## Immune marker changes and risk of multiple myeloma: a nested case-control study using repeated pre-diagnostic blood samples

Florentin Späth, ${ }^{1}$ Carl Wibom, ${ }^{1}$ Esmeralda J. M. Krop, ${ }^{2}$ Antonio Izarra Santamaria, ${ }^{1}$ Ann-Sofie Johansson, ${ }^{1}$ Ingvar A. Bergdahl, ${ }^{3}$ Johan Hultdin, ${ }^{4}$ Roel Vermeulen ${ }^{2 *}$ and Beatrice Melin ${ }^{1 *}$<br>${ }^{1}$ Department of Radiation Sciences, Oncology, Umeå University, Sweden; ${ }^{2}$ Division of Environmental Epidemiology, Institute for Risk Assessment Sciences, Utrecht University, the Netherlands; ${ }^{3}$ Department of Biobank Research, Umeå University, Sweden and ${ }^{4}$ Department of Medical Biosciences, Clinical Chemistry, Umeå University, Sweden<br>* $R V$ and $B M$ contributed equally to this work.

©2019 Ferrata Storti Foundation. This is an open-access paper. doi:10.3324/haematol.2019.216895
Received: January 20, 2019.
Accepted: April 3, 2019.
Pre-published: April 4, 2019.
Correspondence: FLORENTIN SPÄTH - florentin.spaeth@umu.se

## Supplemental Data

# Immune marker changes and risk of multiple myeloma: a nested case-control study using repeated prediagnostic blood samples 

Florentin Späth, Carl Wibom, Esmeralda J. M. Krop, Antonio Izarra Santamaria, Ann-Sofie Johansson, Ingvar A. Bergdahl, Johan Hultdin, Roel Vermeulen, and Beatrice Melin

## Supplementary Methods

## Immune marker measurement

Based on an estimated medium effect size (Cohen's $\mathrm{d}=0.5$ ) power analyses indicated a power above $90 \%$ to replicate previous findings ${ }^{1}$ assuming 65 matched case-control pairs, two tails, and a significance level of 0.05 (Gpower 3.1). Immune markers were measured by a Luminex bead-based multiplex assay from Millipore (USA). Both pre-diagnostic baseline and repeated samples from each study participant were analyzed. Samples from matched cases and controls were included in random order in the same analytical batch to minimize the influence of potential batch-effects on downstream analyses. All samples ( $\mathrm{N}=260$ ) were measured in duplicate and quality control samples were included on every plate. Intra-assay coefficients of variation were: $8.4 \%$ for MCP-3, $9.1 \%$ for MIP-1 $\alpha, 12.4 \%$ for MIP- $1 \beta, 8.7 \%$ for TGF- $\alpha$, 8.4\% for VEGF, 9.8\% for FGF-2, $10.2 \%$ for fractalkine, $12.6 \%$ for IL- $13,8.0 \%$ for TNF- $\alpha$, and $9.3 \%$ for IL-10.

## M-protein assessment

M-protein assessment was performed in both baseline and repeated blood samples of 61 future myeloma cases $\left(\mathrm{N}_{\text {Samples }}=122\right)$. Protein- and immunofixation electrophoresis were applied to detect M-proteins in 122 samples (Sebia, France). A Cobas 8000 analyzer (Roche Diagnostics, Germany) was used to measure the total immunoglobulin ( $\operatorname{Ig}$ ) amount of $\operatorname{IgG}, \operatorname{IgA}$, and $\operatorname{IgM}$ with kits from the same manufacturer and kappa-lambda free light chains (FLCs) with the Freelite ${ }^{\circledR}$ assay (The Binding Site Group Ltd, UK) among
these samples. All analyses were performed by experienced lab technicians. Results were evaluated blinded with respect to the chronological order of the samples. M-proteins of $\operatorname{IgG}$ type were quantified by means of visual inspection, while M-proteins of $\operatorname{IgA}(N=8)$ and $\operatorname{IgM}(N=1)$ type were quantified by the total protein amount of the affected Ig. For definitions of an abnormal FLC ratio and immunoparesis we considered reference values of the hospital's laboratory; abnormal FLC ratio ( $<0.44$ or $>1.99$ ), reference values for Igs were; $\operatorname{IgA}(0.9-4.5 \mathrm{~g} / \mathrm{L}) ; \operatorname{IgG}(6.7-14.5 \mathrm{~g} / \mathrm{L})$; and $\operatorname{IgM}(0.3-2.1 \mathrm{~g} / \mathrm{L})$.

