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Leukemia stem cell gene expression signatures contribute to acute myeloid leukemia risk stratification

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The majority of patients with acute myeloid leukemia (AML) will die of their disease. Nevertheless, the prognosis of AML varies widely. Some AML patients may be cured by chemotherapy alone, while others require approaches such as allogeneic stem cell transplantation to have the best chance of long-term survival. As physicians, we are often asked by our AML patients: “How likely is this treatment going to work, and how long do I have to live?”¹

Prognostication in AML has evolved over time. Initially, models for prediction of response to therapy were based on patient’s parameters such as age and performance status in combination with cell characteristics such as morphology and chromosomal karyotype. With technological advancements, our understanding of disease biology has evolved and factors including molecular mutations and minimal residual disease have been integrated into prognostication schemes. Recently, an international expert panel on behalf of the European LeukemiaNet (ELN) published a revised version of a widely utilized prognostication scheme that categorizes AML patients into three risk groups (Favorable, Intermediate, and Adverse) based on genetic abnormalities (incorporating chromosomal karyotype and specific molecular muta-

tions).² These AML risk groups have profound clinical implications, particularly with regard to post-remission therapy for younger fit patients. In general, fit Favorable-risk AML patients who achieve a first complete remission after induction chemotherapy go on to consolidation chemotherapy with curative intent. However, even fit patients with Adverse- and Intermediate-risk AML are unlikely to be cured by chemotherapy alone, and therefore it is reasonable to consider allogeneic stem cell transplantation for Intermediate- and Adverse-risk patients upon achievement of first complete remission.

Why is AML so often resistant to chemotherapy? The biology of AML chemoresistance is complex. However, at a basic level, adverse-risk AML cells are more likely to evade conventional chemotherapeutics that target the cell cycle. It has therefore been hypothesized that one powerful driver of adverse prognosis in AML may be the properties of the leukemia stem cell (LSC), a type of cell that exhibits cell cycle quiescence, self-renewal, and chemoresistance.³⁻⁶ Although AML LSC remain challenging to isolate, assessment of AML LSC gene expression signatures has been proposed as a method to further refine prognosis – with LSC-like AML phenotypes contributing to adverse risk.

