

# Resistance to immunomodulatory drugs in multiple myeloma: the cereblon pathway and beyond

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### **Title page**

**Title:** Resistance to immunomodulatory drugs in multiple myeloma: the cereblon pathway and beyond

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#### **Running title:** Non-canonical mechanisms of IMiD resistance

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#### **Abstract**

Acquired resistance to immunomodulatory drugs (IMiDs) remains a significant unmet need in the treatment landscape of multiple myeloma (MM). CRBN pathway-dependent mechanisms are known to be vital contributors to IMiD resistance; however, they may account for only a small proportion. Recent research has unveiled additional mechanisms of acquired IMiD resistance that are independent of the CRBN pathway. In this review, we provide a comprehensive overview of the existing work on IMiD resistance in MM, focusing specifically on the emerging evidence of CRBN pathway-independent mechanisms. Finally, we discuss the plausible actionable strategies and outlook for IMiD-based therapies moving forward.

#### **Significance:**

CRBN-independent mechanisms are fast becoming an important factor associated with IMiD resistance in myeloma. With the burgeoning research on this topic, it may not be easy for the research community to keep abreast of its latest developments. Here, we provide an up-todate evidence (at point of writing) on this topic which can serve as an essential reference for the myeloma community (or even beyond) to facilitate their ongoing and future research.

#### **Keywords**

Multiple myeloma, Immunomodulatory drugs, Cereblon, Treatment resistance

#### **Introduction**

Immunomodulatory drugs (IMiDs) are a major class of drugs that have changed the treatment paradigm for multiple myeloma (MM). Thalidomide, the first-in-class IMiD, was introduced in the late 1950s as a sedative and anti-emetic during pregnancy, but was soon withdrawn due to neuropathy and teratogenicity<sup>1</sup>. However, a breakthrough study in 1999 reported promising efficacy in MM patients, leading to accelerated approval for MM treatment in May 2006<sup>2, 3</sup> (Figure 1). This success spurred the development of thalidomide analogues, namely, lenalidomide and pomalidomide, to enhance therapeutic effectiveness while reducing toxicities. Lenalidomide received U.S. Food and Drug Administration (FDA) approval in June 2006 for use in MM patients who have had at least one prior line of therapy <sup>4</sup>. Pomalidomide was granted FDA approval seven years later for RRMM patients who had undergone at least two prior therapies, including lenalidomide and bortezomib<sup>3</sup>. While thalidomide is now less prescribed, lenalidomide is widely used as the backbone of numerous combination treatments for newly diagnosed MM (NDMM), as post-transplant maintenance, and in relapsed/refractory MM (RRMM), whereas pomalidomide is commonly used for treatment of RRMM, especially for lenalidomide-refractory patients<sup>5</sup>.

The clinical benefit of IMiDs in MM is well established, however, their therapeutic efficacy and durability are significantly limited by primary and acquired drug resistance. In MM, approximately 5% patients demonstrate primary resistance to IMiDs, while those who initially responded to IMiD-based regimens eventually acquire resistance over time<sup>6-9</sup>. Moreover, recent analyses suggest age-dependence to efficacy and key subset differences, particularly in older patients where clinical benefit is more limited. There is therefore a significant unmet need in understanding the underlying mechanisms of resistance to IMiDs.

Landmark studies have revealed that IMiDs exert their activity by binding to a specific tritryptophan pocket of cereblon (CRBN), a substrate adaptor protein of the CRL4<sup>CRBN</sup> E3

ubiquitin ligase complex, which consists of DNA damage-binding protein 1 (DDB1), cullin-4A/B (CUL4A/B), and regulator of cullins 1  $(ROC1)^{10, 11}$ .

Multiple studies on CRBN pathway abnormalities have facilitated our understanding on IMiD resistance<sup>12-14</sup>. Resistance mechanisms beyond the CRBN pathway, on the other hand, are gradually emerging, but their relative significance and how one study is related to another remains incompletely understood. In this current review, we 'deep dive' into the evidence on CRBN pathway-independent mechanisms of IMiD resistance, dissect the details of the studies, and systematically describe the evidence based on how one may be supporting another. Additionally, we discuss areas of future research that may hold promise in advancing our understanding of IMiD resistance and propose plausible therapeutic strategies to overcome IMiD resistance in the clinic.

#### **Mechanism of action of IMiDs**

By binding to CRBN, IMiDs redirect the CRL4<sup>CRBN</sup> E3 ubiquitin ligase machinery to target and induce proteasomal degradation of a range of neo-substrates, including the transcription factors Ikaros and Aiolos, encoded by IKZF1 and IKZF3 genes respectively<sup>10, 11, 15</sup> (Figure 2A). Both IKZF1 and IKZF3 (IKZF1/3) are regulators of B-cell differentiation and were described to be essential genes in  $MM^{16, 17}$ . IMiD-induced-degradation of IKZF1/3 is, therefore, crucial for the anti-neoplastic effects in MM, mediating the cellular toxicity and/or induction of immunomodulatory responses (Figure 2B).

The direct anti-MM effect is mainly attributed to the downregulation of two MM essential genes, IRF4 and c-MYC, causing disruption of their oncogenic drive and hence cytotoxicity<sup>18,</sup>  $19$ . At the microenvironment level, IMiDs enhance immunomodulatory responses by [1] promoting immune recognition through increased antigen presentation by dendritic cells, [2] increasing production of anti-tumor cytokines such as interferon-γ (IFN-γ) and interleukin-2 (IL-2) to drive T cells expansion and natural killer (NK) cells activation, [3] reducing adhesion

molecules such as VCAM-1 and ICAM-1 on bone marrow stromal cells (BMSCs) to impede tumor cell-BMSC interactions, [4] inhibiting immunosuppressive T-regulatory cells (Tregs), as well as [5] impairing signalling of angiogenic factors, vascular endothelial growth factors (VEGFs) and fibroblast growth factors (FGFs) in the BM niche<sup>20-22</sup>.

