

Angiogenic activity of rat mast cells in the chick embryo chorioallantoic membrane is down-regulated by treatment with recombinant human α -2a interferon and partly mediated by fibroblast growth factor-2

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Background and Objectives. Many data suggest that the density of mast cells (MC) is strongly correlated with the extent of both normal and pathologic angiogenesis, such as the vessel formation that occurs in chronic inflammatory diseases and tumors. We have previously demonstrated that isolated MC and their secretory granules, but not degranulated MC, induce an angiogenic response in the chick embryo chorioallantoic membrane (CAM) assay.

Design and Methods. The aim of this study was to investigate whether pre-treatment of MC with an anti-angiogenic molecule, namely recombinant human interferon- α 2a (rhIFN- α 2a), reduced the angiogenic activity of their conditioned media (CM) in the CAM assay.

Results. Our data indicate that rhIFN- α 2a at 500-1000 IU is able to reduce the angiogenic activity of CM significantly. When MC were treated with rhIFN- α 2a at 25-250 IU they retained their angiogenic activity. Addition of anti-fibroblast growth factor-2 (FGF-2) antibodies (but not anti-vascular endothelial growth factor) substantially reduced the angiogenic activity of CM treated with sub-optimal concentrations of rhIFN- α 2a.

Interpretation and Conclusions. FGF-2 may be the main angiogenic factor secreted by MC and higher concentrations of rhIFN- α 2a possibly inhibit angiogenesis by blocking the actions of FGF-2 produced by MC. Finally, the morphologic features of MC treated with rhIFN- α 2a, characterized by an atypical secretory pathway, are compatible with a slow release of the angiogenic cytokines stored in MC granules.

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Key words: angiogenesis; anti-angiogenesis; chorioallantoic membrane; interferon- α ; mast cells.

Angiogenesis

research paper

haematologica 2002; 87:465-471

http://www.haematologica.ws/2002_05/465.htm



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Many data suggest that the density of mast cells (MC) is highly correlated with the extent of both normal and pathologic angiogenesis, such as the vessel formation that occurs in chronic inflammatory diseases and tumors.^{1,2} MC release a variety of factors known to enhance angiogenic phenotype, namely heparin,³ histamine,⁴ and tryptase,^{5,6} and several polypeptide growth factors, including fibroblast growth factor-2 (FGF-2), vascular endothelial growth factor (VEGF), transforming growth factor β (TGF- β), tumor necrosis factor α (TNF- α) and interleukin 8 (IL-8).⁷⁻¹²

We have previously demonstrated that isolated MC and their secretory granules, but not degranulated MC, induce an angiogenic response in the chick embryo chorioallantoic membrane (CAM) assay.¹³ Addition of anti-FGF-2 or anti-VEGF antibodies reduced the angiogenic response induced by MC and their secretory granules and when antibodies were added together, their effect was additive. This finding demonstrated the principal role played by these two cytokines in the angiogenic response thus induced.

Interferons (IFNs) are a family consisting of three major natural glycoproteins with species specificity: leukocyte-derived IFN- α , fibroblast-derived IFN- β and immune-cell-produced IFN- γ . Systemic therapy with human recombinant IFN- α (rhIFN- α 2a) produces anti-angiogenic effects in vascular tumors, including hemangioma,¹⁴⁻¹⁷ Kaposi's sarcoma,^{18,19} melanoma,²⁰ basal and squamous cell carcinomas²¹ and bladder carcinoma.²² Regression of a recurrent giant tumor of the mandible was obtained by rhIFN- α 2a administration at a low dose per day for 1 year.²³

We have previously demonstrated an anti-angiogenic activity of rhIFN- α 2a in the CAM²⁴ and the purpose of this study was to see whether treatment of conditioned medium of MC with rhIFN- α 2a reduced its angiogenic activity in the CAM.

