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Air pollution, residential greenspace, and the risk of incident immune thrombocytopenic purpura: a prospective cohort study of 356,482 participants

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Conflict of Interest

The authors declare nothing to disclose.

Author Contributions

PL drafted the initial and subsequent versions of the manuscript. PL, FW and JY contributed to data verification, formal analysis. YM, KS and JT contributed to review and editing this study. All authors revised the manuscript for important intellectual content. PL, FW and YM had full access to the data and take responsibility for the integrity of the data and the accuracy of the data analysis. All authors read and approved the final manuscript.

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Data Availability Statement

Data were accessed from https://www.ukbiobank.ac.uk. Data and code for this study are available from the correspondent authors upon reasonable request.

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Abstract:

This study investigated the associations of air pollution and residential greenspace with immune thrombocytopenic purpura (ITP) risk, along with their combined effects, in a cohort of 356,482 UK Biobank participants free of ITP at baseline. Ambient $PM_{2.5}$, PM_{coarse} , PM_{10} , $NO₂$, and NO_x exposures were estimated by land-use regression models and residential greenspace was calculated using land use data, defined as the percentage of outdoor greenspace surrounding each participant's home location. The hazard ratios (HRs) and 95% confidence intervals (CIs) were estimated by using Cox proportional hazard models, and non-linear relationships were assessed using restricted cubic spline (RCS) curves. A total of 500 incident ITP cases were diagnosed during a median follow-up of 13.54 years. Long-term exposure to high ambient concentrations of $PM_{2.5}$ (HR = 1.15, 95% CI: 1.04-1.28, *P* = 0.007), NO₂ (HR = 1.23, 95% CI: 1.10-1.37, $P = 1.83 \times 10^{-4}$), and NO_x (HR = 1.12, 95% CI: 1.03-1.21, $P = 0.011$, as well as low residential greenspace (HR = 0.77, 95% CI: 0.67-0.87, $P =$ 7.96 \times 10⁻⁵), were associated with an increased risk of ITP. RCS curve revealed a non-linear relationship of PM_{10} and NO_x with ITP risk (*P* for non-linearity: 0.003 for PM_{10} and 0.030 for NO_x). Participants with high air pollution and low residential greenspace had the highest risk of ITP, though no evidence of mediation or interaction effects were observed. In conclusion, long-term exposure to ambient $PM_{2.5}$, PM_{10} , NO_2 and NO_x may increase ITP risk, whereas residential greenspace may decrease this risk.

Keywords: air pollution; residential greenspace; immune thrombocytopenic purpura; UK Biobank; cohort study

Synopsis: This study provides evidence that long-term exposure to $PM_{2.5}$, PM_{10} , NO_2 and NO_x may increase the risk of incident ITP in the general population in the UK, while residing near greenspace may reduce this risk.

Introduction

Immune thrombocytopenic purpura (ITP), also described as idiopathic thrombocytopenic purpura, is an acquired autoimmune disease characterized by a decrease in platelet count due to excessive platelet destruction and/or impaired platelet production 1 . From 1966 to 2009, the global incidence of ITP in children ranged from 0.5 to 10.5 cases per 100,000 person-years, and in adults ranged from 1.6 to 3.9 cases per $100,000$ person-years, respectively ². Although the incidence of ITP was relatively low, it substantially impaired patients' quality of life and negatively affected their emotional well-being, social activities, work, and productivity³. Moreover, severe ITP can also lead to substantial bleeding, such as intracranial and gastrointestinal bleeding, increasing the risk of infection, thrombosis, and death ⁴⁻⁶. Given the absence of a cure, current treatment strategies for ITP primarily focus on controlling the condition. Therefore, identifying modifiable risk factors is crucial for preventing this disease.

Emerging epidemiological studies have indicated that long-term exposure to ambient air pollution facilitated the occurrence of various autoimmune diseases such as rheumatoid arthritis, chronic obstructive pulmonary disease, multiple sclerosis, and inflammatory bowel disease 7-10. *In vivo and in vitro* studies have also demonstrated that prolonged exposure to air pollution could trigger oxidative stress, induce inflammation, and disrupt immune regulatory pathways, thereby leading to the onset of autoimmune diseases 11 . However, studies on the relationship between air pollution and ITP remained extremely limited. To date, only one matched case-control study from Taiwan reported that maternal exposure to particulate matter with diameters of less than 10-micrometer (PM_{10}) during pregnancy increased the risk of childhood ITP 12 . The association between air pollution and the risk of ITP in adults remains unknown.