The distinct clinical efficacy of each thalidomide derivative reflects the differences in its CRBN binding affinity and the subtly different spectrum of neo-substrates degradation<sup>23</sup>. Thalidomide, lenalidomide and pomalidomide share common phthalimide and glutarimide moieties, but all differ respectively in a carboxy and an amino group at the phthalimide ring. These minor but key structural variations lead to significant differences in clinical efficacy, with increased potency observed from thalidomide to lenalidomide and then to pomalidomide<sup>1</sup>. Compared with thalidomide, lenalidomide was documented to be 50-2000 times more potent in inducing T-cell proliferation, and 300-1200 times more potent in augmenting T-cell activity, due to increased IL-2 and IFNγ production. Pomalidomide is 10 times more efficient than its predecessor in stimulating T-cells and inducing pro-inflammatory cytokines from Th1 cells, while reducing anti-inflammatory cytokines from Th2 cells<sup>24</sup>.

### **IMiD resistance associated with the CRBN pathway, and its paradox**

Owing to the core function of CRBN in the activity of IMiDs, disruption to the CRL $4^{\text{CRBN}}$  E3 ubiquitin ligase components has been the most commonly reported mode of resistance to this group of drugs (Table 1). Here, we document the key findings from previous studies on the genomic and non-genomic abnormalities of CRBN and its pathway genes, and their association, or not, with patients' responses to IMIDs<sup>25-28</sup>.

Genomic alterations in the CRBN gene that have been reported in MM patients include most commonly, single nucleotide variation (SNV) and copy number loss, while the non-genomic events involved epigenetic and transcriptomic aberrations that affect its stability and expression, including the abnormal exon 10 splicing<sup>25, 26, 29-31</sup>. Somatic SNVs in *CRBN* are

infrequent among newly diagnosed MM (<1%), however, their prevalence significantly increases to 9-12% of IMiD-refractory patients<sup>25, 26</sup>. Genetic mapping identified that these SNVs were predominantly located within the IMiD-binding domain<sup>26</sup>, and their ectopic introduction into MM cell lines obliterated responses to lenalidomide<sup>26, 32</sup>. There was also an increase in the frequency of CRBN copy number loss, from 1.5% in NDMM to 7.9% in Lenrefractory and a significant 24% in Pom-refractory patients<sup>25</sup>. In addition, higher levels of alternative splicing of exon-10 in *CRBN,* which prevents IMiD-binding, has an incidence reaching up to 10% of Len-refractory patients, and has been consistent in predicting poor responses to  $IMiDs<sup>25, 33</sup>$ . These reports underscore the biological role of genomic and nongenomic lesions of *CRBN* in IMiD resistance. However, it is noteworthy that they represent only a small proportion of IMiD-refractory patients (up to 20% for lenalidomide and up to 30% for pomalidomide), suggesting that the majority of acquired IMiD resistance cases (i.e. >70- 80%) are unaccounted for by *CRBN* abnormalities. Studies from smaller independent cohorts have not reported changes in the frequency of *CRBN* mutations in Lenalidomiderefractory vs NDMM patients <sup>34-36</sup>, but are mainly small and/or limited to SNV detection.

Pre-clinical modelling of acquired IMiD-resistance demonstrated that resistant cell lines had depleted CRBN expression<sup>29</sup>. This is consistent with clinical observations, whereby high CRBN expression correlated with improved progression-free survival (PFS) in IMiD-treatedpatients, while the IMiD-non-responders exhibited reduced CRBN expression<sup>30, 37</sup>. However, it is also notable in other studies that CRBN levels were not predictive for IMiD responses  $34$ , <sup>38</sup>. Importantly, amongst all types of CRBN abnormalities described in IMiD-RRMM, there was no one mechanism that rendered a complete loss of CRBN expression<sup>25, 29, 31</sup>. For instance, neither did the cases with CRBN copy loss nor those with an aberrant exon 10 splicing demonstrated changes/reduction in CRBN expression compared to their counterparts without these aberrations<sup>25</sup>. More interestingly, a substantial proportion of the IMiD-RRMM (32%) paradoxically exhibited increased CRBN expression with no loss-offunction variant detected<sup>39</sup>. These data suggest that in the cases without genetic loss-offunction, the activity of the CRBN pathway was putatively retained in the IMiD-resistant MM cells. This supports the observation that lenalidomide-refractory patients were responsive to subsequent pomalidomide treatment<sup>5, 40, 41</sup>, suggesting that low but intact CRBN expression does not abolish the functional CRL4<sup>CRBN</sup> E3 ubiquitin ligase activity and residual CRBN signalling may still mediate responsiveness to the more potent pomalidomide.

Investigations into CRBN axis genes have also yielded inconclusive results. For instance, IMiD-refractory disease had an increased mutation frequency in *IKZF1*, *IRF4* and *CUL4B* compared to NDM $M^{26}$ , but another study showed no difference in the mutation status of *DDB1*, *CUL4A*, *CUL4B*, *IKZF1*, *IKZF2*, and *IKZF336.* High IKZF1/3 expression has been associated with poorer PFS in lenalidomide-treated-MM patients<sup>42</sup>, and in contrasting data, with a favourable response to lenalidomide and better  $PFS^{43, 44}$ . In another patient cohort,  $IKZF1/3$  protein levels were non-prognostic<sup>45</sup>. Further upstream in the CRBN pathway, COP9 signalosome (CSN) and E2 ubiquitin ligase proteins (UBE*)* are required for the maintenance of CRL4<sup>CRBN</sup> E3 ubiqitin ligase activity. Whole-genome sequencing of MM patients (n=522) revealed increased incidence of copy number loss of chromosomal 2q37, the region containing CSN members (*COPS7B* and *COPS8)* in the lenalidomide-refractory, and lenalidomide-then-pomalidomide-refractory patients compared to the NDMM patients<sup>28</sup>. Importantly however, the enrichment of this abnormality was again observed only in a small subset of the refractory patients (10-16%) and mutational analysis revealed low frequency for CSN and UBE members, implicating that once those with CRBN aberrations also removed, >60% of IMiD-refractory patients are still unaccounted for by the aberrancy in these CRBN pathway proteins $^{28}$ .

