

α_1 -antitrypsin Pittsburgh in a family with bleeding tendency

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ABSTRACT

We describe a 16-year-old girl and her 41-year-old father who both had a bleeding tendency, dramatic prolongation of all standard clotting assays, undetectable levels of plasma protein C activity, and low or borderline levels of factors X, XI and XII. Plasma and serum electrophoresis revealed a minor peak following the main α_1 globulin peak, of which the proportion was increased. Platelet aggregation by thrombin (final concentration 1 U/mL) was absent in both patients, but this inhibition can be overcome by increasing the concentration of thrombin (4 U/mL). The molecular defect responsible for these coagulation abnormalities was identified by genomic sequencing. Both patients are heterozygous for α_1 -antitrypsin Met 358 to Arg (α_1 -antitrypsin Pittsburgh). Seven

other members of this pedigree had normal coagulation tests and do not carry the same genetic mutation. This unique family with α_1 -antitrypsin Pittsburgh sheds some light on the study of this extremely rare mutation and its inheritance.

Key words: α_1 -antitrypsin Pittsburgh, bleeding, inheritance, mutation.

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Introduction

α_1 -antitrypsin Pittsburgh (α_1 -AT-P), initially designated antithrombin Pittsburgh,¹ was characterized as Met 358 to Arg substitution at the reactive Met-Ser site of α_1 -antitrypsin (α_1 -AT) in 1983 in the plasma of a boy who had died at the age of 14 of a severe bleeding disorder.² This variant of α_1 -AT allows the protein to function as a potent thrombin inhibitor, thus displaying strong functional analogy with the physiological clotting inhibitor antithrombin III (AT-III), whose reactive site consists of an Arg-Ser bond. Hence the mutation explained the index patient's recurrent and ultimately fatal hemorrhagic diathesis. To date, only 2 individuals with α_1 -AT-P have been described.^{1,3} Both patients had the same genetic mutation, even though the hemorrhagic manifestations were different. The second case also had a protein C deficiency (13%), which may contribute to the *in vivo* hemostatic balance.³ His bleeding tendency was mild only manifesting at the age of 17 after an increase in the level of the mutant enzyme, which is an acute phase reactant. Neither of these cases had a family history of spontaneous bleeding.

We suspected the presence of a similar abnormality in a 16-year-old girl whose routine test before and after surgery revealed markedly impaired coagulation and profoundly decreased plasma protein C activity. Her father showed similar

results on his coagulation profile. We were able to confirm the presence in heterozygosity of the Met 358 to Arg mutation, α_1 -AT-P, by genomic DNA analysis both in the girl and her father.

Design and Methods

Case reports

The hemostatic abnormality was discovered during a routine pre-operative laboratory investigation of a 16-year-old Chinese girl (Figure 1 III-2) suffering from rupture of a left ovarian corpus luteum, and presenting with prolonged activated partial thromboplastin time (APTT), prothrombin time (PT), and thrombin time (TT). Repair of the ovary was performed, and two hematomas developed in her pelvic cavity 36 h after the operation. Her hemoglobin dropped to 66 g/L, and she was transferred to intensive care. Whole blood, fresh frozen plasma or cryoprecipitate partially corrected the coagulation tests temporarily; 30 mg of protamine had no effect. Her condition was stabilized after six weeks of intermittent treatment. She received regular ultrasound examination, which revealed the development of a hematoma in her right ovary. Initially measuring 3.5×2.4 cm, it reduced to 1.1×1.2 cm within 20 days. To date, the hematomas have not been completely re-absorbed. The patient had no previous history of soft tissue hematoma, hematuria, melena or menorrhagia.

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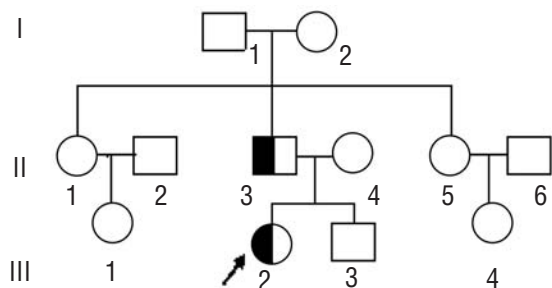


Figure 1. Pedigree of the family with α_1 -antitrypsin Pittsburgh. White square and circle, healthy male and female; half darkened square and circle, affected male and female. Arrow: proband.

