



## Biology of erythropoietin

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### Abstract

**Erythropoietin (Epo) controls the proliferation, differentiation and survival of the erythroid progenitors. This cytokine was cloned in 1985 and rapidly became used for treatment of anemia of renal failure, opening the way to the first clinical trials of a hematopoietic growth factor. The cloning of one chain of the Epo receptor followed in 1989, thereby opening the research on intracellular signal transduction induced by Epo. Epo is synthesized mainly by the kidney and the liver and sequences required for tissue-specific expression have been localized in the Epo gene. A 3'enhancer is responsible for hypoxia-inducible Epo gene expression. HIF-1  $\alpha$  and  $\beta$  proteins bind to this enhancer. Gene regulation by hypoxia is widespread in many cells and involves numerous genes in addition to the Epo gene. The Epo receptor belongs to the cytokine receptor family and includes a p66 chain which is dimerized upon Epo activation; two accessory proteins defined by cross-linking remain to be characterized. Epo binding induces the stimulation of Jak2 tyrosine kinase. Jak2 activation leads to the tyrosine phosphorylation of several proteins including the Epo receptor itself. As a result, different intracellular pathways are activated: Ras/MAP kinase, phosphatidylinositol 3-kinase and STAT transcription factors. However, the exact mechanisms by which the proliferation and/or the differentiation of erythroid cells are regulated after Epo stimulation are not known. Furthermore, target disruption of both Epo and Epo receptor showed that Epo was not involved in the commitment of the erythroid lineage and seemed to act mainly as a survival factor.**

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Key words: erythropoietin, erythropoietin receptor, signal transduction, proliferation, differentiation

Erythropoietin (Epo), a 34-kDa glycoprotein hormone was the first hematopoietic growth factor to be cloned. The role of Epo is to control red blood cell production through the promotion of survival, proliferation and differentiation of the erythroid progenitors in the bone marrow. Because the main function of red cells is to transport oxygen from the

lungs to the peripheral tissues, the regulation of Epo production is an important feature of the control of tissue oxygenation. Accordingly, Epo is the only hematopoietic growth factor whose production is regulated by hypoxia. Numerous reviews have been published these last years on Epo biology.<sup>1-9</sup> Therefore, our aim is to emphasize on some aspects of Epo biology which seem to us of particular interest.

### Tissue-specific Epo gene expression

In a pioneering work published in 1977, Epo was successfully purified by Miyake *et al.*<sup>10</sup> from urine of aplastic patients. Tryptic fragments of this urinary Epo were then obtained and their amino acid sequences permitted the synthesis of Epo DNA probes for the isolation and cloning of the human Epo gene.<sup>11,12</sup> The use of recombinant Epo in the treatment of anemia of chronic renal failure followed shortly thereafter.<sup>13</sup>

The cloning of the Epo gene also allowed insights to be gained into the molecular biology of Epo. In the fetal stage, the liver is the major site of Epo synthesis,<sup>14</sup> however, the Epo gene also appears to be strongly expressed in the mammalian mesonephric kidney early in gestation.<sup>15</sup> The renal synthesis of Epo was first demonstrated by Jacobson *et al.*<sup>16</sup> Studies on mice have shown that Epo gene transcription was stimulated by hypoxia or cobalt treatment,<sup>17</sup> and there was a clear correlation between induction of anemia and increase of Epo mRNA content in the kidney.<sup>18</sup> It was further shown, by *in situ* hybridization experiments, that Epo mRNA was produced by interstitial cells of the kidney cortex.<sup>19,20</sup> Epo mRNA was also detected in interstitial cells within cyst walls of polycystic kidneys.<sup>21</sup>

This specialized population of interstitial cells was shown to be labelled by immunohistochemical staining with antibodies to 5' ectonucleotidase,<sup>22</sup> and thereby to belong to a fibroblast-like cell population of the renal interstitium.

