

Imatinib dose reduction in major molecular response of chronic myeloid leukemia: results from the German Chronic Myeloid Leukemia-Study IV

Christian Michel,^{1*} Andreas Burchert,^{1,*} Andreas Hochhaus,² Susanne Saussele,³ Andreas Neubauer,¹ Michael Lauseker,⁴ Stefan W. Krause,⁵ Hans-Jochem Kolb,⁶ Dieter Kurt Hossfeld,⁷ Christoph Nerl,⁸ Gabriela M. Baerlocher,⁹ Dominik Heim,¹⁰ Tim H Brümmendorf,¹¹ Alice Fabarius,³ Claudia Haferlach,¹² Brigitte Schlegelberger,¹³ Leopold Balleisen,¹⁴ Maria-Elisabeth Goebeler,¹⁵ Mathias Hänel,¹⁶ Anthony Ho,¹⁷ Jolanta Dengler,¹⁸ Christiane Falge,¹⁹ Robert Möhle,²⁰ Stephan Kremers,²¹ Michael Kneba,²² Frank Stegelmann,²³ Claus-Henning Köhne,²⁴ Hans-Walter Lindemann,²⁵ Cornelius F. Waller,²⁶ Karsten Spiekermann,⁶ Wolfgang E. Berdel,²⁷ Lothar Müller,²⁸ Matthias Edinger,²⁹ Jiri Mayer,³⁰ Dietrich W. Beelen,³¹ Martin Bentz,³² Hartmut Link,³³ Bernd Hertenstein,³⁴ Roland Fuchs,¹¹ Martin Wernli,³⁵ Frank Schlegel,³⁶ Rudolf Schlag,³⁷ Maïke de Wit,³⁸ Lorenz Trümper,³⁹ Holger Hebart,⁴⁰ Markus Hahn,⁴¹ Jörg Thomalla,⁴² Christof Scheid,⁴³ Philippe Schafhausen,⁷ Walter Verbeek,⁴⁴ Michael J. Eckart,⁴⁵ Winfried Gassmann,⁴⁶ Michael Schenk,⁴⁷ Peter Brossart,⁴⁸ Thomas Wündisch,¹ Thomas Geer,⁴⁹ Stephan Bildat,⁵⁰ Erhardt Schäfer,⁵¹ Joerg Hasford,⁴ Rüdiger Hehlmann³ and Markus Pfirrmann⁴

¹Universitätsklinikum Gießen und Marburg, Campus Marburg, Klinik für Hämatologie, Onkologie und Immunologie, Philipps Universität Marburg, Germany; ²Klinik für Innere Medizin II, Hämatologie und Internistische Onkologie, Jena, Germany; ³III. Medizinische Klinik, Medizinische Fakultät Mannheim, University Heidelberg, Mannheim, Germany; ⁴Institut für Medizinische Informationsverarbeitung, Biometrie und Epidemiologie, Ludwig-Maximilians-Universität München, Munich, Germany; ⁵Medizinische Klinik 5, Universitätsklinikum, Erlangen, Germany; ⁶Medizinische Klinik III, Universität München, Germany; ⁷Medizinische Klinik, Universitätsklinikum Eppendorf, Hamburg, Germany; ⁸Klinikum Schwabing, Munich, Germany; ⁹Inselspital, Bern, Switzerland; ¹⁰Universitätsspital, Basel, Switzerland; ¹¹RWTH, Aachen, Germany; ¹²MLL, Munich, Germany; ¹³Institut für Humangenetik, MHH, Hannover, Germany; ¹⁴Ev. Krankenhaus, Hamm, Germany; ¹⁵Comprehensive Cancer Center Mainfranken und Medizinische Klinik II, Zentrum für Innere Medizin, Würzburg, Germany; ¹⁶Klinik für Innere Medizin 3, Chemnitz, Germany; ¹⁷Medizinische Klinik V, Universität Heidelberg, Germany; ¹⁸Onkologische Schwerpunktpraxis, Heilbronn, Germany; ¹⁹Medizinische Klinik 5, Klinikum Nürnberg-Nord, Germany; ²⁰Medizinische Abteilung 2, Universitätsklinikum, Tübingen, Germany; ²¹Caritas Krankenhaus, Lebach, Germany; ²²Medizinische Klinik und Poliklinik, Universitätsklinikum Schleswig-Holstein, Kiel, Germany; ²³Klinik für Innere Medizin 3, Universitätsklinikum, Ulm, Germany; ²⁴Universitätsklinik für Onkologie und Hämatologie, Oldenburg, Germany; ²⁵St Marien-Hospital, Hagen, Germany; ²⁶Innere Medizin 1, Universitätsklinikum, Freiburg, Germany; ²⁷Medizinische Klinik A, Universitätsklinikum, Münster, Germany; ²⁸Onkologie Leer Unter Ems, Leer, Germany; ²⁹Klinik und Poliklinik für Innere Medizin 3, Universitätsklinikum, Regensburg, Germany; ³⁰Masaryk University Hospital, Brno, Czech Republic; ³¹Klinik für Knochenmarktransplantation, Essen, Germany; ³²Medizinische Klinik 3, Städtisches Klinikum, Karlsruhe, Germany; ³³Hematology, Medical Oncology, Kaiserslautern, Germany; ³⁴1. Medizinische Klinik, Klinikum Bremen Mitte, Bremen, Germany; ³⁵Kantonsspital, Aarau, Switzerland; ³⁶St Antonius-Hospital, Eschweiler, Germany; ³⁷Hämatologische-Onkologische Schwerpunktpraxis, Würzburg, Germany; ³⁸Klinik für Innere Medizin II, Hämatologie, Onkologie und Palliativmedizin, Vivantes Klinikum Neukölln, Berlin, Germany; ³⁹Klinik für Hämatologie und medizinische Onkologie, Universitätsmedizin, Göttingen, Germany; ⁴⁰Stauferklinikum Schwäbisch Gmünd, Mutlangen, Germany; ⁴¹Onkologie Zentrum, Ansbach, Germany; ⁴²PraxisKlinik für Hämatologie und Onkologie, Koblenz, Germany; ⁴³Klinik 1 für Innere Medizin, Universitätsklinikum, Köln, Germany; ⁴⁴Ambulante Hämatologie und Onkologie, Bonn, Germany; ⁴⁵Internistische Schwerpunktpraxis, Erlangen, Germany; ⁴⁶St Marien-Krankenhaus, Siegen, Germany; ⁴⁷Barmherzige Brüder, Regensburg, Germany; ⁴⁸Medizinische Klinik 3, Universität, Bonn, Germany; ⁴⁹Diakonie, Schwäbisch Hall, Germany; ⁵⁰Medizinische Klinik 2, Herford, Germany and ⁵¹Onkologische Schwerpunktpraxis, Bielefeld, Germany