## Statistical analyses

Missing values for measurements below the limit of quantification ( $\mathrm{N}=89 ; 3.4 \%$ of all data points), were multiply imputed after $\log$ transformation. ${ }^{2}$ The imputation model was based on log transformed values for all immune markers, case-control status, and analysis plate. ${ }^{3}$ Extreme concentration data of all markers were winsorized according to the $1^{\text {st }}$ and $99^{\text {th }}$ percentile to reduce their influence. In all statistical analyses body mass index (BMI) and smoking status were included as covariates. Missing values for BMI ( $\mathrm{N}=13$ ) and smoking status $(\mathrm{N}=2)$ at one of the blood draws, were replaced by the corresponding value from the other sampling time point from the same individual.

The applied linear mixed model included case-control status, the interaction term between case-control status and time, BMI, and smoking status as fixed effects. Time represented the duration between sample collection and case diagnosis, i.e. set to zero at the date of the case diagnosis. Intercepts for each individual and matched case-control pairs were included as random effects.

To facilitate comparison with a previous study based on single samples, ${ }^{1}$ immune marker levels found to be significantly different among cases as compared to controls in linear mixed modeling were also analyzed using logistic regression. Concentration data were split into four categories, using the quartiles among controls at baseline as cut-off for baseline and repeated measures. Analyses of the entire cohort were performed by conditional logistic regression, adjusted for BMI and smoking status. Subset analyses, stratified by follow-up time, were performed by non-conditional logistic regression to maintain statistical
power. Non-conditional analyses were adjusted for matching factors, BMI, smoking status, and analysis
plate. Tests for linear trend were calculated using immune marker quartiles as a continuous variable.

## References

1. Vermeulen R, Saberi Hosnijeh F, Bodinier B, et al. Pre-diagnostic blood immune markers, incidence and progression of B-cell lymphoma and multiple myeloma: Univariate and functionally informed multivariate analyses. Int J Cancer. 2018;143(6):1335-1347.
2. Lubin JH, Colt JS, Camann D, et al. Epidemiologic Evaluation of Measurement Data in the Presence of Detection Limits. Environmental Health Perspectives. 2004;112(17):1691-1696.
3. Sterne JAC, White IR, Carlin JB, et al. Multiple imputation for missing data in epidemiological and clinical research: potential and pitfalls. BMJ. 2009;338.

Supplementary Table S1. Selected disease and patient characteristics at diagnosis

|  | Myeloma cases |  |
| :---: | :---: | :---: |
| Characteristics at diagnosis |  |  |
| N (\%) | 65 | (100) |
| Mean age at diagnosis, years (range) | 63.3 | (42-84) |
| Year of diagnosis, n (\%) |  |  |
| 1997-2002 | 12 | (18.4) |
| 2003-2008 | 28 | (43.1) |
| 2009-2013 | 25 | (38.5) |
| International staging system score, n (\%) |  |  |
| I | 35 | (53.8) |
| II | 13 | (20.0) |
| III | 15 | (23.1) |
| Serum M-protein, n (\%) |  |  |
| IgG | 41 | (63.1) |
| $\operatorname{Ig}$ A | 11 | (16.9) |
| IgD | 1 | (1.5) |
| IgM | 1 | (1.5) |
| Normal or subclass unknown | 11 | (17.0) |
| Mean serum M-protein concentration, g/L (SD) | 30.8 | (19.2) |
| Immunoglobulin light chain, n (\%) |  |  |
| Kappa | 36 | (64.3) |
| Lambda | 20 | (35.7) |
| Detectable M-protein in urine, n (\%) | 44 | (67.7) |
| Serum free light chain ratio, n (\%) |  |  |
| Abnormal | 14 | (21.5) |
| Normal | 1 | (1.6) |
| Not performed | 50 | (76.9) |
| Mean clonal bone marrow plasma cells, \% (SD) | 31.4 | (23.0) |
| CRAB features, n (\%) |  |  |
| 0 | 22 | (33.8) |
| 1 | 19 | (29.2) |
| $\geq 2$ | 24 | (37.0) |
| Treatment and follow-up characteristics |  |  |
| Number of treatment lines received, mean (range) | 3.5 | (0-9) |
| Patients that received ASCT, n (\%) | 34 | (52.3) |
| Patients that received proteasome inhibitors, n (\%) | 43 | (66.2) |
| Patients that received immunomodulatory drugs, n (\%) | 39 | (60.0) |
| Disease status of patients deceased and alive by August 2017, n/n (\%/\%) | 39/26 | (60.0/40.0) |
| Complete response | 0/4 | (0/15.4) |
| Very good partial response | $0 / 3$ | (0/11.5) |
| Partial response | 0/4 | (0/15.4) |
| Stable disease | 3/5 | (7.7/19.2) |
| Progressive disease | 35/4 | (89.7/15.4) |
| Smoldering multiple myeloma | 1/6 | (2.6/23.1) |

