

Histological response dynamics in gastric extranodal marginal zone B-cell lymphoma of the mucosa-associated lymphoid tissue after helicobacter-pylori eradication: a single-center longitudinal analysis

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Category: Letter to the editor

Title: Histological response dynamics in gastric extranodal marginal zone B-cell lymphoma of the mucosa-associated lymphoid tissue after helicobacter-pylori eradication: a single-center longitudinal analysis

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Authorship contribution: V.S. and M.R. conceived the conceptual idea, designed and performed the analysis; V.S., B.K., I.S.K., R.B., W.D., M.M. and M.R. contributed to data

collection and interpretation of the results; V.S. and M.R. wrote the manuscript; B.K., I.S.K., R.B., W.D. and M.M. critically reviewed the manuscript.

All named authors meet all four criteria for (co)-authorship provided by the Good Scientific Practice guidelines of the Medical University of Vienna. All authors read and approved the final manuscript.

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Short title: Histological response dynamics in gastric MALT lymphoma

Gastric extranodal marginal zone B-cell lymphoma (EMZL) of the mucosa-associated lymphoid tissue (MALT) is unique within all B-cell lymphomas due to its strong pathophysiological connection with chronic antigenic stimulation by helicobacter-pylori (HP) infection.⁽¹⁾ Since the seminal discovery that antibiotic eradication of HP can induce durable remissions, HP eradication has become the recommended first-line treatment for gastric EMZL irrespective of stage, achieving long-term disease control and mostly obviating the need for further oncological interventions.⁽²⁻⁵⁾

One of the central challenges in managing gastric EMZL lies in the interpretation of histological response following HP eradication, as the histopathological evolution often follows a non-linear and patient-specific trajectory.^(3, 6) The Groupe d'Étude des Lymphomes de l'Adulte (GELA) histological response criteria provide a structured framework for classifying histopathological post-treatment changes as complete remission (CR), probable minimal residual disease (pMRD), responding residual disease (rRD) and no change (NC).⁽⁷⁾ However, little is known about the clinical relevance of fluctuating response depth or transient histological changes over extended follow-up, despite using extensive gastric mapping biopsy protocols.⁽⁸⁾ This uncertainty is particularly important, as histological persistence or relapse after one year following HP eradication usually results in oncological therapy.⁽⁹⁾

We therefore conducted a retrospective analysis of patients with primary gastric EMZL treated with first-line HP eradication at a single tertiary center between 1999 and 2024 (Ethics Committee approval No 791/2011).

Histopathological samples of all patients were reviewed by a centralized reference pathologist and response assessed using the GELA classification. Immunohistochemistry for CD20, CD79a, CD5, CD10, CD23, Cyclin D1, Ki-67, evaluation of light chain restriction and molecular analyses to detect t(11;18)(q21;q21) translocation were routinely performed. Clinical characteristics were extracted from medical records. Data on infiltration depth of gastric EMZL was not routinely available and thus not included in our analysis. Patients with absence of HP on histology, absence of gastritis rated as post-HP gastritis and negative serology were rated as HP-negative. Time to next treatment (TTNT) was analyzed as the primary outcome via uni- and multivariable cox-regression analysis to reflect real-world clinical decision-making. Temporal differences between groups were assessed using the log-rank test. Categorical variables were compared using the χ^2 test or Fisher's exact test, as appropriate. A two-sided p-value of <0.05 was considered statistically significant.

Among 498 patients with MALT lymphoma identified at the Medical University of Vienna, 172 had primary gastric involvement. 129/172 were treated with upfront HP eradication and 111/129 patients had sufficient clinicopathological data available for longitudinal analysis (**Table 1**). Median follow-up after HP eradication was 28.9 months, with a median of five biopsy timepoints per patient, resulting in a total of 724 reviewed endoscopic biopsies (**Figure 1**). Gastric mapping biopsies were performed in all patients except for 14, who underwent gastroduodenoscopy without known biopsy protocol at external institutions and referred for centralized pathological review to our institution.

Upon HP eradication, 73.9% of patients achieved at least rRD, 56.8% achieved at least pMRD, and 46.8% CR. The median time to first response was 5.6 months for \geq rRD, 6.3 months for \geq pMRD, and 9.9 months for CR, underscoring the gradual deepening of histological response after HP eradication. In contrast, 26.1% of patients showed no histological response (=NC) throughout follow-up (**Figure 2A**).

At the respective last visit, 72/111 patients were still in routine follow-up after HP eradication. In contrast, 39 patients (35.1%) received additional non-antibiotic treatment (**Table 1**). Among these, eleven patients had histopathological signs of EMZL progression or recurrence within the stomach, while four patients had extragastric progression. Eleven patients received further treatment due to lymphoma persistence after HP eradication. One patient underwent diagnostic resection of a suspicious lung nodule, which was histologically confirmed as EMZL. In three patients, no information on the reason for subsequent therapy was available.