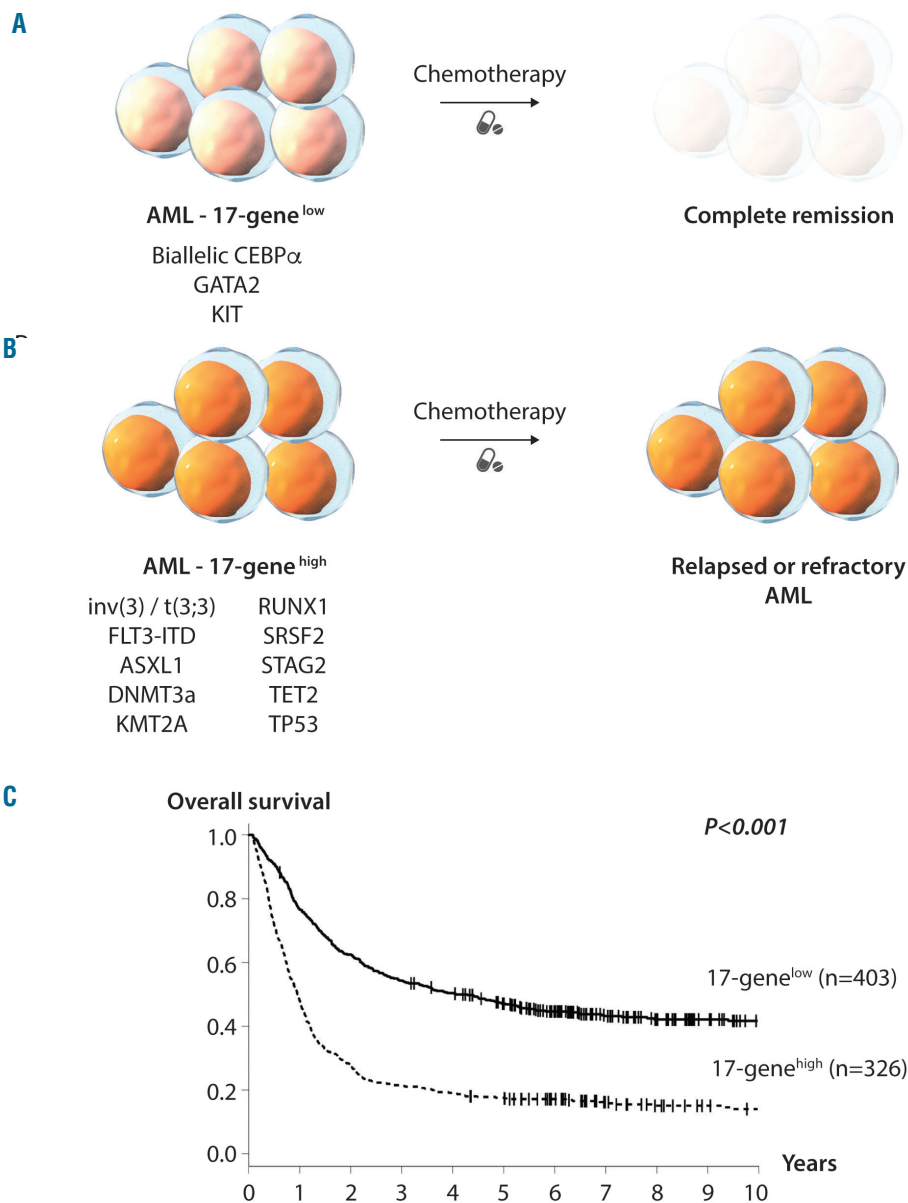


Figure 1. The 17-gene leukemia stem cell score refines prognosis in acute myeloid leukemia beyond that afforded by the European LeukemiaNet risk categories. (A) Patients with acute myeloid leukemia (AML) with a 17-gene^{low} leukemia stem cell (LSC) score more frequently have biallelic *CEBPA*, *GATA2*, and *KIT* mutations and are more sensitive to chemotherapy. (B) Patients with AML with a 17-gene^{high} LSC score more frequently have unfavorable molecular abnormalities and are more resistant to chemotherapy. (C) The 17-gene LSC score has a powerful prognostic impact, particularly in younger adult AML patients (aged <60 years).

A study by Ng *et al.* recently defined a list of genes differentially expressed between LSC and non-LSC fractions (validated by xenotransplantation) from 78 AML patients.⁷ The list of genes highly expressed in LSC was subjected to statistical regression analysis to relate the expression profile to patients' survival, which yielded an optimal "17-gene LSC score" prognostic signature. When the scoring algorithm was applied to five cohorts of AML patients, high scores consistently correlated with poor prognostic factors such as older age, higher initial white blood cell count, and unfavorable cytogenetics. High scores also correlated with resistance to standard induc-

tion chemotherapy, higher rates of relapse, and poor outcomes including inability to achieve complete response, decreased overall survival, and shorter event-free and relapse-free survival. Ng *et al.* proposed that this scoring tool could be applied to guide selection of initial therapy in newly diagnosed patients, specifically to identify high-risk patients not likely to benefit from standard induction chemotherapy.

In this issue of *Haematologica*, Bill *et al.* provide an impressive validation of the 17-gene LSC scoring system using RNA-sequencing data from a large number of patients treated in cooperative group (CALGB) trials.⁸

This work confirms and expands upon the insights published in 2016 by Ng *et al.*, showing the prognostic value of LSC gene expression signatures in an independent large cohort of AML patients. Here, Bill *et al.* apply the 17-gene LSC score to 934 *de novo* AML patients and report the association of the 17-gene LSC score with prognostic clinical parameters, specific AML mutations, and ELN risk classification.

Using unsorted pre-treatment bone marrow and/or peripheral blood specimens, the group conducted transcriptome analysis via RNA-sequencing. The 17-gene LSC score was calculated as the weighted sum of the normalized expression values of the 17 genes included in the signature panel defined by Ng *et al.* The scores derived were then divided into two groups using the median as the cutoff to define “17-gene^{high}” (more LSC-like) and “17-gene^{low}” (less LSC-like) (Figure 1A, B).