Similar results were obtained in transgenic mice containing the SV40 large tumor antigen (SV40 T-antigen) placed behind the Epo gene regulatory sequences; immunohistochemical detection of T-antigen was found in the same fibroblast-like renal interstitial cells.<sup>23</sup> Unfortunately, the use of an onco-

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gene like SV40 T-antigen did not induce any formation of tumor in the kidney, nor the establishment of transformed cell lines from this interstitial cell population in the kidney. In the absence of such cell lines, more information is still necessary to fully understand the mechanism of Epo synthesis in the kidney. In addition, in renal adenocarcinomas associated with polycythemia, the tumoral cells themselves which derive from the epithelial tubular cells are producing Epo.<sup>24</sup> A possible explanation would be that a cellular cooperation in the kidney cortex is required for Epo production. Interestingly enough, Epo mRNA could be obtained from isolated perfused rat kidneys but never from anatomically disrupted renal preparations.<sup>25</sup>

The liver accounts for 20% of the Epo production. Hepatocytes surrounding central veins were responsible for most of the Epo production in the liver,<sup>26</sup> whereas other Epo-producing cells were shown to belong to the Ito cells which share many similarities with the fibroblast-like interstitial cells of the kidney.<sup>27</sup>

In addition to these two main sites of secretion, low levels of Epo mRNA have been detected in lung, testes and spleen when animals were subjected to hypoxia.<sup>28,29</sup> Epo is also produced in the brain by astrocytes,<sup>30</sup> accordingly Epo receptors have been detected in mouse brain<sup>31</sup> and in cell lines with neuronal properties.<sup>32</sup> These data suggest that Epo could play a neurotrophic role in the brain and that the hypoxic induction of brain Epo could protect neurons from ischemia-induced cell death.<sup>33</sup>

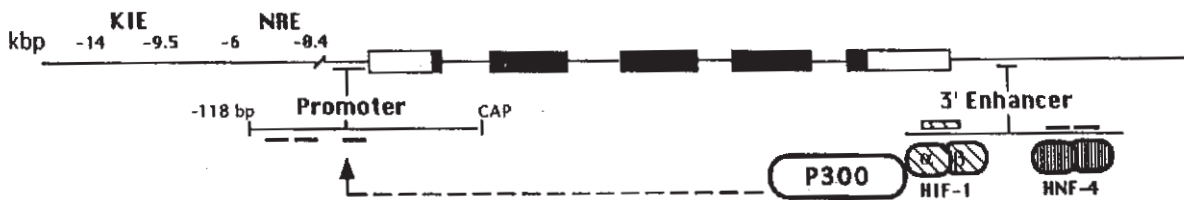
### Regulation of Epo production

Epo production is regulated by hypoxia that leads to an increase of the level of gene transcription;<sup>34</sup> there are no preformed stores of Epo. Control of Epo gene expression involves complex interactions between DNA and nuclear proteins. To gain insights into tissue-specific Epo gene expression, Semenza *et al.* developed several constructs of human Epo gene containing various lengths of *cis* regulatory regions for production of transgenic mice. The pattern of human Epo gene expression in these transgenic mice led the

authors to describe different DNA sequences located in *cis* of the Epo gene and required for tissue-specificity and hypoxia-inducible gene expression.<sup>35</sup> Sequences required for expression in the kidney have been localized to a region located 9.5 to 14 kb from the 5' end of the human Epo gene.<sup>36</sup> A negative regulatory element which represses Epo gene expression in non-Epo producing cells is located in a region 0.4 to 6 kb from the Epo transcription start site.<sup>37</sup> A 50 bp hypoxia-inducible enhancer has been defined approximately 120 bp from the 3' end of the polyadenylation site, and is responsible for hypoxia-inducible Epo gene expression.<sup>38-40</sup> Mice transgenic for a construct containing the Epo gene and this 3' enhancer harbored hypoxia-inducible Epo gene expression in the liver.

