



## Peripheral blood progenitor cell collections in cancer patients: analysis of factors affecting the yields

BRIEUC SAUTOIS,\* VINCENT FRAIPONT,\* ETIENNE BAUDOUX,# MARIE-FRANCE FASSOTTE,\* JEAN-PHILIPPE HERMANNE,\* GUY JÉRUSALEM,\* VINCENT BOURS,\* LIONEL BOSQUÉE,@ NICOLE SCHAAF-LAFONTAINE,° JEAN-MICHEL PAULUS,° DANIELLE SONDAG,# GEORGES FILLET,\* YVES BEGUIN\*

\*Department of Medicine, Division of Hematology-Oncology; °Department of Clinical Biology, Division of Laboratory Hematology; #Department of Transfusion Medicine, University of Liège, Liège, Belgium; @Department of Medicine, CHR Citadelle, Liège, Belgium

### ABSTRACT

**Background and Objective.** Peripheral blood progenitor cells (PBPC) are now widely used to restore hematopoiesis following high dose chemotherapy in patients with malignancies. We sought to identify parameters that could predict the yield of PBPC after mobilization with chemotherapy (CT) with or without granulocyte colony-stimulating factor (G-CSF) in cancer patients.

**Design and Methods.** One hundred and fifty patients underwent 627 PBPC collections during the recovery phase following CT with (n = 469) or without (n = 142) G-CSF. Hemogram, CFC-assays and CD34<sup>+</sup> cell count were performed on peripheral blood and leukaphereses products. After log transformation of the data, differences between groups were assessed with the unpaired t-test or one-way analysis of variance.

**Results.** Seventeen and two patients required 2 and 3 mobilization cycles respectively to reach our target of  $15 \times 10^4$  CFU-GM/kg. In patients with lymphoma but not in those with leukemia, the yields of both CFU-GM and CD34<sup>+</sup> cells/kg were dramatically increased when G-CSF was added to CT for mobilization. In collections primed with CT and G-CSF, better yields were obtained in patients with breast cancer or small-cell lung carcinoma (SCLC) as opposed to other solid tumors and leukemia. Among potential predictive factors of CT- and G-CSF-primed harvests, we found that the CD34<sup>+</sup> cell count in peripheral blood (PB) was strongly correlated with both the CFU-GM and CD34<sup>+</sup> cell yields. Except in leukemia patients, more than  $1 \times 10^6$  CD34<sup>+</sup> cells/kg were harvested when the CD34<sup>+</sup> cell count in blood was above  $20 \times 10^6$ /L. Similarly, better results were obtained in collections performed when the percentage of myeloid progenitors in blood on the day of apheresis was above 5% or when the leukocyte count in blood was above  $5 \times 10^9$ /L.

**Interpretation and conclusions.** A diagnosis of breast cancer or SCLC, a leukocyte count in PB of more than  $5 \times 10^9$ /L, more than 5% myeloid progenitors or more

than  $20 \times 10^6$  CD34<sup>+</sup> cells/L in PB were associated with higher yields of PBPC in collections mobilized with CT+G-CSF.

©1999, Ferrata Storti Foundation

Key words: PBPC collections, CD34 antigen, hematopoietic progenitors, hematopoietic stem cell transplanta-

Peripheral blood progenitor cells (PBPC) are now widely used to restore hematopoiesis following high dose chemotherapy in patients with malignancies. Compared with autologous bone marrow, PBPC transplants are associated with shorter periods of aplasia, reduced red blood cell and platelet transfusional needs and shorter duration of hospital stay.<sup>1-8</sup> PBPC are usually collected by apheresis during the recovery phase following cytotoxic chemotherapy (CT). Various regimens with granulocyte colony-stimulating factor (G-CSF) have been used successfully but some studies have used granulocyte-monocyte CSF (GM-CSF)<sup>9-11</sup> or no growth factor.<sup>8,12,13</sup> The quantity of progenitor cells to be infused to achieve a prompt recovery post-transplant remains controversial but a minimum of 1-2 and an optimum of  $5 \times 10^6$  CD34<sup>+</sup> cells per kg is usually considered adequate.<sup>14-17</sup> In order to improve the cost effectiveness of apheresis, the number of collections required to achieve this target should be minimized and therefore, analysis of factors affecting the yield is of importance. We have retrospectively analyzed 627 PBPC harvests in cancer patients from a single collection center in order to identify those parameters that are predictive of the yields of both hematopoietic progenitors and CD34<sup>+</sup> cells.

### Design and Methods

#### Patients and mobilization

One hundred and fifty patients with either hematologic malignancies or solid tumors who were eligible for high-dose chemotherapy and stem cell rescue underwent PBPC harvests. Patients' details are given in Table 1. Most of the hematologic patients had been heavily pre-treated. PBPC were collected during

Correspondence: Yves Beguin, Service d'Hématologie-Oncologie, CHU Sart- Tilman, B-4000 Liège, Belgium.  
Phone: international +32-4-3667201 - Fax: international +32-4-3668855.