[^0]Supplementary Table S2. Cut-off values (bold) for repeated marker measures (progressing vs. non-progressing to MM)

| MCP-3 | Sens | 1-Spec | VEGF | Sens | 1-Spec | FGF-2 | Sens | 1-Spec | Fractalkine | Sens | 1-Spec | TGF- $\boldsymbol{\alpha}$ | Sens | 1-Spec |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2,4400 | 1,000 | 1,000 | 42,9500 | 1,000 | 1,000 | 20,3400 | 1,000 | 1,000 | 61,6181 | 1,000 | 1,000 | -,9094 | 1,000 | 1,000 |
| 5,0000 | 1,000 | ,983 | 50,4700 | 1,000 | ,983 | 36,0550 | 1,000 | ,983 | 65,2991 | 1,000 | ,983 | ,1103 | 1,000 | ,983 |
| 7,1123 | 1,000 | ,966 | 77,5966 | 1,000 | ,966 | 64,7550 | 1,000 | ,966 | 92,8900 | 1,000 | ,966 | ,1600 | 1,000 | ,966 |
| 9,7423 | 1,000 | ,948 | 98,4266 | 1,000 | ,948 | 86,4600 | 1,000 | ,948 | 123,2150 | 1,000 | ,948 | ,2100 | 1,000 | ,948 |
| 14,9750 | 1,000 | ,931 | 100,4750 | 1,000 | ,931 | 96,6600 | 1,000 | ,931 | 130,9900 | 1,000 | ,931 | ,2401 | 1,000 | ,931 |
| 18,2263 | 1,000 | ,914 | 104,5500 | 1,000 | ,914 | 102,9450 | 1,000 | ,914 | 135,8550 | 1,000 | ,914 | ,2551 | 1,000 | ,914 |
| 18,8613 | 1,000 | ,897 | 115,4650 | 1,000 | ,897 | 106,9500 | 1,000 | ,897 | 141,7650 | 1,000 | ,897 | ,2613 | 1,000 | ,897 |
| 19,5900 | 1,000 | ,879 | 142,7150 | 1,000 | ,879 | 107,2250 | 1,000 | ,879 | 145,2400 | 1,000 | ,879 | ,3232 | 1,000 | ,879 |
| 19,8800 | 1,000 | ,862 | 162,6000 | 1,000 | ,862 | 107,7900 | 1,000 | ,862 | 151,0600 | 1,000 | ,862 | ,4360 | 1,000 | ,862 |
| 20,6590 | 1,000 | ,845 | 163,9650 | 1,000 | ,845 | 111,4100 | 1,000 | ,845 | 160,9000 | 1,000 | ,845 | ,4971 | 1,000 | ,845 |
| 21,3990 | 1,000 | ,828 | 166,2500 | 1,000 | ,828 | 117,7600 | 1,000 | ,828 | 166,1100 | 1,000 | ,828 | ,5780 | 1,000 | ,828 |
| 21,9100 | 1,000 | ,810 | 169,1850 | 1,000 | ,810 | 126,5950 | 1,000 | ,810 | 179,0450 | 1,000 | ,810 | ,6526 | 1,000 | ,810 |
| 22,3750 | 1,000 | ,793 | 183,8300 | 1,000 | ,793 | 132,7050 | 1,000 | ,793 | 191,8750 | 1,000 | ,793 | ,6726 | 1,000 | ,793 |
| 23,0850 | 1,000 | ,776 | 197,9900 | 1,000 | ,776 | 134,8050 | 1,000 | ,776 | 194,5700 | 1,000 | ,776 | ,7750 | 1,000 | ,776 |