The 3' enhancer contains three different segments.<sup>41</sup> A conserved sequence located near the 5' end of the enhancer is the binding site for a new transcription factor designated hypoxia-inducible factor 1 (HIF-1).<sup>42,43</sup> The middle segment is less conserved between species, but seems to play a role in the inducibility of both the human and the murine Epo enhancers.<sup>44</sup> The third part corresponds to 3' DNA sequences which are binding sites for hepatocyte nuclear factor 4 (HNF-4). Proteins that bind to this enhancer interact synergistically to stimulate Epo gene transcription, and HNF-4 can augment transcriptional activation mediated by the Epo enhancer in hypoxic cells.<sup>45</sup> Furthermore, the C-terminal portion of HIF-1 specifically binds to P300 and overexpression of P300 enhances hypoxic induction.<sup>46</sup> Thus, it is likely that hypoxia induces the formation of a large complex of proteins directly or indirectly bound to the enhancer, which in turn transduces a signal to the Epo promoter, thereby permitting gene transcription<sup>47</sup> (Figure 1).

The identification of HIF-1 as a DNA transcriptional complex has been a critical step to understanding the enhancer function. Affinity purification showed that HIF-1 is composed of two subunits.<sup>41,48</sup> Molecular cloning of HIF-1 by Semenza *et al.*<sup>49</sup> showed that the DNA binding complex was composed of two basic-loop-helix PAS proteins called HIF-1 $\alpha$  and HIF-1 $\beta$ .



**Figure 1.** *Cis* elements and Trans-acting factors involved in Epo gene regulation. The 5 exons of the Epo gene are represented, coding portions are solid areas. KIE: kidney inducible elements; NRE: negative regulatory elements. From H.F. Bunn and R.O. Poyton.<sup>56</sup>

HIF-1 $\beta$  had previously been identified as the aryl hydrocarbon nuclear receptor translocator (ARNT), a molecule involved in the xenobiotic response.<sup>50</sup> In contrast, HIF-1 $\alpha$  was a new member of this family of PAS proteins. In hypoxic conditions, the levels of the mRNAs encoding either HIF-1 $\alpha$  or HIF-1 $\beta$  were not altered, suggesting that the activity of the HIF-1 $\alpha$ -ARNT complex is regulated by a post-transcriptional mechanism and a conformational change after recruitment of the ARNT transcription factor.<sup>51</sup> Furthermore, another step of regulation of HIF-1 $\alpha$  involves the ubiquitin-proteasome system in its proteolytic destruction in normoxia, while it accumulates rapidly following exposure to hypoxia.<sup>52</sup>

The mechanism of regulation by hypoxia was first studied in hepatoma cells Hep3B or HepG2 which produced Epo. It was further shown that identical responses could be obtained in a large array of non-Epo producing cells and that the system of gene regulation by oxygen was widespread from mammalian to insect cells.<sup>53,54</sup> Many genes have now been identified as targets of HIF-1 function; these include in addition to Epo, vascular endothelial growth factor (VEGF), several glycolytic enzymes, glucose-transporter 1, inducible nitric oxide synthase, heme oxygenase and transferrin.<sup>55</sup> These recent data strengthen the idea that cellular response to hypoxia is an important physiological process and that a similar mechanism for oxygen sensing and signal transduction must be shared by many tissues and cells.<sup>56</sup> However, oxygen-sensing mechanisms are still not completely understood. According to the model of Hep3B cells, a single cell type apparently can sense hypoxia and respond by increasing Epo RNA levels.<sup>5</sup> It was proposed that the oxygen sensor is a heme protein that changes its conformation depending on the binding of oxygen to its heme moiety. The iron atom of heme can be replaced by cobalt, thereby mimicking the hypoxic state.<sup>57</sup> This explanation remains very plausible but the exact mechanism of activation of transcription factors by hypoxia remains, however, to be determined.