Consistent with prior data, allocation into the 17-gene^{high} and 17-gene^{low} groups correlated with known prognostic factors. 17-gene^{low} patients were more often younger (age <60 years) and predominantly had favorable cytogenetic profiles. Bill *et al.* also correlated the 17-gene score with known AML mutations.⁸ Favorable mutations in genes such as *CEBPA*, *GATA2*, and *KIT* were more frequent in patients with a 17-gene^{low} score (Figure 1A) while unfavorable mutations in genes including *ASXL1*, *RUNX1*, and *TP53* occurred more frequently in patients with a 17-gene^{high} score (Figure 1B). Patients with extremely high-risk *EVI1* rearrangements *inv(3)/t(3;3)* were exclusively found in the 17-gene^{high} score group. With respect to mutation burden, more LSC-like AML harbored slightly more mutations, with a median of two among patients with a 17-gene^{low} score and of three among those with a 17-gene^{high} score.

Next, Bill *et al.* assessed outcomes in the groups with 17-gene^{low} and 17-gene^{high} scores. Both groups followed known associations for favorable and poor outcomes (complete remission rate, longer disease-free and overall survival) in, respectively, the younger (Figure 1C) and older cohorts of patients. In addition to validating the prognostic impact of the 17-gene LSC score in a large independent cohort and adding correlations with AML mutations, Bill *et al.* also compared the 17-gene LSC score to AML ELN risk stratification.³

When patients were classified according to the ELN stratification into Favorable-, Intermediate-, and Adverse-risk groups, there were significant differences in ELN risk distribution between the 17-gene^{low} and 17-gene^{high} LSC score patients of different ages. In younger patients with a 17-gene^{low} score, most (66%) were classified as having Favorable-risk, with 14% and 17% classified as having Intermediate- and Adverse-risk, respectively. However, younger patients with a 17-gene^{high} score were spread across the ELN classification: Adverse-risk (41%), Intermediate-risk (32%), and Favorable-risk (26%). In older patients with a 17-gene^{low} score, only 36% were classified in the Favorable-risk group, while 24% had an Intermediate risk and 40% an Adverse risk. By comparison, older patients with a 17-gene^{high} score clustered mainly into the Adverse-risk group (63%), with fewer in the Intermediate- (18%), and Favorable-risk (18%) groups.

When assessing outcomes, the 17-gene LSC score failed to add significant prognostic information to ELN classification in older AML patients, in whom prognosis remains poor across prognostic groups with conventional chemotherapy.

Intriguingly, the data suggest that the 17-gene LSC score can provide additional prognostic value particularly for younger patients who may be currently misclassified as having a favorable risk. Younger patients with an ELN Favorable-risk classification with a high 17-gene LSC score (20% of ELN Favorable-risk patients) have a worse prognosis than would otherwise be expected from the ELN classification alone. This unexpectedly high-risk group of patients epitomizes the rationale for using refined prognostication schemes such as the 17-gene scoring tool, with the goal of tailoring first-line therapy more precisely and identifying populations of patients in need of prospective clinical trials.

The comprehensive RNA-sequencing approach described by Bill *et al.* does have some limitations. From a practical point of view, while pre-treatment cytogenetics as well as genomic profiling for mutations in specific genes have become standards of care for patients with AML, it is premature to recommend universal pre-treatment RNA-sequencing. Future studies in adult AML may validate the prognostic significance of pre-treatment profiling of a limited list of LSC-related genes using more targeted gene expression analysis, as was recently shown using Nanostring technology in pediatric AML.⁹

In a broader perspective, prognosis in any disease is shaped by the efficacy of available therapy. All patients evaluated in the current study by Bill *et al.* received cytarabine/anthracycline-based induction chemotherapy.⁸ Although AML prognosis has traditionally been evaluated in response to cytotoxic chemotherapy, the prognostic impact of ELN genetic risk classification and LSC gene expression signatures will need to be re-evaluated in the context of novel and more targeted therapeutics.

