

ening and enhancement of meninges, the biopsy-proven MM recurrence in extramedullary sites, and the absence of viruses in CSF suggested that myeloma cells had involved the central nervous system (CNS).

Extramedullary manifestations such as multiple plasmacytomas with minimal or no monoclonal component were reported in 14% of patients after autologous HSCT from the Spanish Registry<sup>1</sup> and in a few cases after allogeneic transplantation.<sup>2</sup> Localizations of MM in CNS are even rarer; they usually appear as a terminal event of a progressive systemic disease, although a few cases of CNS relapse without overt medullary plasmacytosis have been reported.<sup>3,4</sup> Recently, the Arkansas group<sup>5</sup> reported on 18 MM patients who relapsed with CNS involvement after HSCT, for an overall incidence of approximately 1%. The prognosis of these patients is very poor,<sup>5,6</sup> despite the use of aggressive local and systemic treatment, including autologous stem cell transplantation. Extramedullary recurrences in sites other than the CNS were reported to respond successfully to thalidomide treatment by Biagi;<sup>6</sup> however, the group of Bladé<sup>7</sup> described progression of soft-tissue masses in 11 patients treated with thalidomide.

In our case, the patient received radiotherapy to the 9<sup>th</sup> thoracic vertebra and then bortezomib, with disappearance of the cranial nerve palsies and the masses involving the ribs. Bortezomib is a proteasome inhibitor<sup>8</sup> that has been reported to induce responses in about one-third of patients with refractory or relapsed MM.<sup>9</sup> Bortezomib has an extensive tissue penetration; however, data from studies conducted in non-human primates have indicated that bortezomib does not penetrate into the CNS or into various regions of the eye.<sup>10</sup>

This is the first report on the activity of this promising agent on extramedullary plasmacytomas. The resolution of all neurological symptoms and signs and the normalization of cerebral MR images could also be due to an immunological graft-versus-myeloma (GVM) effect; however, since the patient did not develop clinical GVHD, a GVM effect is unlikely and bortezomib's activity in the rare CNS localizations of MM should be confirmed by further pharmacokinetic and clinical studies.

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## Monoclonal Gammopathies

### Advanced Waldenström's macroglobulinemia: usefulness of Morel's scoring system in establishing prognosis

**New treatments for patients with Waldenström's macroglobulinemia (WM) have necessitated the development of prognostic indices. Using a sample of 92 patients with refractory or relapsing WM treated in a randomized trial, we show that Morel's prognostic scoring system for patients at diagnosis is also effective in patients with advanced disease.**

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In Waldenström's macroglobulinemia (WM), alkylating agents, alone or combined with corticosteroids, used to be the first line treatment for patients with symptomatic disease.<sup>1</sup> However, preliminary results suggest that fludarabine is effective in 30 to 40% of previously treated patients.<sup>2</sup> Therefore, we conducted a randomized multicenter clinical trial comparing the efficacy of fludarabine to that of the cyclophosphamide-doxorubicin-prednisone combination in 92 patients with WM in first relapse or with primary refractory disease.<sup>3</sup> Two prognostic studies, concerning only newly diagnosed patients, have been recently proposed by Dhodapkar<sup>4</sup> and our group.<sup>5</sup> In order to test the external validity of these staging systems for patients with relapsing WM or primary refractory disease, we applied them to our cohort of 92 patients. The clinical characteristics of the 92 patients have been reported elsewhere. In brief, 46 patients were randomized in each arm and assigned to receive 6 courses of either CAP (cyclophosphamide, doxorubicin, prednisone) or fludarabine. Fifty patients were in first relapse and 42 patients had primary resistant disease. There was no difference in overall survival between the two arms.<sup>3</sup> With actualized data at the reference date of the 1<sup>st</sup> June 2004, the conclusions of the comparison were not modified. Survival was measured from randomization to death or last follow-up, using 01/06/2004 as the reference date. Survival curves were plotted using the Kaplan-Meier method<sup>6</sup> and compared by log-rank tests. The following predictors were tested: age  $\leq$  65 years, male gender, general status (WHO) of 2 or more, presence of peripheral

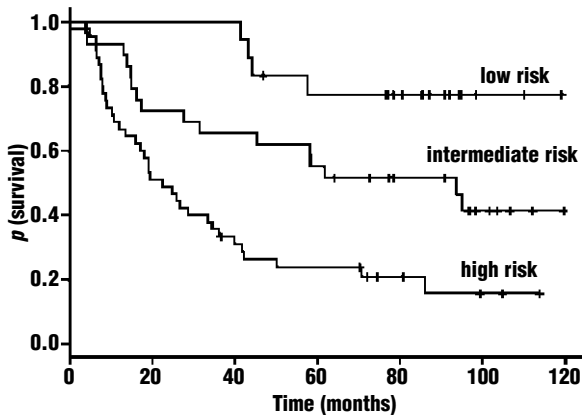


Figure 1A. Morel (log-rank test,  $p < 0.0001$ ).