Residential greenspace has been associated with various health outcomes by mitigating environmental hazards such as air pollution, noise and heat, as well as promoting physical activity and mental well-being $13, 14$. Nevertheless, currently there is no evidence linking residential greenspace to the risk of incident ITP. Despite the spatial correlation between residential greenspace and air pollution, few studies have simultaneously considered residential greenspace and air pollution exposure and explored the potential mechanisms by which they influence outcomes 15 . In this study, we hypothesized that residential greenspace

may influence ITP risk through multiple potential pathways: (1) as an independent protective factor; (2) with air pollution acting as a mediator in the association between residential greenspace and ITP risk; or (3) in synergy with air pollution to modify the overall ITP risk.

Collectively, this study aimed to utilize the UK Biobank (UKB) to investigate the individual or combined associations of long-term exposure to ambient air pollutants and residential greenspace with the risk of incident ITP.

Methods

Study design and population

UKB is a cohort study that enrolled approximately 0.5 million participants from 2006 to 2010 ¹⁶. Participants completed touchscreen questionnaires, physical measurements and provided biological samples ¹⁷. Ethical approval was obtained from the North West Multi-Centre Research Ethics Committee, and detailed information on study design and data collection is available online.

Assessment of Air pollution and residential greenspace

The concentrations of fine particulate matter $(PM_{2.5})$, coarse particulate matter with aerodynamic diameters ranging between 2.5 and 10 μ m (PM_{coarse}), PM₁₀, nitrogen dioxide $(NO₂)$, and nitrogen oxide (NO_x) were estimated by the UK Small Area Health Statistics Unit using land use regression (LUR) models $18, 19$. Residential greenspace exposure for each participant was determined by calculating the percentage of greenspace within 300m and 1000m buffers around their homes using the 2005 Generalized Land Use Database (GLUD) for England. Following Natural England's guideline for greenspace access within 300m, this study focused mainly on the 300m buffer (Field ID: 24503)²⁰. Further information on the LUR models and greenspace assessments is provided in **Supplementary Appendix**.

Ascertainment of ITP

Incident ITP was defined by the International Classification of Diseases 10th Revision (ICD-10) code D69.3. Participants were followed from their initial visit to the assessment centers until the time of diagnosis of ITP, loss to follow-up, death, or the end of the follow-up (Oct 31, 2022), whichever came first.

Statistical analysis

Baseline characteristics were summarized as numbers (percentages) for categorical variables and as mean \pm standard deviation (SD) or median \pm interquartile range (IQR) for continuous variables. Pearson correlation analysis was used to explore the correlations of air pollutants with greenspace. The associations of environmental factors with ITP were evaluated using multivariable Cox proportional hazard models. The assumption of proportional hazards was tested using Schoenfeld residuals (**Supplementary Figure 2**). Covariates were selected based on biological plausibility and prior studies 21-23, with details in **Supplementary Table 1**. Model a was adjusted for age and sex, and Model b was additionally adjusted for ethnicity, body mass index (BMI), education, household income, alcohol drinking, smoking, and physical activity. Non-linear dose-response relationships were explored using restricted cubic spline (RCS) models with three knots, selected based on Akaike Information Criterion 24 . Interactions between air pollutants and greenspace were assessed using multiplicative and additive models, and additive interactions were evaluated by relative excess risk due to interaction (RERI) and the attributable proportion due to interaction (AP) $^{25, 26}$. Mediation analysis examined air pollution's role in greenspace and ITP associations. Details of interaction and mediation analysis are in **Supplementary Appendix**.

We also conducted stratification analyses and sensitivity analyses excluding participants who developed ITP within the first year, resided at the same location for <10 years, or had prior diagnoses of other purpura and hemorrhagic conditions (ICD10: D69.0-D69.2, D69.4-D69.9). Analyses also incorporated residential greenspace buffer at 1000m (Field ID: 24500) to examine broader residential greenspace coverage and ITP risk.

Two-sided *P*-values of <0.05 were considered statistically significant, and all analyses were performed in R (v4.3.1) using the *survival*, *interactionR*, and *regmedint* packages.

Results

As shown in **Supplementary Figure 1**, a total of 356,482 participants free of ITP at baseline were included in this study. **Table 1** presents the baseline characteristics of study participants. The mean age was 56.21 years (SD, 8.08), and 52.5% (*N* = 187,218) were female. The majority of the participants reported being previous or current drinkers (96.3%) and engaging in regular physical activity (71.5%). Over a median follow-up time of 13.54 years (4,711,602

person-years), 500 new-onset cases of ITP were identified.

