

would be interesting to monitor patients on completion of their therapeutic program at identical time points and using the same sampling modality.

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## Myeloproliferative Disorders

### Hypereosinophilic syndrome and cyclic oscillations in blood cell counts. A clonal disorder of hematopoiesis originating in a pluripotent stem cell

We studied a patient with hypereosinophilic syndrome (HES) who had myeloproliferative features, was unresponsive to imatinib mesylate, and showed cyclic oscillations in blood cell counts. No rearrangement in *PDGFRA*, *PDGFRB* and *ETV6* genes was detected. Clonal analysis of hematopoiesis consistently showed skewed X-chromosome inactivation patterns in both granulocytes and T-lymphocytes, indicating a clonal myeloproliferative disorder originating in a pluripotent stem cell.

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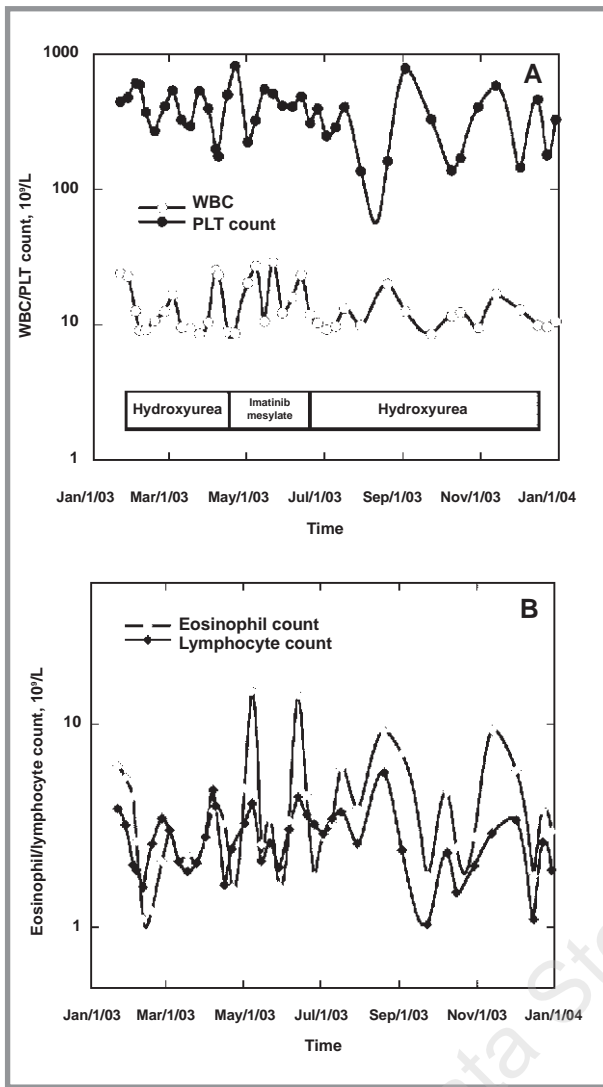
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The term hypereosinophilic syndrome (HES) is used to define conditions characterized by elevated eosinophil counts (persistently greater than  $1.5 \times 10^9/L$ ), variable damage to end organs such as the heart, lungs, skin, joints and nervous system, and no ascertainable cause for the eosinophilia.<sup>1</sup> Abnormal clones of T cells producing interleukin-5 were found in some patients, suggesting that HES can be a clonal T-cell disorder.<sup>2</sup> Recent reports,<sup>3,4</sup> however, indicate that in most instances HES is a myeloproliferative disease caused by constitutive activation of tyrosine kinases. These observations explain the remarkable efficacy of imatinib mesylate, at least in a portion of HES patients. Myeloproliferative disorders typically result from clonal expansion of mutated hematopoietic stem cells and clonal analysis of hematopoiesis using X-chromosome inactivation patterns

has shown that the same clinical phenotype may arise from clonal proliferation of different hematopoietic progenitors.<sup>5</sup>

A 41-year old woman presented in 1995 with episodes of pruritus, pulmonary symptoms including wheezing, dyspnea, and cough, fatigue and facial edema. These manifestations worsened in the following years and the patient ultimately required prednisone and inhaled  $\beta_2$ -agonists to control her symptoms. In October 2002, a complete blood count showed: hemoglobin 13.0 g/dL, white cell count  $17.3 \times 10^9/L$  (eosinophils 30%), and platelets  $442 \times 10^9/L$ . A bone marrow biopsy showed hypercellularity (>70%) with granulocytic hyperplasia and marked eosinophilia. Cytogenetic analysis was normal and polymerase chain reaction analysis was negative for the *BCR-ABL* rearrangement. Serum eosinophil cationic protein was markedly elevated (246  $\mu g/L$ , normal range 0-15  $\mu g/L$ ). Chest X-ray and an echocardiogram were normal; stool examination for ova and parasites was negative, and rheumatologic investigations were unremarkable. A diagnosis of idiopathic hypereosinophilic syndrome was made. In February 2003, due to worsening clinical signs, treatment with hydroxyurea, 1 g per day, was started. Skin and lung symptoms persisted, so a trial of imatinib, 100 mg daily, was initiated in April 2003. Despite increasing the dose to 400 mg daily, there was no significant improvement in the patient's hypereosinophilia. Hydroxyurea, 2 g per day, was started again, but this woman benefited most from prednisone: her current treatment (January 2004) consists of prednisone, 12.5 mg/day, and hydroxyurea, 500 mg/day.