**Table 1. Patients' characteristics.**

	+ G-CSF	- G-CSF
Number of patients*	124	27
Age (median and range)	47 (2-73)	42 (14-61)
Male/Female	65/59	16/11
Diagnosis		
Leukemias	17	10
AML	10	10
ALL	2	-
CML	3	-
MDS	2	-
Lymphomas	30	15
NHL	25	14
HD	5	1
Multiple myeloma	12	-
Breast cancer	23	-
SCLC	24	-
Other solid tumors	18	2
Neuroblastoma	3	-
Ovarian cancer	2	-
Germ cell tumor	3	2
Miscellaneous	10	-

\*One NHL patient underwent 2 cycles of mobilization, one with CT+G-CSF and one with CT only. He is, therefore, included in both groups so that the total number of patients appears to be 151 but is really 150.

the recovery phase following disease-oriented CT either with (469 leukaphereses from 133 cycles of mobilization) or without (142 leukaphereses from 32 cycles) G-CSF (Neupogen™, Amgen, Thousand Oaks, CA, USA). Most lymphoma and myeloma patients were mobilized with cyclophosphamide 4500 mg/m<sup>2</sup> and etoposide 450 mg/m<sup>2</sup>, most breast cancer patients with an intensified FEC regimen, most SCLC patients with epirubicin 90 mg/m<sup>2</sup> and ifosfamide 12 g/m<sup>2</sup> and most leukemias with a combination of an anthracycline and Ara-C. Sixteen collections from 6 mobilization cycles were primed with G-CSF alone. All patients gave informed consent according to local regulations. Chemotherapy regimens were chosen for both their efficacy against the patients' disease and their ability to induce a white blood cell (WBC) rebound following aplasia. G-CSF was administered subcutaneously at a dose of 5 µg/kg daily commencing 24 h after the CT ended and continuing until the day before the last leukapheresis.

#### **Leukapheresis and cryopreservation**

PBPC were collected using blood cell separators CS3000+ (Baxter-Fenwal Laboratories, Deerfield, IL, USA) or Spectra (Cobe BCT, Lakewood, CO, USA). The first collection was undertaken when the WBC count reached 1×10<sup>9</sup>/L or after 4 days of G-CSF administration if no CT was used. A median of 3 (range 1-7) consecutive daily (including during weekends) leukaphereses were performed. Usually 12

liters of blood were processed per apheresis.

Cells in 10% dimethylsulfoxide (DMSO) were frozen to -90°C by means of a KRYO II Series controlled rate freezer (Planer, Sunbury-on-Thames, England) at a rate of 1°C/min and then stored in the liquid phase of nitrogen.

#### **Blood and leukapheresis characterization**

##### *Cell counting*

WBC count, differential, platelet count, hemoglobin and hematocrit levels in peripheral blood (PB) and in leukapheresis products were determined for each procedure using a Technicon H1 counter (Bayer, Tarrytown, NJ, USA). A WBC count for identification of myeloid precursors (blasts, promyelocytes, myelocytes and metamyelocytes) was also performed manually.

##### *CFC-assays*

Hematopoietic progenitors were grown in 0.9% methylcellulose in a commercially available medium (H4433, Terry Fox Laboratory, Vancouver, BC, Canada). Cultures were incubated at 37°C in a humidified 5% CO<sub>2</sub> atmosphere. Formation of colony-forming unit-granulocyte-macrophage (CFU-GM), burst-forming unit-erythroid (BFU-E) and colonies of multiple lineages (CFU-Mix) were scored on day 14.

##### *Flow cytometry*

Aliquots of the leukapheresis products or PB were incubated with phycoerythrin-conjugated monoclonal anti-CD34 (HPCA2, Becton Dickinson, Palo Alto, CA, USA) for 20 minutes at 20°C, washed and fixed with 1% formaldehyde. A total of 1×10<sup>5</sup> cells was analyzed (FACScan analyzer, Becton Dickinson). The percentage of CD34<sup>+</sup> cells in the isotype control was subtracted from the percentage of CD34<sup>+</sup> cells to give the final percentage of CD34<sup>+</sup> cells. Data acquisition was performed with software (Cellquest, Becton Dickinson).

#### **Data analysis**

For data analysis, patients with Hodgkin's disease or non-Hodgkin's lymphoma (NHL) were considered together as lymphomas. Similarly, those with acute myeloid leukemia (AML), acute lymphoblastic leukemia (ALL), acute phase of chronic myelogenous leukemia (CML) or myelodysplastic syndrome (MDS) were grouped under the label *leukemia*. Patients with solid tumors were separated into those with small-cell lung carcinoma (SCLC), those with breast cancer and those with other solid tumors. Patients with myeloma were also analyzed separately. Finally, G-CSF primed collections refers to all leukaphereses mobilized with G-CSF, with (n = 469) or without (n = 16) CT.

Because of the skewed distribution of the data, log transformations were performed. Unpaired t-tests or one-way analysis of variance followed by Tukey's multiple comparison tests were used to compare differ-

**Table 2. Yields according to the recruitment protocol.**

Yields	+ G-CSF	- G-CSF	p
MNC ( $\times 10^8$ /kg)	1.00 [0.01-12.39]	0.68 [0.08-4.80]	< 0.0001
CFU-GM ( $\times 10^4$ /kg)	9.94 [0-695.5]	2.08 [0-48.7]	< 0.0001
BFU-E ( $\times 10^4$ /kg)	25.13 [0-1832]	5.67 [0-75.50]	< 0.0001
CFU-Mix ( $\times 10^4$ /kg)	1.56 [0-239.5]	0.07 [0-6.82]	< 0.0001
CD34 <sup>+</sup> ( $\times 10^6$ /kg)	1.27 [0-249.8]	0.88 [0-9.5]	< 0.0001

(median [range]).

ences between groups and Pearson's correlations were used to examine the relationship between various parameters and the yields of leukapheresis.

## Results

### Overall leukapheresis yields

We performed 627 leukaphereses after 171 mobilization cycles in 150 patients with the aim of collecting a minimum of  $1 \times 10^6$  CD34<sup>+</sup> cells/kg or  $5 \times 10^4$  CFU-GM/kg and if possible  $5 \times 10^6$  CD34<sup>+</sup> cells/kg. Seventeen patients required 2 mobilization cycles and 2 patients required 3 such cycles in order to achieve this target. Per leukapheresis, the yields (median [range]) were 0.88 [0.01-12.39]  $\times 10^8$  MNC/kg, 6.24 [0-695.53]  $\times 10^4$  CFU-GM/kg, 14.47 [0-1831.69]  $\times 10^4$  BFU-E/kg, 0.84 [0-239.51]  $\times 10^4$  CFU-Mix/kg and 1.17 [0-249.76]  $\times 10^6$  CD34<sup>+</sup> cells/kg irrespective of the method of mobilization.