Design and Methods

Mast cell collection

MC were isolated from Wistar rats (Charles River, Como, Italy) as previously described.²⁵ Briefly, animals were anaesthetized with ether and killed by cervical dislocation. Their abdomens were massaged for 30 sec and the peritoneal cavity was then exposed through a ventral incision. After intraperitoneal injection of 10-20 mL of buffered saline solution (BSA: containing 154 mM NaCl, 2.7 mM KCl, 0.68 mM CaCl₂, 10 mM Na₂HPO₄, 10 mM KH₂PO₄, 1 g/L bovine serum albumin), adjusted to pH 7.2, cells were sedimented by centrifugation at 150 × g for 10 min. The supernatant was removed and cells were resuspended in buffered medium. MC were purified by a density gradient procedure according to Lagunoff and Rickard;²⁶ their purity in the final preparation, as determined by staining with toluidine blue, was more than 90% (about 95-97% in some experiments). The contaminating cell population observed by electron microscopy consisted of middle-sized or large non-granular lymphocytes and, to a lesser degree, macrophages.

Mast cell incubation with conditioned media containing rhIFN- α 2a

Purified MC were suspended in sterile RPMI-1640 (5×10^5 cells/mL), with an osmolality of 300 ± 8 mosm/kg. The medium was buffered to pH 7.3 with 10 mM HEPES, supplemented with 10% fetal calf serum and 1% penicillin/streptomycin. Cells were maintained for 24 h at 37°C in culture medium alone or incubated with various amounts of rhIFN- α 2a (Roferon-A; Roche, Grenzach, Wyhlen, Germany) (25, 250, 500, 1000 U/mL), diluted stepwise with RPMI-1640. Conditioned media (CM) were collected, clarified by centrifugation, concentrated ten times with Mr 3000 cut-off centrifugal concentrators (Centriplus, Amicon, Beverly, MA, USA) and stored at -70°C until use. Experiments were carried out in triplicate from 3 different CM collections.

Morphometric quantitative evaluation of MC exocytosis after incubation with rhIFN- α 2a

For quantitative evaluation of ultrastructural changes induced by rhIFN- α 2a, purified MC were incubated with 500 or 1000 U/mL rhIFN- α 2a or with the medium alone for 24 h, as described above. They were then fixed with 2.5% glutaraldehyde in

phosphate buffer (PB) 0.1 M, pH 7.4 for 1 h at 4°C, postfixed with 1% osmium tetroxide in PB 0.1 M, for 2 h at 4°C. The pellets were then dehydrated in a graded ethanol series, immersed in propylene oxide and embedded in Epon 812. Ultrathin sections were cut with a diamond knife on a Reichert Jung Ultracut E ultratome, doubly stained with uranyl acetate and lead citrate and observed in a Philips CM 12 electron microscope at 80 KV. Randomly sectioned grids taken from each block of uniformly distributed cells were examined. Exocytosis was evaluated in groups of randomly selected MC as follows: 1) focal exocytosis (one to three secretory granules in the cell); 2) mild exocytosis (about less than 30% of secretory granules); 3) moderate exocytosis (30 to 60% of the granules); 4) diffuse exocytosis (more than 60% of the granules); 5) atypical exocytosis (one or two dilated, non-fused granular cavities with partially eroded or dissolved granular matrices).

CAM assay

Fertilized White Leghorn chicken eggs (20 for each treatment) were incubated at constant humidity and 37°C. On the third day of incubation, a square window was opened in the shell after removal of 2-3 mL of albumin so as to detach the developing CAM from the shell. The window was sealed with a glass of the same size, and the eggs were returned to the incubator.

