

Complete remission in acute myeloid leukemia (AML) with granulocyte colony-stimulating factor without chemotherapy. Report of cytogenetic remission of a t(9;11)(p22;q23) positive AML patient and review of literature

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In recent years, occasional complete remissions (CR) have been described with G-CSF alone in acute myeloid leukemia (AML).¹⁻³ Moreover, G-CSF has been proposed as an alternative to donor lymphocyte infusion (DLI) in patients who relapse after allogeneic bone marrow transplantation (BMT).^{4,5} We describe an AML patient, carrying the t(9;11)(p22;q23), who obtained a cytogenetic CR after treatment with G-CSF alone. A 50 year-old woman was diagnosed with AML, FAB subtype M4. Peripheral blood counts were: WBC 1.2x10⁹/L (PMN 15%, Ly 85%), PLT 95x10⁹/L, Hb 8.1g/dL. Bone marrow was hypercellular with 60% of blast cells. The karyotype was: 47 XX, t(9;11)(p22;q23), +8. Neither internal tandem duplications nor point mutations of FLT3 were present. Since a perianal abscess was present, it was decided to pre-treat the patient with G-CSF in an attempt to resolve the abscess before induction chemotherapy. A recombinant human G-CSF (lenograstim) was given at a dose of 263 mg/die, corresponding to 3 mg/Kg/day, together with antibiotic. After 14 days of treatment peripheral blood and bone marrow aspirate were normal, and the t(9;11), +8 clone was no longer detectable. G-CSF treatment was discontinued, and the patient was observed without further treatment until she relapsed 8 months later. Relapse was hematologic and non-hematologic (breast). The morphology of leukemic blast cells and the karyotype were the same as at presentation. G-CSF treatment re-instituted, at the same dose for 5 weeks, but failed to re-induce remission. The remission was then obtained with a combination of high dose arabinosyl cytosine, fludarabine, idarubicin and etoposide. Until now, sixteen (3 APL included) AML and 2 ALL cases, in which CR was achieved with G-CSF alone, have been reported. The characteristics of the previously reported patients are listed in Table 1. In addition, in four cases G-CSF was administered as an alternative to DLI in AML/MDS patients who relapsed after BMT, obtaining CR. Many patients presented with hypoplastic AML and infections. The time to response to G-CSF varied widely; in some cases CR was obtained with no more than two weeks of treatment; in other patients, two or three months of therapy were required. The duration of the response was also variable, ranging from two to more than ten months. A few continuous and 3 cytogenetic CR have been reported. Maintenance therapy with G-CSF was administered in some cases. In two cases, a second and a third CR, respectively, were obtained with G-CSF. No serious adverse events are recorded. It is noteworthy that in one report, G-CSF was successfully administered as a tailored differentiation agent, on the basis of a correlation between a specific chromosomal

Table 1. Patients characteristics

Reference	Diagnosis	Diagnosis Status	Relapsed	G-CSF daily dosage	Therapy duration	Health	CR duration
Narain et al. (JBL, 1981)	APL	Relapsed	Yes	3 mg/kg	23 days	CR	n.a.
Narain et al. (JBL, 1981)	APL	Relapsed	Yes	2.5 mg/kg	15 days	CR	n.a.
Narain et al. (Leukemia, 1982)	APL	Unrelapsed	Yes	273-300 mg	7 days	Differentiative effect	
Harris et al. (Acta Haematol, 1985)	B-ALL	Unrelapsed	No	200 mg	15 days	CR	45 days
Yoshimoto et al. (Leukemia, 1984)	B-AML	Unrelapsed	Si	300 mg/kg	12 days	CR	2 months
Hall et al. (SOTD, 1994)	AML (M2)	Relapsed post-BMT	No	300 mg	~21 days	Cytogenetic CR	10 months
Hall et al. (SOTD, 1994)	AML (M2)	Relapsed post-BMT	No	300 mg	~21 days	Cytogenetic CR	11 months
Tsai et al. (Leuk, 1999)	B-AML	Unrelapsed	Yes	18 mg/kg	23 days	CR	2 months
Sapich et al. (JBL, 1994)	AML (C+4)	Relapsed w/ induction	Yes	40 mg/kg	1 month	CR	1 month
Moran et al. (Leukemia, 1996)	B-AML	Relapsed w/ induction	Yes	5 mg/kg	4 weeks	CR	2 years
Conal et al. (BMT, 1995)	AML	Relapsed post-BMT	No	5 mg/kg	55 days	CR	10 months
Takahashi et al. (Leukemia, 1997)	AML	Unrelapsed	Yes	n.a.	1 month	CR	4 months
Takahashi et al. (Leukemia, 1997)	AML (C+6)	Unrelapsed	Yes	n.a.	15 days	CR (C+6)	2 months
Takahashi et al. (Leukemia, 1997)	AML (C+6)	Unrelapsed	Yes	250 mg	1 month	MDS	19 months
Lee et al. (Br Med J, 1998)	B-AML	Unrelapsed	Yes	n.a.	n.a.	CR	n.a.
Takamizawa et al. (Acta Haematol, 1998)	B-AML	Unrelapsed	Yes	150 mg/kg	2 weeks	CR	2 months
Bishop et al. (JCO, 2000)	AML	Relapsed post-BMT	No	5 mg/kg	2 weeks	CR	10 months
Reisner et al. (BM, 1996)	AML (M2)	Unrelapsed	No	450 mg/kg	2 weeks	CR (M2)	3 months
Reisner et al. (BM, 1996)	AML (M2)	Unrelapsed	No	450 mg/kg	2 weeks	CR (M2)	2 months
Morimoto et al. (Leukemia, 2001)	B-AML (C del(11)(p11))	Unrelapsed	No	25 mg/kg	4 months	Cytogenetic CR	6 months
Morimoto et al. (Leukemia, 2001)	B-AML	Unrelapsed	No	25 mg/kg	4 months	CR	6 months
Morimoto et al. (Leukemia, 2001)	B-AML	Unrelapsed	No	25 mg/kg	3 months	CR	4 months
The report	AML (C-9;11)(p22;q23)	Unrelapsed	Yes	3 mg/kg	2 weeks	Cytogenetic CR	8 months

