

## Anti-interleukin 6 receptor antibody tocilizumab reduces the level of serum hepcidin in patients with multicentric Castleman's disease

**We report two cases of multicentric Castleman's disease (MCD) whose serum hepcidin levels were rapidly down-regulated by administration of tocilizumab, an anti-interleukin 6 (IL-6) receptor antibody. Our results indicate that IL-6-induced hepcidin over-production may be involved in the pathophysiology of microcytic anemia commonly observed in this disease.**

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MCD is a rare lymphoproliferative disorder with systemic manifestations, and over-production of IL-6 has been suggested to be a key event in its pathogenesis.<sup>1-3</sup> Recently, tocilizumab (Chugai Pharmaceutical, Tokyo, Japan), which competitively blocks IL-6 binding to its receptor, has been successfully used to alleviate MCD symptoms.<sup>4</sup> IL-6 up-regulates hepatic expression of hepcidin, a key regulator of iron metabolism<sup>5-7</sup> by blocking the release of iron from macrophages and down-regulating iron uptake from the intestine.<sup>8</sup> We monitored the level of serum hepcidin-25, the major active form of hepcidin, in two MCD patients receiving their initial dose of tocilizumab at Kyoto University Hospital. Tocilizumab (8 mg/kg body weight) was administered intravenously at 2-week intervals. Serum hepcidin-25 was semi-quantitatively analyzed using SELDI-TOF mass-spectrometry as described previously.<sup>9</sup> To compensate for variations in sample concentrations, serum profilings were normalized by total ion current using Biomarker Wizard (CIPHERGEN ProteinChip Software 3.1.1), and the peak intensity at 2,789 was shown as arbitrary unit (AU); the range in healthy volunteers was 0-25 AU). This study was approved by the Ethics Committee of Kyoto University Graduate School and the Faculty of Medicine. Written informed consent was obtained from each patient.

Case #1 was a 24 years old woman previously treated with corticosteroids for three years. On admission, her Hb was 4.5 g/dL, mean corpuscular volume (MCV) was

69 fL, CRP was 28.9 mg/dL (normal range <0.2 mg/dL), serum iron was 9 µg/dL (40-148 µg/dL) and ferritin was 151.4 ng/ml (14-150 ng/mL). On admission, she was taking 15 mg oral prednisolone daily, and this was continued after administration of tocilizumab. No blood transfusions were given after this administration.

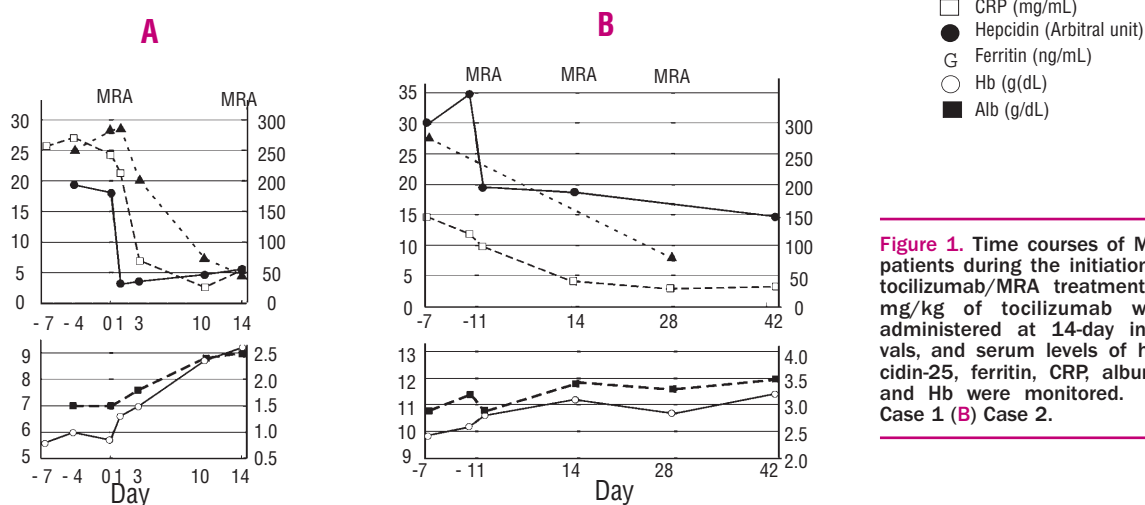
Case #2 was a 32 years old woman who had been receiving a series of corticosteroid treatments as well as combination chemotherapy since she was diagnosed with MCD at the age of 19. On admission, her Hb was 9.8 g/dL, MCV was 82 fL, CRP was 14.6 mg/dL, serum iron was 39 µg/dL and ferritin was 327 ng/mL. She was taking 10 mg oral prednisolone daily and 50 mg cyclophosphamide every alternate day and these medications were continued after administration of tocilizumab.