In summary, CRBN pathway abnormalities are not a universal event in IMiD-refractory patients and the mechanism of resistance is likely to extend beyond this canonical IMiDpathway.

#### **IMiD resistance independent of CRBN pathway**

Supporting this notion, evidence on IMiD resistance mechanisms independent of the CRBN pathway are gradually emerging. These have been described to include myeloma cellintrinsic factors and myeloma cell-extrinsic factors (Table 2).

#### *(a) Intrinsic mechanisms*

The main myeloma cell-intrinsic mechanisms of IMiD resistance in MM involve the dysregulation of various oncogenic mediators, including known MM essential genes and other under-studied MM drivers. Some of these studies reported direct mechanistic evidence, while others showed clinical association without clear mechanisms (Figure 3).

IL-6/STAT3 signalling, a crucial MM driver, was found to be upregulated in an acquired lenalidomide resistant MM cell line,  $XG1$  ( $XG1$ -LenRes)<sup>46, 47</sup>. The authors identified autocrine production of IL6 in the XG1-LenRes, which was further enhanced in the presence of lenalidomide treatment. Stimulation of parental-XG1 cells with IL6-induced lenalidomide resistance, whereas inhibition of STAT3 with a selective STAT3 inhibitor (PB-1-102) resensitized its isogenic resistant counterpart to lenalidomide. Constitutive IL6/STAT3 activity in XG1-LenRes was associated with sustained expression of IRF4. Notably, XG1-LenRes did not have any accompanying abnormalities in CRBN and its downstream components. There was no change in CRBN expression and neither was there any differential effects on lenalidomide-induced IKZF1/3 degradation. In concordance, introduction of exogenous CRBN also failed to restore lenalidomide sensitivity in  $XG1$ -LenRes<sup>47</sup>, indicating the involvement of CRBN pathway-independent mechanisms.

Dysregulation of another oncogenic pathway, the Wnt/β-catenin, was also observed in lenalidomide-resistant MM cells. Through gene expression profiling of lenalidomideresistant-U266, -ANBL-6, -KAS-6 and -MM1.S vs. their parental cells, several Wnt/β-catenin intermediates (Wnt-3, Fzd-4, β-catenin) were found to be upregulated. This increase in

 $10<sup>1</sup>$ 

Wnt/β-catenin activity led to stabilization of cytoplasmic β-catenin and upregulation of MM drivers CyclinD1 and c-Myc. Knocking down β-catenin, in turn, restored MM cell sensitivity to lenalidomide48. Another report showed that CD44, a downstream transcriptional target of βcatenin, was also associated with IMiD resistance. The authors found that increased CD44 expression in the lenalidomide-resistant cells enhanced MM cell adhesion to BMSCs to promote cell survival. Inhibition of β-catenin, and consequently CD44, with all-trans retinoic acid (ATRA) successfully re-sensitized resistant MM cells to lenalidomide<sup>49</sup>.

The main players in the oncogenic MAPK pathway such as NRAS, KRAS and to a lesser extend BRAF, are the most frequently mutated genes in MM patients, with NDMM and RRMM cases bearing a high 20-50% and 45-80% frequency, respectively<sup>26, 50-52</sup>. BRAF/KRAS/NRAS are upstream mediators of the MEK/ERK kinases and activating mutations of BRAF/KRAS/NRAS genes trigger these kinases to upregulate a series of proliferative and cell cycle signals<sup>51</sup>. A mouse xenograft study bearing MM1.S plasmacytomas with acquired IMiD resistance showed that resistance onset was accompanied by hyperactivity of MEK1/ERK pathway (increased pMEK1/2 and pERK1/2). The addition of selumetinib, a small-molecule MEK inhibitor, effectively reinstated IMiD sensitivity, both in and ex vivo<sup>53</sup>, hence suggesting the role of the BRAF/KRAS/NRAS /MEK/ERK signalling cascade in mediating IMiD resistance. Nevertheless, it should be noted that BRAF/KRAS/NRAS gene mutations are a general predictor of poor clinical outcome and are observed widely in all RRMM states<sup>50</sup>. There is a diverse range of SNVs reported<sup>54</sup> and the functional impact of these different BRAF/KRAS/NRAS point mutations on the activation of MEK/ERK pathway leading specifically to IMiD resistance, requires more study.

The biological role of MEK/ERK signalling was further demonstrated in a genome-wide CRISPR-Cas9 knockout screen in pomalidomide-treated MM.1s cells, in which *TRAF2* appeared as a modulator of resistance $<sup>55</sup>$ . In cells co-cultured with BMSCs or BMSC</sup> supernatants, the authors identified that IL-6 directly activates MEK/ERK signalling while

triggering proteasomal degradation of *TRAF2 t*o stimulate NF-κB and ERK signalling. MM1.S cells with *TRAF2* knockout exhibited significant resistance to lenalidomide and pomalidomide, alongside activation of NF-κB and MEK/ERK pathways, independently of the CRBN-IKZF1/3 axis. Consistent with the former study, inhibition of MEK with selumetinib effectively overcame IMiD resistance in *TRAF2* knockout MM cells. However, the authors also identified that *TRAF2* knockout conferred higher resistance to dexamethasone and melphalan treatments, indicating that *TRAF2* knockout-induced drug resistance may not be specific to IMiDs<sup>55</sup>.