The median concentrations of ambient $PM_{2.5}$, PM_{coarse} , PM_{10} , NO_2 , and NO_x were 9.92 μ g/m 3 (IQR, 9.28-10.55), 6.10 μ g/m 3 (IQR, 5.84-6.62), 16.02 μ g/m 3 (IQR, 15.23-16.98), 26.04 μ g/m³ (IQR, 21.28-31.20), and 42.07 μ g/m³ (IQR, 34.04-50.64), respectively. Additionally, residential greenspace values were higher within a larger buffer. Specifically, within the 300m and 1000m buffer, the median residential greenspace was 29.81% (IQR, 17.32%-48.86%) and 42.05% (IQR, 27.61%-60.43%), respectively. Strong correlations were observed for NO₂ and NO_x with $PM_{2.5}$ ($r = 0.87$ for NO₂, $r = 0.85$ for NO_x, respectively), and moderate correlations were found with PM_{10} ($r = 0.51$ for NO₂, $r = 0.52$ for NO_x, respectively). Residential greenspace buffers at 300m and 1000m were highly correlated (*r* = 0.85). Meanwhile, moderately negative correlations were observed for ambient $PM_{2.5}$, NO_2 , NOx with residential greenspace in different buffer sizes (**Table 2**).

Table 3 summarizes the associations between air pollutant concentrations, residential greensapce and the risk of incident ITP in multivariable-adjusted models. Per IQR increase in the concentrations of ambient PM_{2.5} (HR = 1.15, 95% CI: 1.04-1.28, *P* = 0.007), NO₂ (HR = 1.23, 95% CI: 1.10-1.37, $P = 1.83 \times 10^{-4}$), and NO_x (HR = 1.12, 95% CI: 1.03-1.21, $P = 0.011$) were associated with an increased risk of incident ITP, while no statistically significant associations were observed for PM_{coarse} (HR = 0.98, 95% CI: 0.91-1.06, $P = 0.679$) and PM_{10} $(HR = 1.04, 95\% \text{ CI: } 0.96-1.13, P = 0.300).$ Long-term exposure to residential greenspace buffer at 300m was associated with a reduced risk of incident ITP, with each IQR increase in residential greenspace linked to a 23% (95% CI: 13%-33%, $P = 7.96 \times 10^{-5}$) decrease in the risk of ITP. Similarly, using a wide-area residential greenspace buffer at 1000m showed a 24% (95% CI: 12%-34%, $P = 2.54 \times 10^{-4}$) reduction in the risk of incident ITP (**Supplementary Table 2**). Consistent associations were also observed in the analysis of per 10 μ g/m³ increase in air pollutant concentrations or per 10% increase in residential greenspace buffer at 300m (**Supplementary Table 3**). Stratified analyses by age, sex, BMI, household income, alcohol drinking status and physical activity showed that none of the baseline characteristics significantly modified the associations of ambient air pollutants or residential greenspace buffer at 300m with the risk of incident ITP (all *P* for heterogeneity > 0.05) (**Supplemental Figure 3**). Additionally, a series of sensitivity analyses further supported the primary findings,

reinforcing the robustness of the study (**Supplementary Tables 4-6**).

Restricted cubic spline models were used to evaluate potential non-linear associations between these environmental factors and ITP risk (**Figure 1**). Statistically significant dose-response associations were found for $PM_{2.5}$, PM_{10} , NO_2 , NO_x , and residential greenspace with ITP risk (all *P* for overall $<$ 0.05). Notably, PM_{10} and NO_x demonstrated non-linear associations with ITP risk (*P* for non-linearity: 0.003 for PM_{10} and 0.030 for NO_x), with PM_{10} showing an inverted U-shaped curve and NO_x displaying a L-shaped curve, indicating potential differences in risk across different concentration levels.

To further investigate these non-linear associations, we categorized participants into quartiles based on their baseline PM10 and NOx exposure levels. As shown in **Supplementary Table 7**, compared with participants in the lowest quartile of PM_{10} exposure group (Q1), those in the second $(Q2)$, the third $(Q3)$ and the highest exposure group $(Q4)$ showed 1.46, 1.38 and 1.32-fold increased risk of ITP, respectively. Although the trend test did not reach statistical significance (P for trend = 0.098), these quartile-based results suggest a concentration-specific risk pattern for PM_{10} . Similarly, for NO_x , participants in the third quartile (42.10-50.60 μ g/m³) showed the strongest association with ITP risk (HR = 1.54, 95%) CI: 1.20-1.98, $P = 7.29 \times 10^{-4}$) (*P* for trend = 0.003).

 We also observed that the risk of incident ITP exhibited a dose-response pattern in relation to the joint effects of air pollutants and the residential greenspace buffer at 300m. As illustrated in **Figure 2**, the trend of increased risk of incident ITP persisted with higher air pollution levels or decreased residential greenspace (all *P* for trend < 0.05). Compared to the reference group characterized by low air pollution concentrations and high residential greenspace buffer at 300m, the group with high air pollution concentrations and low residential greenspace buffer at 300m had an increased risk of incident ITP. Specifically, the risk of incident ITP increased by 44% (HR = 1.44, 95% CI: 1.17-1.78, *P* = 0.001), 36% (HR = 1.36, 95% CI: 1.09-1.70, *P* = 0.006), 56% (HR = 1.56, 95% CI: 1.26-1.92, *P* = 3.01×10-5), and 58% (HR = 1.58, 95% CI: 1.28-1.95, $P = 2.25 \times 10^{-5}$) in the groups with high concentrations of $PM_{2.5}$, PM_{10} , NO_2 , and NO_x and low residential greenspace buffer at 300m, respectively. However, we did not observe any statistically significant interaction between air pollution or residential greenspace on the risk of ITP (**Table 4**). The mediation analysis

