

worsening in his general condition, as well as painful hepatomegaly. Analysis showed bilirubin 3.7 mg/dL (normal values up to 1) LDH 638 U/L (normal values up to 460); chest X-ray revealed diffuse alveolar-interstitial infiltrates. The BAL performed ruled out *Pneumocystis carinii*, HSV, RSV, CMV, Legionella, BARR or fungal infection. The echocardiogram showed no abnormalities. Saline restriction measures were taken and diuresis was stimulated but the patient's condition did not improve.

On day +28 he was transferred to the intensive care unit. One day later, adenovirus was isolated in BAL, so i.v ribavirin was administered along with assisted ventilation; 48 hours later the fever disappeared and a marked improvement was observed in breathing and liver function. Total resolution occurred on day +37. The ribavirin dosage administered was 15 mg/Kg every 6 hours for 8 days. A further BAL was carried out on day +46 which was negative for adenovirus. The leukocytic graft reached 1,000 leukocytes with 500 granulocytes on day +29, fell to 200 on day +36 which required G-CSF and remained at < 500 granulocytes up to day +48.

Although adenovirus may remain present in tonsillar and other lymphoid tissue for prolonged periods, if isolated from a BAL done under optimal conditions in which no other pathogens can be found, this can be considered diagnostic of acute adenovirus. To date, the efficacy of intravenous ribavirin has been demonstrated in adenovirus infections such as cystitis,³⁻⁵ nephritis,⁶ gastroenteritis,⁷ pneumonitis,⁸ and disseminated adenovirus infection.⁹ The dosage employed by most authors varied between 15 and 30 mg/kg/d divided in three doses. In our case, following Wulffraat *et al.*,⁸ we administered a dosage of 15 mg/kg/6 h (a total dosage of 60 mg/kg/d), which led to rapid clinical improvement and clearance of adenovirus infection. This did, however, have a negative affect on the leukocytic graft which, fortunately, was reversible. The hematologic effects of ribavirin have been investigated in Rhesus monkeys. Mild normocytic anemia or severe anemia occurred when ribavirin was administered at dosages of up to 30 or 50 mg/kg/day, respectively; however, no significant effects were observed on white blood cells.¹⁰

Like other authors, we consider that intravenous ribavirin is an effective treatment for adenovirus infection, but believe it is necessary to determine the exact dosage at which toxic effects are avoided but efficacy is maintained.

Key words

Autologous bone marrow transplantation, adenovirus pneumonitis, ribavirin

Correspondence

M. Jurado, M.D., Servicio de Hematología, Hospital "Virgen de las Nieves", Avenida de las Fuerzas Armadas 2, CP 18014, Granada, Spain. Phone: international +34-958-241112 • Fax: international +34-958-241282.

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Portal and mesenteric venous thrombosis in a patient heterozygous for the 20210 A allele of the prothrombin gene

ISABEL ZUAZU-JAUSORO, IGNACIO SANCHEZ, M. CARMEN FERNANDEZ, JAVIER CORRAL, ROCIO GONZALEZ-CONEJERO, VICENTE VICENTE

Oncohematology Unit, Hospital General Universitario, Centro Regional de Hemodonación, Murcia, Spain

We give the first description of portal and mesenteric venous thrombosis associated with the 20210 A allele of the prothrombin gene in a 48-year-old woman after splenectomy.

Recently, the 20210 A mutation of the prothrombin gene has been described in patients who have had venous thromboses in unusual sites, such as the superior sagittal sinus and in the Budd-Chiari syndrome.^{1,2} Mesenteric thrombosis in patients with idiopathic thrombocytopenic purpura (ITP) undergoing splenectomy is uncommon. The usually transient post-splenectomy thrombocytosis has a not well defined effect on the development of thromboembolism.

However, this condition can be a predisposing risk factor for thrombosis in chronic myeloproliferative disorders and hemolytic anemias.³ Moreover, genetic abnormalities such as inherited deficiencies of antithrombin III, protein C and protein S and factor V Leiden, have been associated with portal thrombosis.^{4,5} To our knowledge we give the first description of a patient with venous portal and mesenteric thrombosis who is heterozygous for the 20210 A allele of the prothrombin gene.

A forty-eight year old woman was admitted to our hospital on May 19, 1997, complaining of diffuse abdominal pain for ten days, and fever for two days prior to admission. She had no history of thrombotic events. The patient had been diagnosed in June 1996 as having ITP. She was refractory to steroids so she had undergone a splenectomy on April 23, 1997 without any acute complications.

The patient was conscious when admitted to hospital. Her temperature was 37°C and blood pressure was 130/80 mmHg. Lungs and heart were normal. Abdominal examination revealed no remarkable abnormalities. Routine laboratory findings were normal, except for an increased platelet count (838,000/mm³). Ultrasonography of the upper and lower abdomen showed an abnormal liquid collection (about 150 mL) in a perivesical location and the pouch of Douglas. A computed tomography scan showed abnormal hypodensity of the superior mesenteric vein with no contrast filling of mesenteric and portal vein districts. An arteriography was also performed which revealed mild stenosis of the superior mesenteric artery, 2-3 centimeters from its origin with no contrast filling of the mesenteric vein. Furthermore, there was an apparent lack of contrast filling in the superior portal vein, supporting the possibility of another thrombus in this location.

The patient started anticoagulation therapy with non-fractionated heparin; her symptoms improved. Ten days after, an echo Doppler scan showed partial recovery of portal vein patency. The patient was discharged with optimal INR levels.

Factor V Leiden or deficiencies of antithrombin III, protein C or protein S were excluded. Antiphospholipid antibodies and lupus like anticoagulant were not observed. Analysis of the prothrombin gene was performed as described elsewhere,⁶ showing the presence of heterozygosity for the 20210 A mutation. This is the first reported clinical observation of a patient with portal and mesenteric venous thrombosis associated with a 20210 A genotype of the prothrombin gene. The combined presence of two predisposing factors for the development of venous thrombosis (recent surgery and thrombocytosis) could increase thrombin formation which, for a subject with the 20210 A mutation (with higher plasma thrombin levels),⁷

could trigger clot formation in unusual locations.

This mutation has been considered as a mild risk factor for venous thrombosis. Its prevalence is about 2% in healthy controls and 6% in unselected consecutive patients with venous thrombosis. However, our case and two recent reports of this mutation being found in patients with venous thrombosis in unusual locations, suggest that the 20210 A allele of the prothrombin gene could have a similar clinical penetrance to other inherited deficiencies. This seems to indicate the need for systematic screening for this mutation, as well as for other thrombosis risk factors in all cases of mesenteric and portal vein thrombosis.

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Key words

Prothrombin 20210 A, portal thrombosis, splenectomy.

Correspondence

Prof. V. Vicente, M.D., Centro Regional de Hemodonación, C/ Ronda de Garays/n, Murcia 30003, Spain. Phone: international +34-968-3419190 • Fax: international +34-968-261914 • E-mail: vvg@fcu.um.es

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