### Role of G-CSF

Collections primed with G-CSF were associated with significantly higher yields of hematopoietic progenitors and CD34<sup>+</sup> cells compared with those primed with CT alone (Table 2). This effect of G-CSF was observed in the lymphoma group (median [range] for CFU-GM: 7.78 [0-327.2] vs 1.85 [0.07-28.10]  $\times 10^4$ /kg and for CD34<sup>+</sup> cells: 1.26 [0.02-32.18] vs 0.64 [0-7.65]  $\times 10^6$ /kg) but was not found in the leukemia group either for the yield of CFU-GM (median 4.31 [range 0-213.8] vs 2.86 [0-48.7]  $\times 10^4$ /kg, NS) or for that of CD34<sup>+</sup> cells (median 0.76 [range 0.01-249.8] vs 1.19 [0.06-9.05]  $\times 10^6$ /kg, NS). Only G-CSF primed collections were therefore considered for further analysis. We found strong correlations between the numbers of CFU-GM/kg and MNC/kg ( $r = 0.63$ ,  $p < 0.0001$ ) or CD34<sup>+</sup> cells/kg ( $r = 0.74$ ,  $p < 0.0001$ ) as well as between CD34<sup>+</sup> cells/kg and MNC/kg ( $r = 0.62$ ,  $p < 0.0001$ ) collected. We also found strong correlations between CFU-GM/kg and BFU-E/kg ( $r = 0.88$ ,  $p < 0.0001$ ) or CFU-Mix/kg ( $r = 0.86$ ,  $p < 0.0001$ ).

**Table 3. Influence of diagnosis on the yields in G-CSF primed collections.**

Diagnosis	MNC/kg ( $\times 10^8$ )	CFU-GM/kg ( $\times 10^4$ )	BFU-E/kg ( $\times 10^4$ )	CFU-Mix/kg ( $\times 10^4$ )	CD34/kg ( $\times 10^6$ )
Breast cancer	1.35 [0.16-11.7]	27.8 [0.10-373]	36.06 [0.24-461.70]	5.16 [0-161.30]	2.48 [0.05-38.02]
SCLC	1.52 [0.27-6.45]	18.73 [0.28-97.5]	44.41 [6.65-455.30]	3.26 [0-40.60]	2.22 [0.19-17.00]
Lymphoma	0.85 [0.02-11.52]	7.78 [0-327.2]	24.09 [0-1832.00]	1.34 [0-239.50]	1.26 [0.02-32.18]
Myeloma	0.74 [0.10-3.45]	5.79 [0-695.5]	19.08 [0.03-892.30]	0.61 [0-179.60]	0.78 [0.02-61.53]
Leukemia	0.89 [0.01-9.01]	4.31 [0-213.8]	4.82 [0-390.40]	0.65 [0-78.70]	0.76 [0.01-249.8]
Other solid tumors	0.82 [0.12-12.39]	3.37 [0-293.9]	7.03 [0-436.80]	0.11 [0-85.64]	0.84 [0-13.06]

(median [range]).

### Influence of diagnosis

In univariate analysis, the diagnosis group was an important parameter determining the yields of MNC/kg ( $p < 0.0001$ ), CFU-GM/kg ( $p = 0.0001$ ), BFU-E ( $p < 0.0001$ ), CFU-Mix ( $p = 0.0213$ ) as well as CD34<sup>+</sup> cells/kg ( $p = 0.0033$ ) collected with G-CSF (Table 3). Higher yields were achieved in patients with breast cancer or SCLC (all  $p$  values  $< 0.05$ ) than in patients with other solid tumors, lymphoma, myeloma or leukemia.

### Influence of WBC count in blood

Yields of CFU-GM ( $r = 0.58$ ,  $p < 0.0001$ ) or CD34<sup>+</sup> cells ( $r = 0.52$ ,  $p < 0.0001$ ) were strongly correlated with the PB WBC count. Collections performed when the WBC count was below  $2 \times 10^9$ /L yielded significantly lower amounts of CFU-GM compared with those realized when the WBC count was between 2 and 5 or above  $5 \times 10^9$ /L (all  $p < 0.0001$ ) (Table 4). The amounts of CD34<sup>+</sup> cells or CFU-Mix collected per kg were significantly higher only when the PB WBC count was above  $5 \times 10^9$ /L ( $p < 0.0001$ ). There was a 70% probability of collecting  $> 1 \times 10^6$  CD34<sup>+</sup> cells/kg when the PB WBC count was  $> 5 \times 10^9$ /L. In leukemia patients the optimal threshold for the PB WBC count was  $5 \times 10^9$ /L ( $2.13 \times 10^6$  [range 0.56-249.80] vs 0.22 [0.01-2.78] CD34<sup>+</sup> cells/kg,  $p < 0.0001$ ). In the group of patients with breast cancer, this threshold was  $10 \times 10^9$ /L with a median of  $3.60 \times 10^6$  CD34<sup>+</sup> cells/kg collected versus  $0.89 \times 10^6$  CD34<sup>+</sup> cells/kg ( $p < 0.0001$ ). Similar data were obtained in the lymphoma, myeloma and SCLC groups with a threshold of  $10 \times 10^9$ /L,  $10 \times 10^9$ /L and  $5 \times 10^9$ /L, respectively.