indicated that $PM_{2.5}$, PM_{10} , NO_2 , and NO_x mediated 13.30%, -1.49%, 18.53%, and -0.18% of the association between residential greenspace and incident ITP, respectively. However, the natural indirect effects (NIE) were not statistically significant (**Figure 3**).

Discussion

In this study, we observed that long-term exposure to high ambient concentrations of $PM_{2.5}$, PM_{10} , NO_2 , and NO_x , as well as lower residential greenspace, was associated with an increased risk of incident ITP. Furthermore, individuals with high air pollution concentrations and low residential greenspace coverage experienced the highest relative increase in ITP risk.

Scarce studies have explored the associations between air pollution and the risk of incident ITP. A case-control study involving 917,359 children from Taiwan revealed positive associations of prenatal exposure to PM_{10} (odds ratio $[OR] = 1.001$, 95% CI = 1.000-1.002, *P* $= 0.039$, per 10 μ g/m³) and the Pollution Standard Index (PSI) (OR = 1.016, 95% CI = 1.001-1.031, $P = 0.032$) with the risk of childhood incident ITP ¹². Our study demonstrated that for per IQR increment, $PM_{2.5}$, NO_2 , and NO_x were associated with a 15%, 23%, and 12% increased risk of incident ITP, respectively. For PM_{10} , we observed an inverted U-shaped relationship with ITP, with the most prominent effect observed in the second quartile $(15.20-16.00 \,\mu\text{g/m}^3)$, where the risk of ITP increased by 46%. The second quartile appeared to be a critical concentration range where PM_{10} exerted its most significant impact on adult ITP risk. This nuanced relationship between PM_{10} and ITP might suggest that different biological mechanisms are triggered at varying levels of exposure. Notably, this critical concentration range falls below the World Health Organization (WHO) guideline value for PM_{10} (20 μ g/m³), suggesting that PM₁₀ may pose a considerable risk for ITP even at relatively low levels 27 . These findings underscore the importance of maintaining stringent air quality standards to mitigate potential health risks.

Previous studies have proposed potential mechanisms by which air pollution can trigger autoimmune diseases. Given the multiple immune dysregulations involved in ITP, such as abnormalities in various immune-related factors and effector cells, air pollution may induce ITP by stimulating chronic systemic inflammation and inducing oxidative stress through direct oxidation of proteins and lipids or activation of oxidative cell pathways 28 , 29 . Additionally, it might regulate the function and phenotype of dendritic cells, leading to an

imbalance between dendritic cells and T cells. These mechanisms aligned with the observed abnormalities in precursor helper T cells, HLA-DR⁺ T cells, and the elevated levels of soluble interleukin-2 receptors in ITP patients $^{30, 31}$.

In addition to the negative association between residential greenspace buffer at 300m and the risk of incident ITP, our analysis extended to a larger buffer at 1000m. As expected, we found a similar protective effect against incident ITP for both buffer sizes, suggesting that the extent of residential greenspace did not significantly impact its ability to mitigate the risk of incident ITP. Although previous studies have hinted at greenspace which might potentially mediate the risk reduction related to reduced air pollution, our study did not find evidence supporting greenspace as a mediator in the associations between air pollution and the risk of ITP $^{32, 33}$. The mediation analysis in this study suggested that residential greenspace primarily reduced the risk of ITP through direct effects rather than through the mediating effects of air pollutants. This result underscored the value of increasing and maintaining greenspace in urban planning, particularly in densely populated areas with limited greenspace resources, providing a scientific foundation for enhancing residents' health. Furthermore, this study investigated the combined effects of air pollution and residential greenspace on incident ITP. The findings demonstrated an increased risk of incident ITP when air pollution levels were high and the residential greenspace was low, compared to the reference group. However, our study did not find any interaction between air pollution and residential greenspace.