### Structure of the Epo receptor

The number of Epo receptors (EpoR) at the cell surface of normal or transformed erythroid cells is low: around one thousand per cell (reviewed in ref. #58). The receptors are mainly expressed at the colony-forming unit erythroid (CFU-E) stage, receptor expression then decreases with erythroid maturation.<sup>59</sup>

One chain of the EpoR was cloned by an expression strategy from murine erythroleukemia cells.<sup>60</sup> This 66 kDa protein confers Epo-binding ability to transfected cell lines, both of hematopoietic and non hematopoietic lineages. In addition to this cloned chain, cross-linking of Epo to the cell surface of erythroid cells detects the association of Epo with two accessory molecules, one of 85 kDa and one of 100 kDa.

These proteins are associated with p66 but are not recognized by anti-p66 antibodies.<sup>61</sup> Moreover, in the presence of truncated forms of p66, the apparent molecular masses of p85 and p100 are unchanged, thereby demonstrating that these proteins are indeed different from p66.<sup>62,63</sup> Isolation of these proteins is an important challenge to fully understand the structure of the Epo receptor.

The p66 cloned chain of the EpoR is a 507 amino-acid type I membrane spanning protein and belongs to the cytokine receptor family.<sup>64</sup> In the extracellular domain, a WSXWS sequence and two pairs of cysteines are hallmarks of this receptor family. These two structures seem to be required for the correct folding and cell surface expression of the molecule.<sup>65</sup> Epo appears to activate the EpoR by dimerization of the p66 protein.<sup>66</sup> The first EpoR molecule binds Epo with a high affinity (Kd around 1 nM) whereas the second EpoR molecule binds to the complex with a lower affinity (Kd around 2  $\mu$ M). It is possible that these 2:1 complexes are further stabilized by the accessory proteins described above, and/or by interactions in the intracellular domains of these clustered EpoRs.<sup>66</sup> The active sites of Epo have been mapped using mutation and deletion experiments.<sup>67-69</sup> Two sites have been identified, each is believed to associate with one molecule of p66 EpoR.<sup>68</sup> A model of the complex between Epo and EpoR has been proposed,<sup>70</sup> which is reminiscent of the structure of the growth hormone and its receptor obtained by crystallization studies.<sup>71</sup>

Besides Epo binding, EpoR can be activated by other mechanisms. The gp55 envelope of the murine Friend virus is able to bind and to interact directly with the EpoR which becomes constitutively activated.<sup>72</sup> Interestingly, some of these gp55 proteins are dimerized by disulfide bonds at the cell surface, thus leading to the dimerization of the associated EpoR.<sup>73</sup> Moreover, a constitutive activation of the EpoR has been obtained by mutation in the extracellular domain of the Arg 129 residue into a Cys.<sup>74</sup> The presence of a Cys residue allows the formation of a disulfide bond between two EpoR molecules and thus dimerization of the receptor. This mutation of the EpoR is also tumorigenic.<sup>75</sup> Bivalent anti-p66 antibodies have been reported to activate the EpoR, probably by inducing the dimerization of this receptor.<sup>76</sup> Finally, small synthetic peptides that do not share any sequence homology with the Epo molecule are also able to mimic the biologic effects of Epo when they are dimerized but with a lower affinity.<sup>77,78</sup> Despite an increase of potency after covalent dimerization, clinical replacement of Epo by these peptides does not seem realistic considering the difference in biological activity from native Epo.<sup>79</sup> Thus, all the mechanisms that lead to an activation of the Epo receptor are also responsible for its dimerization. The participation of the p85 and p100 accessory proteins in this stoichiometry remains to be determined.