Laboratory evaluation included platelet count, antinuclear antibodies (ANA), double strands DNA (ds-DNA), extracted nuclear antigens (ENA), anticardiolipin antibodies (ACA), all of which were normal.

Her father, a 41-year-old Chinese (Figure 1 II-3), has a positive bleeding history and shares a similar coagulation abnormality with his daughter. At the age of 14 he developed a hematoma in his buttock after a severe fall onto hard ground.

Subsequently, and in response to trauma, aged 15 and 24 respectively, he developed a hematoma in his forearm and in his calf. These bleeding episodes were controlled by whole blood transfusion. He had undergone a blood evaluation and was found to have low levels of factor VIII and IX activity. Three years ago he experienced melena after heavy alcohol consumption but recovered after blood transfusion. He had no history of joint bleeding. Bleeding from minor wounds usually ceased after compression without need for further management. We suspected a hereditary disorder in this family resulting in the presence of a strong coagulation inhibitor in plasma, as the coagulation abnormalities were not corrected by mixing studies. After acquiring appropriate informed consent, peripheral venous blood was drawn from a total of 9 members of this pedigree (Figure 1). None of the other family members, including the girl's mother and younger brother, had bleeding histories. Three of them had no excessive bleeding after moderate or major surgery.

Coagulation assays

All plasma clotting assays were performed using commercial reagents from Diagnostica Stago (Asnières, France) for Factors II, V, VII, VIII, IX, X, XI, XII, and for PT, APTT, TT, Fibrinogen, and reptilase time (RT).

AT-III and protein C activities were measured using the synthetic chromogenic substrate method (SACHROM® AT III and PROTEIN C). Protein S activity was evaluated by a clotting assay (STACLOT® PROTEIN S).

Platelet aggregation was evaluated by aggregometry (CHRONO-LOG, USA).

Protein studies

Serum and plasma electrophoresis was performed using capillary system (SEBIA, France).

Amplification of α_1 -AT Pittsburgh by polymerase chain reaction

Genomic DNA was isolated from peripheral blood leukocyte using QIAamp DNA Mini Kit (QIAGEN, Germany), and the target sequence from position 9706 to 10261 in the numbering system of Long *et al.* was amplified.⁴

PCR amplification was performed in reaction mixtures of 100 μ L final volume: 4 μ L of the DNA template preparation (0.1 μ g/ μ L), 8 μ L dNTP mixture (2.5 mmol/L), 4 μ L each primer (10 pmol/L), and I U Ex Taq polymerase. The sense primer (AT-F) had the sequence 5'-GCTCTCCCTGTTCTGAGTTGT-3', and the anti-sense primer (AT-R) 5'-ATGGGAGGGATTACAGT-CACA-3'. Initial denaturation was performed at 95°C for 5 min, followed by 35 cycles of 95°C for 30s, 60°C for 30 s and 72°C for 40 s. The final extension was performed at 72°C for 7 min and the reaction was terminated at 4°C.

DNA sequencing

The 556bp PCR products were purified and both strands were sequenced using BigDye® Terminator v3.1 Cycle Sequencing Kit® (Applied Biosystems, Foster City, CA, USA), in an ABI 3730 DNA Sequencer (Applied Biosystems).

Results and Discussion

Coagulation assays

Laboratory findings are summarized in Table 1. The results of coagulation tests suggested the presence of a potent coagulation inhibitor in the plasma samples of the girl and her father, because they showed no correction by 50:50 mixing with normal pool plasma. Both the father and the daughter had similar and parallel results in coagulation assays. Factors II, V and VII were normal. The activity of factors VIII, IX, X, XI, XII was less than normal. However, the results of Factor VIII and IX activity were within the normal range when performed on further dilution of samples. AT III activities were increased in both affected cases. Even though the protein S activities were low, they increased to the normal range when further dilutions were made.

Protein C activity was undetectable in both patients and there was no change on further dilution of test plasma.