B-AML: B-lymphoblastic acute myeloid leukemia
 B-ALL: B-lymphoblastic acute myeloid leukemia
 AML: acute myeloid leukemia according to WHO
 C: cytotype
 +: persistent condition
 * the persistence of the t(8;21) CR
 Si: relapsed after BMT
 n.a.: data not available

abnormality, t(8;21), and the response to a specific growth factor, G-CSF.² Interestingly, in two cases the ability of G-CSF to induce the neutrophilic differentiation of the leukemic blasts was also demonstrated *ex vivo*. It is unclear why G-CSF as a single therapy can be effective in AML. A few possible explanations can be considered. In the large majority of cases, a concomitant infection was present; it is possible that infection-related cytokines could play a significant role. On the other hand, in a minority of cases, no infection was detected. G-CSF could provide a competitive advantage inducing differentiation of normal hematopoiesis; moreover, a dilution effect of the leukemic clone with a false negative response should be considered. However, considering the sensitivity of cytogenetic analysis, and the durable responses after G-CSF discontinuation, this hypothesis seems unlikely. It has also been suggested that G-CSF could safely induce leukemic blast maturation in hypoplastic leukemia, due to peculiar characteristics of proliferation and differentiation;³ leukemic cells display hemopoietic growth factor receptors and G-CSF has been described to induce apoptosis of leukemic cells,⁶ and not only stimulate clonal proliferation. As regards the t(8;21) AML, the AML-1/ETO fusion protein inhibits the wild type AML-1 gene-directed cell maturation⁷ and, interestingly, exposure to G-CSF induces *in vitro* neutrophilic differentiation of blast cells from t(8;21) AML.⁸

Considering the patients relapsed after BMT, the response could possibly be related to the removal of

immunosuppression and a graft-versus-leukemia effect (GVL). Nevertheless, a possible explanation could be direct stimulation on the immune system. In fact, G-CSF administration generally causes a shift of T cells from T₁ to T₂, but the cytotoxic T-cell activity seems to be preserved. In addition, the suppression of proliferation of the abnormal clone or the enhancement of a GVL effect mediated by secondary cytokines could also be possible mechanisms. In the study by Giralt *et al.*, fluorescence *in situ* hybridization did not show clonal abnormalities in maturing cells, suggesting that the leukemic cells did not differentiate whereas donor cells were stimulated.⁵ In our case, a t(9;11)(p22q23) was detected. Truncation of MLL/ALL-1/HRX, the involved gene on 11q23, has been demonstrated to induce a significant inhibition of differentiation with abnormal response to G-CSF. It is possible that in our case a pharmacological dose of G-CSF overcame the differentiation blockade; possibly, at relapse, new undetectable molecular events modified the involved pathway, making G-CSF unsuccessful. It might be interesting to evaluate the effects of G-CSF in AML cells carrying other molecular abnormalities which determine differentiation blockade, such as C/EBP α and FLT3 mutations.^{9,10} In conclusion, G-CSF may be useful in selected AML patients, who are not candidates for conventional treatments, especially in the elderly, with normo-hypocellular marrow, and low WBC counts. It may be interesting to investigate the possible role of G-CSF, even in combination with other differentiating agents, in AML cases with specific molecular abnormalities, including FLT3, C/EBP α and MLL mutations. The risk of induction of clonal proliferation should be considered, especially in APL cases, despite few CR being reported in this setting. Additional prospective studies are warranted in order to clarify in which setting G-CSF could be most effective, and which schedule should be adopted. Finally, more data are required in order to define the possible role of G-CSF in t(8;21)-positive AML cases.

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