| 23,9550 | 1,000 | ,759 | 204,0900 | 1,000 | ,759 | 136,6100 | 1,000 | ,759 | 198,3250 | 1,000 | ,759 | ,8700 | 1,000 | ,759 |
| 24,9650 | 1,000 | ,741 | 212,2850 | 1,000 | ,741 | 138,1850 | 1,000 | ,741 | 201,3750 | 1,000 | ,741 | ,9050 | 1,000 | ,741 |
| 27,0950 | 1,000 | ,724 | 217,0100 | 1,000 | ,724 | 140,2700 | 1,000 | ,724 | 203,9050 | 1,000 | ,724 | ,9450 | 1,000 | ,724 |
| 28,5650 | 1,000 | ,707 | 219,6450 | 1,000 | ,707 | 143,2600 | 1,000 | ,707 | 208,2200 | 1,000 | ,707 | ,9850 | 1,000 | ,707 |
| 28,8300 | 1,000 | ,690 | 228,8950 | 1,000 | ,690 | 145,6300 | 1,000 | ,690 | 212,7200 | 1,000 | ,690 | 1,0700 | 1,000 | ,690 |
| 29,5800 | 1,000 | ,672 | 247,8450 | 1,000 | ,672 | 147,6450 | 1,000 | ,672 | 216,8400 | 1,000 | ,672 | 1,1500 | 1,000 | ,672 |
| 30,2900 | 1,000 | ,655 | 261,5150 | ,857 | ,672 | 152,3500 | 1,000 | ,655 | 222,6000 | 1,000 | ,655 | 1,1705 | 1,000 | ,655 |
| 30,6900 | 1,000 | ,638 | 266,3850 | ,857 | ,655 | 159,6400 | 1,000 | ,638 | 228,1600 | 1,000 | ,638 | 1,2105 | 1,000 | ,638 |
| 32,3550 | 1,000 | ,621 | 268,0400 | ,857 | ,638 | 165,1950 | 1,000 | ,621 | 231,5100 | 1,000 | ,621 | 1,2950 | 1,000 | ,621 |
| 33,9350 | 1,000 | ,603 | 271,2400 | ,857 | ,621 | 167,8450 | 1,000 | ,603 | 236,0200 | 1,000 | ,603 | 1,3600 | ,857 | ,621 |
| 34,7200 | 1,000 | ,586 | 275,9600 | ,857 | ,603 | 169,7150 | , 857 | ,603 | 248,4650 | 1,000 | ,569 | 1,4550 | ,857 | ,603 |
| 35,3800 | 1,000 | ,569 | 281,3300 | ,857 | ,586 | 173,4450 | ,857 | ,586 | 258,2300 | 1,000 | ,552 | 1,6010 | ,857 | ,586 |
| 37,9400 | 1,000 | ,552 | 285,2550 | ,857 | ,569 | 177,5300 | ,857 | ,569 | 259,5350 | ,857 | ,552 | 1,6910 | ,857 | ,569 |
| 40,5500 | 1,000 | ,534 | 286,0000 | ,857 | ,552 | 178,6950 | ,857 | ,552 | 262,6600 | ,857 | ,534 | 1,7596 | ,857 | ,552 |
| 41,3700 | 1,000 | ,517 | 289,1450 | ,857 | ,534 | 180,0550 | ,857 | ,534 | 269,1000 | ,857 | ,517 | 1,8304 | ,857 | ,534 |
| 42,1200 | 1,000 | ,500 | 294,0050 | ,857 | ,517 | 184,8500 | ,857 | ,517 | 273,6450 | ,857 | ,500 | 1,8758 | ,857 | ,517 |
| 42,2950 | 1,000 | ,483 | 296,3800 | ,857 | ,500 | 188,9750 | ,857 | ,500 | 277,2650 | ,857 | ,483 | 1,9400 | ,857 | ,500 |