**Table 4. Yields in G-CSF primed collections according to the number of WBC in the peripheral blood.**

WBC in blood ( $\times 10^9/L$ )	$\leq 2$	2-5	$> 5$
MNC/kg ( $\times 10^6$ )	0.30 [0.01-1.43]	0.61 [0.05-12.39]	1.50 [0.02-11.70]
CFU-GM/kg ( $\times 10^4$ )	0.29 [0-43.97]	3.38 [0-102.80]	20.08 [0-695.50]
BFU-E ( $\times 10^4$ )	1.64 [0-115.70]	8.48 [0-379.30]	41.16 [0-1832]
CFU-Mix ( $\times 10^4$ )	0 [0-14.41]	0.57 [0-51.14]	3.40 [0-239.50]
CD34/kg ( $\times 10^6$ )	0.44 [0-6.36]	0.47 [0-14.84]	2.29 [0-249.80]

(median [range]).

**Table 5. Yields in G-CSF primed collections according to the percentage of myeloid precursors in the peripheral blood.**

Myeloid precursor in blood (%)	$\leq 5$	$> 5$
MNC/kg ( $\times 10^6$ )	0.83 [0.01-12.39]	1.69 [0.03-11.70]
CFU-GM/kg ( $\times 10^4$ )	4.68 [0-695.50]	38.42 [0.11-612.70]
BFU-E ( $\times 10^4$ )	10.34 [0-892.30]	99.48 [0.85-1832.00]
CFU-Mix ( $\times 10^4$ )	0.65 [0-179.6]	9.40 [0-239.50]
CD34/kg ( $\times 10^6$ )	0.80 [0-61.53]	4.54 [0.02-249.80]

(median [range]).

**Influence of the speed of WBC recovery during collection**

$\Delta$ WBC, a measure of the rapidity of WBC recovery, was defined as the difference in the PB WBC count between the third and the first collections divided by the WBC count on the day of the first collection. There was only a weak but significant correlation between  $\Delta$ WBC and the yields of CFU-GM/kg ( $r = 0.24$ ,  $p < 0.0001$ ) and CD34<sup>+</sup> cells/kg ( $r = 0.24$ ,  $p < 0.0001$ ). These correlations were found only in breast cancer, lymphoma and leukemia but not in SCLC, myeloma or solid tumors. G-CSF primed collections when the  $\Delta$ WBC was above 1.5 were associated with increased yields of CFU-GM ( $p = 0.0003$ ) and CD34<sup>+</sup> cells ( $p < 0.0001$ ). This was true in breast cancer for both CFU-GM and CD34<sup>+</sup> cells (both  $p < 0.0001$ ), in leukemia only for CFU-GM ( $p = 0.04$ ) whilst it did not reach statistical significance in lymphoma.

**Table 6. Yields in collections primed with G-CSF according to the concentration of CD34<sup>+</sup> cells in blood.**

CD34 <sup>+</sup> cells in blood ( $\times 10^6/L$ )	$\leq 20$	20-60	$> 60$
MNC/kg ( $\times 10^6$ )	0.59 [0.01-3.54]	1.17 [0.02-11.70]	1.77 [0.03-11.52]
CFU-GM/kg ( $\times 10^4$ )	2.22 [0-95.52]	11.31 [0-373]	38.91 [0.11-695.5]
BFU-E ( $\times 10^4$ )	4.63 [0-180.20]	25.40 [0-461.70]	97.51 [1.20-1832.00]
CFU-Mix ( $\times 10^4$ )	0.23 [0-27.49]	1.74 [0-48.01]	9.52 [0-239.50]
CD34/kg ( $\times 10^6$ )	0.31 [0-3.94]	1.18 [0.01-38.02]	4.06 [0.02-61.53]

(median [range]).

**Influence of the percentage of myeloid precursors in blood**

The percentage of myeloid precursors in the blood was correlated with the quantities of CFU-GM ( $r = 0.46$ ,  $p < 0.0001$ ) and CD34<sup>+</sup> cells ( $r = 0.49$ ,  $p < 0.0001$ ) harvested. Collections performed when the percentage of myeloid precursors in the blood was higher than 5% were significantly better ( $p < 0.0001$ ) in terms of yields (Table 5). This threshold was not affected by diagnosis (data not shown).

**Influence of the CD34<sup>+</sup> cell count in blood**

The number of CD34<sup>+</sup> cells in PB measured before collection was strongly correlated with the yields of CFU-GM ( $r = 0.62$ ,  $p < 0.0001$ ) and CD34<sup>+</sup> cells ( $r = 0.74$ ,  $p < 0.0001$ ) (Figure 1) in the related harvest. This relation was observed in each diagnostic group and was particularly strong in leukemia. When there were less than  $20 \times 10^6$  CD34<sup>+</sup> cells/L in the blood, both CFU-GM/kg and CD34<sup>+</sup> cells/kg were significantly lower than when there were between 20 and 60 or above 60, ( $p < 0.0001$ ) (Table 6). In each diagnostic group except leukemia, more than  $1 \times 10^6$  CD34<sup>+</sup> cells/kg (median) were harvested when the PB CD34<sup>+</sup> cell count was above  $20 \times 10^6/L$ . However, in leukemia patients the CD34<sup>+</sup> cell count ( $\times 10^6/kg$ ) in the harvest was only significantly higher when the corresponding PB cell count was above  $60 \times 10^6/L$  (3.90 [1.05-17.69] vs 0.35 [0.06- 2.78] if CD34<sup>+</sup> cells in blood were  $< 20 \times 10^6/L$ ,  $p < 0.0001$ , and vs 0.75 [0.25-2.34] if between 20 and  $60 \times 10^6/L$ ,  $p = 0.0054$ ). A value of  $20 \times 10^6/L$  CD34<sup>+</sup> cells in PB was associated with a 73% probability of obtaining 1 and a 25% probability of obtaining  $5 \times 10^6$  CD34<sup>+</sup> cells/kg, while a value of 60 was associated with a 90% probability of obtaining 1 and a 40% probability of obtaining  $5 \times 10^6$  CD34<sup>+</sup> cells/kg.

