

# Assessment of compliance with cytoreductive and antithrombotic treatments in patients with polycythemia vera or essential thrombocythemia



256 Patients with polycythemia vera (n=136) or essential thrombocythemia (n=150) receiving cytoreductive drugs for more than 6 months

Group 1



Oral treatment (n=233)

Group 2



Subcutaneous treatment (n=53)



1-year follow-up



One-shot questionnaire to assess treatment adherence

## Non-adherence

	Whole cohort	Group 1	Group 2	
• Cytoreductive drugs	22.7% (65/286)	23.6% (55/233)	18.9% (10/53)	p=0.46
• Antithrombotic drugs	16.1% (46/286)	15.2% (33/233)	27.1% (13/53)	p=0.055
• Both	9.1% (26/286)	9% (21/233)	9.4% (5/53)	

## Reasons for non-adherence