| 43,4150 | 1,000 | ,466 | 298,6850 | ,714 | ,500 | 192,2500 | ,857 | ,483 | 283,6100 | ,857 | ,466 | 2,0050 | ,857 | ,483 |
| 44,7850 | 1,000 | ,431 | 302,5300 | ,714 | ,483 | 199,3800 | ,857 | ,466 | 287,7500 | ,857 | ,448 | 2,0450 | ,857 | ,466 |
| 45,4750 | , 857 | ,431 | 304,8700 | ,571 | ,483 | 204,3350 | ,857 | ,448 | 289,0950 | ,857 | ,431 | 2,1400 | ,857 | ,448 |
| 46,8400 | ,857 | ,414 | 306,1350 | ,571 | ,466 | 205,7550 | ,714 | ,448 | 289,6900 | ,857 | ,414 | 2,3250 | ,857 | ,431 |
| 47,9250 | ,857 | ,397 | 307,5900 | ,571 | ,448 | 207,6450 | ,714 | ,431 | 291,6400 | ,857 | ,397 | 2,5250 | ,857 | ,414 |
| 48,5450 | ,714 | ,397 | 314,3450 | ,571 | ,431 | 210,8250 | ,714 | ,414 | 298,7950 | ,714 | ,397 | 2,6650 | ,857 | ,397 |
| 49,1200 | , 571 | , 397 | 323,7800 | ,571 | ,414 | 221,7700 | ,714 | ,397 | 306,2400 | ,714 | ,379 | 3,0300 | ,857 | ,379 |
| 49,2750 | ,571 | ,379 | 328,8650 | ,571 | ,397 | 233,6750 | ,714 | ,379 | 309,8750 | ,571 | ,362 | 3,3550 | ,857 | ,362 |
| 50,1300 | ,571 | ,362 | 332,7600 | ,571 | ,379 | 237,4500 | ,714 | ,362 | 312,0800 | ,571 | ,345 | 3,4050 | ,857 | ,345 |
| 50,9450 | ,429 | ,362 | 338,6900 | ,571 | ,362 | 238,5500 | ,571 | ,362 | 316,7850 | ,571 | ,328 | 3,5300 | ,857 | ,328 |
| 51,7050 | ,429 | ,345 | 347,1900 | ,429 | ,362 | 239,4900 | ,571 | ,345 | 322,2600 | ,571 | ,310 | 3,7200 | ,714 | ,328 |
| 52,9050 | ,286 | ,345 | 354,9550 | ,429 | ,345 | 240,8250 | ,571 | ,328 | 328,8850 | ,571 | ,293 | 3,8550 | ,714 | ,310 |
| 53,7300 | ,286 | ,328 | 358,6250 | ,429 | , 328 | 243,1600 | ,571 | ,310 | 339,2350 | ,571 | ,276 | 3,9050 | ,714 | ,293 |
| 54,8000 | ,286 | ,310 | 360,1350 | ,429 | ,310 | 246,6250 | ,429 | ,310 | 345,9100 | ,571 | ,259 | 3,9450 | ,571 | ,276 |
| 55,6850 | ,286 | ,293 | 368,3050 | ,429 | ,293 | 248,3050 | ,429 | ,293 | 348,4300 | ,429 | ,259 | 3,9800 | ,571 | ,259 |
| 57,0100 | ,286 | ,276 | 375,4250 | ,429 | ,276 | 248,6100 | ,429 | ,276 | 352,4750 | ,429 | ,241 | 4,1450 | ,571 | ,241 |
| 58,2850 | ,286 | ,259 | 376,7900 | ,429 | ,259 | 256,5450 | ,429 | ,259 | 358,1850 | ,429 | ,224 | 4,3550 | ,571 | ,224 |