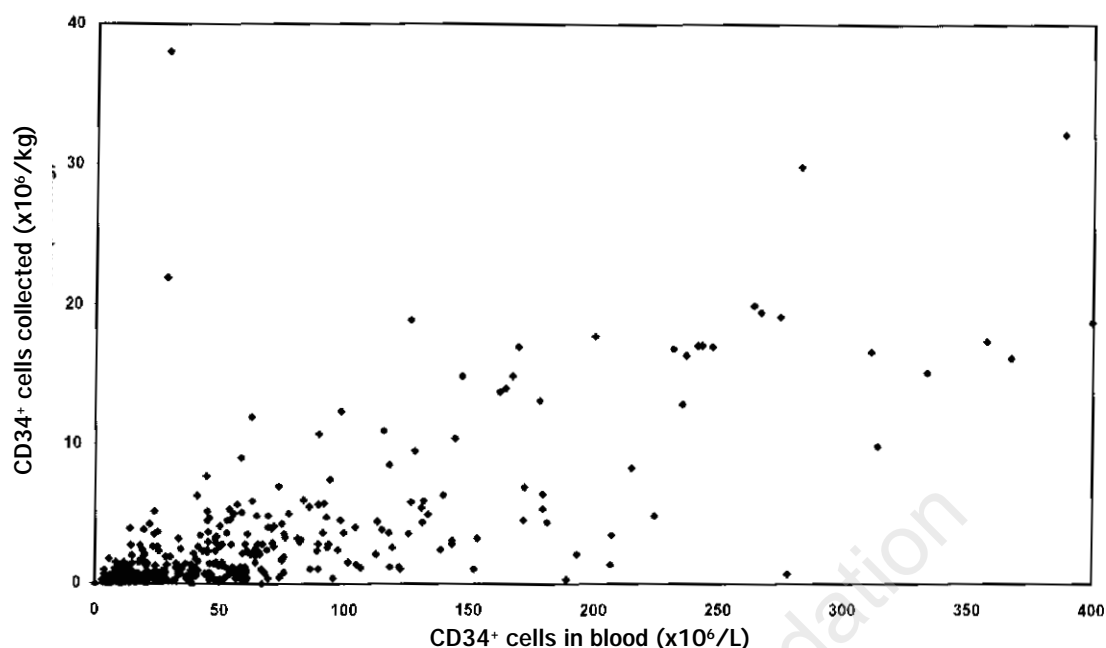


Figure 1. CD34<sup>+</sup> cells collected per kg according to the CD34<sup>+</sup> cell count in the peripheral blood after mobilization with CT + G-CSF ( $r = 0.74$ ,  $p < 0.0001$ ).

## Discussion

We analyzed 627 PBPC collections and tried to define some predictive factors in order to rationalize our leukapheresis scheme. We show that CFU-Mix and BFU-E correlate extremely well with CFU-GM and therefore their determination does not add much to that of CFU-GM alone. The present study also demonstrates a strong correlation between CFU-GM and CD34<sup>+</sup> cells collected per leukapheresis after mobilization with CT and G-CSF. Such relationships have been reported previously by most authors.<sup>11,18-25</sup> In agreement with previous studies,<sup>26</sup> we report a strong correlation between MNC and both CFU-GM or CD34<sup>+</sup> cells collected. These findings suggest that the quality of a leukapheresis product may be judged from its CD34<sup>+</sup> cell content alone and that cultures of hematopoietic progenitors might be abandoned altogether.

The influence of diagnosis on the yields is highlighted by our finding of higher numbers of harvested PBPC in patients with breast cancer or SCLC. The role of previous stem cell damage from cytotoxic drugs is the likely explanation<sup>6,14,20,27</sup> as these patients had been less heavily pretreated than those with leukemia or lymphoma. However, this observation could also support a previous finding concerning the favorable impact of a diagnosis of breast cancer rather than NHL.<sup>28</sup> Such differences in the yield of CFU-GM were not observed among patients with NHL, myeloma or solid tumors mobilized with cyclophosphamide.<sup>12</sup> We did not find any correlation between the age of the patients and the yields

achieved. This is consistent with results in most papers<sup>6,12,29</sup> although inverse correlations between age and progenitor cell yields have been found by some researchers.<sup>14,30</sup> Age, diagnosis and previous therapies are, however, seldom controlled for at time of PBPC mobilization and such prognostic factors are almost irrelevant in practice.

Collections primed with G-CSF in addition to disease-oriented CT yielded significantly higher numbers of CFU-GM and CD34<sup>+</sup> cells than those mobilized with CT alone.<sup>10,31,32</sup> While an improvement in the yields of progenitor cells was seen in the lymphoma group treated with G-CSF, such a favorable effect was not really observed in leukemia patients. In a study including 22 patients mainly with AML, Teshima *et al.*<sup>32</sup> reported higher yields of MNC, CFU-GM and BFU-E when G-CSF and CT were used to recruit PBPC as compared to CT alone. This discrepancy with our results may be linked to differences in the clinical status of the patients or in the CT regimens used.