To the best of our knowledge, our study is the inaugural large-scale prospective cohort investigation into the associations of air pollution and residential greenspace with the risk of ITP. However, several potential limitations warrant attention. Firstly, the measurements of certain air pollutant concentrations such as $PM_{2.5}$ and residential greenspace exposure were limited to a single baseline year, hindering the capture of dynamic changes before and after the baseline. We assumed that spatial patterns of air pollution exposure in the UK, a highly urbanized and industrialized country with slow-changing land use characteristics like greenspace, remained relatively stable over the years; however, exposure misclassification potential for may still exist $34, 35$. Secondly, the measurement data relied on participants' residential addresses, overlooking their activity patterns and residential mobility, which might not reflect their actual exposure levels. However, we performed a sensitivity analysis limited

to participants who had resided in the same location for over 10 years, and the findings showed no substantial changes. Future cohort studies are encouraged to conduct multiple measurements of air pollution and residential greenspace across different times and locations to better understand their impact on the risk of incident ITP. Thirdly, the study was limited in its analysis of the associations between different types of greenspaces and the risk of incident ITP due to insufficient information about greenspace types, quality, and specific species from GLUD. Therefore, more advanced techniques and rigorous methods are needed for accurate measurement and characterization of greenspace. Fourthly, although stringent control of potential confounding factors in this study, the associations might be influenced by other unknown or unmeasured confounding factors. Lastly, our study's participant demographics were restricted to middle-aged and elderly individuals of European descent, which may introduce a bias in ITP prevalence estimates and limit generalizability to the broader UK population and other ethnicities and regions.

In this large-scale population-based cohort study, we observed positive associations between long-term exposure to high levels of air pollutants such as $PM_{2.5}$, PM_{10} , NO_2 , and NO_x and an increased risk of incident ITP, while long-term exposure to high residential greenspace showed a negative association with ITP risk. Our research provided evidence for preventing ITP by improving environmental conditions, including increasing residential greenspace and mitigating air pollution. Further research is needed to delve deeper into the potential mechanisms between environmental factors and incident ITP.

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Characteristics	Total population
Sample, N	356,482
Age, y, mean \pm SD	56.21 ± 8.08
Sex, N $(\%)$	
Male	169,264 (47.5)
Female	187,218 (52.5)
Alcohol drinking status, N (%)	
Never	13,250(3.7)
Current/previous	343,232 (96.3)
Smoking status, N (%)	
Never	194,168 (54.5)
Current/previous	162,314 (45.5)
Physical activity, N (%)	
Irregular	101,556 (28.5)
Regular	254,926 (71.5)
BMI, kg/m^2 , mean \pm SD	27.35 ± 4.74
BMI, N (%)	
$<$ 30 kg/m ²	271,965 (76.3)
$>= 30 \text{ kg/m}^2$	84,517 (23.7)
Household income, N (%)	
< £31000	170,344 (47.8)
$>=$ £31000	186,138 (52.2)
Ethnicity, N (%)	
White	339,133 (95.1)
Others	17,349 (4.9)
Education level, N (%)	
Lower vocational qualifications or less	190,661 (53.5)
Higher vocational qualifications or more	165,821 (46.5)

Table1. Baseline characteristics of participants from UK Biobank at baseline.

Abbreviations: BMI: body mass index; SD: Standard Deviation.

Table 2. Descriptive statistics and Pearson correlation matrix for pollutants and residential greenspace.

P25 and P75 are 25th and 75th percentiles.

Abbreviations: IQR: interquartile range; NO₂: nitrogen dioxide; NO_x: nitrogen oxides; PM_{2.5}: fine particulate matter; PM_{coarse}: coarse particulate matter with aerodynamic diameters ranging between 2.5 and 10 µm; PM10: particulate matter with diameters of less than 10-micrometer; SD: Standard Deviation.

		Total Events/Person years		Model a			Model b	
Exposure	Increase			HR (95%CI)	P value	HR (95%CI)	P value	
$PM_{2.5}$	Per IQR $(1.27 \mu g/m^3)$ increment	356482	500/4711602	1.20 (1.09,1.33)	2.78×10^{-4}	1.15(1.04, 1.28)	0.007	
PM_{coarse}	Per IQR $(0.78 \mu g/m^3)$ increment	356482	500/4711602	0.99(0.92,1.07)	0.832	0.98(0.91, 1.06)	0.679	
PM_{10}	Per IQR $(1.75 \mu g/m^3)$ increment	356482	500/4711602	1.06(0.98, 1.15)	0.124	1.04(0.96, 1.13)	0.300	
NO ₂	Per IQR $(9.92 \mu g/m^3)$ increment	356482	500/4711602	1.27(1.15, 1.41)	5.37×10^{-6}	1.23(1.10, 1.37)	1.83×10^{-4}	
NO _X	μ g/m ³) IQR (16.60) Per increment	356482	500/4711602	1.15(1.06, 1.25)	5.42×10^{-4}	1.12(1.03, 1.21)	0.011	
Residential greenspace buffer at 300m	Per IOR (31.54%) increment	356482	500/4711602	0.75(0.66, 0.85)	1.26×10^{-5}	0.77(0.67,0.87)	7.96×10^{-5}	

Table 3. The associations between five air pollutants and residential greenspace buffer at 300m with per IQR increase and the risk of ITP.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