| 58,5150 | ,286 | ,241 | 397,4950 | ,429 | ,241 | 265,1500 | ,429 | ,241 | 361,4150 | ,286 | ,224 | 4,4400 | ,571 | ,207 |
| 60,3500 | ,143 | ,241 | 425,2250 | ,429 | ,224 | 276,6700 | ,429 | ,224 | 363,4400 | ,286 | ,207 | 4,4650 | ,571 | ,190 |
| 62,1950 | ,143 | ,224 | 437,0850 | ,429 | ,207 | 289,4350 | ,429 | ,207 | 375,0750 | ,143 | ,207 | 4,6650 | ,429 | ,190 |
| 64,0750 | ,143 | ,207 | 440,9900 | ,429 | ,190 | 294,0600 | ,429 | ,190 | 388,1750 | ,143 | ,190 | 4,9500 | ,429 | ,172 |
| 65,9850 | ,000 | ,207 | 441,5450 | ,429 | ,172 | 303,9350 | ,429 | ,172 | 391,9800 | ,143 | ,172 | 5,0550 | ,429 | ,155 |
| 67,5050 | ,000 | ,190 | 441,9750 | ,286 | ,172 | 311,4950 | ,429 | ,155 | 397,3750 | ,143 | ,155 | 5,1700 | ,429 | ,138 |
| 69,4650 | ,000 | , 172 | 443,3000 | ,286 | ,155 | 321,0450 | ,429 | ,138 | 404,2150 | ,143 | ,138 | 5,2850 | ,286 | ,138 |
| 70,6950 | ,000 | ,155 | 444,9950 | ,286 | ,138 | 331,3200 | ,286 | ,138 | 410,1550 | ,000 | ,138 | 5,4150 | ,286 | ,121 |
| 75,5200 | ,000 | ,138 | 462,9800 | ,143 | ,138 | 335,0100 | ,286 | ,121 | 431,2900 | ,000 | ,121 | 5,6200 | ,286 | ,103 |
| 79,9250 | ,000 | ,121 | 498,7900 | ,143 | ,121 | 343,5600 | ,286 | ,103 | 458,3150 | ,000 | ,103 | 5,8550 | ,143 | ,103 |
| 80,6000 | ,000 | ,103 | 535,6050 | ,143 | ,103 | 351,3550 | ,286 | ,086 | 469,8800 | ,000 | ,086 | 6,1850 | ,143 | ,086 |
| 85,7000 | ,000 | ,086 | 559,0350 | ,143 | ,086 | 361,2150 | ,286 | ,069 | 476,4400 | ,000 | ,069 | 6,6650 | ,000 | ,086 |
| 93,0450 | ,000 | ,069 | 578,7400 | ,143 | ,069 | 381,9200 | ,143 | ,069 | 502,0450 | ,000 | ,052 | 7,5300 | ,000 | ,069 |
| 101,2150 | ,000 | ,052 | 608,4000 | ,143 | ,052 | 397,2200 | ,143 | ,052 | 569,2800 | ,000 | ,034 | 8,7050 | ,000 | ,052 |
| 117,1100 | ,000 | ,034 | 630,2900 | ,143 | ,034 | 405,7350 | ,143 | ,034 | 626,6700 | ,000 | ,017 | 9,5650 | ,000 | ,034 |
| 135,1550 | ,000 | ,017 | 637,2200 | ,000 | ,034 | 428,7300 | ,000 | ,034 | 638,8600 | ,000 | ,000 | 12,1100 | ,000 | ,017 |
| 143,7500 | ,000 | ,000 | 666,6700 | ,000 | ,017 | 450,9050 | ,000 | ,017 |  |  |  | 15,4000 | ,000 | ,000 |
|  |  |  | 697,0200 | ,000 | ,000 | 457,1500 | ,000 | ,000 |  |  |  |  |  |  |