Like many investigators, we have chosen to start leukaphereses when the PB WBC count reaches  $1 \times 10^9/L$ . However, collections performed while the WBC count was above  $5 \times 10^9/L$  were associated with higher numbers of CD34<sup>+</sup> cells and CFU-GM collected. In breast cancer and lymphoma patients, more than  $3.6 \times 10^6$  CD34<sup>+</sup> cells/kg (median) were collected when the WBC count was  $> 10 \times 10^9/L$ . These data suggest that starting leukaphereses when the WBC count is between 1 and  $2 \times 10^9/L$  will produce lower yields in the first collections with subsequent improve-

ment as the WBC count increases. This is supported by the previous observation that the maximum mobilization of CFU-GM and CD34<sup>+</sup> cells started 2 days after the WBC count rose to  $2 \times 10^9/L$  and was then maintained over 4 to 5 days.<sup>11</sup> It has, however, been demonstrated that the peak number of LTC-IC coincides with the early rise of WBC and not necessarily with the peak of CD34<sup>+</sup> cells or CFU-GM.<sup>31</sup> Furthermore, early PBPC collections contain more cytotoxic effector cells and could therefore theoretically be associated with better antitumor effects.<sup>33</sup> Finally, contamination with tumor cells may be considerably increased in the later collections.<sup>34,35</sup> Great care should clearly be taken to avoid improving the yields of CD34<sup>+</sup> cells or CFU-GM at the expense of excluding more primitive hematopoietic cells or decreasing the purity or anti-tumor effect of the product.

The predictive value of the CD34<sup>+</sup> cell count in the blood has previously been reported and attempts have been made to define a threshold at which to start apheresis.<sup>18,23,36</sup> A strong correlation between the preceding day CD34<sup>+</sup> concentration in blood and the yield of CD34<sup>+</sup> cells has been reported.<sup>37,38</sup> We also found a strong correlation between the blood CD34<sup>+</sup> cell count and the CD34<sup>+</sup> cell content of the same day leukapheresis product. When the CD34<sup>+</sup> cell count was more than  $20 \times 10^6/L$ , PBPC yield reached a median of  $1.18 \times 10^6$  CD34<sup>+</sup> cells/kg (73% probability of obtaining  $> 1 \times 10^6$  CD34<sup>+</sup> cells/kg) and a median of  $11.31 \times 10^4$  CFU-GM/kg. A CD34<sup>+</sup> cell count below  $20 \times 10^6/L$  was associated with an 83% probability of failure to reach  $1 \times 10^6$  CD34<sup>+</sup> cells/kg. In leukemia patients the cut-off effect appeared even stronger but set at a higher level with considerably better yields when the CD34<sup>+</sup> cell count was above  $60 \times 10^6/L$ . Similarly, investigators in Heidelberg observed that more than  $2.5 \times 10^6$  CD34<sup>+</sup> cells/kg were likely to be collected when the CD34<sup>+</sup> cell count in the blood was above  $50 \times 10^6/L$ .<sup>39</sup> Peripheral blood CFU-GM predicted the yields of CFU-GM or CD34<sup>+</sup> cells even better, but this is of no clinical use given the time required for progenitor cell cultures.

Potential surrogates for PB CD34<sup>+</sup> cell count may be the presence of myeloid precursors in the peripheral blood or the speed of leukocyte recovery. Watanabe *et al.*<sup>40</sup> found a correlation between blood myelocytes and the numbers of CFU-GM collected. Craig *et al.*<sup>41</sup> noticed that the CFU-GM yield was poorer when more than 4 days were needed for WBC to recover from  $1$  to  $5 \times 10^9/L$  in patients mobilized with CY and G-CSF while Schwartzberg *et al.*<sup>24</sup> found this parameter relevant only after mobilization with CT alone. We found a weak but significant correlation between  $\Delta WBC$  and progenitor cell yields in patients mobilized with G-CSF but not in those treated with CT alone. We also report a very significant correlation for the presence of myeloid precursors (primarily myelocytes) and found that a median of  $4.54 \times 10^6$  CD34<sup>+</sup> cells /kg were harvested if there were more

than 5% myeloid precursors in PB. However, these parameters provided less efficient prediction than the one obtained with the CD34<sup>+</sup> cell count which should remain the gold standard.

In conclusion, our analysis has shown that multiple parameters affect the yields of PBPC collections. Better collections are obtained in patients with breast cancer or SCLC probably because of lower exposure to cytotoxic drugs. A leukocyte count above  $5 \times 10^9/L$ , more than 5% myeloid progenitors in the blood or more than  $20 \times 10^6$  CD34<sup>+</sup> cells/L in blood were all associated with higher yields. In lymphoma patients but, surprisingly, not in leukemia patients, the addition of G-CSF to the CT regimen has dramatically improved the yields. Confirming previous observations in this journal,<sup>42,43</sup> the best predictor appears to be the CD34<sup>+</sup> cell count in the blood on the day of the harvest and patients with  $> 20 \times 10^6$  CD34<sup>+</sup> cells/L have a 73% probability of obtaining at least  $1 \times 10^6$  CD34<sup>+</sup> cells/kg in the leukapheresis product.

### Contributions and Acknowledgments

*BS wrote the paper. BS and VF collected and analyzed the data. Leukaphereses were carried out by EB and DS, progenitor cell cultures by J-MP, and CD34 analyses by NS-L. M-FF, J-PH, GF and YB took care of the patients with hematologic malignancies, LB of those with lung cancer, and GJ and VB of those with other solid tumors. YB designed the study and reviewed the manuscript. The order in which the names of the authors appear in this paper is related to the importance of their contribution. YB, as the senior author, is cited last. We greatly appreciated the help of the nursing staff of the Blood Bank at the University Hospital (CHU) of Liège. We are also indebted to Dr. Robert Wynn, Paterson Institute for Cancer Research, Manchester, U.K., for his careful review of the manuscript.*

### Funding

*BS was supported by a "Grant Télévie" from the National Fund for Scientific Research (F.N.R.S), Belgium. YB is Senior Research Associate of the F.N.R.S. and VB is Research Associate of the F.N.R.S.*