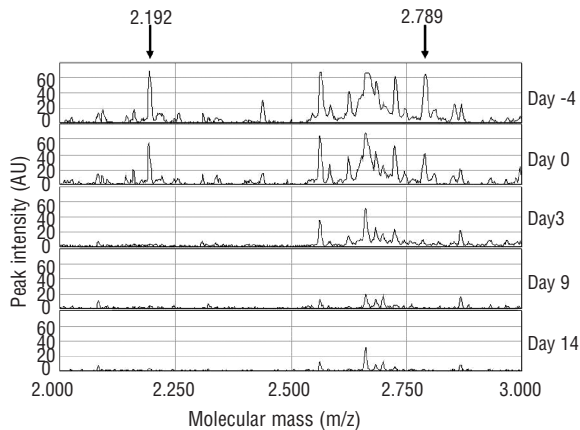
In both cases, serum IL-6 levels (normal range <4 pg/mL) were highly elevated on admission, and levels increased further after administration of tocilizumab (215 pg/mL before administration and 1,390 pg/mL on day 14 in Case #1; 15.2 pg/mL before and 411 pg/mL on day 14 in Case #2). In a previous report,<sup>10</sup> tocilizumab competitively inhibited IL-6 binding to its receptor, resulting in IL-6 accumulation in serum. In both cases, the level of serum hepcidin-25 dramatically dropped within 24 h after the first dose of tocilizumab (from 18 to 3 AU in Case #1; from 35 to 19 AU in Case #2), followed by gradual decreases in CRP and serum ferritin and gradual increases of Hb and serum albumin (Figure 1).

These results indicate that if the IL-6 pathway is properly blocked, the serum hepcidin-25 level decreases rapidly despite very high serum IL-6 levels. In Case #1, urine samples were also applied to the hepcidin assay. Clear peaks corresponding to hepcidin-20 and -25 detected before tocilizumab administration disappeared after treatment (Figure 2).

Interestingly, the serum hepcidin level in Case #1 was lower than that in Case #2 despite the much higher serum IL-6 level in Case #1. This may reflect the complexity of the mechanisms regulating serum levels of hepcidin. IL-6 and other factors, such as body iron status and erythropoietic activity, could influence hepcidin expression.<sup>8</sup>

Down-regulation of hepcidin by very severe anemia may have counteracted the effect of IL-6 on hepcidin pro-





**Figure 2.** Urinary profile of case 1 showed a range of 2,000 to 3,000 m/z before and after the initial dose of tocilizumab. The peaks at 2,192 and 2,789 m/z corresponding to hepcidin-20 and hepcidin-25 respectively disappeared after day 3.

duction in Case #1. After 3 months of tocilizumab treatment, Hb increased to 12.3 and 13.0 g/dL in cases #1 and #2 respectively. Our results indicate that inappropriate production of hepcidin, possibly related to the pathophysiology of microcytic anemia in MCD, can be reversed quickly by blocking the IL-6 pathway with tocilizumab.

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