In the first series of experiments, gelatin sponges (1 mm³; Gelfoam, Upjohn Company, Kalamazoo, USA) were placed on the CAM at day 8 and, according to Ribatti *et al.*,²⁷ adsorbed with 3 μ L of CM of MC alone or treated with 25, 250, 500 and 1000 IU rhIFN- α 2a. In some experiments, to the CM treated with 25 and 250 IU rhIFN- α 2a, were added 400 ng of rabbit polyclonal anti-FGF-2 or anti-VEGF antibodies (Santa Cruz Biotechnology, Santa Cruz, CA, USA), or pre-immune rabbit serum (Dako, Glostrup, Denmark), used as a negative control. CAMs implanted with sponges containing recombinant FGF-2 (R&D Systems, Abingdon, UK) were used as positive controls. At day 12, CAMs were photographed *in ovo*. All CAMs were then processed for light and electron microscopy. Briefly, the embryos and their membranes were fixed *in ovo* in 3% phosphate-buffered glutaraldehyde. The sponges and the underlying and immediately adjacent portions of CAM were dehydrated in serial alcohols, postfixed in 1% phosphate-buffered O₃O₄ and embedded in Epon 812. One micron semithin and ultrathin sections were cut on a LKB V ultramicrotome according to a plane parallel to the surface of CAM. The semithin sections were stained with a 0.5% aqueous solution

Table 1. Morphometric quantitative data of exocytosis in mast cells incubated with 500 and 1,000 IU/mL rhIFN- α 2a for 24 h.

Morphologic features	500 U/mL (134 cells)	1,000 U/mL (143 cells)	Control (182 cells)
Resting cells	78	71	163
Focal exocytosis	11	15	–
Mild exocytosis	2	3	–
Moderate exocytosis	–	–	14
Diffuse exocytosis	–	–	5
Atypical exocytosis	43	54	–

of toluidine blue (Merck, Darmstadt, Germany) and observed under a Leitz-Dialux 20 light microscope (Leitz, Wetzlar, Germany). The ultrathin sections were stained with uranyl acetate followed by lead citrate and examined in a Philips CM 12 electron microscope at 80 KV.

The angiogenic response was assessed histologically by a planimetric method of *point counting*.²⁷ Briefly, every third section in 30 serial slides from each specimen was analyzed under a 144-point mesh inserted into the eyepiece of the photomicroscope. The total number of intersection points occupied by transversally cut vessels (3–10 μ m diameter) was counted at $\times 250$ both inside the sponge and in 6 randomly chosen fields per each section. Mean values \pm SD were determined for each analysis. Vascular density was defined as the final mean number of the occupied points. The results from the experiments were compared using a one-way analysis of variance (ANOVA). *p* values less than 0.5 were considered to be statistically significant.

Results

Ultrastructural analysis and morphometric quantitative evaluation of MC exocytosis after incubation with rhIFN- α 2a

In control samples, about 90% MC (Table 1) appeared as resting, unstimulated cells (Figure 1A). The remaining 10% (Table 1) displayed ultrastructural features compatible with mild to moderate exocytosis (Figure 1B). These MC displayed the common findings of granule fusion, intracytoplasmic channel formation and granule opening to the cell surface. A small proportion of these cells (2–3% of total control MC, Table 1) underwent typical generalized exocytosis, accompanied by extrusion of altered granular matrices (Figure 1C).

When MC were incubated with 500 or 1,000 U/mL rhIFN- α 2a for 24 h, about 50–60% cells (Table 1) presented the ultrastructural features of