*CM and AB contributed equally to this work.

©2019 Ferrata Storti Foundation. This is an open-access paper. doi:10.3324/haematol.2018.206797

Received: September 23, 2018.

Accepted: November 22, 2018.

Pre-published: December 4, 2018.

Correspondence: ANDREAS BURCHERT burchert@staff.uni-marburg.de

Supplementary material

Molecular analyses

Molecular diagnostics for residual BCR-ABL transcripts followed the procedures and definitions of Hughes et al. ¹ and Cross et al. ² and were performed in two standardized and accredited laboratories with defined conversion factors for equivalence of tests (Mannheim and MLL Munich) ³.

The analysis of molecular end points was restricted to patients expressing b2a2 and/or b3a2 transcripts. MMR, MR⁴ and MR^{4.5} were defined as previously described ^{2, 4}.

To be considered for this analysis, in accordance with its meaning for later deep MR, the last molecular response in the high-dose treatment interval before reduction to 400 mg/day had to be at least MMR. Results of molecular samples taken within one month after stopping high-dose treatment were still attributed to the high-dose therapy. Molecular diagnostics dating from one month after start of reduced imatinib therapy with 400 mg/day to 14 days after end of reduced therapy were rated as results linkable to the reduction period. This fortnight was not considered, if end of reduction therapy meant the restart of 600 or 800 mg/day or start of a second-generation TKI. Treatment breaks within the reduction period of not more than six weeks were acceptable and not particularly considered. In contrast, treatment breaks of more than six weeks were not regarded as a part of the reduced-treatment interval. In this situation, only the first period with reduced therapy was evaluated with regard to continued molecular response.