Epigenetic alterations are widely implicated in cancer drug resistance and in the case of IMiDs in MM, [1] a global increase in DNA methylation, with [2] a reciprocal decrease in chromatin accessibility and [3] a dominance of gene downregulation, were observed in acquired IMiD-resistant-OPM2 and -H929, with the main components of the CRBN pathway (*CRBN*, *IKZF1/3*, and *IRF4)* being unaffected. This is consistent with reports that promoter silencing of CRBN and its pathway genes were not associated with CRBN pathway deficiency and IMiD resistance<sup>39, 56, 57</sup>. In this study, the authors, instead, identified SMAD3 (a transcription factor and cell signalling regulator), as the novel gene commonly downregulated in the resistant counterpart of both the cell lines. Treatment with a combination of 5-azacytidine (Aza) and the EZH2 inhibitor (EPZ-6438) reverted chromatin repression, increased SMAD3 expression and ultimately re-sensitized the resistant cells to  $IMiDS<sup>57</sup>$ . In support of this pre-clinical finding, Kalff et al. have reported some clinical efficacy in combining Aza (oral) with lenalidomide-dexamethasone (Rd) in heavily treated LENresistant RRMM patients (ORR 37.5%, clinical benefit rate  $50\%$ <sup>58</sup>. Although Khouri et al.'s Rd-Aza (subcutaneous) treatment protocol in another patient cohort yielded a lower response rate (ORR 22%, clinical benefit rate 32%), the authors propose that Rd-Aza may overcome some IMiD refractoriness with careful regime optimisation and correct patient selection<sup>59</sup>.

 $12<sup>2</sup>$ 

Further evidence of epigenetic involvement in IMiD resistance was demonstrated in a ChIPseq study across 16 MM cell lines, comparing lenalidomide-resistant vs. lenalidomidesensitive cells<sup>60</sup>. At the gene specific level, the authors reported that in the lenalidomideresistant cells, the promoter regions of *ANKRD30B* and *SLAMF6* exhibited the highest occupancy of the active H3K4me3 mark, while the promoter regions of *GPR15* and *NKX6-1* demonstrated a marked depletion. Among the CRBN pathway genes, only *CUL4B* displayed enriched H3K4me3 at its promoter region in the lenalidomide-sensitive cells. Nonetheless, the underlying mechanism by which IMiDs induce epigenetic reprogramming and the extent to which changes in epigenetics contribute to IMiDs' lack of function was not described, and shall remain an imperative work moving forward.

Furthermore, NCOR2, an epigenetic remodelling gene, has been implicated in multi-drug resistance in MM, including to  $IMIDs<sup>61</sup>$ . The authors identified that NCOR2 was interacting with nucleosome remodeling and deacetylase (NuRD) complex, to repress the expression of CD180 by directly binding to its promoter and resulted in the downregulation of MYC. They showed in IMiD-resistant cells that low NCOR2 and CD180 expression was associated with increased MYC expression. There was no change in CRBN and IKZF1 expression, and thus they concluded that high MYC in IMiD-resistance was induced by deregulation of NCOR2- CD180 pathway, independently of CRBN. It is noteworthy that in this study, NCOR2 knockout also led to resistance to BET and HDAC inhibitors, thus the therapeutic implication of loss of NCOR2 in MM was not specific to IMiDs.

A more specific epigenetic dissection of IMiD resistance was recently reported; out of 48 MM cell lines challenged with pomalidomide, 44 (92%) remained viable, despite significant depletion of IKZF1/3. These MM cells displayed high growth rate with most of the IMiDresistant cell lines retaining high levels of MYC and IRF4 expression<sup>62</sup>. Further investigations using ATAC-Seq revealed reduced chromatin accessibility for IKZF1-binding in the pomalidomide- vs DMSO-treated cells. Notably, the sites that lost chromatin accessibility for

IKZF1 were enriched for BATF, IRF4 and FOX bHLH binding motifs. RNA-sequencing of 66 MM cell lines revealed that the inherently IMiD-resistant cell lines (e.g. KMS-12BM, RPMI-8226) expressed high levels of BATF. They identified that BATF heterodimerization was compensating for the IMiD-induced loss of IKZF1/3 to sustain IRF4 overexpression, ultimately leading to IMiD resistance. In the analysis of paired NDMM and RRMM patients treated with IMiDs (n=35), a significant upregulation of BATF upon relapse was observed. Cross referencing these findings in the CoMMpass dataset, the authors identified that high BATF expression indeed conferred poorer survival outcome (n=484) in IMiD-treated patients<sup>62</sup>.

IKZF1/3 redundancy in IMiD responses was also highlighted in a complementary study whereby two other factors, EP300 and BRD4, compensated for the IMiD-mediated loss of  $IKZF1/3^{63}$ . On ChIP-seq analysis, half the chromatin-bound  $IKZF1/3$  sites overlapped with EP300 and BRD4 binding sites. While lenalidomide universally depleted chromatin-bound IKZF1 in both IMiD-sensitive MM1.S and IMiD-resistant RPMI-8226 cells, the IMiD-resistant MM cells maintained BRD4 and P300 super-enhancer occupancy. Further interrogations revealed that this was acting through transcription factor *ETV4*, which co-binds the enhancers with IKZF1 to induce IMiD resistance. They also reported that *ETV4* expression was associated with poorer PFS and OS for CoMMpass patients treated with IMiDs, and for POLLUX (NCT02076009) patients treated with Rd. Analysis of 36 paired CoMMpass patients and 14 paired POLLUX patients showed that *ETV4* was significantly upregulated at relapse, whereas no change was observed in the expression of *IKZF1*, *IKZF3*, *IRF4* or *MYC*<sup>63</sup>. Alongside the immediate former publication<sup>62</sup>, this work identifies that CRBNmediated-degradation of IKZF1/3 can be bypassed in sustaining the oncogenic IRF4-MYC axis to drive IMiD resistance.