	Residential greenspace buffer at 300m							
Air pollutant category ^{$#$}		Additive interaction						
	*RERI (95% CI)	AP (95% CI)	Multiplicative interaction					
High $PM_{2.5}$ concentration	$-0.04(-0.53, 0.46)$	$-0.03(-0.37,0.32)$	0.95(0.64, 1.42)					
High PM_{10} concentration	$0.002 (-0.43, 0.44)$	$0.001 (-0.32, 0.32)$	1.01(0.70, 1.47)					
High $NO2$ concentration	$0.30(-0.17, 0.76)$	$0.19(-0.11, 0.49)$	1.22(0.81, 1.84)					
High NOx concentration	$0.21 (-0.27, 0.69)$	$0.13(-0.17,0.43)$	1.13(0.75, 1.69)					

Table 4. The interaction effects between air pollutants and the residential greenspace buffer at 300m.

The model adjusted for age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity. $$ Divided PM_{2.5}, PM₁₀, NO₂, and NO_x into low- and high-concentration groups based on their median values.

Abbreviations: AP: attributable proportion; BMI: body mass index; CI: confidence interval; NO₂: nitrogen dioxide; NO_x: nitrogen oxides; PM_{2.5}: fine particulate matter; PM₁₀: particulate matter with diameters of less than 10-micrometer; RERI: relative excess risk due to interaction.

Figure legend

Figure 1. Dose-response curves of associations between air pollutants and residential greenspace using restrict cubic splines. The model adjusted for age, sex, ethnicity, body mass index, education level, household income, smoking status, alcohol drinking status, and physical activity.

Abbreviations: NO₂: nitrogen dioxide; NO_x: nitrogen oxides; $PM_{2.5}$: fine particulate matter; PM_{coarse}: coarse particulate matter with aerodynamic diameters ranging between 2.5 and 10 μ m; PM₁₀: particulate matter with diameters of less than 10-micrometer.

Figure 2. The joint effects between air pollution and residential greenspace buffer at 300m on incident ITP.

* Reference group: High residential greenspace buffer at 300m and Low air pollution; Group 1: Low residential greenspace buffer at 300m and Low air pollution; Group 2: High residential greenspace buffer at 300m and High air pollution; Group 3: Low residential greenspace buffer at 300m and High air pollution.

Abbreviations: NO₂: nitrogen dioxide; NO_x: nitrogen oxides; PM_{2.5}: fine particulate matter; PM₁₀: particulate matter with diameters of less than 10-micrometer.

Figure 3. Mediation effects of air pollutants (including $PM_{2.5}$, PM_{10} , NO_2 and NO_x) on the association of residential greenspace buffer at 300m with the risk of incident ITP.

* Adjusted for age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

Abbreviations: BMI: body mass index; ITP: Immune thrombocytopenic purpura; NDE: nature direct effect; NIE: nature indirect effect; $NO₂$: nitrogen dioxide; NO_x : nitrogen oxides; $PM_{2.5}$: fine particulate matter; PM_{coarse}: coarse particulate matter with aerodynamic diameters ranging between 2.5 and 10 μ m; PM₁₀: particulate matter with diameters of less than 10-micrometer.

b) PM_{10} and residential greenspace buffer at 300m

c) $NO₂$ and residential greenspace buffer at 300m

d) NO_x and residential greenspace buffer at 300m

P for trend = 3.04×10^{-5}

P for trend = 2.39×10^{-5}

a)

 $NDE = 0.63(0.42, 0.96)$ $P = 0.030$ Greenspace **ITP** Proportion of mediation: 13.30% $P = 0.104$ $PM_{2.5}$

> $NIE = 0.91(0.80, 1.03)$ $P = 0.144$

d)

 \mathbf{b}

Supplementary Appendix for

Air pollution, residential greenspace and the risk of incident immune thrombocytopenic

purpura: a prospective cohort study of 356,482 participants

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Supplemental methods

1.The land use regression (LUR) models

The LUR models, developed as part of the European Study of Cohorts for Air Pollution Effects (ESCAPE), utilized the geocoded residential addresses of participants at baseline, incorporating a series of predictor variables (such as traffic intensity, population density, land use and topography) provided by the geographic information system (GIS) to estimate the spatial variation of air pollutant concentrations [\(http://www.escapeproject.eu/\)](http://www.escapeproject.eu/) $^{[1, 2]}$. Additionally, leave-one-out cross-validation showed that the models exhibit good performance for $PM_{2.5}$, PM_{10} , NO_2 and NO_x with cross-validation R^2 values of 77%, 88%, 87%, and 88%, respectively, and moderate performance for PM_{coarse} with a cross-validation R^2 of 57%.

