

International recommendations on the diagnosis and treatment of acquired hemophilia A

Acquired hemophilia A (AHA)



- rare bleeding disorder caused by neutralizing autoantibodies against coagulation factor VIII
- interference with coagulation function
- predisposition to severe, potentially life-threatening hemorrhage

Control of acute bleeding and prevention of injury that may provoke bleeding are top priorities in patients with AHA

Hemostatic therapy

Clinically relevant bleeding or before invasive procedures

If anti-porcine titer low or undetectable

If other options unavailable and low anti-human titer

rFVIIa

90 µg/kg every 2-3 h

APCC

50-100 U/kg every 8-12 h (max 200 per d)

rpFVIII

200 U/kg followed by tailored dosing

hFVIII

50-100 U/kg followed by tailored dosing

Close monitoring of FVIII activity

- Clinical assesment of efficacy
- Increase dosing interval if no further bleeding
- Swith treatment option if ineffective

Immunosuppressive therapy

FVIII ≥ 1% and ≤ 20 BU/ml

Steroids alone

3-4 weeks

Add CTX or rituximab if not responding

FVIII ≤ 1% and > 20 BU/ml

Steroids + CTX or rituximab

3-4 weeks

Add CTX or rituximab if not responding