### Disclosures

*Conflict of interest: none.*

*Redundant publications: no substantial overlapping with previous papers.*

### Manuscript processing

*Manuscript received November 6, 1998; accepted January 15, 1999.*

### References

1. Beyer J, Schwella N, Zingsem J, et al. Hematopoietic rescue after high-dose chemotherapy using autologous peripheral-blood progenitor cells or bone marrow: a randomized comparison. *J Clin Oncol* 1995; 13:1328-35.
2. Schmitz N, Linch DC, Dreger P, et al. Randomised trial of filgrastim-mobilised peripheral blood progenitor

- cell transplantation versus autologous bone-marrow transplantation in lymphoma patients. *Lancet* 1996; 347:353-7.
3. Faucher C, le Corroller AG, Blaise D, et al. Comparison of G-CSF-primed peripheral blood progenitor cells and bone marrow auto transplantation: clinical assessment and cost-effectiveness. *Bone Marrow Transplant* 1994; 14:895-901.
  4. Brugger W, Birken R, Bertz H, et al. Peripheral blood progenitor cells mobilized by chemotherapy plus granulocyte colony-stimulating factor accelerate both neutrophil and platelet recovery after high-dose VP16, ifosfamide and cisplatin. *Br J Haematol* 1993; 84:402-7.
  5. Ager S, Scott MA, Mahendra P, et al. Peripheral blood stem cell transplantation after high-dose therapy in patients with malignant lymphoma: a retrospective comparison with autologous bone marrow transplantation. *Bone Marrow Transplant* 1995; 16:79-83.
  6. Dreger P, Kloss M, Petersen B, et al. Autologous progenitor cell transplantation: prior exposure to stem cell-toxic drugs determines yield and engraftment of peripheral blood progenitor cell but not of bone marrow grafts. *Blood* 1995; 86:3970-8.
  7. Sheridan WP, Begley CG, Juttner CA, et al. Effect of peripheral-blood progenitor cells mobilised by filgrastim (G-CSF) on platelet recovery after high-dose chemotherapy. *Lancet* 1992; 339:640-4.
  8. To LB, Roberts MM, Haylock DN, et al. Comparison of haematological recovery times and supportive care requirements of autologous recovery phase peripheral blood stem cell transplants, autologous bone marrow transplants and allogeneic bone marrow transplants. *Bone Marrow Transplant* 1992; 9:277-84.
  9. Peters WP, Rosner G, Ross M, et al. Comparative effects of granulocyte-macrophage colony-stimulating factor (GM-CSF) and granulocyte colony-stimulating factor (G-CSF) on priming peripheral blood progenitor cells for use with autologous bone marrow after high-dose chemotherapy. *Blood* 1993; 81:1709-19.
  10. Gianni AM, Siena S, Bregni M, et al. Granulocyte-macrophage colony-stimulating factor to harvest circulating haemopoietic stem cells for autotransplantation. *Lancet* 1989; 2:580-5.
  11. Ho AD, Gluck S, Germond C, et al. Optimal timing for collections of blood progenitor cells following induction chemotherapy and granulocyte-macrophage colony-stimulating factor for autologous transplantation in advanced breast cancer. *Leukemia* 1993; 7: 1738-46.
  12. Kotasek D, Shepherd KM, Sage RE, et al. Factors affecting blood stem cell collections following high-dose cyclophosphamide mobilization in lymphoma, myeloma and solid tumors. *Bone Marrow Transplant* 1992; 9:11-7.
  13. Emminger W, Emminger Schmidmeier W, et al. The median daily increment of leukocytes during hematopoietic recovery reflects the myeloid progenitor cell yield during leukapheresis in children. *Bone Marrow Transplant* 1990; 5:419-24.
  14. Bensinger WI, Longin K, Appelbaum F, et al. Peripheral blood stem cells (PBSCs) collected after recombinant granulocyte colony-stimulating factor (rhG-CSF): an analysis of factors correlating with the tempo of engraftment after transplantation. *Br J Haematol* 1994; 87:825-31.
  15. Tricot G, Jagannath S, Vesole D, et al. Peripheral blood stem cell transplants for multiple myeloma: identification of favorable variables for rapid engraftment in 225 patients. *Blood* 1995; 85:588-96.
  16. Weaver CH, Hazelton B, Birch R, et al. An analysis of engraftment kinetics as a function of the CD34 content of peripheral blood progenitor cell collections in 692 patients after the administration of myeloablative chemotherapy. *Blood* 1995; 86:3961-9.
  17. Hohaus S, Goldschmidt H, Ehrhardt R, Haas R. Successful autografting following myeloablative conditioning therapy with blood stem cells mobilized by chemotherapy plus rhG-CSF. *Exp Hematol* 1993; 21:508-14.
  18. Zimmerman TM, Lee WJ, Bender JG, Mick R, Williams SF. Quantitative CD34 analysis may be used to guide peripheral blood stem cell harvests. *Bone Marrow Transplant* 1995; 15:439-44.
  19. Passos Coelho JL, Braine HG, Davis JM, et al. Predictive factors for peripheral-blood progenitor-cell collections using a single large-volume leukapheresis after cyclophosphamide and granulocyte-macrophage colony-stimulating factor mobilization. *J Clin Oncol* 1995; 13:705-14.
  20. Schneider JG, Crown JP, Wasserheit C, et al. Factors affecting the mobilization of primitive and committed hematopoietic progenitors into the peripheral blood of cancer patients. *Bone Marrow Transplant* 1994; 14:877-84.
  21. Bender JG, Lum L, Unverzagt KL, et al. Correlation of colony-forming cells, long-term culture initiating cells and CD34+ cells in apheresis products from patients mobilized for peripheral blood progenitors with different regimens. *Bone Marrow Transplant* 1994; 13: 479-85.
  22. Fruehauf S, Haas R, Conrad C, et al. Peripheral blood progenitor cell (PBPC) counts during steady-state hematopoiesis allow to estimate the yield of mobilized PBPC after filgrastim (R-metHuG-CSF)-supported cytotoxic chemotherapy. *Blood* 1995; 85:2619-26.
  23. Siena S, Bregni M, Brando B, et al. Flow cytometry for clinical estimation of circulating hematopoietic progenitors for autologous transplantation in cancer patients. *Blood* 1991; 77:400-9.
  24. Schwartzberg LS, Birch R, Hazelton B, et al. Peripheral blood stem cell mobilization by chemotherapy with and without recombinant human granulocyte colony-stimulating factor. *J Hematother* 1992; 1:317-27.
  25. Papadopoulos KP, Ayello J, Tugulea S, et al. Harvest quality and factors affecting collection and engraftment of CD34+ cells in patients with breast cancer scheduled for high-dose chemotherapy and peripheral blood progenitor cell support. *J Hematother* 1997; 6:61-8.
  26. Pettengell R, Morgenstern GR, Woll PJ, et al. Peripheral blood progenitor cell transplantation in lymphoma and leukemia using a single apheresis. *Blood* 1993; 82:3770-7.
  27. Olivieri A, Offidani M, Ciniero L, et al. Optimization of the yield of PBSC for autotransplantation mobilized by high-dose chemotherapy and G-CSF: proposal for a mathematical model. *Bone Marrow Transplant* 1994; 14:273-8.
  28. Bensinger W, Appelbaum F, Rowley S, et al. Factors that influence collection and engraftment of autologous peripheral-blood stem cells. *J Clin Oncol* 1995; 13:2547-55.
  29. McQuaker IG, Haynes AP, Stainer C, Anderson S, Russell NH. Stem cell mobilization in resistant or relapsed lymphoma: superior yield of progenitor cells following a salvage regimen comprising ifosfamide, etoposide and epirubicin compared to intermediate-dose cyclophosphamide. *Br J Haematol* 1997; 98:228-33.
  30. Olivieri A, Offidani M, Ciniero L, et al. PBSC collection after high dose chemotherapy followed by G-CSF in patients with malignancies: analysis of results regarding factors affecting the yield of hemopoietic progenitors. *Int J Artif Organs* 1993; 16 (Suppl 5):57-63.
  31. Sutherland HJ, Eaves CJ, Lansdorp PM, Phillips GL,