In patients, high-risk MM markers, specifically, t(4;14), t(14;16), del(17p), and gain/amp(1q21) have been associated with early relapses following IMiD-based therapy<sup>64</sup>. A

longitudinal genomic analysis of RRMM patients (n=386) highlighted the enrichment of gain/amp(1q21) and del(17p) in IMiD-refractory cases, underscoring the potential impact of genes upregulated in chr1q and deleted in chr17p on IMiD responses<sup>65</sup>. Concordantly, the Myeloma XI trial (n=556) revealed in their multivariate analysis that isolated gain(1q21) and double-hit cases (defined as two concomitant high-risk features) derived no survival benefit from lenalidomide maintenance<sup>66</sup>. We note however that  $1q21$ (gain/amp) and  $17p13$ (del) are poor predictive markers for a broad range of MM therapeutics, and therefore interactions between mechanisms specific to IMiDs versus general drivers of resistance/ early relapse needs to be further interrogated. Notably, Adenosine Deaminase Acting on RNA (ADAR1), encoding an RNA editing enzyme, is located in the amplified chr1q21 region. Our work has shown a close association between high ADAR1 expression and hyperedited MM transcriptome with reduced responsiveness to  $IMIDS<sup>67</sup>$ , implicating the involvement of aberrant RNA editing in the mechanism of IMiD resistance. Another study has also shown that ADAR1-mediated editing of glioma-associated oncogene homolog 1 (GLI1), a Hedgehog pathway transcriptional activator and self-agonist, promotes malignant regeneration and IMiD resistance in MM<sup>68</sup>. In view of the growing interest and the biological relevance of RNA abnormalities in MM, our team is currently interrogating the mechanism by which ADAR1 and its aberrant activity regulate IMiD responses in MM. We have identified a novel mechanism involving the ADAR1-regulated-dsRNA sensing pathway in modulating IMiD resistance (manuscript in revision).

Further evidence of RNA-related aberrations in IMiD resistance was reported in a recent circular RNAs (circRNAs) profiling study $^{69}$ . A total of 200 and 277 differentially expressed circRNAs were observed, in H929-lenalidomide-resistant and H929-pomalidomide-resistant cells, respectively, compared to their sensitive counterpart. The authors identified ciRS-7 to be consistently downregulated, while circIKZF3 was commonly upregulated in the lenalidomide- and pomalidomide-resistant cells. The depletion of ciRS-7 correlated with

increased methylation levels of the promoter CpG island of its host gene, LINC00632. Combination treatment of an EZH2 inhibitor (EPZ-6438) and a DNA methyl transferase inhibitor (5-azacytidine) partially restored the expression of LINC00632 and ciRS-7 and the IMiD sensitivity of the cells. Nevertheless, silencing ciRS-7 in sensitive parental cells did not increased resistance to IMiDs, potentially suggesting indirect modes of action. In the case of circIKZF3, its underlying mechanism remains elusive, due to the challenges faced by the authors in knocking down circIKZF3 in both lenalidomide- and pomalidomide-resistant cells 69.

Integration of the proteomics and RNA-sequencing analyses of RRMM patients treated with lenalidomide-based therapy has identified CDK6 upregulation as a driver of IMiD resistance  $70$ . Overexpression of CDK6 in IMiD sensitive MM cell lines resulted in reduced IMiD sensitivity, while the inhibition of CDK6 through Palbociclib or CDK6-specific PROTACs (BSJ-03-123 or CST528) demonstrated synergy with IMiDs both in vitro and in MM1.S xenografts. In their patient cohort, they did not detect any CRBN pathway abnormalities (RNA, protein and phosphoprotein), genetic alterations to the other genes in the CRL4<sup>CRBN</sup> E3 ligase complex, or association between CRBN and CDK6 protein expression. CRISPR/Cas9-knockout of CRBN in MM lines rendered no change in the expression of CDK6. . Although CDK6 inactivation in conjunction with IMiDs resulted in significant inhibition of MYC, downstream functions of CDK6 in RRMM remain unclear<sup>70</sup>.

CD138 is a marker for terminally differentiated plasma cells during normal B-cells development and serves as a specific surface antigen for MM cells<sup>71</sup>. A significant increase in CD138-negative MM cells has been observed in relapsed or progressive patients (n=15) compared to NDMM patients  $(n=90)^{72}$ . Characterization of two MM cell lines (KYMM-1 and KYMM-2) established from a single patient showed that the cell population with decreased CD138 surface expression had higher lenalidomide resistance. The downregulation of IRF4 and upregulation of BCL6 was suggested as the mechanism for this resistance<sup>72</sup>, citing

another study that documented high IRF4 expression were correlated with increased lenalidomide sensitivity $7^3$ .

In another study on surfaceome, glycoprotein cell surface capture (CSC) proteomics on Lenresistant OPM2 and H929 showed a common signature of increased CD33 and CD45/PTPRC, when compared to their sensitive counterparts<sup>74</sup>. Analysis of the Multiple Myeloma Research Foundation (MMRF) CoMMpass dataset from paired diagnosis and firstrelapse tumor cells (verIA14, n=50, where 94% of patients had received lenalidomide and dexamethasone with a PI as part of their induction regimen) revealed that both *CD33* and *PTPRC* transcripts were significantly increased at first relapse<sup>74</sup>. The authors noted that plasma cell expression of either of these markers has been associated with poor prognosis for NDMM, who exhibited more aggressive disease upon lenalidomide resistance  $75, 76$ . They, however, did not describe nor further interrogate the basic/plausible mechanisms underlying CD33 and PTPRC associations with disease progression.