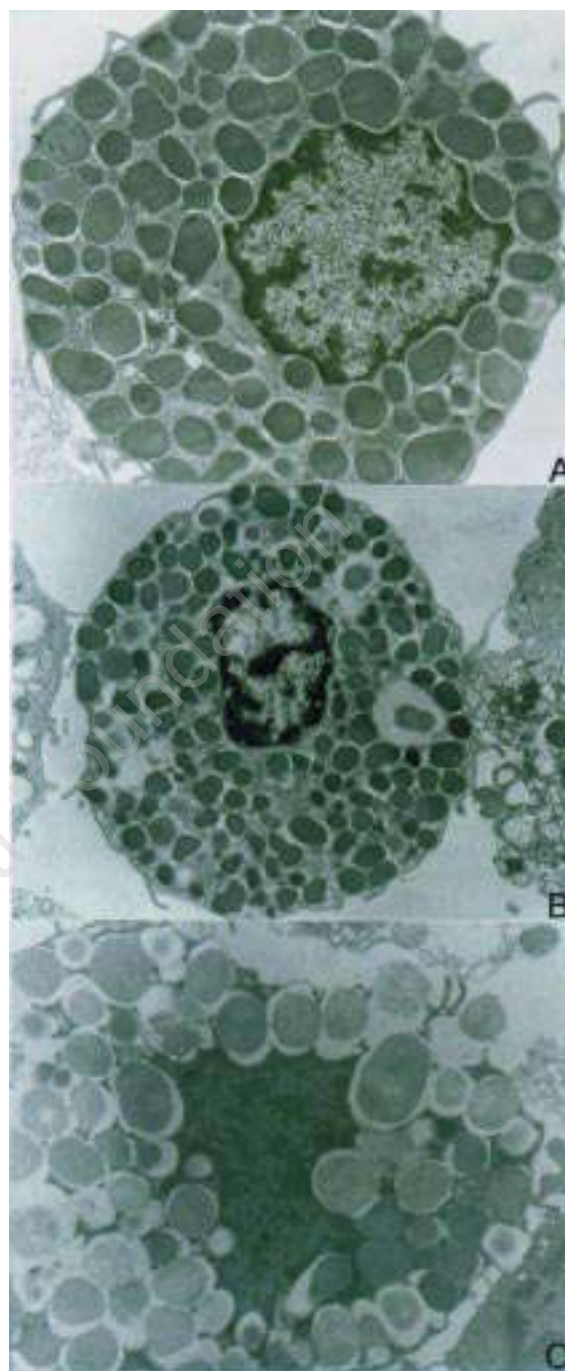


Figure 1. Ultrastructural features of control mast cells; (A) 90% of cells show features of resting, unstimulated cells; (B) 10% of cells are characterized by granule fusion and intracytoplasmic channel formation, compatible with a process of mild to moderate exocytosis; (C) 2–3% of cells present a generalized exocytosis, accompanied by extrusion of altered granular matrices. Original magnification: A–C, $\times 9,000$.

resting, unstimulated cells (Figure 2A). Some MC (~10%, Table 1), however, displayed focal exocytosis, which was characterized either by opening of

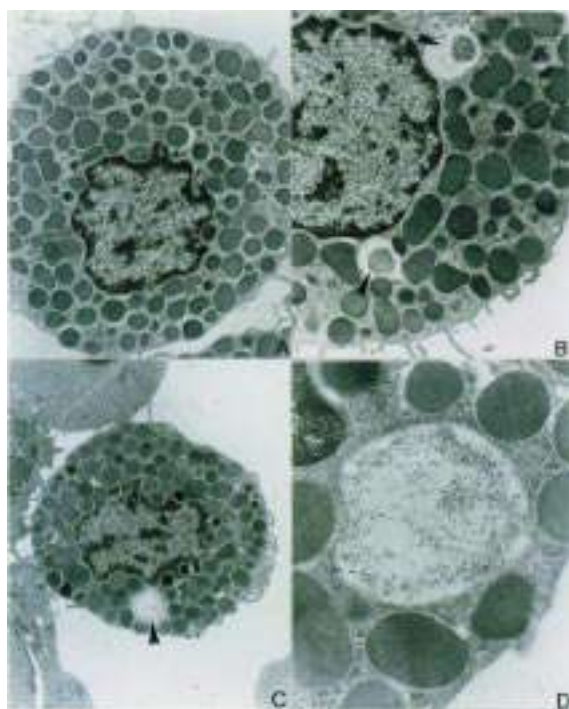


Figure 2. Ultrastructural features of mast cells treated with 500 IU/mL rhIFN- α 2a for 24 h; (A) 50-60% of cells present the characteristics of resting cells; (B) 10% of cells exhibit fusion of 2-3 granules into a small secretory channel (arrowheads), expression of a focal exocytosis; (C) 30-40% of cells contain, in their cytoplasm, expanded, not fused granular cavities containing partially dissolved or eroded granular matrices (arrowhead in C, and at higher magnification in D). Original magnification: A, C, $\times 9,000$; B, $\times 13,000$; D, $\times 18,000$.

single granules to the cell surface or by fusion of 2-3 granules into small secretory channels (Figure 2B). The most common feature of rhIFN- α 2a-treated MC was an atypical exocytosis observed in 30 to 40% cells (Table 1). Within the cytoplasm of these MC there were one or two expanded, not fused granular cavities containing partially dissolved or eroded granular matrices (Figures 2C, D). Serial sectioning demonstrated that these granules did not fuse with other granules, nor open to the cell exterior. On the other hand, the remaining cytoplasmic granules showed no sign of activation. Co-existence of focal exocytosis with large, non-fused granule formation was occasionally observed in the same cell. True exocytosis involving the whole cell granular repertoire was never observed.