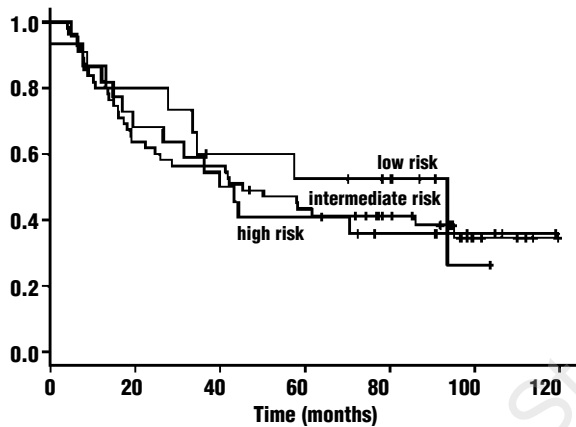


Figure 1B. Dhodakpar (log-rank test,  $p = 0.85$ ).

lymphadenopathy, splenomegaly, hepatomegaly, myelofibrosis, percentage of lymphoid cells in the bone marrow smears, blood cell counts (thrombocytopenia ( $<150 \times 10^9/L$ ), leukopenia ( $<4 \times 10^9/L$ ), anemia ( $<12$  g/dL), total number of cytopenia (0 to 3), monoclonal IgM level ( $<$  vs  $\geq 40$  g/L), albumin level ( $<$  vs  $\geq 40$  g/L),  $\beta 2$  microglobulin level ( $<$  vs  $\geq 3$  mg/L), lactate dehydrogenase (normal vs elevated), presence of cryoglobulinemia, positivity of antiglobulin test, and scoring systems proposed by Morel,<sup>5</sup> and Dhodakpar.<sup>4</sup> Multivariable Cox model was used to identify the set of prognostic variables.<sup>7</sup> Hypotheses of proportional hazards were tested using Grambsch and Therneau method.<sup>8</sup> The variable selection method consisted in a stepwise procedure comparing different models combining several predictors on the basis of the modified Akaike criterion.<sup>9</sup> The predicted prognostic information was measured by the separation (PSEP =  $p^{\text{high}} - p^{\text{low}}$ ) where  $p^{\text{high}}$  is the predicted probability of dying by 100 months for a patient in the group with the worst prognosis, and  $p^{\text{low}}$  the corresponding value for those of the best prognosis group.<sup>10</sup> Patients identified with Morel's scoring system as low-risk (19.5%), intermediate-risk (31.5%), and high-risk (48.9%) had significantly different survivals ( $p=0.00001$ , Figure 1A), while patients

Table 1. Univariable and multivariable analyses (Cox).

Parameter	HR (CI 95%)	p
<b>Univariate analysis</b>		
Age ( $> 65$ yrs or older)	2.26 (1.32-3.86)	0.028
Albumin ( $< 40$ g/L)	2.51 (1.41-4.41)	0.0013
Thrombocytopenia ( $< 150 \times 10^9/L$ )	2.74 (1.6-4.67)	0.00022
Leukopenia ( $< 4 \times 10^9/L$ )	1.83 (1.05-3.19)	0.032
LDH (over normal)	2.13 (1-4.55)	0.05
$\beta 2$ microglobulin (over normal)	1.89 (1.02-3.5)	0.042
<b>Multivariate analysis</b>		
Age ( $> 65$ yrs or older)	2.24 (1.29-3.89)	0.004
Albumin ( $< 40$ g/L)	2.49 (1.39-4.46)	0.0022
Thrombocytopenia ( $< 150 \times 10^9/L$ )	1.69 (1.08-3.55)	0.026
Leukopenia ( $< 4 \times 10^9/L$ )	1.93 (1.03-3.6)	0.04

with low-risk (16%), intermediate-risk (60%), and high-risk (24%) according to Dhodakpar's score did not have no significantly different survivals ( $p=0.85$ , Figure 1B).

Univariable prognostic analyses identified an adverse prognostic value for survival of age 65 years or older, serum albumin level lower than 40 g/L, thrombocytopenia, leukopenia, high LDH, increased level of  $\beta 2$  microglobulin (all  $p=0.05$ ). Multivariable Cox regression identified thrombocytopenia ( $p=0.026$ ), low serum albumin level ( $p=0.0022$ ), leukopenia ( $p=0.04$ ) and age ( $p=0.004$ ) with joint prognostic significance. Predicted prognostic information demonstrated a PSEP=0.774-0.156=0.618 for Morel's classification and a PSEP=0.358-0.263=0.095 for Dhodakpar's score, thus indicating a far better ability to discriminate between poor and good prognosis for Morel's classification.

Of note, the best model for the present data included only covariates appearing in Morel's score. This may be explained by our moderate sample size and/or discrepancies between the studies. First, the percentage of patients without anemia may be too small among those with refractory disease or relapse, so that these characteristics may lose their prognostic importance. Secondly, all patients in the present study received intensive therapy with fludarabine or a regimen including doxorubicin so that the prognostic value of some factors may be erased.