2. The detail information of residential greenspace assessment

The Generalized Land Use Database (GLUD), issued by the UK Government's Communities and Local Government Department [\(https://www.gov.uk/government/statistics\)](http://www-gov-uk-s.webvpn.zju.edu.cn:8001/government/statistics), provided land use distribution information at the 2001 census output area (COA) level and has been previously used in studies [3, 4]. Each polygon representing a home location was assigned an area-weighted mean of the land use percentage coverage intersecting the home location buffer. The percentage of residential greenspace (categorized as "Greenspace" within the residential location buffer) was then calculated as a proportion of all land use types within 300m and 1000m buffers. These buffer distances were chosen to represent nearby and wide-area residential greenspace relative to participants' household positions. Detailed information about the measurement is available at

[https://biobank.ctsu.ox.ac.uk/showcase/ukb/docs/App15374Docs.pdf.](https://biobank.ctsu.ox.ac.uk/showcase/ukb/docs/App15374Docs.pdf)

3.The detail information of additive interaction

Additive interaction was evaluated with relative excess risk due to interaction (RERI) and the attributable proportion due to interaction (AP), and 95% confidence intervals (CIs) included 0 indicated no additive interactions. RERI was calculated via the formula $RERI = RR_{11} - RR_{10} - RR_{01} + 1$, whereas RR11 denoted the relative risk of an individual exposed to both factors (air pollution and residential greenspace buffer at 300m), and RR10 and RR01 represented the relative risks for individuals exposed to either air pollution or residential greenspace, respectively. The estimation of 95% CIs was performed using the delta method outlined by Hosmer and Lemeshow [5].

4.Modeling Mediation effects of residential greenspace and air pollutants on ITP risk

We initially employed a linear model, with residential greenspace as the independent variable and air pollutants as the dependent variable (mediation model). Then we fitted a Cox proportional hazard model, treating residential greenspace, air pollutants and the interaction term as independent variables, with incident ITP as the dependent variable (outcome model) $[6, 7]$. All models were adjusted for age, sex, alcohol drinking status, BMI, household income, physical activity, smoking status, education level, ethnicity.

Reference:

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- 3. Alcock, I., et al., Longitudinal effects on mental health of moving to greener and less green urban areas. Environ Sci Technol, 2014. 48(2): p. 1247-55.
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Exposure			Model a		Model b	
	Total	Events/Person years	$HR(95\% CI)$	P value	$HR(95\% CI)$	P value
Residential greenspace buffer at 1000m						
Per IQR (32.83%) increment	356482	500/4711602	0.74(0.65, 0.86)	3.70×10^{-5}	0.76(0.66, 0.88)	2.54×10^{-4}
Per 10% increment	356482	500/4711602	0.91(0.88, 0.95)	3.70×10^{-5}	0.92(0.88, 0.96)	2.54×10^{-4}
Q1 [4.49%, 27.60%]	89121	146/1162739	Ref		Ref	
Q2 (27.60%, 42.00%]	89128	120/1176779	0.78(0.61, 0.99)	0.039	0.76(0.60, 0.97)	0.030
Q3 (42.00%, 60.40%)	89118	137/1184563	0.85(0.68, 1.08)	0.182	0.85(0.67,1.08)	0.182
Q4 (60.40%, 99.19%]	89115	97/1187520	0.59(0.46, 0.77)	7.47×10^{-5}	0.62(0.48, 0.81)	3.84×10^{-4}

Supplementary Table 2. The associations between residential greenspace buffer at 1000m and the risk of incident ITP.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

Abbreviations: BMI: body mass index; CI: confidence intervals; HR: hazard ratio; IQR: interquartile range; ITP: Immune thrombocytopenic purpura.

	Total	Events/Person years	Model a		Model b	
Exposure			HR $(95\%CI)$	P value	$HR(95\%CI)$	P value
PM _{2.5}	356482	500/4711602	4.29(1.96, 9.40)	2.78×10^{-4}	3.03(1.35, 6.80)	0.007
PM _{coarse}	356482	500/4711602	0.90(0.33, 2.44)	0.832	0.81(0.30, 2.21)	0.679
PM_{10}	356482	500/4711602	.43(0.91, 2.26)	0.124	1.28 (0.80, 2.03)	0.300
NO ₂	356482	500/4711602	1.27(1.15, 1.42)	5.37×10^{-6}	1.23(1.10, 1.37)	1.83×10^{-4}
NOx	356482	500/4711602	1.09(1.04, 1.14)	5.42×10^{-4}	1.07(1.02, 1.12)	0.011
Residential greenspace buffer at 300m	356482	500/4711602	0.91(0.88, 0.95)	1.26×10^{-5}	0.92(0.88, 0.96)	7.96×10^{-5}

Supplementary Table 3. The associations between five air pollutants and residential greenspace buffer at 300m with per 10 unit increase and the risk of ITP.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