Nine further patients were diagnosed with gastric EMZL-associated secondary malignancies during follow-up, highlighting the importance of continued endoscopic surveillance. 7/111 patients (7.8%) developed transformation into a diffuse large B-cell lymphoma (DLBCL), which appears slightly higher than expected from earlier series, where it was judged to be between 2 – 5%.⁽¹⁰⁾ Transformation occurred after a median of 8.7 months after EMZL diagnosis, which is earlier compared to a recently published median time to transformation of 3.67 years in a large retrospective cohort.⁽¹¹⁾ Gastric EMZL of five of those patients did not respond to HP eradication, while one patient each had rRD or CR as best response before DLBCL transformation. Importantly, patients with DLBCL transforming from EMZL restricted to the stomach appear to respond exceptionally well to chemoimmunotherapy⁽¹²⁾ - all six patients with a known follow-up are in persisting CR after chemoimmunotherapy at 24+ to 67+ months. Two additional patients were diagnosed with gastric adenocarcinoma two months and eleven

years after HP eradication; one underwent gastrectomy while the other was treated with systemic chemotherapy, and both had CR with regard to their EMZL in their last specimen.

The depth of histological response was strongly associated with subsequent treatment decisions. Among histological non-responders, 55.2% of patients (16/29) received additional non-antibiotic treatment, whereas significantly less patients that achieved rRD, pMRD or CR were subsequently treated. Specifically, 28.1% of patients (23/82; $p = 0.012$) with \geq rRD, 23.8% of patients (15/63; $p = 0.004$) with \geq pMRD and 26.9% of patients (14/52; $p = 0.016$) with CR received further local or systemic treatment (**Figure 2B**). That effect largely persisted in uni- and multivariable cox regression analysis including stage, age, HP status and the presence of concomitant autoimmune disease; CR (HR = 0.26, 95% CI = 0.11 - 0.59; $p = 0.001$) and pMRD (HR = 0.12, 95% CI = 0.02 – 0.93, $p = 0.042$; **Figure 2C**). In addition, patients with Lugano stage II gastric EMZL were significantly more likely to receive subsequent treatment than stage I patients (HR = 2.7, 95% CI = 1.3 – 5.57, $p = 0.007$), although 10/19 patients with Lugano stage II achieved \geq rRD and nine did not receive subsequent treatment beyond antibiotics.

Longitudinal analysis revealed pronounced intra-patient variability in histological trajectories. Among patients who initially achieved \geq rRD, 25.6% exhibited at least one subsequent biopsy classified as NC that spontaneously reconverted to \geq rRD. Similarly, 30.8% of patients with CR experienced transient histological relapse to pMRD, rRD or NC followed by spontaneous reversion to CR. These fluctuations were typically not accompanied by clinical or radiological progression. Nevertheless, patients with waning histological responses were significantly more likely to receive subsequent therapy than those with sustained or continuously improving responses (OR = 4.15; 95% CI = 1.02 – 24.70; $p = 0.03$), suggesting that dynamic patterns influence treatment decisions despite their often-benign clinical course. Importantly, a substantial proportion of patients without CR could be managed without further therapy, supporting the concept that complete histological remission is not required for durable clinical benefit in gastric EMZL. Indeed, recent clinical trials have demonstrated that additional (chemo-)therapy following HP eradication offers no significant clinical benefit in patients with gastric EMZL.⁽¹³⁾

At diagnosis, 68.8% of patients were classified as HP-positive, with a stable incidence over time (**Supplementary Figure 1**). HP-positive patients were significantly more likely to achieve \geq rRD, \geq pMRD, and CR ($p = 0.002$; $p = 0.04$ and $p = 0.02$, respectively) compared with HP-negative

patients (**Figure 2D and Supplementary Table 1**) and showed a trend towards faster response onset and deepening (**Figure 2A**), in agreement with historical data.⁽¹⁴⁾ However, responses were not restricted to HP-positive disease: more than half of HP-negative patients achieved \geq rRD, and nearly one-third achieved CR following HP eradication alone, which appears to be higher than in previous publications.⁽¹⁵⁾ Notably, 44% of HP-negative patients did not require any further lymphoma-directed therapy, supporting HP eradication as an appropriate first-line approach even in HP-negative gastric EMZL. Of major clinical impact is the fact that the time to (best) response in HP-negative patients was longer than for HP-positive patients in our series. This challenges the recommended practice of initiating oncological therapies after a shorter follow-up time of only 3-6 months after antibiotic therapy in case of non-response than in HP-positive patients, as suggested in the current ESMO guidelines.⁽⁵⁾

Despite similar patterns linking deeper histological response to lower treatment rates in both groups, HP-negative patients who achieved CR were more likely to receive subsequent therapy than HP-positive patients with CR (**Figure 2E**). Sustained histological responses were numerically more frequent in HP-positive patients, although differences did not reach statistical significance. Fewer patients with sustained histopathological response received subsequent non-antibiotic treatment than patients with a waning histopathological response in both groups (**Figure 2F**).

In summary, this large single-center longitudinal analysis demonstrates that histological response after HP eradication in gastric EMZL is highly dynamic and frequently fluctuating. Complete histological remission is not a prerequisite for durable disease control, and transient histological persistence or relapse is common and often clinically inconsequential. HP eradication alone provides long-term disease control in most HP-positive patients and a meaningful subset of HP-negative patients. Our findings support a conservative, observation-based strategy after HP eradication, emphasizing the integration of histological findings into the broader clinical context rather than using isolated biopsy results as triggers for immediate therapy.