Supplementary Table S3. Myeloma risk by immune marker quartiles at baseline and repeated blood sample collection

| Analytes$(\mathrm{pg} / \mathrm{mL})$ | $\begin{gathered} \text { Baseline }^{\mathrm{a}} \\ \mathrm{~N}_{\text {Controls }} \end{gathered}$ | All cases |  | 12-24 ${ }^{\text {c }}$ |  | $\begin{gathered} \text { Repeated }^{\mathrm{a}} \\ \mathrm{~N}_{\text {Controls }} \\ \hline \end{gathered}$ | All cases |  | 0-4 ${ }^{\text {c }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | N | $\mathrm{OR}^{\mathrm{b}}$ (95\% CI) | N | $\mathrm{OR}^{\text {d }}$ (95\% CI) |  | N | OR ${ }^{\text {b }}$ (95\% CI) | N | OR ${ }^{\text {d }}$ (95\% CI) |
| MCP-3 |  |  |  |  |  |  |  |  |  |  |
| $\leq 37.92$ | 16 | 19 | Ref | 11 | Ref | 18 | 26 | Ref | 17 | Ref |
| 37.93-55.25 | 17 | 22 | 1.13 (0.40-3.17) | 14 | 1.61 (0.53-4.93) | 19 | 19 | 0.70 (0.29-1.72) | 10 | 0.61 (0.21-1.76) |
| 55.26-73.66 | 16 | 14 | 0.60 (0.21-1.74) | 7 | 0.37 (0.10-1.41) | 13 | 12 | 0.62 (0.23-1.70) | 4 | 0.35 (0.09-1.36) |
| $\geq 73.67$ | 16 | 10 | 0.42 (0.12-1.46) | 5 | 0.23 (0.05-1.02) | 15 | 8 | 0.38 (0.13-1.09) | 3 | 0.25 (0.06-1.06) |
| $P_{\text {trend }}{ }^{\text {e }}$ |  |  | 0.120 |  | 0.038 |  |  | 0.075 |  | 0.032 |
| VEGF |  |  |  |  |  |  |  |  |  |  |
| $\leq 242.99$ | 16 | 13 | Ref | 7 | Ref | 17 | 19 | Ref | 10 | Ref |
| 243.01-351.88 | 17 | 20 | 1.76 (0.63-4.96) | 11 | 1.79 (0.52-6.19) | 21 | 22 | 0.91 (0.37-2.23) | 17 | 1.39 (0.49-3.93) |
| 351.89-447.66 | 16 | 12 | 0.94 (0.33-2.72) | 6 | 0.92 (0.24-3.54) | 8 | 13 | 1.37 (0.46-4.06) | 5 | 1.18 (0.29-4.83) |
| $\geq 447.67$ | 16 | 20 | 1.65 (0.57-4.78) | 13 | 1.77 (0.50-6.19) | 19 | 11 | 0.51 (0.18-1.41) | 2 | 0.17 (0.03-0.93) |
| $P_{\text {trend }}$ |  |  | 0.591 |  | 0.611 |  |  | 0.293 |  | 0.053 |
| FGF-2 |  |  |  |  |  |  |  |  |  |  |
| $\leq 170.32$ | 16 | 10 | Ref | 5 | Ref | 19 | 25 | Ref | 16 | Ref |
| 170.33-244.05 | 17 | 25 | 2.43 (0.87-6.80) | 14 | 3.13 (0.83-11.82) | 17 | 18 | 0.90 (0.37-2.19) | 12 | 0.88 (0.31-2.52) |
| 244.06-327.49 | 16 | 15 | 1.52 (0.49-4.69) | 8 | 1.72 (0.43-6.95) | 12 | 11 | 0.72 (0.22-2.39) | 4 | 0.37 (0.10-1.46) |
| $\geq 327.50$ | 16 | 15 | 1.44 (0.44-4.69) | 10 | 1.94 (0.48-7.91) | 17 | 11 | 0.50 (0.20-1.31) | 2 | 0.16 (0.03-0.82) |
| $P_{\text {trend }}$ |  |  | 0.756 |  | 0.711 |  |  | 0.158 |  | 0.012 |