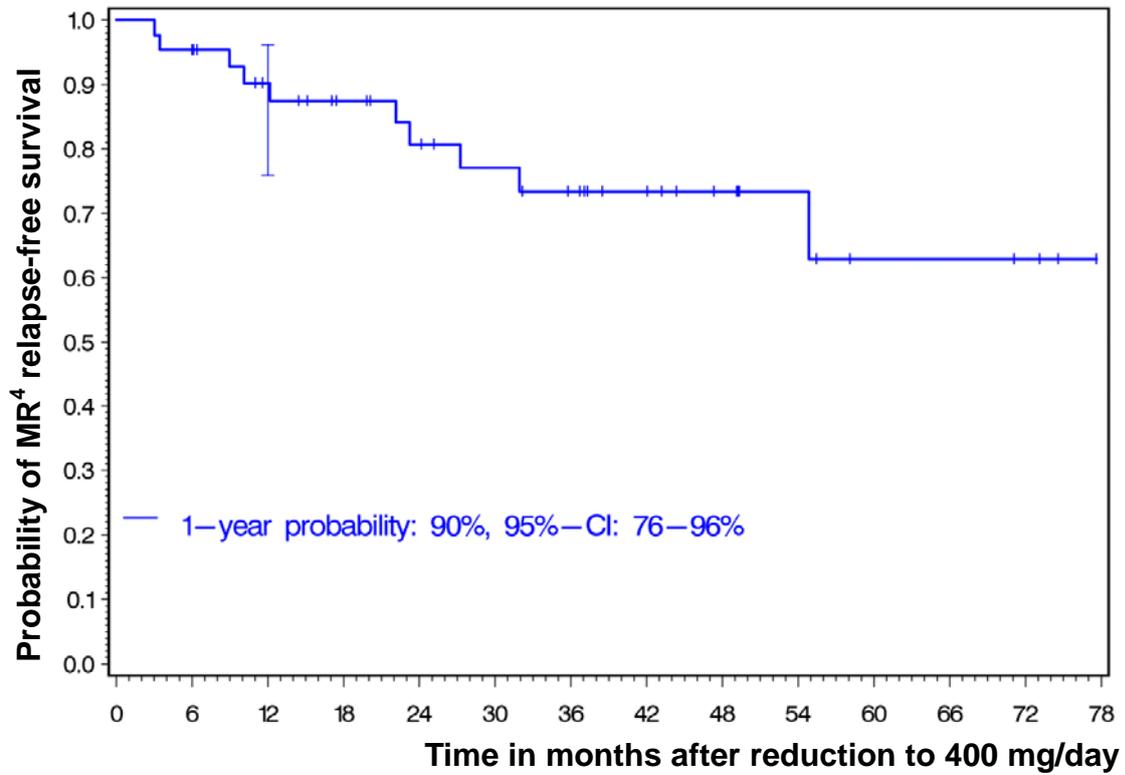
Supplementary Table 1. Characteristics of the 68 patients included in the study

Characteristic, unit	Median (range) or n (%)	Mean (standard deviation)
Variables recorded at diagnosis		
Age (years)	52 (20-81)	50 (13)
Sex (number and proportion of males)	48 (71%)	
Spleen size cm below costal margin (cm)	2 (0-18)	3 (4)
White blood cell count (x10 ⁹ /L)	74 (3-497)	111 (111)
Blasts in peripheral blood (%)	0 (0-12)	2 (2)
Eosinophils in peripheral blood (%)	2 (0-16)	3 (3)
Basophils in peripheral blood (%)	3 (0-19)	4 (4)
Platelet count (x10 ⁹ /L)	358 (123-1535)	417 (247)
Sokal score		
Low risk	29 (43%)	
Intermediate risk	27 (40%)	
High risk	12 (18%)	
Euro score		
Low risk	30 (44%)	
Intermediate risk	34 (50%)	
High risk	4 (6%)	
EUTOS score		
Low risk	62 (91%)	
High risk	6 (9%)	
ELTS Score		
Low risk	44 (65%)	
Intermediate risk	19 (28%)	
High risk	5 (7%)	

Variables recorded under treatment		
Time with 800mg dosage, months	31 (6-98)	35 (20)
Time from start of 800mg until MMR, months	5 (0-23)	7 (5)
Time from MMR until end of 800mg, months	23 (0-93)	28 (20)
Time with 400mg dosage, months	34 (6-78)	32 (19)

MMR=Major molecular remission.

Supplementary Figure 1. Probability of MR⁴ relapse-free survival after dose reduction to imatinib at 400mg / day (n=43 pat., at least in MR⁴, at stop of high-dose treatment)



Number of patients still at risk (n) at different months of observation

Months	0	12	24	36	48	60	72	78
Patients at risk, n	43	33	24	18	10	4	3	0

1. Hughes T, Deininger M, Hochhaus A, et al. Monitoring CML patients responding to treatment with tyrosine kinase inhibitors: review and recommendations for harmonizing current methodology for detecting BCR-ABL transcripts and kinase domain mutations and for expressing results. *Blood*. 2006;108(1):28-37.
2. Cross NC, White HE, Muller MC, Saglio G, Hochhaus A. Standardized definitions of molecular response in chronic myeloid leukemia. *Leukemia*. 2012;26(10):2172-2175.
3. Muller MC, Cross NC, Erben P, et al. Harmonization of molecular monitoring of CML therapy in Europe. *Leukemia*. 2009;23(11):1957-1963.
4. Branford S, Fletcher L, Cross NC, et al. Desirable performance characteristics for BCR-ABL measurement on an international reporting scale to allow consistent interpretation of individual patient response and comparison of response rates between clinical trials. *Blood*. 2008;112(8):3330-3338.