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Table 1. Cohort demographics

Characteristics	
MALT lymphoma patients, n	498
Primary gastric MALT lymphoma, n (%)	172/498 (34.5)
First-line HP eradication, n (%)	129/172 (75.0)
Excluded from analysis, n (%)	18/129 (13.9)
Insufficient clinicopathological data, n (%)	15/18 (83.3)
Unclear timing of HP eradication, n (%)	2/18 (11.1)
Synchronous breast cancer treatment, n (%)	1/18 (5.6)
Primary gastric MALT lymphoma	
Total study cohort, n (%)	111 (100)
Median age, years (range)	61.8 (31.5 – 84.6)
Sex (n, %)	
Female	55/111 (49.6)
Male	56/111 (50.4)
Stage (Lugano), n (%)	
I	82/109 (75.2)
II	19/109 (17.4)
IV	8/109 (7.3)
NA	2/111 (1.8)
IPI score, n (%)	
0	66/103 (64.1)
1	34/103 (33.0)
2	3/103 (7.3)
NA	8/111 (7.2)
HP-status, n (%)	
HP-positive	75/109 (68.8)
HP-negative	34/109 (31.2)
NA	2/111 (1.8)
First-line HP eradication, n (%)	111/111 (100)
Prior HP eradication, n (%)	8/111 (7.2)
Median number of cycles, n (range)	1 (1-4)
≥ 2 cycles of HP eradication, n (%)	21/111 (18.9)
Autoimmune disease, n (%)	17/111 (15.3)
t(11;18)(q21;q21), n (%)	
positive	21/57 (36.8)
negative	36/57 (63.2)
NA	54/111 (48.7)
Gastritis at diagnosis, n (%)	70/78 (89.7)
NA	33/111 (29.7)
MALT-associated secondary malignancy, n (%)	9/111 (8.1%)
DLBCL transformation	7/9 (77.8%)
Stomach cancer	2/9 (22.2%)
Median follow-up, months (range)	28.9 (1.8 – 202.4)
Median number of follow-ups, n (range)	5 (2 – 22)
Median time between follow-ups, months (range)	5.7 (0.2 – 124.8)
Best histopathological response, n (%)	
NC	29/111 (26.1)
≥ rRD	82/111 (73.9)
≥ pMRD	63/111 (56.8)
CR	52/111 (46.8)
Median time to first response, months (range)	
rRD	5.6 (0 – 124.8)
pMRD	6.3 (0.8 – 124.8)
CR	9.9 (0.8 – 126.2)
Non-antibiotic therapy after HP eradication, n (%)	39/111 (35.1)
Systemic Therapy, n (%)	35/39 (89.7)
Chemoimmunotherapy, n (%)	22/35 (62.9)
Anti-CD20 therapy, n (%)	6/35 (17.1)
Chemotherapy, n (%)	3/35 (8.6)
Proteasome inhibitor, n (%)	2/35 (5.7)
Immunomodulatory agent, n (%)	2/35 (5.7)
Local therapy, n (%)	4/39 (10.3)
Surgery, n (%)	2/4 (50)
Radiotherapy, n (%)	2/4 (50)

CR, complete remission; DLBCL, diffuse large B-cell lymphoma; HP, helicobacter pylori; n, number; NA, not applicable; NC, no change; PMRD, probable minimal residual disease; rRD, responding residual disease.

Figure 1: The histopathological response trajectory after first-line HP eradication treatment in patients with primary gastric MALT lymphoma. Each bar represents one patient in the study. The plot depicts relevant clinical covariates including disease stage (Lugano classification), HP-status, the presence of concomitant autoimmune diseases or t(11;18) translocation. Furthermore, the presence of gastritis and HP in each histopathological specimen is noted, where available. We furthermore highlighted the treatment course including consecutive HP-eradications and non-antibiotic treatment per patient. BL, baseline; CR, complete remission; GELA, Groupe d'Étude des Lymphomes de l'Adulte; HP, helicobacter pylori; NC, no change; NV, not available; pMRD, probable minimal residual disease; rRD, responding residual disease.

Figure 2: Histopathological response patterns, HP status, and their impact on clinical outcomes in gastric MALT lymphoma patients. (A) The median time to first rRD, pMRD or CR after HP eradication increases with response depth and is shorter in HP-positive compared to HP-negative patients, although not significantly ($p > 0.05$). (B) Patients with rRD, pMRD or CR as best response were significantly less likely to receive subsequent treatment for their MALT lymphoma. Notably, two patients with rRD or CR and subsequent NC received local radiotherapy. (C) A best histological response of pMRD (HR = 0.12, 95% CI = 0.02 – 0.93, $p = 0.042$) or CR (HR = 0.26, 95% CI = 0.11 – 0.59; $p = 0.001$) is associated with a decreased likelihood of receiving subsequent treatment lines in multivariable cox-regression analysis. No significant association of rRD as best response, disease stage, the presence of autoimmune disease, age or HP-status was observed. (D) Significantly more HP-positive patients had \geq rRD, \geq pMRD or CR as best response after HP eradication compared to HP-negative patients. (E) Significantly more HP-negative patients with CR as best histopathological response received subsequent treatments compared to HP-positive patients. No significant differences comparing pMRD, rRD or NC with subsequent treatments were observed between HP-positive and HP-negative patients. (F) Fewer patients with a sustained histopathological response received subsequent treatment irrespective of HP-status, although no significant difference was observed for both HP-positive and HP-negative patients ($p > 0.05$ each). AD, autoimmune disease; CR, complete remission; GELA, Groupe d'Étude des Lymphomes de l'Adulte; HP, helicobacter pylori; NA, not available; NC, no change; pMRD, probable minimal residual disease; rRD, responding residual disease.