Lastly, various other genes have appeared in genome-wide CRISPR-screens in cell lines as regulators of IMiD sensitivity, for example *TOP2B, EDC4, RARA, SNRNP25, OTUB1, PLAA, DEPDC5, SRP14, XRN1, EIF4A1, ARID2, MBTPS1/2 and SCAP<sup>77-79</sup>. Whether they have* any relevance to clinical IMID resistance, and if so how, remains a topic for future research.

### *(b) Extrinsic mechanisms*

 The interaction of MM cells with BM components such as secreted growth factors/cytokines, BMSCs and immune cells can promote growth, survival and drug resistance of MM cells (Figure 4).

 Characterisation of the MM TME landscape in patients from the MANHATTAN trial (NCT03290950, n=49) who did not achieve minimal residual disease (MRD) negativity and have shorter PFS, demonstrated TME dysregulations including low population of

CD14<sup>+</sup> monocytes, increased frequency of T-cell exhaustion, persistence of IFNγ-expressing NK cells and decreased T cell receptor (TCR) diversity<sup>80</sup>. These were observed alongside genomic defects such as high *APOBEC* mutational activity, 1p22 (*RPL5*) deletions and *IKZF3* loss, suggesting an interplay between tumor genomic features with the composition of TME in driving drug resistance.

In a prospective observational clinical trial, immune-profiling of lenalidomide-RRMM, nonrefractory MM and non-MM-healthy individuals revealed that the lenalidomide-RRMM patients had a significant expansion of effector T cell populations that express elevated levels of checkpoint molecules, LAG3 and PD-1. Their frequency was positively correlated with increased serum inflammatory cytokines, IL6, IL17 and  $TNF\alpha^{81}$ . High levels of PD-1 and LAG3-positive T cells were predictive of inferior survival and clinical outcomes in these RRMM patients, as in previous studies $82, 83$ .

The chemokine CCL20 was found to be downregulated in an acquired lenalidomide-resistant MM cell line (U266-Len-resistant), as well as in the MM cells and plasma of lenalidomidetreated RRMM patients (n=5). At both the in vitro and in vivo level, the addition of CCL20 was able to re-sensitive MM cells to lenalidomide $^{84}$ . The authors postulated that CCL20 plays a role in increasing lymphocyte chemotaxis to the tumor areas and in assisting the cellmediated immunity.

Our group has recently reported metabolic reprogramming, with the release of metabolic waste product such as lactate into the TME, to be associated with IMiD resistance $^{85}$ . Elevated lactate secretion is known to promote acidosis in the TME, driving metastasis, angiogenesis and drug resistance<sup>86</sup>.  $t(4;14)$  is a high-risk MM marker with a prevalence rate of 15-20% that drives overexpression of the histone methyltransferase, NSD2<sup>87</sup>. NSD2 promotes plasma cell transformation by catalysing the active histone mark H3K36me2. We identified that protein kinase C alpha (PKCα) is an epigenetic target of NSD2<sup>85</sup>. Through

metabolomics analysis, we found that lactate was a differential metabolite associated with PKCα. High lactate levels were associated with reduced responsiveness to lenalidomide. Knockdown of PKCα resulted in reduced intracellular and extracellular lactate levels, consequently increasing cellular sensitivity to lenalidomide, independent of the CRBN-IKZF1/3 axis. Clinically, t(4;14) MM patients demonstrated elevated plasma lactate levels compared to non-t(4;14) patients and did not derive significant benefits from lenalidomidebased regimens<sup>85</sup>.

MM cells with an IMiD-resistance phenotype have also been associated with increased secretion of extracellular vesicles (EV) and enhanced adherence abilities<sup>88</sup>. Through a comprehensive transcriptomic analysis of acquired lenalidomide-resistant MM cell lines (KMS-21, KMS-27, KMS-34), core regulatory genes governing EV secretion, including SORT1 and LAMP2, were found to be significantly upregulated compared to their sensitive counterparts. Knockdown of SORT1 or LAMP2 reduced EV secretion, decreased cell adhesion and restored lenalidomide sensitivity in lenalidomide-resistant cells without affecting CRBN expression. Further analysis of publicly available clinical data revealed that high SORT1 and LAMP2 expression were associated with poor survival in MM patients (GSE19784, n=300) and in patients treated with lenalidomide (GSE136324, n>200)<sup>88</sup>.

Taken together, the above findings suggest that aberrations at the TME may impinge on the efficacy of IMiDs in MM, further highlighting that IMiD resistance is likely to involve an interplay of many biological factors.

#### **Future perspectives**

The discovery of CRBN as a pivotal target of IMiDs has been instrumental in advancing our understanding of the molecular mechanism of these therapeutic agents<sup>10, 11</sup>. Given the inevitable occurrence of IMiD-resistance in MM, the identification of biomarkers that can

accurately predict for IMiD responses is of paramount importance to increase the prospects of therapeutic efficacies.

At present, exploring CRBN status as a potential biomarker for predicting IMiD responses and resistance seems a conceivable strategy; however, as reviewed in the earlier sections, the results reported hitherto have been rather inconclusive. In light of this, several critical limitations should be addressed to ensure the reliability of using CRBN as a biomarker. Firstly, standardized assays for quantifying functional levels of CRBN expression in clinical samples are currently lacking<sup>89</sup>. The development of robust and reproducible measurement techniques is crucial if CRBN expression was to have any role as a biomarker in clinical practice. Next, determining the optimal approach for assessing functional CRBN levels whether at the mRNA or protein level or both—and evaluating their genomic aberrations are equally important. Identifying the cancer clonal fraction (CCF) harbouring these genomic events at relapse vs. diagnosis will provide insights into the clonal selection of IMiD resistant subclones and whether longitudinal exposure to the therapies could drive clonal selection. In addition, determining the threshold level at which the CCF is deemed prognostic in the patients will be essential in guiding personalized treatment strategies. Considering that CRBN expression may be downregulated but not completely abrogated in RRMM, it will also be paramount whether a threshold of expression, and which/how different transcript splice variants should be measured to identify a non-functional CRBN activity, could predict treatment failure. It is likely any such biomarker parameters would also vary between different IMiD and CELMoD agents.