### Signalling induced by Epo

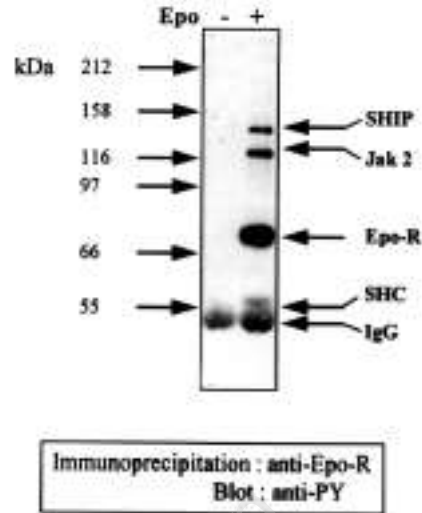
Like all the receptors of the hemopoietin receptor family, the EpoR does not possess endogenous tyrosine kinase activity. Despite this fact, Epo stimulates the rapid tyrosine phosphorylation of a number of proteins (Figure 2). The first step of intracellular signalling is activation of Jak2 tyrosine kinase which is constitutively associated with the EpoR.<sup>80</sup> Jak2 is known to associate with the EpoR in a region close to the transmembrane that involves the Box 1 motif, and deletion of this part of the EpoR totally inhibits Epo-induced cellular proliferation.<sup>81</sup> Lyn tyrosine kinase has recently been reported to associate with the EpoR in the J2E1 cell line, and to play a role in its Epo-induced erythroid differentiation.<sup>82</sup> It is not known if Lyn plays a similar role in other erythroid cells.

Among the proteins phosphorylated on tyrosine residues in response to Epo is the EpoR itself.<sup>83-86</sup> Most, if not all, of the eight tyrosines which are located in the cytoplasmic domain of the EpoR are phosphorylated after Epo stimulation. These phosphorylated tyrosines are in turn docking sites for various intracellular proteins containing *src* homology 2 (SH2) domains. After binding, these proteins can be subsequently tyrosine phosphorylated and activated. Therefore, the stimulation by Epo leads to localization close to the receptor and the plasma membrane of different activated molecules which participate in downstream signal transduction (Figure 3).

The Ras/MAP kinase pathway is activated by Epo.<sup>87,88</sup> This pathway is involved in cell proliferation in response to Epo, and raf-1 antisense oligonucleotides have been shown to inhibit such cell proliferation.<sup>89</sup> On the other hand, other investigators found that Ras/MAPK activation was not required for Epo-induced proliferation.<sup>88</sup> The presence of fetal calf serum which directly activates the Ras/MAPK pathway could be an explanation for this discrepancy.<sup>9</sup>

A direct association between PI 3-kinase and the EpoR has been shown.<sup>90-93</sup> This involves the SH2 domains of the p85 subunit of the PI 3-kinase and the last tyrosine of the EpoR. An alternative pathway for the activation of PI 3-kinase has been recently described which involves tyrosine phosphorylation of the adaptor protein IRS2 and its subsequent association with PI 3-kinase; this mode of activation therefore does not require the interaction of PI 3-kinase with the EpoR tyrosines.<sup>94</sup> An interesting pathway downstream of PI 3-kinase, leading to the sequential activation of SHIP<sup>95,96</sup> and AKT<sup>97</sup> has been recently described. The Ser/Thr kinase AKT appears to play a major role in the inhibition of apoptosis after stimulation by cytokines such as IL-3 or IGF-1.<sup>98</sup> It remains to be determined whether similar AKT activation and protection from apoptosis exists after Epo stimulation.

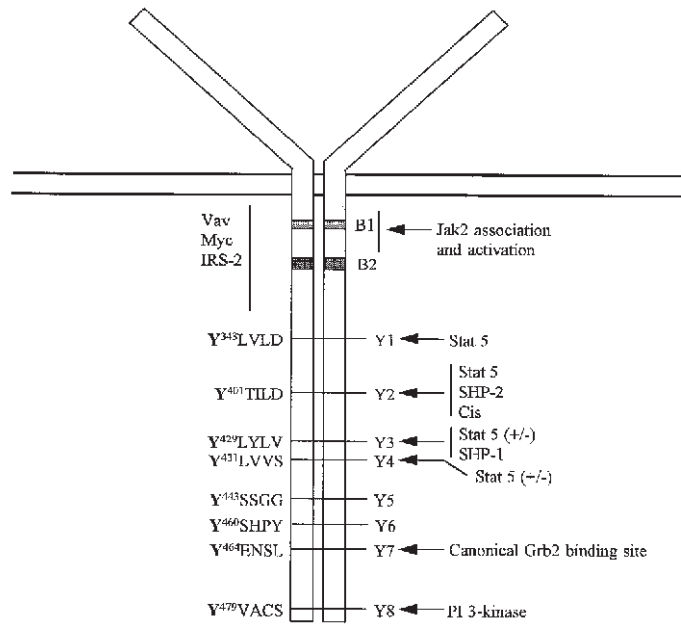
The STAT (*Signal Transducer and Activator of Transcription*) pathway also plays a major role in cytokine-induced signalling.<sup>99</sup> Epo activates both STAT5A and