Patient Chacacteristics

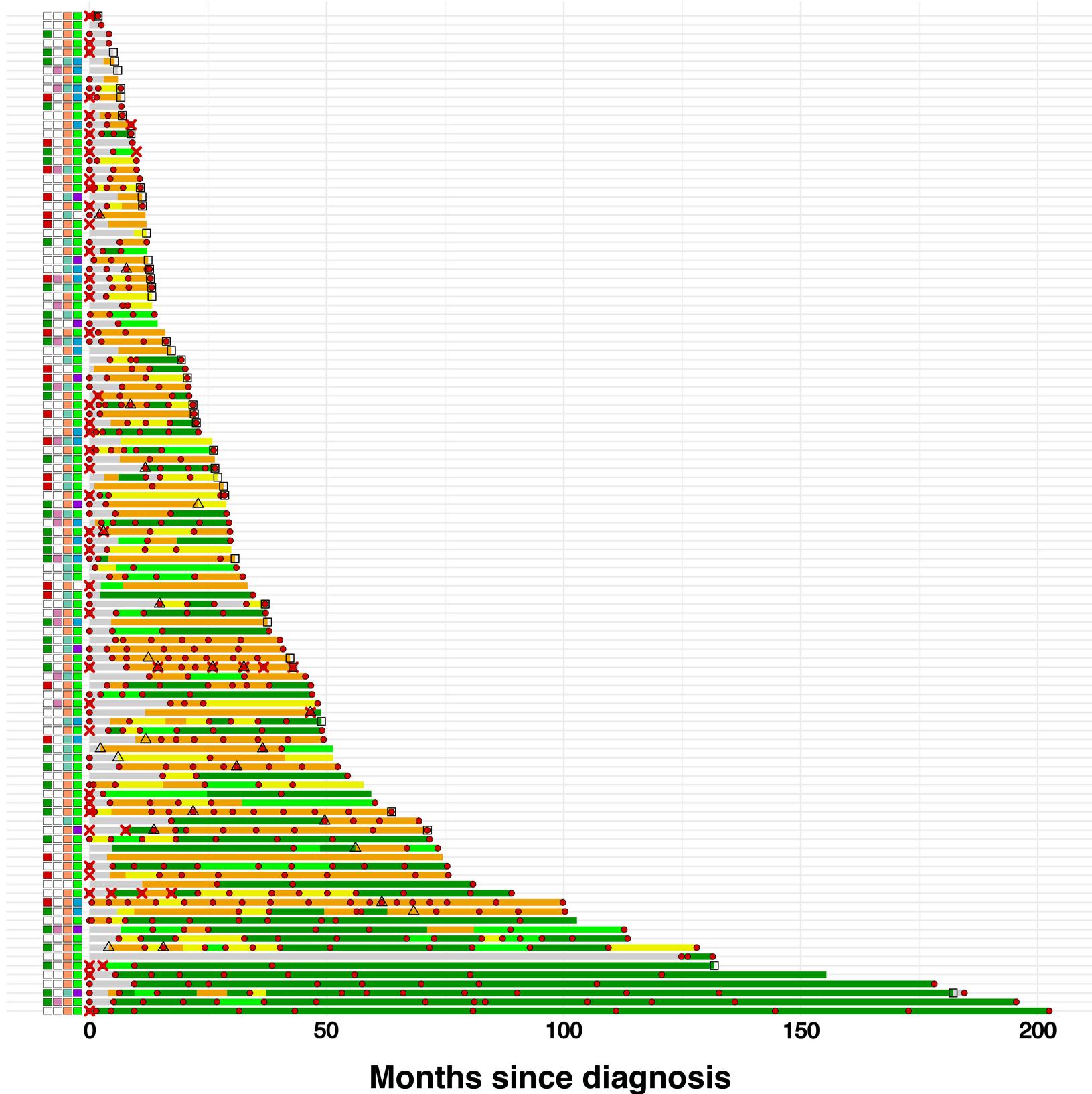
- Stage I
- Stage II
- Stage IV
- Stage unknown
- HP-positive
- HP-negative
- HP-unknown
- AD
- No AD
- t(11;18): yes
- t(11;18): no
- t(11;18): unknown