We conclude that Morel's score, proposed for overall survival of WM, is also effective for predicting the long-term efficacy of fludarabine or CAP in patients with advanced WM. However, additional studies might be useful to identify the optimal staging system for predicting long-term efficacy of therapy in advanced Waldenström's macroglobulinemia.

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## Platelets

### Effect of a single dose of rituximab in chronic immune thrombocytopenic purpura in childhood

**Twenty-two children with immune thrombocytopenic purpura (ITP) with long-lasting thrombocytopenia, adversely affecting their quality of life, were treated with a reduced rituximab regimen in order to eliminate B cells producing anti-platelet antibody. A single dose of rituximab resulted in a response rate similar to that reported for cases in which 4 doses of rituximab were used.**

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Up to 30% of children suffering from immune thrombocytopenic purpura (ITP) fail to achieve remission within six months.<sup>1</sup> The quality of life in these children with chronic ITP is substantially reduced as they suffer from the permanent fear of bleeding, multiple physician visits or hospital admissions, side effects of treatment or recurrent bleeding events. In order to eliminate the B-cell clone producing the anti-platelet antibodies, the chimeric cytotoxic CD20-antibody rituximab was successfully used in adults with chronic ITP<sup>2-6</sup> and in a small number of pediatric patients.<sup>7,8</sup> We report on the efficacy of a single dose of rituximab in childhood chronic ITP.

**Table 1. Patients' characteristics itemized according to response to therapy, relapse rates, time to relapse and duration of continuous remission.**

	Total n=22	CR n=7	PR n=6	NR n=9	p*
Sex [n] (f-m)	14-8	6-1	4-2	4-5	0.231
Age at diagnosis [years] median (min-max)	5.8 (2.5-15.2)	11 (5-13.7)	4.3 (2.6-9.8)	5.0 (2.5-15.2)	0.044
ITP duration before rituximab [months] median (min-max)	44 (14-103)	53 (22-72)	47 (17-103)	38 (14-51)	0.283
Median PLT before rituximab [n×10 <sup>9</sup> ] median (min-max)	5 (2-27)	8 (2-27)	6 (2-11)	5 (2-9)	0.250
Duration of remission <sup>o</sup> [months] median (min-max)	12 (2-24)	12 (2-24)	10 (2-16)	-	0.885
Patients in continuous remission <sup>o</sup> [n]	8/13	3/7	5/6	-	0.266
Duration of continuous remission <sup>o</sup> [months] median (min-max)	13.5 (2-16)	12 (2-16)	15 (4-16)	-	0.647
Relapsed patients <sup>o</sup> [n]	5/13	4/7	1/6	-	0.266
Time to relapse <sup>o</sup> [months] median (min-max)	6 (2-24)	9 (4-24)	2	-	0.157

\*Pearson's  $\chi^2$  test for categorical variables, Kruskal Wallis test for continuous variables. <sup>o</sup>NR excluded.

The study protocol was approved by the local ethics committee and the patients were enrolled in the study after written consent from their guardians. Twenty-two children (8 boys, 14 girls) suffering from chronic ITP with documented platelet counts  $<30 \times 10^9/L$  for longer than 12 months were treated. The median age of the patients at diagnosis of ITP was 5.8 years (range 2.5-15.2), the median duration of documented thrombocytopenia was 44 months (range: 14-103) and the median platelet count before treatment was  $5 \times 10^9/L$  (range: 2-27). In 18/22 patients the platelet count before rituximab was  $<10 \times 10^9/L$ . Only one patient had a platelet count  $>20 \times 10^9/L$  because of steroid treatment for a second intracranial hemorrhage. Bleeding symptoms were mild (grade 2)<sup>o</sup> in 13/22 patients, 7/22 patients suffered from moderate bleeding (grade 3)<sup>o</sup> requiring intervention and 2/22 patients had documented intracranial hemorrhage (grade 5)<sup>o</sup> in their ITP history. Prior to rituximab patients had been treated with intravenous immunoglobulins (IVIg) and/or steroids (21/22 IVIg, 19/22 steroids). A transient response was documented in 12/21 IVIg-treated patients, and 12/19. Anti-D treatment was given to 4/22 patients without response. Splenectomy prior to rituximab treatment was performed in 2/22 patients and partial embolization of the spleen in one patient; none of these 3 patients had a response. Bone marrow aspiration was performed in all patients before treatment to exclude thrombocytopenia due to megakaryocytopenia. All patients received a single intravenous dose of rituximab ( $375 \text{ mg/m}^2$ ). The patients received no other treatment in addition to rituximab. Criteria for response to therapy were defined as follows: complete remission (CR), PLT  $>100 \times 10^9/L$ ; partial remission (PR) PLT  $>30 \times 10^9/L$ ; no