CM of MC treated with rhIFN- α 2a at 25 and 250 IU do not exert an anti-angiogenic activity in the CAM assay

Macroscopic inspection of incubation day 12 showed that the gelatin sponges loaded with

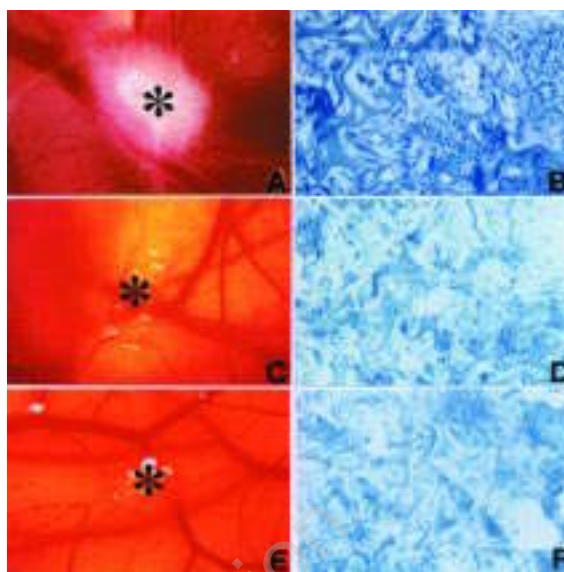


Figure 3. In A and B, effects of conditioned media (CM) of untreated mast cells on CAM vascularization. (A) Macroscopically, CM induce an angiogenic response in the form of allantoic vessels that develop radially towards the implant (asterisk) in a *spoked-wheel pattern*. (B) Microscopically, a highly vascularized tissue is recognizable among the sponge trabeculae. In C-F, effect on the angiogenic response induced by treatment with rhIFN- α 2a at 500 IU (C, D) and of the incubation of the CM treated with rhIFN- α 2a at 25 IU with a neutralizing anti-FGF-2 antibody (E, F). In both conditions, macroscopically (C, E) and microscopically (D, F) few blood vessels are detectable around and, respectively, inside the sponge. Original magnification: A, C, E, $\times 50$; B, D, F, 250.

untreated CM were surrounded by allantoic vessels that developed radially towards them in a *spoked wheel pattern* (Figure 3A). The angiogenic response was comparable to that induced by FGF-2 (positive control) (*not shown*). Microscopically, in the sponges loaded with untreated CM, a highly vascularized tissue was recognizable among the sponge trabeculae as newly formed blood vessels within an abundant network of collagen fibers (Figure 3B). Vessel density was higher at the periphery than in the center of the sponge, and at the boundary between the sponge and the CAM mesenchyme there were numerous capillaries that frequently pierced the sponge. Macroscopic and microscopic observations were confirmed by the morphometric evaluation using the planimetric method of *point counting* (Table 2).

Treatment with rhIFN- α 2a at 25 and 250 IU was unable to inhibit the angiogenic response induced by the untreated CM (Table 2). Otherwise, when the gelatin sponges were loaded with CM treated

Table 2. Effects on CAM vascularization of mast cell conditioned media (CM)^o.