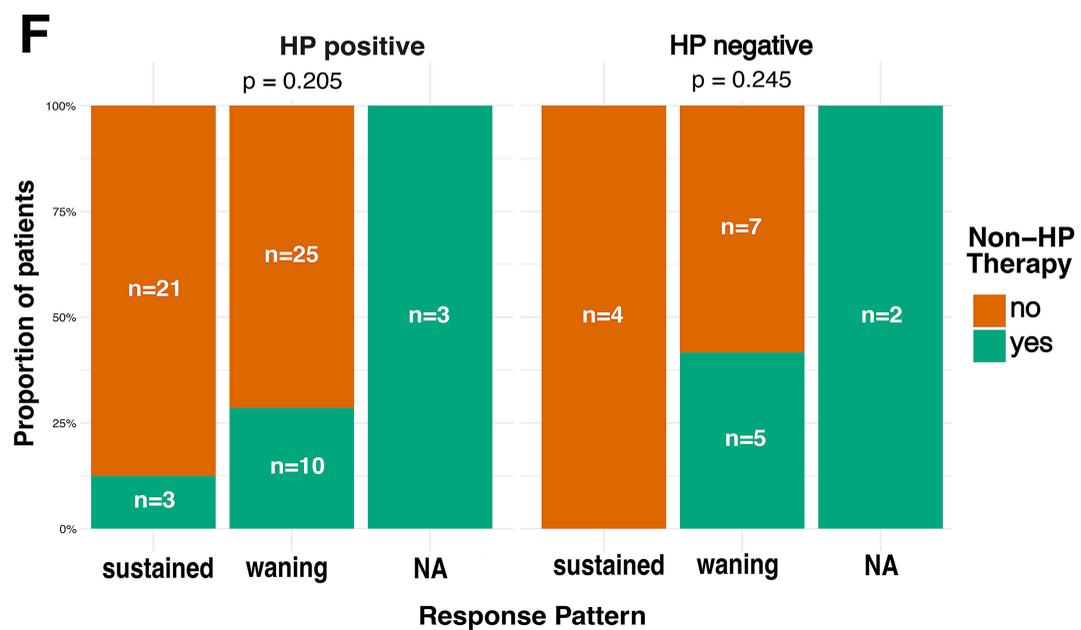
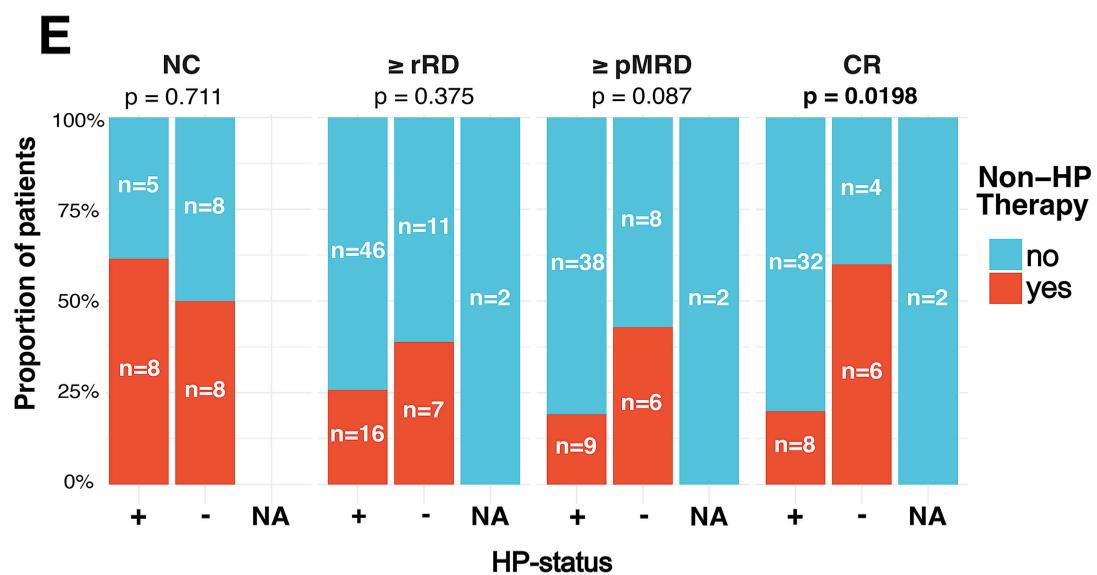