- Hogge DE. Kinetics of committed and primitive blood progenitor mobilization after chemotherapy and growth factor treatment and their use in autotransplants. *Blood* 1994; 83:3808-14.
32. Teshima T, Harada M, Takamatsu Y, et al. Granulocyte colony-stimulating factor (G-CSF)-induced mobilization of circulating haemopoietic stem cells. *Br J Haematol* 1993; 84:570-3.
  33. Verbik DJ, Jackson JD, Pirruccello SJ, Patil KD, Kessinger A, Joshi SS. Functional and phenotypic characterization of human peripheral blood stem cell harvests: a comparative analysis of cells from consecutive collections. *Blood* 1995; 85:1964-70.
  34. Gazitt Y, Tian E, Barlogie B, et al. Differential mobilization of myeloma cells and normal hematopoietic stem cells in multiple myeloma after treatment with cyclophosphamide and granulocyte-macrophage colony-stimulating factor. *Blood* 1996; 87:805-11.
  35. Brugger W, Bross KJ, Glatt M, Weber F, Mertelsmann R, Kanz L. Mobilization of tumor cells and hematopoietic progenitor cells into peripheral blood of patients with solid tumors. *Blood* 1994; 83:636-40.
  36. Chapple P, Prince H, Quinn M, et al. Peripheral blood CD34+ cell count reliably predicts autograft yield. *Bone Marrow Transplant* 1998; 22:125-30.
  37. Elliott C, Samson DM, Armitage S, et al. When to harvest peripheral-blood stem cells after mobilization therapy: prediction of CD34-positive cell yield by preceding day CD34-positive concentration in peripheral blood. *J Clin Oncol* 1996; 14:970-3.
  38. Armitage S, Hargreaves R, Samson D, Brennan M, Kanfer E, Navarrete C. CD34 counts to predict the adequate collection of peripheral blood progenitor cells. *Bone Marrow Transplant* 1997; 20:587-91.
  39. Haas R, Mohle R, Fruhauf S, et al. Patient characteristics associated with successful mobilizing and autografting of peripheral blood progenitor cells in malignant lymphoma. *Blood* 1994; 83:3787-94.
  40. Watanabe S, Mukaiyama T, Ogawa Y, Kawada H, Ichikawa Y. Peripheral blood stem cell mobilization with chemotherapy and granulocyte colony-stimulating factor in patients with hematological malignancies. *Tokai J Exp Clin Med* 1994; 19:143-55.
  41. Craig JI, Anthony RS, Stewart A, Thomson EB, Gillon J, Parker AC. Peripheral blood stem cell mobilization using high-dose cyclophosphamide and G-CSF in pre-treated patients with lymphoma. *Br J Haematol* 1993; 85:210-2.
  42. Olivieri A, Offidani M, Montanari M, et al. Factors affecting hemopoietic recovery after high-dose therapy and autologous peripheral blood progenitor cell transplantation: a single center experience. *Haematologica* 1998; 83:329-37.
  43. Sampol Mayol A, Besalduch Vital J, Galmes Llodra A, et al. CD34+ cell dose and CD33- subsets: collection and engraftment kinetics in autologous peripheral blood stem cells transplantation. *Haematologica* 1998; 83:489-95.