Treatment	No. of intersection points (Mean \pm SD)	Microvessel density (%)
CM	30 \pm 2	20.8
CM + 25 IU rhIFN- α 2a	28 \pm 3	19.4
CM + 25 IU rhIFN- α 2a + anti-FGF-2 ab	14 \pm 3 [*]	9.7 [*]
CM + 25 IU rhIFN- α 2a + anti-VEGF ab	25 \pm 4	17.4
CM + 250 IU rhIFN- α 2a	25 \pm 3	17.4
CM + 250 IU rhIFN- α 2a + anti-FGF-2 ab	12 \pm 4 [*]	8.3 [*]
CM + 250 IU rhIFN- α 2a + anti-VEGF ab	25 \pm 5	17.3
CM + 500 IU rhIFN- α 2a	15 \pm 2 [*]	10.4 [*]
CM + 1000 IU rhIFN- α 2a	13 \pm 3 [*]	9.0 [*]
CM + pre-immune serum	28 \pm 4	19.4
FGF-2	32 \pm 4	22.2

^oMast cells were maintained for 24 h at 37°C in culture medium alone or added to 25, 250, 500 and 1,000 IU rhIFN- α 2a and CM were tested in the CAM assay. In some experiments, CM were tested in the presence of neutralizing anti-FGF-2, anti-VEGF antibodies or pre-immune rabbit serum, used as negative controls. *Statistically different from CM alone (ANOVA $p < 0.05$). ^{*}Statistically different from CM + 25/250 IU rhIFN- α 2a (ANOVA $p < 0.05$).

with rhIFN- α 2a at 500 and 1,000 IU, very few blood vessels were macroscopically detectable around the sponge (Figure 3C) and microscopically there were few vessels among the trabeculae (Figure 3D) and the boundary. Macroscopic and microscopic observations were confirmed by morphometric evaluation (Table 2).

When a neutralizing anti-FGF-2 antibody was added to the CM treated with rhIFN- α 2a at 25 and 250 IU, the angiogenic activity was significantly reduced; the morphologic findings (Figures 3E, 3F) and morphometric evaluation (Table 2) were similar to those recognizable when CM treated with rhIFN- α 2a at 500 and 1000 IU were tested. Addition of neutralizing anti-VEGF antibody did not reduce the angiogenic activity of the CM (Table 2).

Discussion

Here we show that when CM of rat MC are treated with rhIFN- α 2a at 500 and 1000 IU, the angiogenic activity of untreated CM tested in the chick embryo CAM assay is significantly reduced and that the most typical feature of rhIFN- α 2a-treated MC is the presence in their cytoplasm of one or two expanded, not fused granular cavities containing partially dissolved or eroded granular matrices. Serial sectioning examination demonstrates that these granules do not fuse with other granules and do not open to the cell exterior. On the other hand, the remaining cytoplasmic granules show no sign of activation. These morphologic features might be suggestive of a slow release of the granule contents and may explain the fewer angiogenic factors in the CM of rhIFN- α 2a-treated MC, compared to the

untreated MC. Slow release of soluble MC mediators, unlike Ig-E mediated massive degranulation during the immediate hypersensitivity reaction, also occurs in delayed hypersensitivity reactions, chronic inflammatory processes, such as rheumatoid arthritis, and tumors, such as multiple myeloma.^{28,29}

FGF-2 is a cytokine involved in the angiogenic activity of MC and rhIFN- α 2a inhibits angiogenesis by blocking the actions of FGF-2 produced by MC

Qu *et al.*³⁰ have demonstrated that FGF-2 immunoreactivity is located in the cytoplasmic granules of MC in several human tissues, and that immunogold particle localization for FGF-2 is also present in their extruded granules. They have also demonstrated immunohistochemically that FGF-2 is located in most MC from normal skin and lung and in tissue samples displaying fibrosis, hyperplasia, and neovascularization.⁷

We have previously demonstrated that isolated MC and their secretory granules, but not degranulated MC induce an angiogenic response in the CAM assay.¹³ The addition of anti-FGF-2 or anti-VEGF antibodies reduced the angiogenic response of both MC and their secretory granules and when the two antibodies were added together, their effect was additive.¹³ This illustrates their principal role in induction of the angiogenic response induced by isolated MC and their secretory granules in the CAM vasculature.