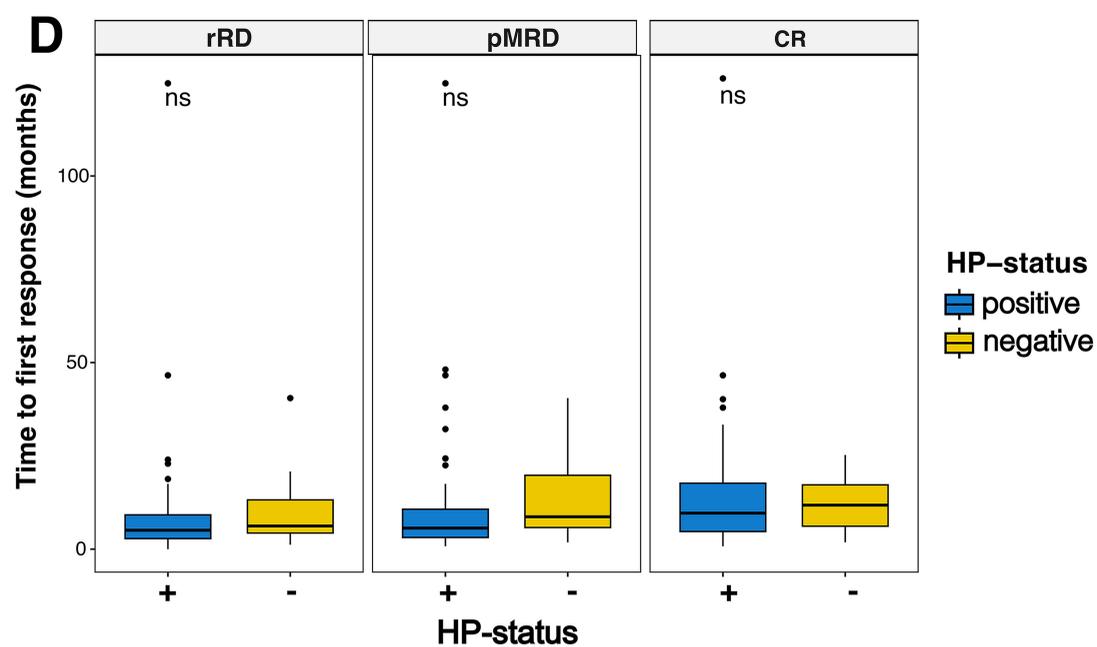
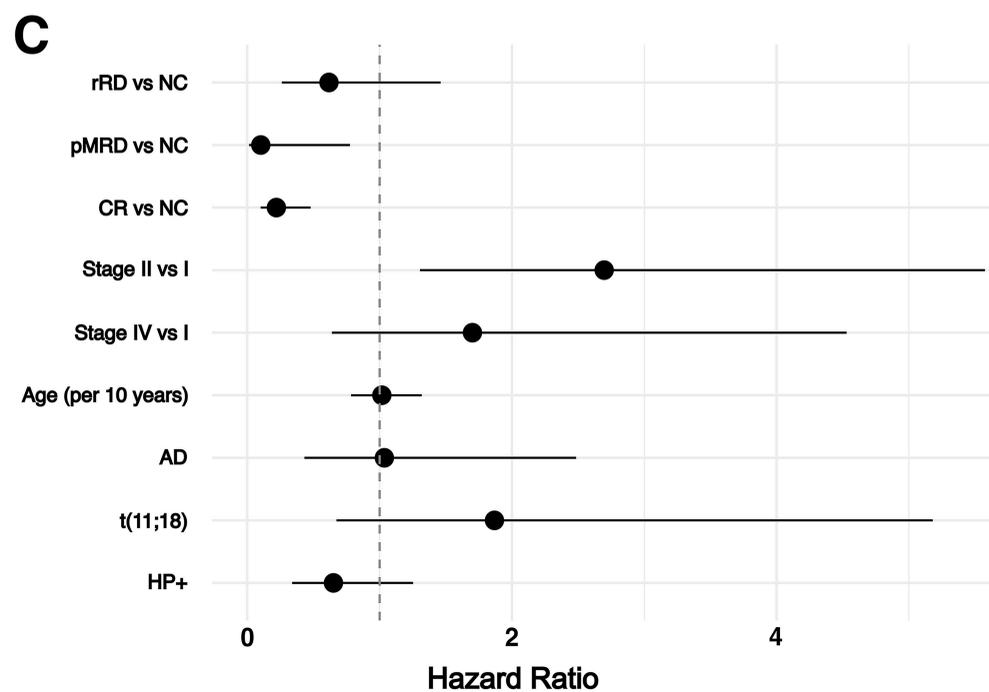
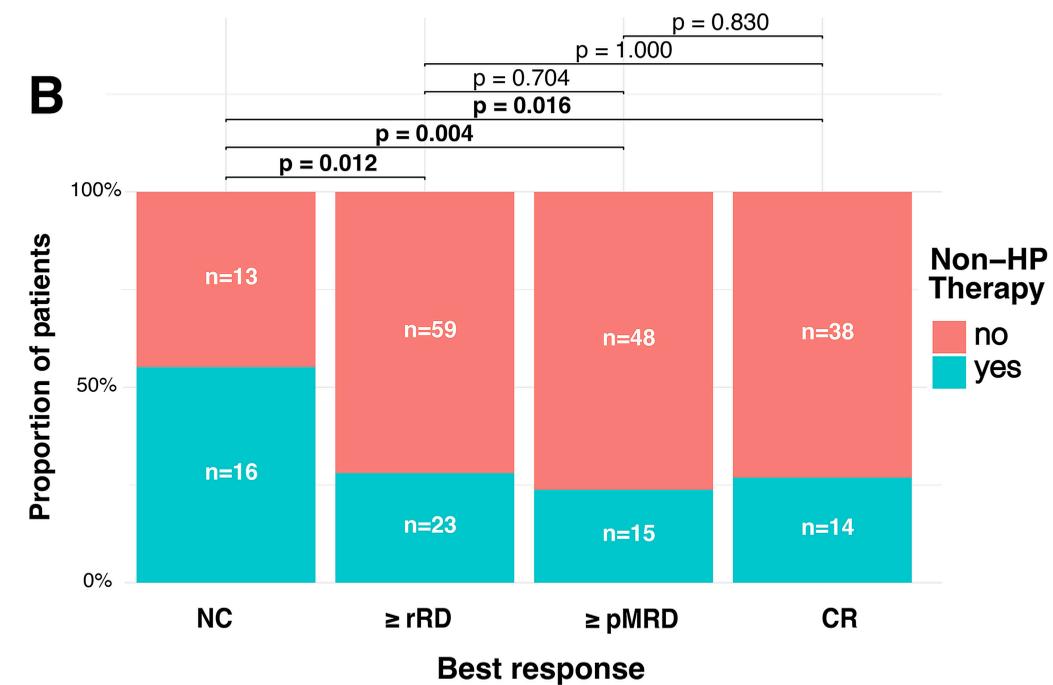
