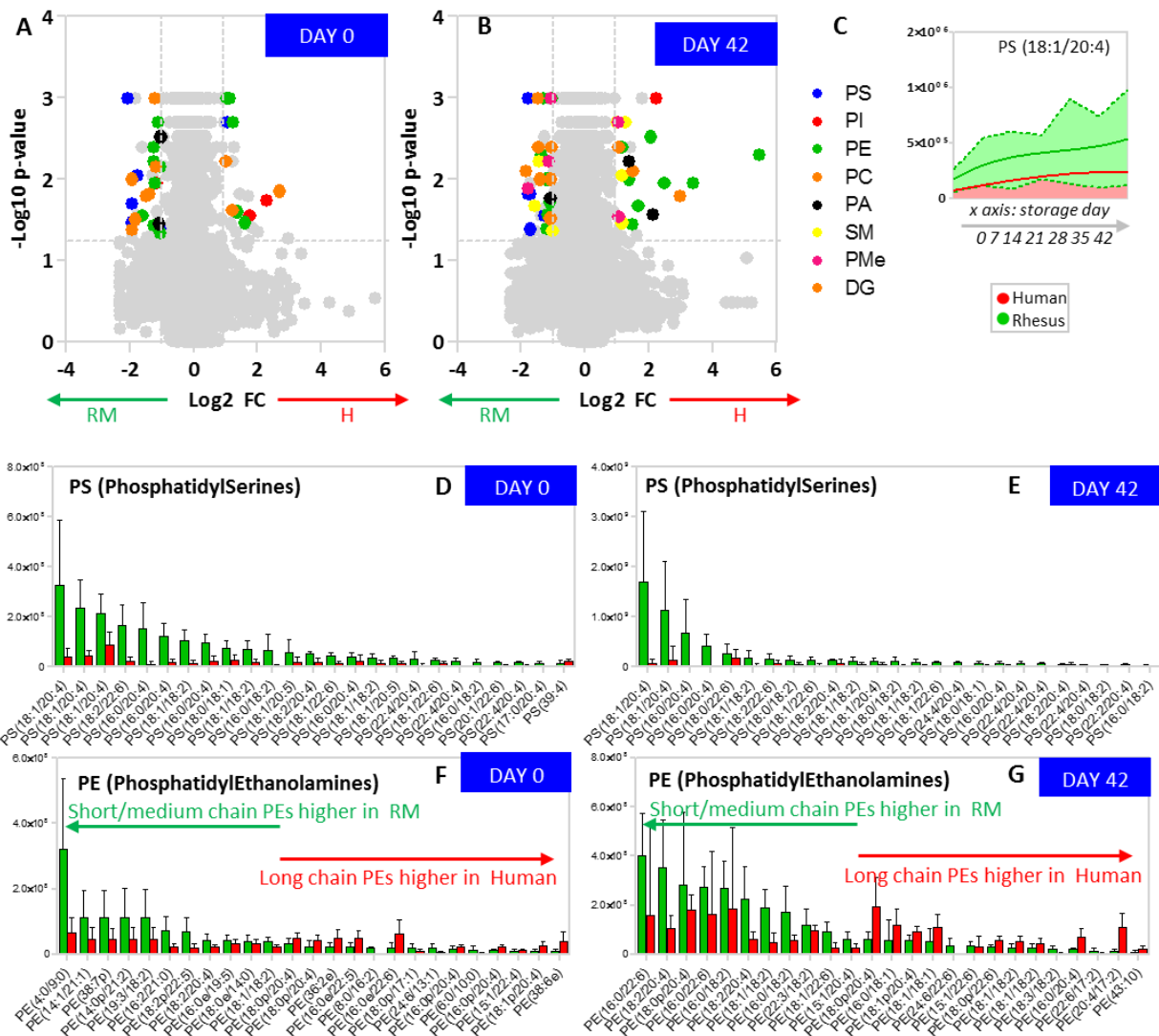
Supplementary Figure 4 – Species and storage had a higher impact on RBC metabolic phenotypes than sex. In (A), species accounted for 28.8 and storage days for 18.6% of the differences, whereas sex only accounted for 6.1% of difference. However, sex had a significant impact on carboxylate metabolism (oxoglutarate and succinate) (B), arginine metabolism (C), and fatty acid oxidation (D). →continues next page



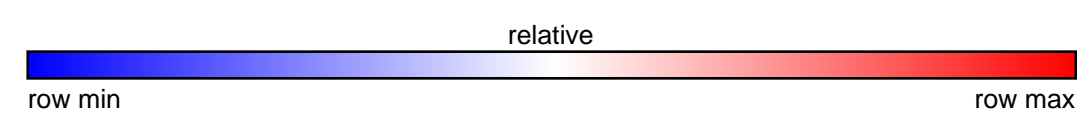
➔ **Continues from previous page Supplementary Figure 4** – These results were validated via targeted quantitative measurements against stable isotope-labeled internal standards. In particular, we confirmed that arginine metabolites (**E**), carboxylic acids (**F**), and free fatty acids (**G**) showed different storage-dependent abundances in humans and RM as a function of sex.



Supplementary Figure 5 – Bar graphs (Mean \pm SD) of lipid classes at the end of storage in human (n=21; red) or rhesus macaque RBCs (n=20, green), calculated by the sum of all fatty-acyl groups in each class detected in each sample.



Supplementary Figure 6 – Lipidomics analyses of human (red) and rhesus macaque (green) RBCs at storage day 0 (A) and 42 (B). Significantly higher levels of phosphatidylserines – including PS (18:0/20:4 – C) were measured in RM RBCs at day 0 (D) and 42 (E). Higher levels of short and medium chain phosphatidylethanolamines (PEs), but not long chain PEs were detected in RM RBCs in comparison to day 0 (F) or 42 (G) human RBCs.



Supplementary Figure 7 - Vectorial version of the heat map of metabolic changes to stored human and macaque RBCs