Platelet aggregation

Platelet aggregation by thrombin (final concentration 1 U/mL) was absent in both patients when measured using aggregometry. Their platelet rich plasma (PRP) could inhibit thrombin aggregation of normal PRP. But this inhibition could be overcome by increasing the concentration of thrombin. In both cases PRP had a good aggregation response to adenosine diphosphate (ADP, final concentration 10 μ M). Other members of this pedigree had normal coagulation test results and platelet aggregation results.

Protein studies

Serum and plasma electrophoresis on capillary showed that both father and daughter had a higher proportion of α₁-globulin (6.0% and 5.7% for the father, 5.6% and 6.8% for daughter, normal 2.2-4.8%). Electrophoresis pictures showed a minor peak following the main α₁-globulin peak. The girl's mother and younger brother had normal proportion and electrophoretic traces of α₁-globulin. All of them had normal levels of prealbumin and complement C3.

Genetic studies

T to G substitution at nucleotide 10038 in the α₁-AT gene encoding for the reactive site of the serpin was identified by direct sequencing of amplified DNA from the girl and her father. They are both heterozygous for this substitution, which generates an AGG codon instead of an ATG codon at position 358 of the mature protein and is pathognomonic for α₁-AT-P. This confirmed our speculation that all the coagulation abnormalities resulted from the presence of α₁-AT-P with

marked inhibition of thrombin, FXa and protein C.

Furthermore, all the coding regions of the α₁-AT gene, as well as the intron/exon junctions, were sequenced. No other mutation was found in these patients. The other 7 family members did not carry any genetic mutation in their α₁-AT genes.

α₁-antitrypsin-Pittsburgh is a spontaneously occurring point mutation of α₁-antitrypsin in which methionine-358, the reactive center of the molecule, is substituted by an arginine residue, causing a loss of antielastase activity and a marked increase in the antithrombin properties of the inhibitor. The P1 arginine residue is required for the maximal thrombin inhibition of α₁-proteinase inhibitor.⁵ This mutation was first observed in a patient from Pittsburgh.^{1,2}

Previous to this paper, only two individuals with α₁-AT-P have been described.^{1,3} Neither had a family history of a bleeding diathesis, suggesting that a new mutation occurred either during gamete formation in one of their progenitors, or during the first steps of embryogenesis.³ Our patients are the first family group with the

Table 1. Laboratory findings.

Assays	I1	I2	II1	II3	II4	II5	III1	III2	III3	Reference range
APTT (s)	38.2	38.2	39.1	>180	33.3	36.9	38.3	>180	37.7	28.0-43.5
1:1mix				73.2				99.9		
PT (s)	12.8	12.4	12.9	17.2	12.7	12.6	13.4	19.2	12.9	11.5-15.5
1:1mix				13.6				13.9		
TT (s)	16.8	17.2	16.2	>240	16.0	15.6	14.3	>240	16.2	11.0-19.0
1:1mix				>240				>240		
Fg (g L ⁻¹)	3.98	3.82	4.19	2.9	3.30	3.12	2.28	3.87	2.99	2.0-4.0
DRVVT (s)	38.7	30.9	35.7	102.3	32.3	27.0	29.4	99.8	29.9	27.0-41.0
1:1mix				57.6				53.5		
RT (s)	16.5	16.9	15.7	15.9	15.6	14.9	17.3	16.0	15.2	11.0-19.0
FVIII:C (%)	119	125	148	16	106	81	88	10	77	50-150
FIX (%)	137	128	137	22	108	101	92	9	89	50-150
FXI (%)	107	141	145	12	99	106	91	2	123	50-150
FXII (%)	90	68	110	36	97	99	82	20	92	50-150
FII (%)	102	98	126	88	97	101	83	77	94	50-150
FV (%)	73	127	90	76	114	120	91	95	106	50-150
FVII (%)	117	106	143	98	112	108	90	93	109	50-150
FX (%)	97	74	107	41	90	84	60	36	90	50-150
AT-III (%)	121	122	125	190	116	131	102	200	132	89-130
PC (%)	161	121	155	0	113	142	111	0	107	69-151
PS (%)	73	83	71	25	95	77	65	30	87	52-139
FDP	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg	Neg
DD (μg mL ⁻¹)	0.12	0.08	0.1	0.07	0.11	0.05	0.16	0.1	0.09	<0.2
PAGT (%)										
ADP (10 μM [†])	73	71	87	51	85	82	83	62	79	50-100
Thrombin										
1 U/mL [‡]	108	94	100	0	101	95	93	0	100	60-100
2U/mL [‡]	–	–	–	1	–	–	–	2	–	–
3U/mL [‡]	–	–	–	10	–	–	–	9	–	–
4U/mL [‡]	–	–	–	85	–	–	–	88	–	–