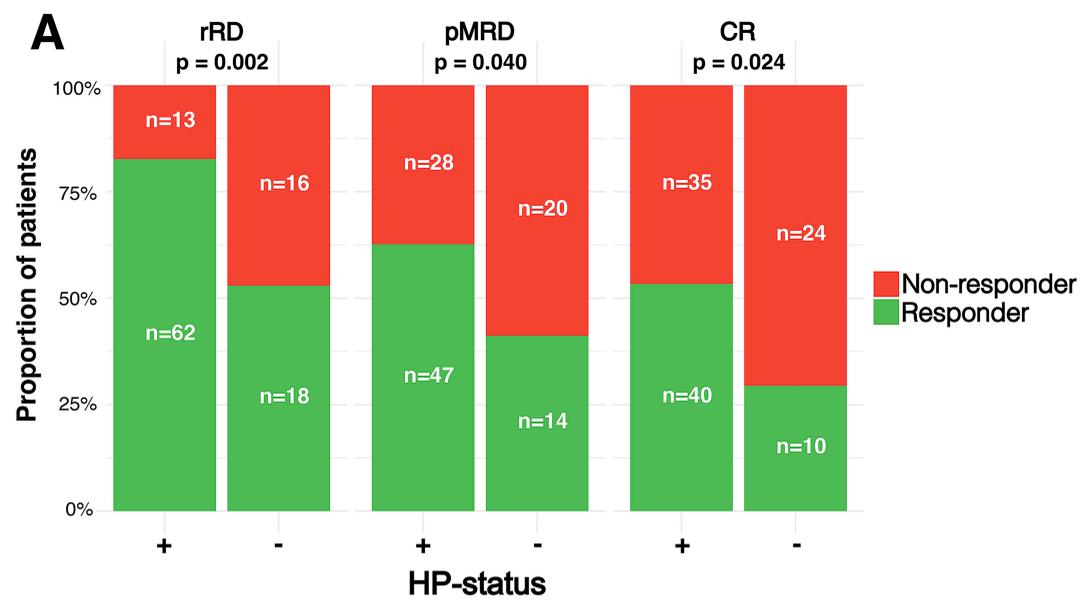
Histological markers and treatment details