Recently, the BCL-2 inhibitor venetoclax in combination with hypomethylating agents has become a new standard of care for adult patients with AML who are unfit, by virtue of age or comorbidities, to receive intensive chemotherapy.¹⁰ Although many patients still relapse, this combination shows activity in disease often refractory to standard induction chemotherapy, including secondary AML, therapy-related AML, and AML with high-risk cytogenetic and mutation profiles. One explanation for the relatively mutation-agnostic efficacy of venetoclax + azacitidine is the combination's suppression of oxidative phosphorylation and disruption of energy metabolism in LSC.¹¹ The impact of LSC gene expression signatures on prognosis in patients treated with hypomethylating agents + venetoclax has yet to be determined. Similarly, the impact of LSC gene expression signatures on prognosis in *FLT3*-mutated patients may also need to be re-evaluated, as more effective and specific *FLT3* inhibitors enter clinical practice.¹² In general, as more effective therapies are developed that target the fundamental biology of AML, prognostic factors and even post-remission therapies will need to be re-examined.

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Thrombopoietin receptor agonists for the treatment of inherited thrombocytopenia

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The inherited thrombocytopenias are a heterogeneous group of increasingly recognized disorders, which can be associated with bleeding of variable severity. Their prevalence has been estimated to be around 1 in 100,000 of the population,¹ but it is likely that this is an underestimate due to many individuals being undiagnosed, wrongly diagnosed or not recorded on registries after a correct diagnosis. More recently, it has been reported that the prevalence of MYH9-related disorders can be as frequent as 1 in 20,000 of the population.²

The inherited nature of the thrombocytopenias has been recognized for decades, with the main disorders being the May-Hegglin anomaly, and the Sebastien, Fechtner and Epstein syndromes. These disorders were associated with a variable degree of renal impairment, deafness and cataracts. Although initially believed to be different disorders, when the genes responsible were identified, it became clear that all of these syndromes were variants of defects in the same *MYH9* gene encoding for non-muscle myosin heavy chain A.³ The nomenclature was subsequently changed to reflect this, and they are now known as the *MYH9*-related disorders (MYH9-RD).

The recent introduction of high throughput sequencing (HTS), together with the formation of consortia with large numbers of clinicians caring for inherited thrombocytopenia patients, has led to a dramatic increase in the number of genes responsible for the disorder. Inherited thrombocytopenias can be syndromic, predisposing to renal failure, hearing loss and cataracts, as in *MYH9-RD*, while others, such as the *RUNX1*, *ANKRD26* and *ETV6*, can be associated with predisposition to hematologic malignancy.^{4,5}

In contrast to the major advances in the genetic basis of inherited thrombocytopenia, the management of these

disorders has hardly changed, with the main therapeutic decision being whether to transfuse platelets or not. Part of the difficulty is the variability in the number of platelets, as well as the bleeding tendency which is often not directly proportional to the platelet count. A possible explanation for this is the variable and often large size of the platelets in some of these disorders; since hemostatic reactions take place on the cell surface, disorders associated with larger platelets would be expected to be associated with less bleeding. Treatment is usually required when patients are actively bleeding, or to prevent bleeding prior to surgery or invasive procedures.

Platelet transfusions, however, can be problematic because of the potential for adverse events. They carry the risk of transfusion-transmitted infection, alloimmunization with production of platelet specific or HLA antibodies, allergic reactions and transfusion-related acute lung injury (TRALI). As a result, the use of platelet transfusions tends to be avoided if possible, and clinicians use tranexamic acid, sometimes with desmopressin, as non-specific hemostatic agents to treat these patients.

Thrombopoietin receptor agonists have been available for the treatment of immune thrombocytopenia in adults and children for some time. The two products with the longest availability are eltrombopag, which is given orally, and romiplostim, which is administered subcutaneously. In the UK, eltrombopag is available for use in patients with thrombocytopenia of at least six months duration whilst romiplostim is approved for ITP of 12 months duration or more.

In an important initial publication from 2010, Pecci *et al.* showed that eltrombopag could increase the platelet count of patients with *MYH9*-related thrombocytopenia.⁶ Twelve patients with a platelet count of <50x10⁹/L were