IFN- α inhibits *in vitro* FGF-2-induced endothelial cell migration and proliferation^{31,32} and systemic therapy with rhIFN- α 2a produces anti-angiogenic effects in vascular tumors, including hemangioma,^{14,17} Kaposi's sarcoma,^{18,19} melanoma,²⁰ basal and squamous cell carcinomas²¹ and bladder carcinoma.²² These tumors have been shown to produce the high levels of FGF-2 often detectable in the urine or serum of the patients.³³⁻³⁵ IFN- α decreased the expression of FGF-2 mRNA and protein in human renal cell cancer as well as in human bladder, prostate, colon and breast carcinoma cells.³⁶ Systemic administration of rhIFN- α 2a decreased both the *in vivo* expression of FGF-2 and blood vessel density, and inhibited tumor growth of a human bladder carcinoma implanted orthotopically in nude mice.³⁷

In this study we show that the angiogenic activity of the CM of MC treated with rhIFN- α 2a at concentrations unable to inhibit their angiogenic activity was significantly reduced when neutralizing anti-FGF-2 antibodies were added to these CM, while anti-VEGF antibodies were unable to reduce the angiogenic activity of the CM. The specificity

of inhibition of FGF-2 following treatment with rhIFN- α 2a is also confirmed by previous data demonstrating that in CAM assay that anti-VEGF antibody blocks the angiogenic effect of exogenous VEGF³⁸ and that anti-FGF-2 antibody blocks the effect of FGF-2.³⁹

It is conceivable to hypothesize that rhIFN- α 2a may interfere with FGF-2 through other mechanisms such as physiologic antagonism, rather than only its release in the CM. In fact, our preliminary data indicate that when rhIFN- α 2a is added to the CM after its collection and before its addition to the CAM, it retains its anti-angiogenic activity. This is in accord with previous data showing that IFN- α directly inhibits, in several tumor cell lines, mRNA and protein production of FGF-2 by a mechanism independent of its antiproliferative effect.³⁶

In conclusion, our data indicate that rhIFN- α 2a at 500-1,000 IU significantly reduces the angiogenic activity of CM collected from MC and tested in the CAM assay. It is conceivable that this angiogenic activity is prevalently mediated by FGF-2 contained in the MC secretory granules and released in their CM. In fact, CM pre-treated with lower concentrations of rhIFN- α 2a, retain their angiogenic activity in the CAM assay and this activity is significantly reduced by addition of anti-FGF-2 antibodies. Lastly, the morphologic features of MC treated with rhIFN- α 2a are characterized by an atypical secretory pathway and are compatible with slow release of the angiogenic cytokines stored in MC granules, such as FGF-2.

Disclosures

Conflict of interest: none.

Redundant publications: no substantial overlapping with previous papers.

Contributions and Acknowledgments

DR was primarily responsible for this work, from conception to submitted manuscript. The remaining authors, listed according to a criterion of decreasing individual contribution to this article, contributed equally to the laboratory experiments and statistical analyses. The last author had a major role as senior author in interpreting the data and preparing the article.

Funding

This work was supported in part by a grant from Ministero dell'Università e della Ricerca Scientifica e Tecnologica (MURST, local funds), Rome, Italy, to DR, from Associazione Italiana per la Lotta al Neuroblastoma, Genoa, Italy, to DR, and by a grant from Associazione Italiana per la Ricerca sul Cancro (AIRC), Milan, Italy, to DR and AV.

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PEER REVIEW OUTCOMES

Manuscript processing

This manuscript was peer-reviewed by two external referees and by Professor Mario Cazzola, Editor-in-Chief. The final decision to accept this paper for publication was taken jointly by Prof. Cazzola and the Editors. Manuscript received November 6, 2001; accepted March 19, 2002.

What is already known on this topic

Mast cells have a role both in normal and pathologic angiogenesis.

What this study adds

Fibroblast growth factor-2 is involved in the angiogenic activity of mast cells and interferon α inhibits angiogenesis by blocking this cytokine.

Potential implications for clinical practice

Interferon α might be employed to inhibit angiogenesis specifically.

Mario Cazzola, Editor-in-Chief