- Gastritis
- HP eradication
- HP positive histology
- Other therapy

GELA

- BL
- CR
- NC
- NV
- pMRD
- rRD



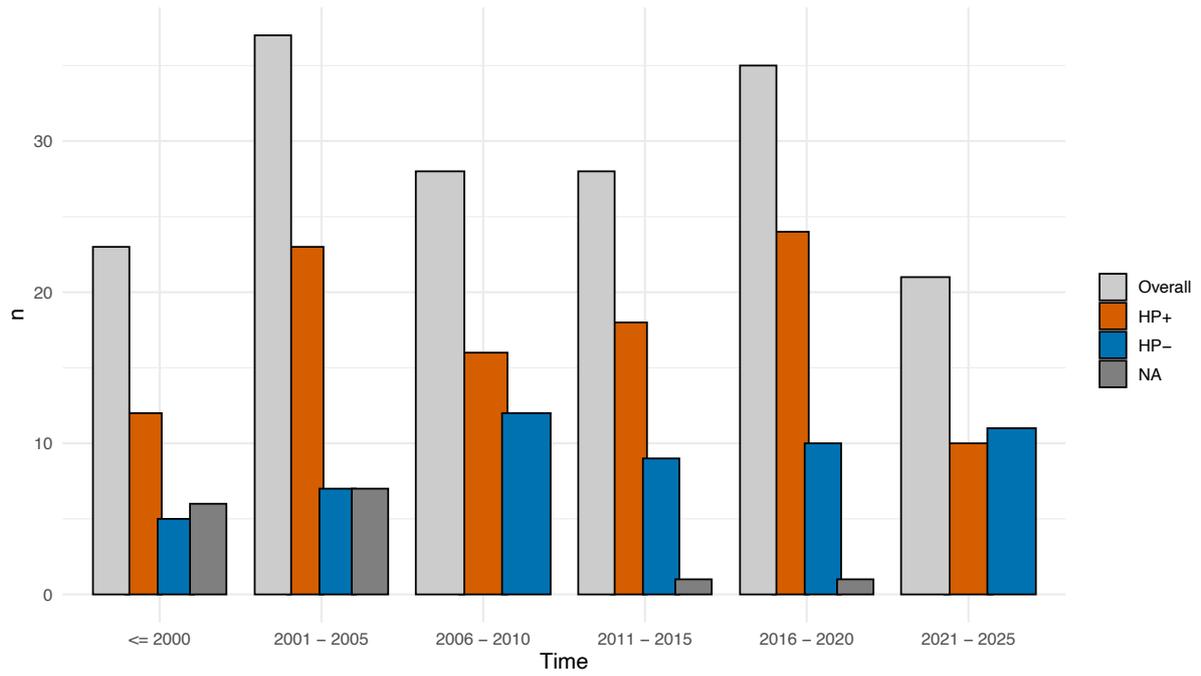


Supplementary Files

Supplementary Table 1. HP-positive vs HP-negative patients

Characteristics	All patients	HP+	HP-	HP+ vs. HP-
Total cohort, n (%)	111 (100)	75/109 (68.8)	34/109 (31.2)	NA
Median age, years (range)	61.8 (31.5 – 84.6)	63.2 (31.5 – 84.6)	61.0 (35.2 – 84.3)	p > 0.05
Sex, n (%)				
Female	55/111 (49.6)	37/75 (49.3)	16/34 (47.1)	p > 0.05
Male	56/111 (50.4)	38/75 (50.7)	18/34 (52.9)	
Stage (Lugano), n (%)				
I	82/109 (75.2)	58/75 (77.3)	21/34 (61.8)	
II	19/109 (17.4)	11/75 (14.7)	8/34 (23.5)	p > 0.05
IV	8/109 (7.3)	5/75 (6.7)	4/34 (11.8)	
NA	2/111 (1.8)	1/75 (1.3)	1/34 (2.9)	
First-line HP eradication, n (%)	111/111 (100)	75/75 (100)	34/34 (100)	
Median number of cycles, n (range)	1 (1-4)	1 (1-4)	1 (1-4)	p > 0.05
≥ 2 cycles of HP eradication, n (%)	21/111 (18.9)	13/75 (17.3)	8/34 (23.5)	
Autoimmune disease, n (%)	17/111 (15.3)	9/75 (12.0)	8/34 (23.5)	p > 0.05
t11;18)(Q21;q21), n (%)				
positive	21/57 (36.8)	12/34 (35.3)	9/23 (39.1)	
negative	36/57 (63.2)	22/34 (64.7)	14/23 (60.9)	
NA	54/111 (48.7)	41/75 (54.7)	11/34 (32.4)	
Gastritis at diagnosis, n (%)	70/78 (89.7)	51/55 (92.7)	19/23 (82.6)	p > 0.05
NA	33/111 (29.7)	20/75 (26.7)	15/34 (44.1)	
MALT-associated secondary malignancy, n (%)	9/111 (8.1)	7/75 (9.3)	2/34 (5.9)	p > 0.05
DLBCL transformation	7/9 (77.8)	5/75 (6.7)	2/34 (5.9)	p > 0.05
Stomach cancer	2/9 (22.2)	2/75 (2.7)	0/34 (0.0)	p > 0.05
Median follow-up, months (range)	28.9 (1.8 – 202.4)	29.6 (1.81 – 202.4)	27.6 (5.3 – 184.5)	p > 0.05
Median number of follow-ups, n (range)	5 (2 – 22)	5 (2 – 20)	5 (3 – 22)	p > 0.05
Median time between follow-ups, months (range)	5.7 (0.2 – 124.8)	5.9 (0.5 – 124.8)	5.4 (0.2 – 34.2)	p > 0.05
Received further oncological therapy, n (%)	39/111 (35.1)	24/75 (32.0)	15/34 (44.1)	p > 0.05
Best histopathological response, n (%)				
≥ rRD	82/111 (73.9)	62/75 (82.7)	18/34 (52.9)	p = 0.002
≥ pMRD	63/111 (56.8)	47/75 (62.7)	14/34 (41.2)	p = 0.04
CR	52/111 (46.8)	40/75 (53.3)	10/34 (29.4)	p = 0.002
Median time to first response, months (range)				
rRD	5.6 (0 – 124.8)	5.1 (0 – 124.8)	6.2 (1.2 – 40.5)	p > 0.05
pMRD	6.3 (0.8 – 124.8)	5.6 (0.8 – 124.8)	8.7 (1.8 – 40.5)	p > 0.05
CR	9.9 (0.8 – 126.2)	9.6 (0.8 – 126.1)	11.8 (1.8 – 25.2)	p > 0.05

CR, complete remission; DLBCL, diffuse large B-cell lymphoma; HP, helicobacter pylori; n, number; NA, not applicable; NC, no change; pMRD, probable minimal residual disease; rRD, responding residual disease.



Supplementary Figure 1: Temporal trends in gastric MALT lymphoma patients. HP, helicobacter pylori; n, number; NA, not available.