Fractalkine

| $\leq 251.50$ | 16 | 16 | Ref | 10 | Ref | 26 | 25 | Ref | 16 | Ref |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $251.51-314.59$ | 17 | 21 | $1.09(0.41-2.90)$ | 11 | $1.14(0.36-3.60)$ | 12 | 17 | $1.48(0.57-3.85)$ | 7 | $1.06(0.33-3.38)$ |
| $314.60-445.94$ | 16 | 20 | $1.32(0.47-3.70)$ | 12 | $1.63(0.50-5.31)$ | 15 | 17 | $1.24(0.53-2.93)$ | 9 | $0.80(0.27-2.36)$ |
| $\geq 445.95$ | 16 | 8 | $0.30(0.07-1.26)$ | 4 | $0.31(0.07-1.35)$ | 12 | 6 | $0.52(0.17-1.61)$ | 2 | $0.28(0.05-1.48)$ |
| $P_{\text {trend }}$ |  |  | 0.291 |  | 0.321 |  |  | 0.491 | 0.183 |  |


| TGF- $\alpha$ |  |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\leq 1.66$ | 16 | 14 | Ref | 7 | Ref | 17 | 25 | Ref | 15 | Ref |
| $1.67-3.13$ | 16 | 19 | $1.31(0.47-3.65)$ | 11 | $1.54(0.45-5.28)$ | 18 | 12 | $0.43(0.16-1.17)$ | 10 | $0.66(0.22-1.97)$ |
| $3.14-5.30$ | 17 | 20 | $1.30(0.43-4.00)$ | 14 | $1.86(0.57-6.11)$ | 16 | 19 | $0.82(0.30-2.27)$ | 7 | $0.47(0.15-1.51)$ |
| $\geq 5.31$ | 16 | 12 | $0.87(0.24-3.10)$ | 5 | $0.58(0.14-2.47)$ | 14 | 9 | $0.38(0.12-1.18)$ | 2 | $0.17(0.03-0.95)$ |
| $P_{\text {trend }}$ |  | 0.828 |  | 0.648 |  |  | 0.226 | 0.030 |  |  |

[^1]Supplementary Table S4. Spearman correlation coefficients among all markers including all samples ( $\mathrm{N}=260$ )

|  | MCP-3 | MIP-1 $\alpha$ | MIP-1 $\beta$ | IL-13 | IL-10 | TNF- $\alpha$ | FGF- 2 | VEGF | TGF- $\alpha$ | Fractalkine |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MCP-3 | 1,000 |  |  |  |  |  |  |  |  |  |
| MIP-1 $\alpha$ | , 649 | 1,000 |  |  |  |  |  |  |  |  |
| MIP-1 $\beta$ | , 604 | , 764 | 1,000 |  |  |  |  |  |  |  |
| IL-13 | , 755 | , 690 | , 523 | 1,000 |  |  |  |  |  |  |
| IL-10 | , 732 | , 750 | , 688 | , 731 | 1,000 |  |  |  |  |  |
| TNF- $\alpha$ | , 576 | , 773 | , 837 | , 514 | , 753 | 1,000 |  |  |  |  |
| FGF-2 | , 722 | , 697 | , 792 | , 503 | , 616 | , 681 | 1,000 | , 825 | 1,000 | , 685 |
| VEGF | , 611 | , 679 | , 729 | , 528 | , 580 | , 611 | , 825000 | , 794 | 1,000 |  |

Supplementary Figure S1. Receiver operating curves (ROC) for prediagnostic repeated measures of immune markers between 58 individuals who progressed to MM and 7 individuals who did not progress until latest clinical follow-up





[^0]:    CRAB, elevated Calcium, Renal failure, Anaemia, Bone lesions; ASCT, autologous stem cell transplant;

[^1]:    ${ }^{\text {a }}$ Baseline and repeated samples categorized into quartiles based on the distribution among controls at baseline.
    ${ }^{\mathrm{b}}$ Odds ratios were calculated by conditional logistic regression adjusted for body mass index and smoking status.
    ${ }^{\text {c }}$ Analyses restricted to myeloma cases with sample collection long and short before diagnosis.
    ${ }^{\mathrm{d}}$ Odds ratios were calculated by non-conditional logistic regression adjusted for age, sex, sample collection date, analysis plate, body mass index, and smoking status.
    ${ }^{\mathrm{e}}$ All $P_{\text {trend }}$ values were calculated by including immune marker quartiles as a continuous variable.