Similarly, the approach to measure other CRBN pathway proteins, such as IKZF1/3, should be undertaken with greater detail. For instance, the rate, rather than magnitude, of IKZF1/3 degradation was found to be the more important determinant for modulating IRF4 expression, and thus, the efficacy of  $IMIDS<sup>90</sup>$ . This highlights the need to investigate the timepoint and protein level at which IKZF1/3 cease to be sufficient to support transcription of

the downstream IRF4 oncogenic events, and whether any compensatory mechanisms such as BATF and ETV4 may assume the transcriptional regulation roles of IKZF1/3. Further, IMiD-bound CRBN has binding affinity for IKZF1/3 and other reported competing neosubstrates, which, at variable levels between different myelomas, may be differentially responsible for response and resistance. These are some of the interesting questions that could form the basis of future research.

High-risk copy number alterations in gain/amp(1q21) and del(17p) involve a large number of genes. It is plausible that some of these genes may play a role in driving IMiDs resistance. For instance in chromosome 17p, a few IMiD-response pathway genes (*UBE2G1*, *NCOR1* and *COPS3*) reside close to tumor suppressor *TP53*. The functional impact of the loss of these genes in del(17p) MM has not been interrogated. Whether IMiD resistance might be driven by these genes independently or by their co-deletion with *TP53,* awaits further investigation.

The growing body of evidence on the significance of non-canonical pathways and CRBNindependent mechanisms in regulating the efficacy of IMiDs, have been demonstrated mostly in cell line models (Table 2), which means that clinical evidence is not wellestablished. This highlights the need to determine how these alternative genes/modes of action are translationally relevant, given that many of the CRBN-independent abnormalities seem to be enriched also in patients resistant to non-IMiD treatment regimens. The proposed associations should, therefore, be validated in clinical samples, alongside the wellstudied CRBN pathway genes, to determine the prognostic value of any associations found, and if they are worthwhile to be further explored as a novel predictor and specific biomarker for IMiDs treatment.

As described, there are also quite a number of studies on clinical samples that report associations with IMiD response but do not yet have direct mechanistic explanations.

Greater effort into elucidating these mechanisms and how they modulate IMiD responses in MM is of paramount importance moving forward to identify information that can be used to aid clinical decision making.

Previous genome-wide CRISPR/Cas9-mediated studies were conducted with the typical aim of identifying genes that regulate IMiD sensitivity<sup>77-79, 91</sup>. It is also worthwhile to validate these findings in a converse manner, i.e., CRISPR studies on IMiD-resistant cells to decipher their novel dependencies and therapeutic vulnerabilities. This might identify genes that, when knocked out or activated, will result in the re-sensitisation or killing of IMiD-resistant MM cells.

Tumor heterogeneity leads to the development of multiple mechanisms of resistance to IMiDs<sup>92</sup>. Rapid advancements in single cell profiling technology have enabled us to dissect the heterogeneity of cells at both single and spatial resolution. Spatial single-cell transcriptomics is a burgeoning tool to decipher tumor architecture and TME  $93, 94$ , and studies utilising this cutting-edge technology in MM is still at its infancy. Given the current lack-of-knowledge surrounding the association between cell-intrinsic and -extrinsic mechanisms in IMiDs resistance, it will be pertinent to adopt spatial single-cell technology into future investigations to enable detailed characterisation of the MM cells-TME interaction.

It is becoming evident that the mechanisms underpinning IMiD resistance in MM involves a complex interplay of genomic, transcriptomic, and proteomic events both in tumour and immune cells. Future approaches to overcoming IMiD resistance may therefore call for targeting a combination of CRBN pathway-dependent and -independent mechanisms. This would entail adopting personalised multi-drug strategies that concurrently target individuallyrelevant pathways. With the immense array of possible target combinations, predicting the optimal drug combination for an individual patient presents a future trajectory for optimal

therapy. In this era of artificial intelligence, it is likely to require deep machine learning techniques to effectively map individualized drug-drug interactions, rank different drug combinations and determine a more accurate drug dosage for optimal clinical efficacy. Such an approach has been successfully adopted in our previous proof-of-concept study in MM and lymphoma<sup>95, 96</sup>.

Next-generation cereblon targeting agents, CELMoDs (iberdomide and mezigdomide), are in ongoing clinical trials in MM as a means to overcome IMiD resistance. They promise higher potency, more robust degradation of known targets and an expanded repertoire of neosubstrates targets $97, 98$ . Compared to IMiDs, the binding affinity of Iberdomide for CRBN was 20-fold higher (IC50 for CRBN binding was ~3uM and ~0.15uM, respectively) which leads to a more rapid IKZF1/3 degradation and therefore, enhanced treatment efficacy<sup>99</sup>. Iberdomide and mezigdomide have both shown meaningful clinical outcome in heavily pre-treated IMiDrefractory MM patients with ORR 26% for the former and 40% for the latter<sup>100, 101</sup>. However, this also implies that up to 60% of IMiD-refractoriness cannot yet be rescued by next generation counterparts. Given that CELMoDs share the same mechanisms of action as IMiDs, it remains to be seen whether any particular CRBN-dependent or -independent mechanisms also contribute to CELMoDs' therapeutic insufficiency<sup>102-104</sup>. The comprehensive understanding of the range of biology of IMiD resistance therefore holds the key in facilitating the successful integration of these new agents into clinical practice.