As shown in Figure 1A, during 2003 marked periodic oscillations were observed in both WBC and platelet count, irrespective of the treatment given (hydroxyurea or imatinib mesylate). In particular, the platelet count fluctuated between  $136$  and  $817 \times 10^9/L$ . When we examined eosinophil and lymphocyte trends, it was apparent that these cell types also fluctuated.



**Figure 1.** Cyclic oscillation of WBC and platelet counts (A), and of eosinophil and lymphocyte counts (B) observed in the patient between January and December 2003. It should be noted that the dose of hydroxyurea was 1 g/day in the first period (before imatinib mesylate), and 2 g/day thereafter. The higher dose was clearly associated with greater fluctuations in blood cell counts, and this was particularly true for eosinophils and platelets.

tuated and did so in a parallel manner (Figure 1B). Fluctuations in hemoglobin level were also observed (*data not shown*).

Fluorescence *in situ* hybridization (FISH) was performed as described previously.<sup>6</sup> FISH results with BAC 120K16, BAC 3H20, and BAC 24010 (normal pattern of hybridization in 97.5% of nuclei, normal control 97.3%) were consistent with the absence of a *PDGFRA* rearrangement. The percentage of dismissed nuclei for *c-KIT*, *PDGFRB*, *ABL1*, and *ETV6* was 96.5%, 97.5%, 92%, and 91%, (range in normal controls: 98%, 96%, 96%, and 95%) respectively, thus excluding either numerical or structural aberrations of these genes.

Molecular analyses excluded *FGFR1-BCR*, *PDGFA-TEL*, and *FIP1L1-PDFGRA* rearrangements. Quantitative evaluation of granulocyte *PRV-1* mRNA expression showed elevated values ranging from 7 to 32, with a median value of 23 (normal range from 0 to 5).

**Table 1.** Evaluation of X-chromosome inactivation patterns in purified populations of circulating granulocytes and T lymphocytes by means of a HUMARA assay.

Date	X-chromosome inactivation patterns: cleavage ratio between HUMARA alleles	
	Granulocytes	T lymphocytes
November 2002	3.9	3.3
May 2003	2.6	2.9
September 2003	3.0	3.6

Values  $\geq 3.0$  indicate  $\geq 75\%$  expression of one allele and the expansion of an abnormal clone.

Clonal analysis of hematopoiesis was performed by studying X-chromosome inactivation patterns in purified populations of circulating granulocytes and T lymphocytes by means of an assay for the human androgen receptor (*HUMARA*) gene.<sup>7</sup> This showed skewed X-chromosome inactivation patterns in both granulocytes and T lymphocytes (Table 1), and fluctuations in these patterns were observed.

The hypereosinophilic syndrome of our patient has many features of a chronic myeloproliferative disorder. In fact, this patient showed skewed X-chromosome inactivation patterns in granulocytes,<sup>5</sup> over-expression of granulocyte *PRV-1* mRNA, and cyclic oscillations in blood cell counts.<sup>8</sup> Cyclic leukocytosis has been previously described, particularly in patients with chronic myeloid leukemia, while cyclic thrombocytosis has been reported in patients with polycythemia vera receiving hydroxyurea.<sup>9</sup> However, a case of eosinophilic leukemia with spontaneous oscillations of WBC count, platelet count, hemoglobin level and bone marrow cellularity has been recently reported.<sup>10</sup>

The patient reported here consistently showed skewed X-chromosome inactivation patterns in both granulocytes and T lymphocytes (Table 1). Although she did not have any of the molecular lesions described so far as causing eosinophilic leukemia, in particular the *FIP1L1-PDGFR* fusion gene,<sup>1</sup> the above data indicates that our patient has a clonal myeloproliferative disorder originating in a pluripotent stem cell capable of differentiating into granulocytes and T-lymphocytes. From a clinical point of view, it may be worth investigating whether HES with cyclic oscillations in blood cell counts represents a distinct nosologic entity. Based on the present case, we suggest using low doses of hydroxyurea in these patients, since higher doses are associated with greater fluctuations in blood cell counts.