**Figure 2. Tyrosine-phosphorylated proteins associated with the Epo-R in UT-7 cells. UT-7 cells were starved from Epo overnight, and stimulated for 10 minutes with 10 U/mL Epo or not.  $5 \times 10^6$  UT-7 cells immunoprecipitated with anti EpoR antibodies were analyzed in each lane.**

STAT5B.<sup>100-102</sup> The two first tyrosines of the intracellular domain of the EpoR (Tyr 343 and Tyr 401) are responsible for STAT5 fixation and activation.<sup>103-107</sup> Despite a large number of publications, the precise role of STAT5 in the signalling induced by Epo is the subject of controversy. Whereas a correlation between STAT5 activation and cell proliferation was described by some groups,<sup>104,105,108</sup> others did not obtain such results.<sup>106,107</sup> Furthermore, a correlation between STAT5 activation and Epo-mediated erythroid differentiation was observed in some reports,<sup>109,110</sup> while the opposite was shown by others.<sup>108</sup> One possible explanation is the use of different erythroleukemic cell lines which may respond with various intracellular pathways to the same cytokine. Alternatively, there is some redundancy in function between the different STAT proteins, especially STAT5 and STAT6. It is therefore difficult to elucidate their exact mode of action, even after gene disruption.

Two tyrosine phosphatases, SHP-1 and SHP-2, also play a role in Epo-induced signalling. SHP-2 is phosphorylated on tyrosine in response to Epo and associates with the second tyrosine residue of the EpoR (Tyr 401); SHP-2 seems to play a positive role in stimulating cell proliferation.<sup>111</sup> In contrast, SHP-1 plays a negative role in Epo-induced signal transduction; its association with Tyr 429 of the EpoR leads to the dephosphorylation of Jak2.<sup>112</sup> Interestingly, De La Chapelle *et al.*<sup>113</sup> described a familial erythrocytosis in which a truncated EpoR was found in the polycythemic members of the family; these truncated receptors were shown to be hypersensitive to Epo probably because they lacked the SHP-1 binding site.



**Figure 3. Schematic representation of the intracellular part of the Epo-R.** Upon stimulation by Epo, the p66 chain of the Epo-R dimerizes. Jak2 tyrosine kinase, associated to the Epo-R close to the transmembrane region, is activated and phosphorylates most of the 8 tyrosine residues which become docking sites for signal transduction proteins.

The role of tyrosine phosphorylation of the EpoR in Epo-induced signalling is debated. An EpoR completely devoid of tyrosine residues is still able to transduce a proliferative signal; some reports found that these EpoR were less sensitive to Epo,<sup>62,104,105,114</sup> whereas this decrease in sensitivity was not mentioned by others.<sup>103,107</sup> Expression of  $\beta$  globin can be obtained in Ba/F3 cells after transfection of mutant EpoRs that do not contain any tyrosine residues.<sup>62,114</sup> However, in normal erythroid progenitors, the last tyrosine of the EpoR cytoplasmic domain (Tyr 479) seems to be required for erythroid colony formation.<sup>115,116</sup> This Tyr 479 is sufficient to obtain erythroid differentiation of progenitors from fetal liver;<sup>116</sup> similar properties were recently reported by Longmore *et al.* in an *in vivo* model.<sup>117</sup>