#### **Conclusion**

IMID resistance associated with CRBN pathway has been extensively reviewed previously<sup>12-1</sup>  $14$ . In this review, we extended our discussion into several other important aspects including potential CRBN pathway-independent IMiD resistance mechanisms, ranging from the cell intrinsic IMiD-resistance to the extrinsic components in the TME. The transformation of IMiDs from a teratogenic "dark remedy" to the pioneering standard-of-care treatment today in MM marks a significant shift in treatment paradigms, but lasting responses are inevitably

hindered by acquired resistance which remains an unmet need. As we move forward, a clearer understanding of which resistance mechanisms are clinically relevant and why, will lead us to new avenues for personalized and effective therapeutic interventions as we manoeuvre the challenging IMiD landscape, with IMiD resistance and the differential impact of new agents across age gaps<sup>41</sup> in particular, and so better translates these promising results from clinical trial to real world practice<sup>105</sup>.

# **Abbreviations**

*ADAR1*: Adenosine deaminase acting on RNA *ARID2*: AT-rich interactive domain 2 (ARID2) *ASCT*: Autologous stem cell transplantation *ATAC-*Seq: Assay for transposase-accessible chromatin with sequencing *ATRA*: All-trans retinoic acid *BM*: Bone marrow *BMSCs*: Bone marrow stromal cells *C2H2*: Cys2-His2 *CCF*: Cancer clonal fraction *CCL20*: Chemokine (C-C motif) ligand 20 *CDK6*: Cyclin dependent kinase 6 *CELMoDs*: Cereblon E3 ligase modulators *ChIP-seq*: Chromatin immunoprecipitation sequencing *CircRNAs*: Circular RNAs *CRBN*: Cereblon *CSC*: Cell surface capture *CSN*: COP9 signalosome *CUL4A/B*: Cullin-4A/B *DDB1*: DNA damage-binding protein 1 *DFCI*: Dana-Farber Cancer Institute *ERK*: Extracellular signal-regulated kinase *EV*: Extracellular vesicles *FDA*: Food and Drug Administration *FGFs*: Fibroblast growth factors *GL1*: Glioma-associated oncogene homolog 1 *IFM*: Intergroupe Francophore du Myelome *IFN*: Interferon



*SORT1*: Sortilin 1

- *TCR*: T cell receptor
- *Th1*: Type 1 helper
- *Th2*: Type 2 helper
- *TME*: Tumor microenvironment
- *TNF-*α: Tumor necrosis factor alpha
- *TRAF2*: TNF receptor-associated factor 2
- *Tregs*: T-regulatory cells
- *UBE*: E2 ubiquitin ligase protein
- *VEGFs*: Vascular endothelial growth factors
- *WGS*: Whole-genome sequencing
- *ZNF91*: Zinc finger protein 91
- *ZNF827*: Zinc finger protein 827

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# **Table 1. Immunomodulatory drugs (IMiD) resistance associated with Cereblon (CRBN)**

# **pathway**









*CRBN***:** Cereblon; *IMiDs***:** Immunomodulatory drugs; *MM***:** Multiple Myeloma; *qPCR:* Quantitative Polymerase Chain Reaction; *WGS:* Whole-genome sequencing

# **Table 2 Cereblon (CRBN) pathway-independent evidences in Immunomodulatory drugs (IMiD) resistance**



























*aCGH:* Array Comparative Genome Hybridisation; *ATAC-***Seq:** Assay for transposaseaccessible chromatin with sequencing; *ChIP-seq***:** Chromatin immunoprecipitation sequencing; *CircRNAs***:** Circular RNAs; *CRBN***:** Cereblon; **GEP:** Gene Expression Profiling; *IMiDs***:** Immunomodulatory drugs; *Len:* Lenalidomide; *MMRF***:** Multiple Myeloma Research Foundation; *MRD***:** Minimal residual disease; *RRMM***:** Relapsed/Refractory Multiple Myeloma; *TME***:** Tumor microenvironment; *WGS***:** Whole-genome sequencing

#### **Figure legends**

**Figure 1. Timeline of the development of immunomodulatory drugs (IMiDs).** The historical timeline of IMiDs development over the years from multiple myeloma (MM) to its therapeutic application in different malignancies.

**Figure 2. Modes of actions of IMiD. A,** IMiD act as a 'molecular glue' to mediate recruitment of neo-substrates to the  $CRL4^{CRBN}$  E3 ubiquitin ligase which results in neosubstrate ubiquitylation and proteasome degradation. **B**, Summary of the effects of IMiDinduced neo-substrates degradation in MM which includes direct anti-neoplastic and immunomodulatory effects.

**Figure 3. Intrinsic CRBN-independent IMiD resistance mechanisms.** Intrinsic factors that contribute to IMiD resistance beyond the CRBN pathway include aberrant activation of signalling pathways (such as IL-6/STAT3, Wnt/β-catenin and MEK/ERK), epigenetic alterations, transcription factors redundancy, high-risk prognostic markers (such as gain/amp(1p21) and del(17p)), differential expression of circRNAs, CDK6 overexpression and dysregulated cell surface receptors.

**Figure 4. Extrinsic mechanisms independent of CRBN pathway.** Potential tumor microenvironment (TME) mechanisms of IMiD resistance which include composition of the immune cells in the TME with tumor-acquired genetic features, expansion of exhausted T cell population, downregulation of CCL20, elevated lactate levels in the TME and increased secretion of extracellular vesicle (EV)-mediated MM cell adhesion and resistance.



A IMiD-dependent neo-substrates recruitment to **CRL4CRBN E3 ubiquitin ligase complex** 

Effects of IMiD-induced neo-substrates degradation in MM B



# Aberrant signaling pathways:







Interplay between tumor-acquired genetic features and the composition of the TME



**Expansion of exhausted T cell population** 



Downregulation of chemokines (CCL20)



# Elevated lactate levels in the TME



# Increased secretion of extracellular vesicles and enhanced adherence abilities