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## Hemostasis

### Comparison of the diagnostic performance of three soluble fibrin monomer tests and a D-dimer assay in patients with clinically suspected deep vein thrombosis of the lower limbs

We assessed three soluble fibrin monomer (SFM) assays in 231 in and out-patients with clinically suspected deep-vein thrombosis. Thrombosis was confirmed or excluded by complete lower-limb ultrasound. SFM assay were less accurate than VIDAS D-dimer and in patients with small thrombosis or under anticoagulation. Specificity was lower for a similar sensitivity.

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Soluble fibrin monomers (SFM) reflect the action of thrombin on fibrinogen. Some publications suggest that tests of SFM have a similar efficacy as measuring D-dimer levels in the exclusion diagnosis of venous thrombo-embolism.<sup>1-6</sup> We assessed the accuracy of three tests measuring SFM complexes as compared with a well established rapid D-dimer ELISA in the diagnosis of deep-vein thrombosis (DVT), and the effect of thrombus extent and anticoagulant treatment. Small

thromboses will induce few changes in coagulation and fibrinolysis. Anticoagulation will decrease thrombin generation while it has less effect on D-dimer production. As a consequence, less fibrin monomer will be formed. In this prospective study, we included consecutive in and outpatients with a clinically suspected first episode of lower limb DVT and no signs of pulmonary embolism (PE), after they had given their signed informed consent. Complete lower limb venous ultrasonography (US) was used to exclude or confirm DVT. A full examination of the proximal and distal (infra-popliteal) veins was performed as previously described.<sup>7</sup> A DVT was considered confirmed when both vein non-compressibility and direct visualization of the thrombus were present.

Plasma D-dimers were determined using the automated VIDAS-ELISA technique (bioMérieux, Marcy L'Etoile, France). SFM were assayed by three different techniques: Berichrom FM (Dade Behring, Marburg, Germany) and Coatest SF (Chromogenix IL, Milan, Italy) based on the ability of fibrin monomers to catalyze the activation of plasminogen by t-PA, and Fibrinostika SF (Organon Teknika, Durham NC, USA) based on an ELISA principle. All tests were performed by independent operators and interpreted blindly.

For each test, we analyzed sensitivity and specificity with 95% confidence intervals at different thresholds and construct receiver operating characteristic (ROC) curves for three DVT categories (all DVT, proximal DVT, DVT  $\geq$  4 cm) and for untreated and treated patient groups. Potentially significant differ-

**Table 1. Area under receiver operating characteristic (ROC) curves for VIDAS D-dimer and the three soluble fibrin monomer (SFM) assays for different categories of DVT (all DVT; proximal DVT; DVT  $\geq$  4cm) and for patients without or with anticoagulant treatment.**

Test	All DVT (n=77)	DVT $\geq$ 4 cm (n=66)	Proximal DVT (n=22)	No anticoagulant (n=114)	Anticoagulant (n=117)
VIDAS D-dimer	0.77 [0.72-0.82]	0.76 [0.71-0.81]	0.74 [0.70-0.77]	0.82 [0.75-0.89]	0.7 [0.63-0.77]
Berichrom FM	0.62 [0.55-0.70] <i>p</i> < 0.001	0.63 [0.55-0.70] <i>p</i> = 0.002	0.67 [0.57-0.77] <i>p</i> = 0.21	0.73 [0.63-0.83] <i>p</i> = 0.11	0.53 [0.42-0.63] <i>p</i> = 0.002
Fibrinostika SF	0.69 [0.62-0.76] <i>p</i> = 0.04	0.71 [0.63-0.78] <i>p</i> = 0.17	0.71 [0.61-0.81] <i>p</i> = 0.7	0.73 [0.63-0.84] <i>p</i> = 0.09	0.66 [0.56-0.76] <i>p</i> = 0.44
Coatest SF	0.58 [0.50-0.66] <i>p</i> < 0.001	0.6 [0.51-0.68] <i>p</i> < 0.001	0.58 [0.44-0.72] <i>p</i> = 0.03	0.64 [0.53-0.75] <i>p</i> = 0.002	0.51 [0.40-0.63] <i>p</i> = 0.002

FM: fibrin monomer. SF: soluble fibrin. DVT: deep vein thrombosis. [ ]: 95% confidence interval. Each SFM test was compared with VIDAS D-dimer by considering the area under the curve which represents a global test accuracy. The test with the greater area is better. A test whose 95% confidence interval area includes the 0.5 value is not informative. Potential differences between the areas under the curve were assessed by the  $\chi^2$  test. The difference was significant at the 5% level (*p* value < 0.05). At the time of diagnosis, 91 patients were under prophylactic anticoagulation with low-molecular-weight-heparin (*n*=81) or unfractionated-heparin (*n*=10) and 26 patients were under therapeutic anticoagulation with oral anticoagulants (*n*=7), low-molecular-weight-heparin (*n*=11) or unfractionated heparin (*n*=8).