Another cytokine receptor belonging to the tyrosine kinase receptor family, the stem-cell-factor receptor or c-kit, seems to interact with the EpoR. It was shown that this receptor associated with the extended box2 region of the EpoR and could activate and phosphorylate the EpoR, thus enhancing erythroid cell proliferation and differentiation.<sup>118</sup> In addition, this cooperation between c-kit and EpoR has been found to be essential for normal erythroid differentiation of progenitors derived from fetal liver.<sup>115</sup> The exact mechanism of the interaction between these two receptors is, however, not clear and they seem to act through distinct intracellular signals.<sup>119</sup>

### Role of Epo in erythropoiesis

Cultures of hematopoietic progenitors in semi-solid media have shown that the main targets of Epo are the late erythroid progenitors, especially the colony forming unit-erythroid (CFU-E). Indeed, studies on

knock out mice lacking Epo or the EpoR have shown that Epo is crucial *in vivo* for the proliferation and survival of CFU-E and their irreversible terminal differentiation, whereas it is not required for generation of BFU-E and their differentiation to CFU-E.<sup>120-122</sup> Thus, Epo does not appear to be involved in the commitment of the erythroid lineage and seems to act mainly as a survival factor, allowing both the maintenance of cell proliferation and the induction of expression of erythroid specific proteins.<sup>123</sup> A recent report is in agreement with the idea that the EpoR would function mainly to transduce anti-apoptotic signals; in this work, erythroid progenitors from murine fetal liver were able to differentiate fully into erythroblasts after infection with prolactin receptors and further stimulation with prolactin instead of Epo.<sup>124</sup> These prolactin receptors belong to the same cytokine receptor family as the EpoR and it seems that activation of this class of receptors during the stem cell maturation process is sufficient to trigger lineage differentiation, according to the stochastic model. We obtained similar results after infection of human CD34<sup>+</sup> cells derived from cord blood with a prolactin receptor (unpublished data). HCD57 cells are murine erythroid cells which respond to Epo and undergo apoptosis after Epo deprivation. However, HCD57 cells infected with retroviral vectors encoding Bcl-2 or Bcl-x<sub>L</sub> remain viable in the absence of Epo, thereby confirming the anti-apoptotic role of Epo.<sup>125</sup>

The main indication of Epo treatment is for correction of anemia of renal failure. In some cases, this treatment has been extended to anemia of chronic diseases. In these disorders, cytokines involved in the inflammatory response inhibit both Epo synthesis and erythroid colony formation *in vitro*.<sup>126, 127</sup> It was

recently shown that INF $\gamma$  downregulates SCF and EpoR at the surface of the erythroid progenitors, thus leading to reduction of the survival and growth of these cells and eventually to apoptosis of the progenitors.<sup>128</sup> Further studies showed that interferon- $\gamma$  induced the concomitant expression of Fas and Fas ligand at the surface of the erythroid progenitors, thereby leading to apoptotic cell death.<sup>129</sup> More work is needed to understand whether physiologic interactions between the intracellular signals induced by Epo and the Fas system play a role in erythroid cell survival.

## Conclusions

Considerable progress in understanding the physiology of Epo has been made, especially in the mechanism of hypoxia-inducible gene regulation, and in the identification of different proteins involved in Epo-induced signal transduction. Basic researches are following two different directions. First, insights have been gained into the regulation of the oxygen-signalling pathway. HIF-1 is a crucial component for hypoxia-induced regulation of many genes and this process is widespread in a various array of cells. Second, multiple pathways were depicted in the cytokine-induced signalling cascade, but none was described as being specifically triggered by Epo. It is still not understood whether Epo is necessary for cell proliferation, or differentiation or only for cell survival. Recent reports seem to favor the hypothesis that there is some redundancy in the cytokines for the survival and proliferation of the hematopoietic cells. Further work is needed to determine the specific mode of action of Epo in the erythroid lineage.

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CL was primarily responsible for the conception of this review article and the writing of the paper. PM contributed to the analysis of the literature and writing of the paper.

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