APTT: activated partial thromboplastin time; mix, mixed study; PT: prothrombin time; TT: thrombin time; Fg: fibrinogen; DRVVT: dilute Russell viper venom time; RT: reptilase time; AT-III, antithrombin-III; PC: protein C; PS: protein S; FDP: fibrinogen degradation product; Neg: negative; DD: D-dimer; PAGT: platelet aggregation test; ADP: adenosine diphosphate; †: final concentration.

condition. Both the girl and her father are heterozygous for the causative T to G mutation. The girl's mother is normal. Hence the defective allele in the girl must be inherited from her father, which proves that α_1 -AT-P is inherited in an autosomal dominant manner.

Comparison of our cases with the 2 previously recorded cases of α_1 -AT-P reveals a strong similarity with the second case, where the patient displayed a mild bleeding tendency with a first episode at the age of 17. Protein C deficiency was observed both in the second case and our patients, which might explain the maintenance of *in vivo* hemostatic balance as was postulated by Brennan *et al.*² This concept was further supported by biochemical studies in which α_1 -AT was described as a physiological inhibitor of activated protein C (APC).⁶ Furthermore, it was reported that the substitution of Met358 by Arg in the reactive center of α_1 -AT resulted in an increase of over 4,400-fold in the association rate constant for activated APC, and at least 4,000-fold for thrombin.⁷

Using DGGE screening, Emmerich *et al.* failed to identify an abnormality on the second patient's protein C gene, but found that the strong affinity of mutant α_1 -AT for protein C leads to an increased turnover and thus to a low circulating level.⁸

A protease responsible for the intracellular processing of precursor polypeptides is also inhibited by the mutated α_1 -AT.⁹ Its coexpression with complement C3 and albumin in transfected cells leads to the inhibition of propeptide cleavage.¹⁰ But the serum levels of C3 and prealbumin in our patients proved to be normal when tested by chemical methods. Other coagulation factors except factors X, XI, and XII were found to have markedly reduced activities in clotting assays performed with the patients' plasma, most likely due to the presence of the mutant inhibitor. Factor X, XI, and XII are also inhibited by α_1 -AT-P.^{3,11} The minor peak following

the main α_1 -globulin peak in our electrophoresis pictures may be the complexes of α_1 -AT-P and its target proteins, such as thrombin and/or APC. APC/ α_1 -AT complexes were found in the plasma of the previously reported second patient.⁸ Bleeding manifestations in index cases and our patients occurred after trauma, which induced an increase in the level of the mutant enzyme that is an acute phase reactant. In the second patient, levels of the abnormal coagulation inhibitor rose to more than twice baseline values during the acute episode.⁸ This would be a particularly strong challenge for our young female patient, as she ovulates regularly, and has a high risk of bleeding in each cycle. Indeed, after the presenting episode, we observed that a new hematoma had developed in her right ovary.

In conclusion, the cases of α_1 -AT-P we describe here provide new insights into the consequences of this single amino acid substitution, and the manner in which this bleeding disorder is inherited. It also supports the hypothesis that the mutation results in *in vivo* consequences which contribute to maintain a normal hemostatic balanced out with episodes of trauma, follicle rupture or surgery. It will be mandatory to prescribe an estro-progestative pill to avoid further follicle ruptures and associated life threatening bleeding for the girl.

Authorship and Disclosures

BLH designed research, performed research, analyzed data, and wrote the paper; YL performed gene research and analyzed data; LKF performed coagulation assays, and analyzed data; YOZ designed research, analyzed data, and wrote the paper; EGDT designed research and revised the manuscript.

The authors declare no conflicts of interest.

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