Exposure	Total	Events/Person years	Model a		Model b	
			$HR(95\% CI)$	P value	$HR(95\% CI)$	P value
PM _{2.5}	355828	478/4711222	1.20(1.09, 1.33)	4.05×10^{-4}	1.15(1.04, 1.28)	0.007
PM _{coarse}	355828	478/4711222	0.99(0.91, 1.07)	0.731	0.98(0.90, 1.06)	0.604
PM_{10}	355828	478/4711222	1.06(0.98, 1.15)	0.145	1.04(0.96, 1.13)	0.311
NO ₂	355828	478/4711222	1.26(1.14, 1.41)	1.57×10^{-5}	1.23(1.10, 1.37)	3.03×10^{-4}
NO _x	355828	478/4711222	1.14(1.05, 1.24)	0.001	1.11(1.02, 1.21)	0.016
Residential greenspace buffer at 300m	355828	478/4711222	0.74(0.65, 0.85)	1.22×10^{-5}	0.76(0.66, 0.87)	5.99×10^{-5}

Supplementary Table 4. Sensitivity analysis after excluding incident ITP within the first year of entering the cohort.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

Exposure	Total	Events/Person years	Model a		Model b	
			$HR(95\% CI)$	P value	$HR(95\% CI)$	P value
PM _{2.5}	241534	367/3183216	1.26(1.12, 1.41)	1.40×10^{-4}	1.19 (1.06, 1.34)	0.005
PM _{coarse}	241534	367/3183216	1.01(0.92, 1.10)	0.058	1.00 (0.91,1.09)	0.174
PM_{10}	241534	367/3183216	1.09 (1.00, 1.20)	0.831	1.07 (0.97,1.17)	0.978
NO ₂	241534	367/3183216	1.35(1.20, 1.52)	1.18×10^{-6}	1.29 (1.13, 1.46)	1.06×10^{-4}
NO _x	241534	367/3183216	1.20(1.09, 1.31)	9.05×10^{-5}	1.15(1.05, 1.27)	0.004
Residential greenspace buffer at 300m	241534	367/3183216	0.72(0.62, 0.84)	3.95×10^{-5}	0.75(0.64, 0.87)	2.95×10^{-4}

Supplementary Table 5. Sensitivity analysis restricting participants with over 10 years in the same residence.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, physical activity.

Exposure	Total	Events/Person years	Model a		Model b	
			HR (95% CI)	P value	$HR(95\% CI)$	P value
PM _{2.5}	356185	472/4708290	1.19 (1.08,1.32)	8.49×10^{-4}	1.14(1.03, 1.27)	0.013
PM _{coarse}	356185	472/4708290	1.00 (0.92,1.08)	0.948	0.99(0.91, 1.07)	0.798
PM_{10}	356185	472/4708290	1.07(0.98, 1.16)	0.112	1.05(0.97, 1.14)	0.258
NO ₂	356185	472/4708290	1.26(1.13, 1.40)	2.19×10^{-5}	.22(1.09, 1.37)	4.42×10^{-4}
NO _x	356185	472/4708290	1.14(1.05, 1.24)	0.002	1.11(1.02, 1.21)	0.019
Residential greenspace buffer at 300m	356185	472/4708290	0.76(0.66, 0.87)	4.25×10^{-5}	0.77(0.67, 0.89)	2.05×10^{-4}

Supplementary Table 6. Sensitivity analysis after excluding individuals diagnosed with other types of purpura and hemorrhagic conditions before baseline.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

Supplemental Table 7. The associations of air pollution, residential greenspace buffer at 300m with the risk of ITP according to quartiles of pollutants and residential greenspace buffer at 300m.

Model b: age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.

Supplementary Figure 1. The flow chart of the study design.

Abbreviations: BMI: body mass index; CIs: confidence intervals; HRs: hazard ratios; ITP: Idiopathic thrombocytopenic purpura; IOR: interquartile range; NO₂: nitrogen dioxide; NO_x: nitrogen oxides; PM_{2.5}: fine particulate matter; PM₁₀: particulate matter with diameters of less than 10-micrometer.

Supplementary Figure 2. Schoenfeld residual plots for air pollution and residential greenspace.

a) PM_{2.5}, b) PM₁₀, c) PM_{coarse}, d) NO₂, e) NO_x, f) residential greenspace buffer at 300m, g) residential greenspace buffer at 1000m.

Abbreviations: NO₂: nitrogen dioxide; NO_x: nitrogen oxides; PM_{2.5}: fine particulate matter; PM_{coarse}: coarse particulate matter with aerodynamic diameters ranging between 2.5 and 10 μ m; PM₁₀: particulate matter with diameters of less than 10-micrometer.

Supplementary Figure 3. Stratified analyses of the associations between air pollution or residential greenspace buffer at 300 m and incident ITP.

* Adjusted for age, sex, ethnicity, BMI, education level, household income, smoking status, alcohol drinking status, and physical activity.